WELCOME TO

"HORSIN' AROUND IN SAN ANTONIO" NATRC 2020 NATIONAL CONVENTION



Hotel Valencia Riverwalk, 150 E. Houston St., San Antonio, TX 78205



AGENDA

SEMINAR LINEUP

Thursday, February 13

Registration/Packet pickupLibrary1:00-5:00Presidential Suite8:00-11:00Welcome ReceptionPresidential Suite8:00-11:00

Friday, February 14

8:00-8:15	Welcome & Introductions	Verona I & II	
8:00-5:00	Vendors Open	Valencia	
8:15-9:45	Rider Panel-Kimberly Murphy		
9:45-10:00	Break		
10:00-11:30	High Tech Treasure Hunts - Amy & Danny Martin		
11:30-8:00	"At Liberty"- Tour San Antonio On Your Own		
8:00-11:00	Social / Boot Scootin' Dance and Cash Bar	Verona I & II	

Saturday, February 15 - A Day with Dr. Susan Garlinghouse

8:00-9:30 9:30-9:45 9:45-11:15 11:15-12:15 12:15-1:45 1:45-2:00	"Beating the Metabolic Pull" Break "Running on Empty" Lunch on your Own "Choosing the Better Bucket" Break	Verona I & II
2:00-3:30	"Rocket Fuel or Failure to Launch"	
5:00	Vendors Close	Valencia
	Saturday, February 15 - Award Festivities	
5:00-6:00	Cocktail Hour- Last Chance to Bid on Silent Auction Items (Cash Bar Continues Until 9:0	Terrace
6:00-6:30	Silent Auction Closes—Purchase Your Items	,0)
6:30-7:30	National Awards Banquet Buffet	Verona I&II
7:30-10:00	NATRC National Awards	
10:00-12:00	Celebration in Hospitality Room	Presidential Suite

Sunday, February 16

Breakfast on your own

Zanac 3020 National Co

8:00–11:00 Region 4 Awards, Followed by General Verona I&II Membership Meeting

Vendor booth space available for \$50. Interested? Contact Fran Muench at franmuench@yahoo.com.

Thank You for Your Attendance and Participation During Our 2020 **NATRC** National Convention!

Rider Round-up: Thoughts and Tips from Experienced Competitors

Whether you are new or a seasoned pro, you may have wondered: "How do they do that?" What's the best way to teach my horse ?", "What do the experienced folks do to condition?", "What do I need to do to prepare to move up to competing in A rides? CP? Open?" Join us for a Rider Panel where we can discuss these topics and more. A group of experienced competitors of various levels will answer your questions and convey lessons they have learned along the way. Kimberly Murphy, Region 4 President and experienced competitor who earned an Open National Championship with her somewhat non-traditional distance horse, a draft cross named Rowdy Rooster, will be facilitating the discussion.

High Tech Treasure Hunts: Geocaching and Mounted Orienteering

Long time competitors and supporters, Amy and Danny Martin will introduce you to the world of mounted orienteering and geocaching as a way to improve your map reading skills in this interactive seminar of fun activities. Amy, a long time Girl Scout leader and geocacher, has worked collaboratively with the National Organization of Competitive Mounted Orienteering to organize and set up Mounted Orienteering Trail Challenges with the Texas Trail Challenge Club and with different Scout troops and riding clubs. Danny, a long time Boy Scout leader, recently completed a week-long Philmont Trek with his troop. He enjoys backpacking and hiking and is a natural with maps and directions.

A Day with Dr. Susan Garlinghouse

What an opportunity! When a longtime member of AERC learned that Dr. Garlinghouse is speaking at a our convention, she said, "Sign me up! I'd go just about anywhere to hear Dr. Garlinghouse speak." Dr. Garlinghouse is a renowned equine vet and distance rider with tremendous knowledge to share on many of the unique health and maintenance issues faced by the distance horse and its rider whose priority is to bring home a healthy horse. Several topics including hydration, gut motility, nutrition and supplements, how to feed pre and post ride and more.