

Hoof Print

Winter
2014/15



**Developing A
Connected
Partnership**

**R2-DTour,
Part 2**

**Cardiac
Recovery
Index**

**Zen Your Way to
Calm Riding**

**National
Convention
Information**

**And Much
More!**



*Meet Our New Judges,
Judge Applicants,
Appentices and Provisionals*

Congratulations to Our Newly Approved Judges!

Veterinary Judges

Valerie Bixler, DVM (R4)
Mike Coker, DVM (R5) (reinstated)

Horsemanship Judges

Sarah Rinne (R6)

Members may submit comments to the Judges Committee on the following Provisional Judges, Appentices, or Applicants :

Provisionals

Veterinary Judges

Natalie Morris, DVM (R5)

Appentices

Veterinary Judges

Sharon Dehart, DVM (R4)
Elizabeth York, DVM (R5)

Horsemanship Judges

Patti Hicks (R4)
Wayne Tolbert (R5)

Horsemanship Judges

Jill Talbot (R3)

Applicants

Veterinary Judges

Shannon Reed Herrick, DVM (R3)

**Apprenticing must be done
with an approved judge who has agreed to
judge and supervise an apprentice.**

Veterinary and Horsemanship Judges:

Has your address or phone number changed?
Please notify the NATRC office of any changes.
Please indicate home and office numbers. Thank You.

Ride Managers: Secure your judges early.

You must contact and secure your judges well in advance of your ride date!
Please contact the National Office for a current Judges List.
If you have difficulty securing an NATRC judge, please contact the appropriate Judges Committee chair:

Mike Bridges, DVM - Veterinary Judge Co-Chair

H: 704/937-3300

mwbdvm@earthlink.net

Priscilla Lindsey - Horsemanship Judge Co-Chair

H: 785.259.1687

pris.lindsey@gmail.com

**RIDE
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For Ride Managers
Apply for a grant
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defray the costs of your
NATRC sanctioned
Competitive Trail Ride.

**ONLY TWO
REQUIREMENTS!**

1. Managers must be NATRC members.
2. The single-page grant application (with supporting documents) must be submitted at least 90 days prior to the ride.

For an application, please
contact our [National Office](#).

**Ride Chairs
& Secretaries**

**DISCARD
last year's forms!**

Download current
ride forms and
instructions from
www.NATRC.org.



**The forms change
periodically.**

Hoof Print is the official publication of the North American Trail Ride Conference (NATRC) and is published quarterly. Each issue contains updated information from NATRC committees and board meetings and informative articles on trail riding and horse care.

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Hoof Print Editor
Laurie Knuutila
907.378.9190
wildroseph@yahoo.com

Please refer all address changes to the NATRC office at the address below:

natrc@natrc.org
or
NATRC
PO Box 224
Sedalia CO 80135

On The Cover:

**Liz Klamm and
Little Ann
at the
Heartland
Challenge Ride,
Region 6**

Photo by Andy Klamm, used with permission

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Display Ads

Full page	\$275
Half page	\$150
One-third page	\$100
Quarter page	\$80
One-sixth page	\$50
Ride/Clinic ad	Half Price

Email color 300dpi JPEG ad to

matefev@gmail.com.

Specify *Hoof Print* and topic in the subject line. Contact NATRC for discounts on consecutive issue ads or ad specifications.

Classified Ads

Up to 20 words	\$10
Annual rate	\$50
Border ad/up to 30 words	\$20
Photo ad/border/30 words	\$25

Submission Deadlines

Winter (Dec/Jan/Feb) Nov. 15
Spring (Mar/Apr/May) Feb. 15
Summer (Jun/Jul/Aug) May 15
Fall (Sep/Oct/Nov) Aug. 15

Please make your check payable to NATRC; mail ad information with payment to:

Hoof Print, NATRC
PO Box 224
Sedalia CO 80135
303.688.1677

President's Message

NATRC is a timed, distance competition. It's a place to challenge yourself and your horse and reap the rewards and satisfaction that goes with accomplishing a demanding task. Fun? You bet! But still a rewarding challenge. In an effort to help preserve that opportunity for challenge and fun, your NBOD shares a vision for our riders and the horse community to have confidence in and respect for the consistent professionalism and quality of judging from all NATRC judges. Toward that end, our mission is to continue to develop, implement, and maintain a program of consistent and qualified evaluation of horse and rider as it relates to competitive trail riding. Our judges share a responsibility to be shouldered with pride as each of them personally represent NATRC's long history of educating riders and developing good competitive trail riding mounts.

NATRC judges have a tough job, and we respect and appreciate the effort each judge puts forth on behalf of our competitors and our sport. Along with that respect and appreciation come expectations for reasonable standards, and over the course of the next few issues of *Hoof Print*, I'd like

to share some of the same thoughts I've shared with all of our judges.

Why are expectations of standards important? Lots of reasons I would think, but a few of them are:

- NATRC is an organized sport.
- Organized sports have standards.
- NATRC is a judged sport.
- Judged sports have standards for consistent judging.
- Our riders deserve to expect a standard of *consistent* judging.

NATRC has smart and savvy riders and members. We are in competition for their hard earned money and owe them the respect of doing what we say. We say "uniform judging" is of paramount importance yet often fail to have reasonable consistency. Some feel that we *require our riders to learn a new set of skills for each judge they see* and that is completely unprofessional and disrespectful to our paying customers.

NATRC horsemanship judges are there to evaluate the rider.

Our veterinary judges are there to evaluate *the horse*, and it is unreasonable for us to expect them to be horse training experts as well, or be required to evaluate skills that are clearly horse-

manship related. The ride manager and the riders need someone to assess the physical parameters of the equine athlete. Someone who will put their hands on the horse

and recognize metabolic and soundness indicators of impending trouble. Our rides give vets an opportunity to use their unique hard-earned and hard-learned professional skills, and they should be proud of the role they play in protecting the horse. If our vet judges are not there for the horse, then who is? Our vet judges risk becoming irrelevant by failing to actually assess the horse.

As an organization we owe our riders and horses the best judging we can provide by providing oversight; failure to do so ignores organizational responsibility. We also owe our judges all the support we can provide to make them successful representatives of NATRC. Likewise, our judges owe the organization the respect of our 50+ years of CTR expertise and should recognize that NATRC lends its reputation to them when they judge. As such, a judge should work to the best of their ability to protect that reputation. In return our judges have the right to feel great pride and fulfillment in knowing the crucial role they play in the success of NATRC.

I have great respect for the efforts of all our judges, but I also have high expectations. I'll share more of those expectations next time. Thank you all very much, and happy trails as you have great fun challenging yourself with NATRC!



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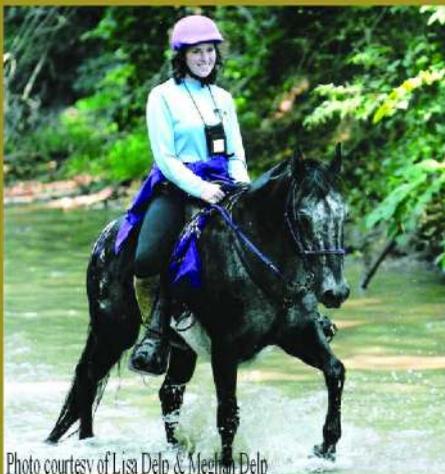


Photo courtesy of Lisa Delp & Meghan Delp

Call the Appaloosa Horse Club at 208-882-5578 or visit us online at www.appaloosa.com for more information on our Trail, Endurance & Distance Riding Programs.

Respectfully,

Kim A. Cowart
President, NATRC

NATRC National Board Members

Region 1

Angie Meroshnekoff / awhitedog@aol.com
Jamie Dieterich / jamiiek@gotsky.com
Linda Thomason, Alt /
linda.thomason@comcast.net

Region 2

Beni DeMattei / beni2406@hotmail.com
Mary Jo Malone / maryjomalone@msn.com
Bob Insko, Alt /
rminsko@gmain.com

Region 3

Jerry Sims / beth_sims@q.com
John Horne / JohnPHorne@gmail.com
Chuck Smith, Alt /
chuck-smith@earthlink.net

Region 4

Larry Gould / landbgould@gmail.com
Alice Yovich / ayovich@gmail.com
Jean Green, Alt /
jgreen@martineer.net

Region 5

Kim Cowart / kcneverrestranch@gmail.com
Lori Rand / equineloco@yahoo.com
Sallie Kudra, Alt /
Kudra@clemson.edu

Region 6

Sarah Rinne / saddle1up@live.com
Shari Parys / katbalu96@aol.com
Erin Glassman, Alt /
ejacob716@gmail.com

NATRC National Board Officers

President:

Kim Cowart
kcneverrestranch@gmail.com

Treasurer:

Mary Jo Malone
maryjomalone@msn.com

Vice President:

Sarah Rinne
saddle1up@live.com

Executive Administrator:

Laurie DiNatale
natrc@natrc.org

North American Trail Ride Conference Mission Statement

The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.

Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering. There is an implied code of ethics to adhere to. This code of ethics dictates that we behave professionally, courteously and responsibly. This includes:

- Representing the sport in a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others

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TRAIL RIDE CONFERENCE

Challenge - Sportsmanship - Education



2015 National Convention

February 20 – 22, 2015

Holiday Inn Country Club Plaza
“City of Fountains” – Kansas City, MO

Keynote Speakers:

Dr. Jay Mero, Chair of the AERC Veterinary Committee will discuss conditioning, soundness and other topics related to the distance horse in NATRC.

Lynn Clifford, MA, is a third generation equestrian professional, psychologist and riding instructor. She will be giving valuable presentations on rider psychology and working through our fears and anxiety from judged observations on the trail to post accident recovery. Get the psychological edge on your game!

Mary Hanson, one of NATRC’s own! Mary has held an unswerving devotion to our nation’s trails and trail advocacy. Mary will share valuable information on trail preservation, maintenance and working with parks and landowners planning competitive rides.

These incredible speakers will be joined by additional presenters over the course of two days plus valuable shopping time with our convention vendors, entertainment, silent auction and awards!

For more information and to register please visit the NATRC website at www.natrc.org.

Join NATRC Region 6 for this incredible event!

North American Trail Ride Conference

Challenge - Sportsmanship - Education

2015 NATIONAL CONVENTION

2015 Registration Form

Name _____ NATRC Member? Yes__ No __

Street Address _____

City _____ State _____ Zip Code _____

Contact Phone (_____) _____ - _____

E-Mail Address _____

Additional Attendees Names:

Please select meal option(s) and write the quantity in the space provided:

___ **Flank Steak** with enoke mushrooms and demi-glace

___ **Chicken Marsala** pan roasted chicken with a mushroom marsala sauce

___ **Vegetarian Plate**

Dinners include fresh field green salad, baked potato, mixed vegetables, dessert, assorted rolls with butter, freshly brewed coffee and iced tea.

Item	Cost	Quantity	Size	Total
Seminar Registration, Member	\$60		NA	
Seminar Registration, Junior Member	\$40		NA	
Seminar Registration, Non-Member	\$85		NA	
Seminar Registration, Junior Non-Member	\$65		NA	
Saturday Night National Awards Banquet	\$40		NA	
Sunday Region 6 Awards Breakfast	\$15		NA	
National Convention T-Shirt (Please note the quantity next to each size.)	\$12		S ___ M ___ L ___ XL ___	
Grand Total				

Convention and Hotel Registration can be completed and paid online at www.natrc.org. Hotel reservations can also be made by calling Connections Housing at 1-800-262-9974 referencing NATRC. If you prefer to complete and mail this form with payment, make checks payable to Region 6 NATRC, Inc.

Mail to Ruth Mesimer, 6818 N Elm, Liberty, MO 64068.



NATRC Receives 2014 CHA Safety Award!

By Cris Ballard

Since 1996, the Certified Horsemanship Association (CHA) has recognized an outstanding individual or organization that has helped not only the equine industry and CHA, but also the equine community at large, to promote safety and awareness through its Partner In Safety Award. At CHA's 2014 International Convention held at the Kentucky Horse Park in Lexington, KY, in October, the North American Trail Ride Conference was honored and received this prestigious award.

We were recognized because of our history as the longest running trail association that evaluates, and provides feedback to, competitors related to horsemanship skills with an eye toward horse and rider safety both on the ground and in the saddle.

When asked about what this award means to NATRC, President Kim Cowart stated, "NATRC strives to provide and promote a safe, fun, and educational environment for our competitors to challenge themselves and their horses, and we sincerely appreciate CHA's recognition and validation of those efforts. CHA sets a gold standard for equine safety, so it is with much honor that we accept their 2014 Partner In Safety Award. Thank you Certified Horsemanship Association, and thank you Mary Anna Wood for accepting on behalf of the North American Trail Ride Conference."

Since safety is CHA's number-one goal, the idea of a Partner In Safety Award was conceived to recognize other individuals and organizations with similar goals. Some past winners of the Partner In Safety Award include: Horse Council of British Columbia (1999); American Camping Association (2003); and, Riders4Helmets (2012).

PARTNERS

Congratulations North American Trail Ride Conference (NATRC)

CHA
CHA 2014 Partner in Safety

*Mary Anna Wood, on behalf of NATRC,
accepts the award from Ward Stutz, CHA President*

Photo by Tom & Michael Kays with Moving Images NW

Member Services Program

- ▶ Introduced in early 2014
- ▶ Discounts on merchandise
- ▶ Discounts on services
- ▶ Equine industry vendors
- ▶ Check it out at natrc.org/mbrservices.html

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TRAIL RIDE CONFERENCE**

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NORTH AMERICAN TRAIL RIDE CONFERENCE



YEAR-END AWARD SPONSORSHIP

NATRC invites you to consider sponsoring a year-end award. Make this your yearly tax-deductible donation to NATRC. We appreciate any individual sponsorship or that of a club or business. Your sponsorships ensure the continued high quality of our awards. All sponsorships will be acknowledged in *Hoof Print*.

You may sponsor entire awards, portions of awards, or a certain horse's or rider's award. We try to accommodate requests for specific sponsorships. Please indicate both a first and second choice. Date of receipt will receive priority. The awards will be presented at our National Convention. See www.natrc.org for registration information.

PRESIDENTS CUP: SILVER BUCKLE: \$150 BLANKET: \$130 RIBBON: \$10

NATIONAL CHAMPION HORSE: BLANKET: \$130 Horse Name _____

BEV TIBBITTS GRAND CHAMPION AWARD: SILVER BUCKLE: \$150 RIBBON: \$10

OVERALL HIGH POINT OPEN HORSE AWARDS: Total Needed - Three Sets: Heavyweight, Lightweight, Junior

SET of SIX RIBBONS (First through sixth place): \$60/set: \$60/set: Class _____

SINGLE RIBBON (First through sixth place): \$10/ea

Horse Name _____ Region _____

OVERALL HIGH POINT OPEN HORSEMANSHIP AWARDS: Total Needed - Three Sets: Heavyweight, Lightweight, Junior

SET OF SIX RIBBONS (First through sixth place): \$60/set: \$60/set: Class _____

SINGLE RIBBON (First through sixth place): \$10/ea

Rider Name _____ Region _____

OVERALL HIGH AVERAGE COMPETITIVE PLEASURE HORSE AWARDS: Total Needed: One Set

SET SIX RIBBONS (First through sixth place): \$60/set

SINGLE RIBBON (First through sixth place): \$10/ea

Horse Name _____ Region _____

OVERALL HIGH AVERAGE COMPETITIVE PLEASURE HORSEMANSHIP AWARDS: Total Needed: One Set

SET SIX RIBBONS (First through sixth place): \$60/set

SINGLE RIBBON (First through sixth place): \$10/ea

Rider Name _____ Region _____

REGION HORSE & RIDER TEAM AWARDS: Total Needed - 42: Seven Sets per region for six regions.

SET of RIBBONS (First through sixth place): \$60/set Region No. ___R1 ___R2 ___R3 ___R4 ___R5 ___R6

Division _____ Class _____

___SINGLE RIBBON: \$10 Horse & Rider's Names: _____ Region _____

Division: _____ Class: _____

SPONSOR NAME AND ADDRESS:

Phone number _____ and email address _____

Make check payable to NATRC. Amount Enclosed: _____ Mail To: NATRC SPONSORSHIP, PO Box 224, Sedalia, CO 80135

THANK YOU FOR YOUR SUPPORT. WE APPRECIATE IT!

Quick Tips for NATRC Rides

Originally developed for clinics; useful for riders and judges.

In-Hand Presentation – Grooming

- No parasites (bot eggs)
- Clean nostrils
- No residual sweat marks
- Clean hooves

In-Hand Presentation – Hands On

- Avoid holding on to halter or snap
- Don't loop lead around hand
- Fold excess lead and keep off the ground
- Stand to side of horse
- Stand on same side as vet
- Keep two hands on lead
- Maintain attention and control of horse

In Hand Presentation – Trot Out

- Run beside horse
- Look forward, not back at horse
- Hold lead 12"-18" from horse
- Two hands on lead
- Turn horse away from you
- Large circles
- Maintain consistent gait

Tack & Equipment

- Whip – OK to use at check-in and/or check-out
- Proper saddle fit
- Proper bit fit
- Proper curb chain fit
- Proper halter/bridle fit
- Halter buckle end fastened through keeper
- Cinch clean; not too tight or too loose
- Snug rear cinch + connector strap
- Saddle pad clean and in position
- Breast collar not too tight or too loose

Stabling

- Blanket straps snug
- Quick release knot; locked
- Stallions double-tied
- Rider # visible on trailer, halter, bridle
- Ground free of hazards
- Hay net so not too low when empty
- Buckets secured
- Evidence of food
- Access to water
- Adjust rope snap so horse's nose reaches ground
- Don't tie two horses too close together
- Keep equipment away from horse
- Cover/ protect latches sharp corners

Trail Equitation

- Light in saddle
- Soft rein contact
- Ankles relaxed; heels slightly down
- Balanced side to side
- Post or soft sitting trot
- Light/ quiet/ low hands
- Subtle leg cues

Mount

- Don't lead with reins around neck
- Settle horse
- Adjust tack
- Rein contact/ control
- Square up horse
- Use terrain/ natural mounting block
- Try to not pull horse off balance
- Don't dwell in stirrup
- Don't drag leg over rump
- Settle lightly in saddle
- Settle before cueing horse to walk off

Uphills

- Angle upper body forward from hips
- Transfer some weight through thighs to stirrups
- Be light in saddle, not out of saddle; Don't stand up
- Maintain soft rein contact
- Allow horse to use head for balance
- OK to hang onto mane

Downhills

- Don't lean back; relax; carry weight on thighs, not on seat bones
- Avoid swaying side-to-side
- Maintain soft rein contact

Backup

- Settle horse
- Think Stop, Settle, Slow
- Check behind
- Soft, subtle hands
- Give and take with reins
- Leg aids for direction control

Obstacles

- Stop, settle, slow
- Look ahead, not down

P&R Check

- Line up parallel to next horse
- Maintain contact/ control of horse
- Remain quiet with low energy
- Encourage horse to relax
- Sponge/ cool horse as appropriate
- Loosen cinch slightly
- Stirrups out of way
- Lead away with permission of next rider
- Follow directions to proceed

Trail Safety & Courtesy

- Rider # visible
- Don't crowd
- Don't approach other groups too quickly
- At least one horse length between horses
- Pass with permission, at a walk
- After passing, move on to create a quiet pocket
- Wait for next horse at obstacle/ gate/ etc.
- Careful not to spook others with your actions

2nd Annual "Share the Trails" T'was Jammed Packed With Camaraderie

By Lynda Sterns, NATRC
Descanso Trail Master

Reprinted with permission from
Arabian Horse Association Region 1 Newsletter.

Tents, campers, hoses, water buckets, hi ties, horses, dogs, families, singles, couples, friends and so much more settled onto shared space in Descanso (Southern California) to spend a weekend of distance riding competition on June 6-8, 2014. The camp felt like a world unto its own—a small city that was bustling with excitement and anticipation. NATRC, AERC, and Ride & Tie teams happily set up camp next to each other to spend a weekend of friendly competition. These three notably historic organizations join forces and resources each year to share a base camp, trails, and fellowship in support of the sports that they love. With so many horses and riders, everyone was happy to turn hard work into a great time and share all kinds of experiences with each other.

Though the various sports go about their respective disciplines under different sets of rules and goals, the sports have much in common. Distance riding or racing is a lifestyle, a goal, a challenge and an affinity that riders embrace in order to be out on the trail with our mounts. The platform and organization is an individual choice that one makes in order to spend time on the trails and the common thread is woven by the community spirit these sports create.

By 4:00am on Saturday, the camp was abuzz with preparations for a day on the trails of Cuyamaca Rancho State Park, just 40 miles east of San Diego; a diverse mountain range encompassing pine and oak trees, meadows, single-track trails, fire roads, stream crossings, and beautiful views. It takes a village to manage an event of this size and, thankfully, there were numerous volunteers to help keep things on track.

Members of NATRC's Region 2 envisioned a melding (Continued on [page 19](#))

Developing a Connected Partnership With Your Trail Horse

Improve your balance and posture riding gaited horses

By Peggy Cummings / Photos by Debbie Hopper

Reprinted with permission from trailBLAZER magazine, www.trailblazermagazine.us

Are you supporting the horse's gait or using it up? Are you sitting on and with your horse in motion or just letting the horse carry you along?

I would love to be a little voice in your ear saying: *The more attention you pay to releasing the tension in your body and getting in synch with your horse, the better your ride will be!* Sound simple? It is! And yet, you need to know *what* to focus on and the difference between good riding and being a "drag" to your horse. Paying attention to how you use your body initially takes focus and then becomes part of what you do. It's as simple as putting the lid on a jar, turning the tap off, and putting the cap on the toothpaste tube! This means incorporating a habit that is useful. On a horse this helps you be safer, and results in less wear and tear on both your body and the horse's body.

A good rider has a better balance and gets less in the way of her horse. This means being aware of your posture and continuously releasing any tension or bracing. You'll be more often in alignment and your bones and joints can move freely as the horse is moving.

A rider who is a drag on her horse is in the way of the horse performing to his potential. This rider is out of alignment more often than not and is not aware of this most of the time, or they do not know how to change it. The bones and joints in this rider do not move freely as the horse is moving so it sets up a dead weight drag on the horse's back.

How Does Your Horse Travel?

Initially consider the horse's way of going. Whether or not you are riding a gaited horse, ask *(Continued on page 10)*

Let's look at two riders on gaited horses. I consider gaited horses to cover ground like ATVs. I have ridden gaited horses up in the mountains on steep and narrow terrain and felt very safe. I know my trusted walk-trot horse would not have performed as well on that kind of terrain. I have also ridden some wonderful mustangs and other grade horses and mules that were extremely surefooted and trustworthy on a trail and when I was lost could find their way home. There is a smoother feeling sitting on a gaited horse. They feel as if they are covering the ground while rolling over it rather than stepping over it.

SPOTTED DRAFT HORSE SOCIETY



The Spotted Draft Horse Society, Inc. has been established to record, promote and define Spotted Draft Horses in our society.

The Spotted Draft Horse is a draft type horse with pinto/paint markings and we have established stud books to preserve breeding programs already in place.

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WWW.SPOTTEDDRAFTS.ORG

(Continued from page 9)

yourself this question: *Does my horse travel more often in a “base up” or “base down” posture?* (See illustrations on Page 10). A horse’s base and thoracic sling have to go up and down every stride; in other words, they must have freedom of movement to move efficiently and have less wear and tear on their body. A horse who is heavy on the forehand travels with his base down, limiting the functional ability of the thoracic sling while increasing stress and strain everywhere else. A rider who is in balance and sitting with her horse in motion can achieve and maintain “base up” in a horse more often.

The horse of a rider who is out of alignment will be more “base down” during the ride. The gait of a horse is supported when he can move with his base up and a rider in alignment. The gait of a horse is used up when the horse travels with his base down and the rider is out of alignment.

Unfortunately because gaited horses are usually more comfortable to sit on, their ability to gait and be smooth is taken for granted. Also in the gaited horse world as in other disciplines erroneous ways are taught to achieve gait and movement. One of these is to sit back on your pockets and push your heels down, which sends the foot forward, and hold the horse with your hands as you push the horse forward with your seat or squeeze him forward with your legs. Another way is to sit up, brace your lower back, hold the horse with the hands and drive him forward. The legs will be slightly forward with push down into the heels. Neither of these ways creates efficient movement and they keep a horse on the forehand with his base down.

Any horse in order to move efficiently has to be able to reach a *neutral* posture as he begins to be ridden. That is, he has been taught how to re-balance off the forehand and distribute the weight evenly on four feet with a fairly level head and neck that is not retracting or being pulled on during movement. The topline is released and not holding tension. As a horse progresses in training he needs to be taught to activate his underline (abdominal muscles). When the abdominals contract, the topline (nuchal and dorsal ligaments running along the spine) can

Terms of Engagement

“**Combing**” the reins is an exercise where the reins are held in one hand as the other hand reaches forward and reaches up and “combs” down towards the other hand. The index and middle fingers are in between the reins as you maintain a soft bend in the elbow. As the hand that combs down reaches the other hand, the first hand that held the reins releases them and reaches forward and combs down in a continuous motion that gives a steady oscillating rhythm to the horse. This encourages the horse to reach into contact and “telescope” his neck forward and down, thereby encouraging the base to come up. The combing action also helps the rider break up tension and holding.

Rotating your body is a helpful way to release tension in horse and rider. Imagine a shelf in front of your hands holding a large clock laying flat on the table. When you look at 12 o’clock you are facing forward. Rotate your upper body towards 10 for about three or four strides. Then rotate back to the middle and proceed in the other direction towards 2 and then back through the middle and so on. Changing rotation in this way helps get a horse off the forehand. Remember to stay soft in the lower

knees to resist squeezing with the thighs. The stirrup needs to be behind the ball of the foot, which is easy in Western and endurance saddles.

“**Thinking wide through the knees**” is a way of overriding the tendency to squeeze with the thighs and push the heels down. It is the best way to stay securely in the saddle when a horse bolts or shies. When your thighs let go and “think” open, the calf lightly rests on the horse’s side, and with your foot level in the stirrup the action during sudden movement is incredibly grounding. This is not a big visible change. It is more about changing the orientation of your legs, allowing all the bones and joints from your hips to your feet to move and provide shock absorption and stability.

“**Telescoping**” is a desirable posture in which the horse lets go at the poll and extends his neck out and forward from the base as it moves upward with each stride. In contrast, when a horse goes behind the bridle or “sucks back,” the base of the neck is down, the neck contracts and compresses and movement in the poll is constricted.

stretch. This cycle begins with the “telescoping” of the horse’s neck and a lifting of the base, raising the back and pushing from the hindquarters.

As we look at two gaited riders and read my commentary, the contrast between them should become evident. If you as a reader and rider do not see the difference in a photo, you cannot make a change in yourself, let alone your horse.

Rider #1

This horse is traveling head high with his neck inverted and his base down (see photo on page 9). Even though some horses’ lower necks are set quite low, traveling this way puts undue stress on the entire musculoskeletal system over time. With correct training, horses will not travel in this way.

Sitting on this horse is not as smooth as it is on one (Continued on page 11)



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Rider #1



(Continued from page 10) whose neck is able to “telescope” and the base able to come up. This horse looks as if the bottom part of his neck is pushing down and out and his crest is dropping, even though his head is high. When a horse telescopes it looks as if the bottom part of the neck begins to make an arc and the crest and topline does the same. Horses have to be able to distribute their weight over all four feet and the base has to move up and down with every stride so that the body can rebalance and shift weight dynamically.

What is great about this rider is that she is not behind the vertical, as her head is above her hips. Think of the vertical as 12 noon, behind the vertical is 1 or 2 minutes behind 12 and ahead of the vertical is 1 or 2 minutes after 12. In fact, she is just a tad *ahead* of the vertical, which at this particular moment is more favorable than behind. Her elbows are nicely bent at her side, and she has a nice connection on the rein. Unfortunately her feet are in front of her, causing her to brace through the legs, thus preventing independent motion of the hips. This keeps the horse’s base down, and keeps him on the forehand with his head high. The horse’s back cannot come up, which further limits his ability to rebalance himself and carry weight efficiently.

Rider #2

This horse is using his head and neck more efficiently, especially in the second photo. I believe it is important for you to see the process of improvement in the head and neck. In photo 2a, the horse has more tension through his front legs, which sends tension all the way up to his head. The horse picked up some speed and the

rider braced so it took away from performance. In the second photo (2b), the pace was more regulated, the rider’s legs are underneath him, and the horse’s neck is telescoping and has less tension. I wanted you to see both photos as Rider 1 and Rider 2a have the same footfall; 2b shows a different footfall.

There is a better alignment in this rider’s body. In photo 2b the rider is “on the vertical”: his head is on top of his hips and his feet are under his hips, which puts him in neutral posture. It is nice to see a man riding with such a nice, long leg. It is often easier for a man’s leg to hang down than a woman’s, as the shape of the pelvis is different.

As with Rider #1, any bracing in the stirrups prevents independent motion of the hips. When riding with one hand, be sure to change the rotation in your body often (see sidebar, “Terms of Engagement”). This rider is holding the reins in the right hand so the upper body is slightly rotated left. He has a comfortable contact with the horse.

Solutions

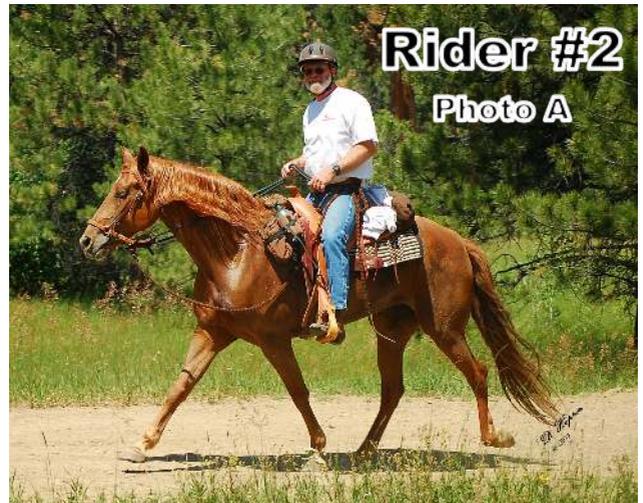
There is no such thing as being in balance all the time. To improve performance the rider’s body awareness and posture needs to change. The idea of readjusting your position is a necessity. When tension builds, men need to readjust their seat bones in the saddle by scooting a sixteenth of an inch *backward*. Women need to scoot a sixteenth of an inch *forward*. The goal is to sit on the middle of your seat bones, the most stable place to sit. This allows your hips to have independent movement and all your bones and joints to have freedom to move as well.

Because the solution for tension and bracing is movement, the movement I am suggesting is subtle. To override the tendency of pushing the heels down and pushing the foot forward, you have to do a minute motion during movement of sliding your heel to the back of your boot as if you were doing a microscopic movement of Michael Jackson’s “Moonwalk.” Also, imagine that you are breathing and expanding your rib cage as you are riding as if you were filling a balloon in that area especially in your lower back.

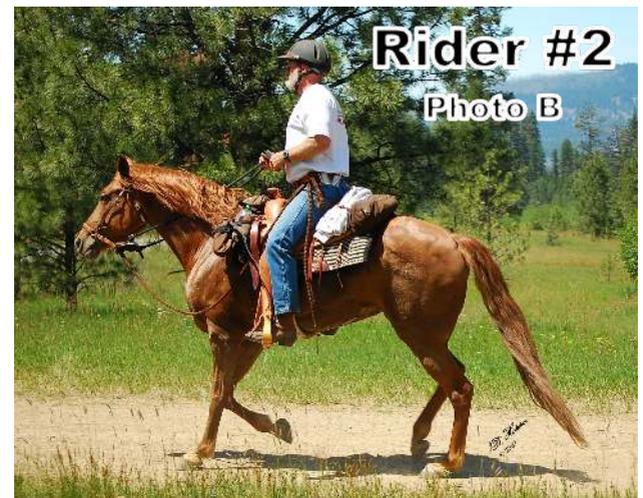
When you have a horse that inverts the head and neck, “comb” the reins (see sidebar, “Terms of Engagement”) and slowly change your body’s rotation. This is also great for someone who rides with one hand to do periodically. The goal is to break up the tendency of the body to get static and thus behind the motion of the horse, which initiates bracing and a downward spiraling cycle of tension that breeds exhaustion and uses up not only your body but the horse’s body.

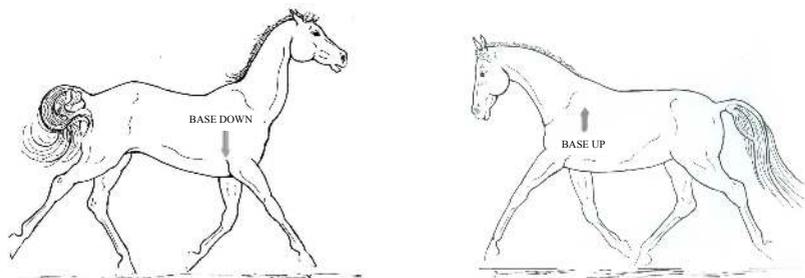
(Continued on page 12)

Rider #2 Photo A



Rider #2 Photo B





For a horse to have freedom of movement, his “base” and thoracic sling have to go up and down with every stride. In the drawing at left, the horse is base down, which inhibits his movement and compresses his spine. In the drawing at right, the horse is base up, which allows him to use his back and hindquarters more efficiently and with less fatigue. Horses have to be able to distribute their weight over all four feet and the base has to move up and down with every stride so that the body can rebalance and shift weight dynamically.

(Continued from page 11) Gaited horses are easy to sit on and an erroneous assumption can be made that they will always gait easily and consistently. When these horses travel on the forehand over hill and dale the gait can break down and become lateral (“pacey”). They also need support and maintenance from you. The best prevention while you are out there having fun is to gain the ability to release tension in your own body. Experiment with these different suggestions and know

that they are in your awareness and sensation for you to use as needed. Happy riding!

Peggy Cummings is the creator and founder of Connected Riding and Connected Groundwork, an approach to riding and handling horses that gives both horse and human more freedom, confidence and lightness in any situation. For further information, visit Peggy at www.connectedriding.com

4-H Junior Rider Year End High Point Award

To encourage participation by 4-H members, NATRC offers a 4-H Junior Rider Year End High Point Award.

- The award goes to the high point rider and high point horse **regardless** of the rider’s division.
- The award is a self-nominating award. The nomination must occur before the end of the ride year, which is the second Sunday in November. This year, it will be November 8, 2015.
- The rider must (1) be a member of NATRC (2) send Laurie DiNatale an email (natrc@natrc.org) stating that they are a 4-H member and (3) have their 4-H leader verify that they are a member with an email to Laurie DiNatale (natrc@natrc.org).

In a number of states (Colorado is one example), 4-H now recognizes competitive trail riding as an activity that qualifies as a 4-H member’s project.

Questions?
Contact Angie Meroshnekoff,
awhitedog@aol.com.
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NATRC Photo Competition Winner Announced

Anita Hasbury-Snogles, Vice President of Ride Alert, one of our Member Services suppliers, notified NATRC on November 11th that Bev Roberts won their special NATRC Photo Competition.

The competition, which ran for six months and ended October 31, was open to all people who purchased a discounted service program (which includes a wristband and bridle tags) through the NATRC website Member Services page. Purchasers were asked to submit pictures of themselves and their equines in competition showing the wristband and tag to best effect. As winner, Bev will be awarded three more years of service *plus* an embroidered saddle pad!

Says Bev, "I am honored to receive this award. When I first heard about Ride Alert, I didn't hesitate to sign up. It works like a diabetes wristband. On it is a phone number to call should someone need to help me. It is

comforting to know that 24 hours a day, 7 days a week, there will be someone there to provide vital contact and medical information for my rescue. My other half, JD, who doesn't ride, can worry a little less now when I'm out conditioning alone, riding with others or competing. I even wear it driving to and from rides."

[Ride Alert](#) is a simple, secure, on-line identification and medical information service backed up by an experienced Emergency Support Team. Folks store contact details, medical information, documents, and photos on the Ride Alert database for all family members, including horses and pets. Just one call and the Emergency Support Team will notify all those who need to know and relay critical details to first responders. The small annual registration fee covers the entire family. Additional ID devices are available.

The photo contest is over but the discounted service is still available!



*The winning photo.
Bev Roberts and Wyntez Buddy after completing Sunday's trail on October 5, 2014 at the Robbers Route ride near Wilburton, Oklahoma.
Photo by Roland "Top" Ramirez of Top Horse Solutions. Used with permission.*

Recruiters Report Winter 2014-15

By Jerry Sims

Please welcome the following new and rejoining members to NATRC:

Region 1

Aleatha Landry, and Eileen, Claire, & Sophia Cichocki

Region 1A

Brittany Dammann, Frieda Koper, and Anna Tileston

Region 2

Rhea Stinemetz and Vicky Beelik

Region 3

Mike Jubb, Diane Wiltshire, and Tori Ware

Region 4

Selena Copeland, Susan Cheng, Steve Rye, and Brenda Simpson

Region 5

Trish James, and Lyn Lewis

Region 6

Joni and Tovah Plumer, Eileen Berkeley, and Kerri Ross

If we left out your name or misspelled your name, please let us know.

Through October, 2014:

New members: 68

Rejoining members: 42

Total: 110

There were 288 non-member entries competing nationally in NATRC.

Here is a regional breakdown of where these non-member riders are:

Region 1 – 20

Region 1A – 36

Region 2 – 18

Region 3 – 44

Region 4 – 54

Region 5 – 66

Region 6 – 50

These riders could be members if we asked them to join NATRC. Reach out to a non-member in your region!

Jack Britt

by Pam Kuder

I joined NATRC in 1982 in Texas and moved to Region 5 in 1983. Jack and Mary Britt were two of the first people to welcome me into the Region 5 family and make me feel at home. Mary continued to teach along every inch of the trail, as it is in her blood. She was kind to me and she wanted to hear about my family. Both of my children grew up in camp from the time they were infants, and as toddlers they were cared for and loved by Billy Bonds (Candy's jovial and loving husband.) Billy was always at camp and simply smiled when we brought our child to him. I know the children had a great day as they were peaceful and content and Billy was still smiling.

Once old enough, Travis and Janelle would head off on the P&R crew in the loving care of Jack Britt and many others who worked as a team to keep the "families' children" while they played with rocks and sticks, learned to respect the horses and riders and to finally be old enough to hand out cards! So many times at the end of a long day's ride, Jack would bring the children back and we would each claim ours knowing they were well cared for and had a great experience in the woods; better than any summer camp a person could take them to.

There are so many stories, but one I remember the best was when Travis was around 6 or 7 years old and there was a very wide, rapid, rocky creek on the way to get to the P&R site that was just too much for Travis to cross. Jack simply hoisted Travis

up on his back and carried him across the very wide creek, keeping him from washing down with the current and keeping him dry. Later that day, Jack told the story with his mustache smiling and Travis hiding behind Jack's leg with a great grin. Jack really enjoyed the fact that he was able to



do that for Travis; he honestly loved the boy and told the story for years. Travis could have been forced to stay in the truck that day, but Jack made sure he was with him and under his watchful eye. That was Jack. I had always had a dream that one day Travis, as a young man, would be able to repay in kind and carry Jack across a creek.

In time, Travis and Janelle became old enough to ride with us and we had many, many miles of competition on the trail as a family (I am afraid only the "old folks" remember us as a family.) They played hard at camp when not in the saddle and rode as true competitors when on the trail. NATRC is one of the few organizations I know where the children compete against each other all

day, play together the remainder of the day and then camp together. I know I am grateful for what you all have done for us as a family and for Travis and Janelle in particular. They learned how to be fair competitors, to be friends, to honestly wish the other good luck, and to respect their elders. Billy and Jack were such a major part of my children's experiences in camp and they will remain in so many memories for so many who grew up with them - both children and adults.

I believe the Region 5 family had a great deal to do with my children's successes in life as Travis has his DVM and is working on his PhD in Pathology and Janelle will graduate from Dental School in 2017. They are very fine citizens and individuals with high standards, ethics and morals. I believe this success for them would not have been so certain without the NATRC family.

Of course I was a constant victim of Jack Britt's blonde jokes and knew it when I saw him coming toward me. Jack had a smile that was so contagious that I felt warm seeing him across camp. He gave so much to us over the years that so many rides simply could not have gone on without him. I am grateful for the many years I have had the honor to know Jack and Mary Britt and I pray Mary has his joyous spirit with her now to help to ward off loneliness. His spirit was and will remain - in our hearts.

Love to my Region 5 family.

HEARTLAND CHALLENGE

NATRC AA Ride, August 29-31, 2014

By Priscilla Lindsey

sas prairie grass, then suddenly drop down steep, rocky descents into rugged and beautiful canyons. Each canyon is a little different, most with a lovely creek at the bottom and with one being a shady woodland, similar to Ozark trails. The spring-fed creeks in the park provide ample water for the competitors.

The ride provided a true test of the horses that were properly conditioned, and their riders are entitled to be proud of their accomplishment.

To be a test of the best competitive trail horses, enduring a challenging distance at a brisk pace in the heat and humidity of Kansas in August over the rugged trails of Kanopolis State Park: that was what the Heartland Challenge Ride was designed to do. And test them, it did. Nineteen horse and rider teams from four states (two NATRC regions) started the 3-day, 90-mile ride that was sanctioned both by NATRC and MOTDRA (Middle of the Trail Distance Riders Association.) Eleven teams completed the ride.

As it turned out, the heat was not as bad as anticipated, with the temperature never exceeding 87 degrees Fahrenheit. Starting at dawn each day allowed everyone to be back in camp and resting before the worst heat of the day. High humidity, however, was a factor in the test.

Many riders entered to test their conditioning program and came up wanting. Every pull was voluntary, attesting to the knowledge of the riders and their care for their mounts. The first day seemed to be the toughest, with most of the pulls coming that day. The remaining horses actually improved each day in their hydration and

P&R performance. Only one pull happened the third day for a minor lameness.

The trails at Kanopolis State Park start out over easy, rolling hills of Kan-

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Riders at the Heartland Challenge ride had beautiful areas to ride through.

Photo by Andy Klamm, used with permission

NATRC R2-DTOUR

EPISODE MMXIV
PART 2 By Karen Kafka

In Part 1 of the R2-DTour, we followed Karen and Smokey and Lory and Mikie as they made their way across the country, determined to ride in every NATRC region. When we left off in the last issue, Karen and Lory had just completed the Uwharrie ride in North Carolina. Now we continue the saga...

Meridian Livestock Yards – MS
This place is right off I-20, fully covered, cheap and has some really nice people.

Lory and I had been discussing our options concerning our horse's health certificates that were about to expire. We were nervous about the cost of "dropping in" on a vet, weren't sure if a CTR vet could do the paperwork, or if we should just let it slide since "no one" looks at the health certificates, just the Coggins.



Karen and Smokey at the Navajo Lake Ride

Photo by Cristy Cumberworth
Used with permission

One of the few times Lory's navigation system got us lost was on the way to the Without a Trace CTR. While Lory was concentrating on finding our route, I noticed a nice little vet clinic on the other side of the road but was going too fast to do anything about it. Ten minutes later we decided we were really lost and should head back to our last good "set of ribbons." I told Lory about the clinic, and we decided to drop in and see if they could help.

The clinic turned out to be perfect. Mom ran the front office, Dad was the small animal vet, and daughter was a recent large animal graduate. She was excited because she hadn't touched a horse in weeks. We unloaded the horses, she took their temps and did their exams, and we reloaded them and went in to pay. Mom said since both animals were traveling together she could put both on one certificate. Bottom line, 30 minutes and \$25 later we were on our way. Did I mention every kick was a boost?

Without A Trace CTR – TX

Another wonderful venue with acres of tall grass to park in, big trees and my new BFF, Alanna, to ride with. Lory rides Open, I'm CP (Can't Place, not Completely Perfect.) This ride was the most fun for us. Wide sandy trails, trotting through shaded areas for miles, plenty of water.

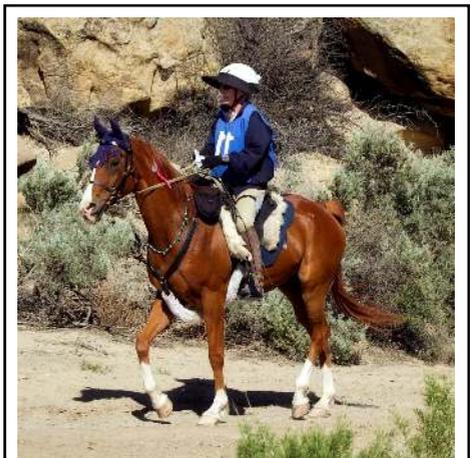
We spent Sunday night in Wichita Falls, TX. It was a cute little place, right off the freeway. The horses enjoyed spacious stalls, and we enjoyed looking at the barn cat— actually the barn bobcat.

The next stop was the Big Texan in Amarillo again. Then we took a side trip to Santa Fe, New Mexico, where we had our least favorite night as the horses really didn't like not being in sight of each other.

Navajo Lake CTR – NM

We decided to spend Wednesday and Thursday in Farmington because there was no electrical hook-up at the ride site. The first place that Lory called said they didn't have any room, but they recommended another place. What a find! An older place, but we had it almost all to ourselves, huge runs attached to the inside barn stalls. It was within walking distance to a Tractor Supply and an easy short drive to a Walmart AND a laundromat.

We enjoyed being part of the 40th Navajo Lake ride. The Pinion Forest and scrub plateaus were pretty close to some Northern Arizona riding I have



Lory and Mikie at the Navajo Lake ride

Photo by Cristy Cumberworth
Used with permission

done. The rock formations were amazing.

Mikie started his pre-colic attitude, so late Saturday night Lory transported him to a vet. Since the vet heard gut sounds and only did a rectal exam, with no medications administered, Lory and Mikie finished the ride on Sunday. Of course we will always remember the hurried check-out in a gale force dust storm. Region 3 parties a lot different than the Bible Belt rides we had been on.

It was very hard to turn east after Navajo Lake, over 5 weeks on the road which had flown by, and home just a day and a half away to the west. East we did go and ended up traveling all the way back to Amarillo and the comfortable Big Texan. Although we probably drove too long on that stretch, we were able to spend 2 days in Amarillo to let the horses recover. We spent a day SHOPPING!

(Continued on [page 17](#))

(Continued from page 16) There were two great tack shops in the area and Lory's britches had succumbed to a material-eating piñon pine.

EKAHA - KS

Wednesday morning we headed toward the Kansas Ride. We had to stop for fuel at an old truck stop somewhere in the Oklahoma panhandle. As I was stepping down from my living quarters, I rolled my left ankle. I heard the snap, crackle, and pop of breaking something, but I had broken things in this foot before so didn't worry too much.

Our next stop in Kansas told me I had really done something. By the time we had gotten to the park in eastern Kansas, I was asking Lory to do most of the walking. I laid low Thursday, iced the very bruised foot, and tried to stay off of it. When I woke up Friday I knew I should get the foot looked at. The vet judge, Jerry Weil, and his wife, Kim, had arrived early to the ride site. Kim was gracious enough to take me to the local ER where X-rays showed I had broken the 5th metatarsal with no dislocation. They booted me up and I was good to go! Or so I thought.

Lory and I went out on our usual post-check-in ride, but the foot really hurt even with the boot. I started the ride Saturday morning, but things went downhill fast, and I pulled before the first P&R. Lory had a great ride. If you

hadn't noticed yet, the trip up until now had been relatively problem free, or problems easily fixed. Now it got interesting.

We had decided to go home a different route (missing Amarillo, TX) taking a more diagonal highway across Kansas and dropping in to New Mexico near Tucumcari. When not driving the Interstates you run the risk of not having diesel fuel every 50 miles. When my low fuel light went on, we started searching for fuel stops, found a few, but all were way too small for my rig to get into. Finally my engine started to cough and we pulled off to the side of the rural highway and shut it down. My husband had hammered it in to my head "NEVER let the diesel engine run out of fuel."

Prepping for this trip, I had heard wonderful things about USRider insurance, so I had signed up. Now was the time to use it. I called the number and my heart sank when an off shore operator answered. She was very polite and asked if the horses and I were OK. I said yes and that I only needed 5 gallons of diesel delivered to my location. She looked up my account and said I had a \$200 allotment for this service, but I would need to pay for the cost of the fuel and anything over that. I said I was good with that and she said she would call me back when she had contacted a provider.

When she called back over a half hour later, she said she had found a provider but that my total out-of-pocket bill would be over \$170. I told her I didn't need her help. Lory searched her cellphone and found several gas stations near our location, but it took a call to the nearest local Chevy dealer to get help. He sent his secretary to our location with fuel for my Ford. Again, very embarrassing!

An hour later, my check engine light came on. We figured it out to be the alternator, so we drove on without air conditioning. We limped in to Tucumcari to a little place called "The Empty Saddle". The owner was fantastic and recommended a mechanic down the road. The next morning my truck was fixed in two hours for half the price I expected.

As we joyfully left The Empty Saddle, Lory asked if we could stop for coffee. This is important because this was the first request Lory had made this entire adventure. We had half a tank, but we decided to fill up and get lunch at a truck stop near I-40.

When she came out with coffee and lunch, Lory's heart dropped as she noticed me talking with an armed officer. He was a New Mexico Livestock Inspector and had very politely asked if he could inspect the horses. He said he was supposed to stop people on the highway but felt it was safer to do it at truck stops. We wholeheartedly agreed and showed him our Coggins and CURRENT Health certificates— every kick is a boost.

We thought our string of bad luck was over, but, just before Flagstaff, friends called and told us the only highway south was closed because of a car fire. After hours of indecision, we ended up spending the night near Flagstaff at the Coconino Fairgrounds, a place I knew, only 3 hours from home.

On Wednesday we made it to Chandler. Lory's husband drove over from San Diego and picked up her and Mikie, and I made an appointment with my podiatrist.

The Foot

New X-rays showed that I needed surgery to help stabilize the fracture. But, I needed to get pre-authorization, an EKG, a chest X-ray, etc. before the surgery. The weeks dragged on as I tried to get surgery scheduled. About a week before the next

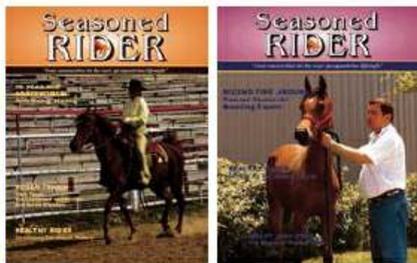
(Continued on page 18)

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(Continued from page 17) R2 ride (during this adventure Lory and I decided we would also try for 100% in R2), I decided to schedule the surgery for after the ride.

I took my mule, Ruby, had a great time at Share the Trails, drove home on Sunday, and was at the hospital at 5 AM Monday. The surgeon had difficulty placing the screw through the really soft bone. But overall the procedure went well, and I would need 6 non-weight bearing weeks for the

foot to heal. That still gave me enough time to condition and be ready for the R1 ride, Jackson Forest.

Week 6 gave me the bad news that the surgery had failed and I would have to undergo another procedure to remove the dead bone piece and reattach a major tendon. This made it impossible for me to finish my goal of riding all the regions in the Year of the Horse.

Lory was able to make Jackson Forest and finish the feat. Yeah! I've decided I will have to try again next year. I hear Alaska has a ride.

News Flash!

Although I missed Jackson Forest, the second foot surgery went better than expected and with a couple of ride changes, I would be able to make the Region 1 Lake Mendocino Ride. Beni DeMattei graciously agreed to be my copilot on this one. It was a bit of a last minute get it together, Beni would ride my little mule, Rocky, that my junior rider had been on.

My husband wanted me to ride Ruby, the super safe opinionated mule, but I threw in Smokey, my MFT, at the last minute. I wasn't going to haul all that way and chance Ruby pulling on the first day. Her draft side had difficulties with altitudes and hills.

This trip didn't go as smoothly, but we arrived at the ride in good spirits. Unfortunately Rocky put Beni on the ground just before lunch on Saturday. Nothing broken, but we don't bounce like we used to. Beni was very bruised and sore, and it was suggested she lie low on Sunday instead of trying to travel. My hunch about Ruby was correct. I had continued after lunch, leaving Beni in very capable hands, but at about mile 15 Ruby stopped. It was a mule thing; she planted all four feet and could not be convinced to move. I pulled as it was getting dark.

Luckily for me there was also a 1-day Ride on Sunday, so Smokey and I entered that and had a fantastic day. Angie Meroshneoff and extended family including her "girls" were wonderful.

We limped home by Tuesday and then I loaded Smokey in to the trailer Friday and went to San Diego for the R2 RAHA Ride. Two weeks later we did the new Kingman ride in Arizona, and two weeks after that Smokey and I had a fantastic ride at Sage Hill—the last R2 ride of the year. Smokey got to visit with Mikie at those last three rides.

That's right. Lory and I accomplished our Year of the Horse goals. We rode a ride in every region AND participated in 100% of our Region's functions. How much fun is that!

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YOUR WAY TO CALM RIDING:

Five Tips for Overcoming the Jitters

By Nelly Cooper

Photo by Nelly Cooper. Used with permission.



Today I talked to a woman who was perfectly comfortable on her horse until it was time to canter. Just thinking about it made her fear rise and her muscles tighten. Letting your nerves get the best of you around horses, especially while riding, is never a good thing. Part of a rider's job is learning to remain calm no matter what. The following techniques work wonders in helping you reach that goal.

Tell a success story. Thoughts and words are energy, so use yours to send yourself in the direction you want to go. "I'm afraid to canter," leaves you stuck in the here and now, focusing on the negative. "I'm in training for the canter. Like all great riders, I'm learning to remain calm and in control of my emotions at all times." Both statements are true, but try saying them out loud and see which one makes you feel as if you are already in a better situation. Which one sparks some excitement and gets you looking forward to the journey ahead?

Learn to breathe from your belly. Deep belly breathing oxygenates the muscles, clears the mind to help you focus, and is one of the easiest ways to relax anytime. To learn how to do it, lie on the floor and put a book on your stomach. As you breathe in, try to make the book rise. If your chest rises instead of the book, you are not breathing deeply enough. Once you get it down, make it a habit in the saddle. Check frequently to make sure you are deep belly breathing by placing your hand on your stomach.

Develop better body awareness. To stay calm, you must train yourself out of unconsciously tightening your muscles. Develop better body awareness by consciously tensing and then relaxing different muscle groups. Hold the tension as tight as possible for five seconds. Be aware of your breathing as you do this. You will notice that the tighter you tense your muscles, the shallower your breathing becomes. As you release the tension, use your deep belly breathing to allow for total relaxation.

Visualize the new you. Visualization is priceless because your subconscious retains memories of events whether you imagine them or if they happen in real life. If cantering is your challenge, visualize yourself making canter transitions remaining perfectly calm and everything going right. Think about how you will ask for the canter. Are you in two-point or sitting position? Are you asking for a clear balanced transition, or allowing your horse to dribble into the canter? Try to feel yourself riding ten or twelve strides, then easing back into trot. Cantering for longer periods, speeding up, slowing down. A marching band popping up out of nowhere, and although you wonder what the heck, you remain calm and focused... breathing deeply from your belly... feeling the pure joy of following your horse's movement in perfect harmony. Do you see yourself smiling?

Practice, practice, practice. Controlling your emotions is a learned behavior, so plan to practice. Each day before entering the barn, take a moment to remind yourself that you are in training to become a bastion of serenity. Do some deep belly breathing until you actually feel yourself relax, then go greet your horse.

Challenging yourself to step outside your comfort zone allows you to reach greater levels of calm confidence. Let yourself have fun and enjoy the process by taking one small step at a time.

*With a passion for horse and rider safety, bomb-proofing expert Nelly Cooper founded ALPHA Equestrian to promote leadership education in the riding lesson industry. Her book, *The ALPHA Equestrian Challenge*, complements riding instruction by helping riders gain a clear understanding of horse behavior, good leadership skills, and the know how to prevent horses from reacting dangerously out of fear. Available at alphaequestrian.com and on Amazon. Nelly lives in Grand Rapids, MI.*

(Continued from page 8) of these three sports in one location several years ago, to "Share the Trails," wondering if it would be possible to join force with their endurance-riding comrades. Such a feat would not only spread out each groups' expenses but would also expose riders to the other sports and the possibility of "cross pollinating" rider attendance and support in those sports, as well. Organizing a competitive trail ride requires hundreds of hours of volunteer time and has become an increasingly expensive for Region 2 ride managers to host without the benefit of major sponsors.

Permit and camping fees have continued to rise, and with shrinking resources and increased ride costs, it made sense for Region 2 ride managers to seek out relationships and opportunities with other distance riding groups, while each maintained the integrity of their individual sport.

2014 marks the second year that AERC and NATRC held simultaneously sanctioned events in Cuyamaca Rancho State Park. Terry Woolley Howe, AERC Descanso ride manager, helped to make this possible. She is a willing collaborator, an efficient and detailed manager, and she is supportive of NATRC. Terri gives her all to make sure the Descanso Endurance ride is the best that it can be. The success of "Share the Trails" ride has a lot to do with her management skills and her amazing team of volunteers.

NATRC remains committed to serving its mission of providing distance-riding competitions for riders of all skill levels, equine breeds and from all disciplines, as well as to promote horse and rider safety through qualified horsemanship evaluation, equitation education, and a learning platform for successful competitive, distance trail riding.

For help with sharing your story, contact: Cris Ballard, Publicity Chair, tucsoncris@gmail.com 520-336-0318



Angels Among Us

By Charon Howell

Life circumstances are funny things. After a 2-year hiatus from NATRC competition, the opportunity finally presented itself for a return to attending rides. I eagerly spent the summer preparing my horse, Deacon, and myself for our first distance competitive trail ride, the Wimberly Wayfarer. Deacon had been barefoot his entire life, but I knew a weekend at Wimberly would require foot protection. So a few weeks prior to the ride I had him shod. This decision may have played a major factor in what was to come.

Deacon loves to compete. Saturday's time on the trail was nice once Deacon settled down. His pulse and respiration (P&R) recoveries improved throughout the day in spite of the oppressive heat and humidity, and things were going well for our first ride in 2 years.

Wimberly Wayfarer was held at the historic Parrie Haynes Ranch in Killeen, TX. Asphalt roadways weave throughout the grassy camp area. Sunday morning, I decided to mount up and warm Deacon up prior to the ride start. In mid mount, Deacon took a few steps which took us off the grass and onto asphalt where he began to scramble. I remember shortening the left rein in an effort to bring his head around and hopefully stop any further movement so that I could get off completely, but the next thing I remember is a feeling of being flung, hitting head first, followed by great pain in my leg.

The first people to reach me were Cheryl and Jim Edmondson. I was in an extremely uncomfortable position with my right leg somehow tangled up underneath me. I asked Jim to straighten it. He said I shouldn't be moved, but finally re-

lented with my begging. The injury to my leg turned out to be a dislocated, open tibia/fibula fracture (the end of the fractured tibia protruded through the skin above my ankle). Cheryl tried to keep me calm and began making calls to my husband and others per my request. Jim held my hand in the interim.

Barbie Van Order took Jim's place, talking to me even though she was due to time out. Nancy Williams made the initial call for an ambulance and trotted out Barbi's horse while Barbi was at the scene. Eventually Marjorie Shenkir took Barbie's place. Marjorie, a nurse anesthetist by profession, had pulled Saturday. She and I had an uncanny number of things in common, all of which I learned about her as she worked to keep me warm and distracted from those who were working on my leg.

Ride Safety Chair, Barbara Gould, and Kelly Carper Polden, an endurance rider who was simply volunteering at her first NATRC ride, took on the grisly job of tending to my leg. Kelly took photos and texted them to her husband, Howard, an emergency physician. Howard talked them through what to do before the ambulance arrived. She and Barbara removed my boot and half chaps and cleaned my leg. This could not have been an easy job, but their careful attention went a long way towards preventing infection in the open wound.

Trail master, Kate Love, met the ambulance at the entrance to the ranch and directed them to me, asking they turn off their lights so as not to spook the horses.

Ride manager, Elaine Swiss, informed the other riders of my accident, which blocked access to the trail, and they waited patiently until

Rick Holler and David Fuller guided them onto the trail. Almost 40 riders passed right by my head so quietly I was not even aware it occurred. Elaine later commented to me that it was the quietest and calmest start to a ride she had ever experienced.

Upon arrival, the EMTs immediately administered pain medication, started an IV and stabilized my leg for transport to Scott & White in Temple TX. Marjorie rode in the ambulance with me. Kelly followed in her car. Both ladies refused to leave my side in the hospital until my husband, who was 3 hours away, arrived.

Kate Love visited me in the hospital a few days later and filled in some of the gaps. Witnesses stated that I landed on my feet, but that Deacon swung into me while he was trying to gain purchase on the asphalt, which was the "flung" feeling that I had. He stepped on me in the process. To his credit he simply walked himself back to his trailer and waited there until others came and tended to his needs. His tack was removed and camp neighbor, Jonni Jewel, helped break my camp and even removed Deacon's braids for the trip home. Several people checked on him throughout the day until David and Kelly loaded him for the trip home.

Kate summed it up so well. The most remarkable thing was that only those people who actually needed to be near me were there. It was as though everyone knew their important role in the emergency and, in doing so, did not hamper the rescue efforts and carried safely on with the ride. Everyone on the grounds of the Wimberly Wayfarer was a hero that day. Indeed, there are angels among us.

Cardiac Recovery Index

By Greg Fellers, DVM,
Jamie Dieterich, PhD, and
Kim Cowart, NATRC President

Hearth rate recovery is an important indicator of a horse's level of fitness. Ideally, the heart rate should recover to 60-64 bpm within about 10 minutes following an aerobic workout of a well-conditioned, well-ridden horse. Failure to recover could be due to inadequate conditioning for that situation, musculoskeletal pain, dehydration, or other metabolic problems. Pulse and respiration (P&R) recoveries after 10 minutes are measured for 15 seconds, recorded, and scored during NATRC rides according to guidelines set by the Judges Committee. No points are lost for pulse counts of 12 or below in 15 seconds. One point is lost for every count above 12; for example, (-1) for 13, (-2) for 14, etc.

Nancy Kasovich, horsemanship judge and past NATRC President, recalls being good friends with Kerry Ridgeway, DVM, when he started his practice in Santa Rosa in the 60's. Kerry was an NATRC veterinary judge, and they talked about how a smart rider

could sometimes help a horse squeeze through borderline P&R's. It was then that Dr. Ridgeway began formulating an idea. Nancy remembers the CRI being used on rides where she competed in the late 1980's, and early 90's. Using the procedure was quite controversial at the time; the findings were noted, but usually not scored.

In AERC's *Endurance News*, November 1992, Dr. Ridgeway wrote in a sidebar that Dr. Jim Steere, Novato, California, also had a part in "indexing" a recovery heart rate. Dr. Steere's idea was that a percentage of recovery might provide a better way of determining recovery. They tried a system of retaking the pulse every 5 minutes until the pulse reached a certain percentage. Although the idea was good, it was logistically hard to do in practice.

Dr. Ridgeway then, over a two-year period, collected data on four NATRC rides. He used the concept of a paired heart rate, the first being taken when the horse was presented for examination, and the second heart rate being taken after a short trot-out. After comparing this data with the fatigue scores as determined from the usual fatigue parameters, he found that the "OK" horses fell under a beautiful bell shaped curve, and the definitely fatigued horses routinely fell outside the curve.

In 1985, Dr. Steere as head veterinarian for the Levi Ride and Tie gave

Dr. Ridgeway the go-ahead to try the (now called) CRI at a particular check-point on the ride. Later that year, Dr. Ridgeway used a refinement of the technique at the 1985 Race of Champions in Colorado. He and the other veterinarians were enthused about the results and the conclusions drawn from "questionable to continue" horses.

As a measure of the horse's body to oxygenate tissues, the CRI has been used extensively since the 1980's in AERC endurance rides and has become a useful tool in other equine sports as well. In the words of the AERC Veterinary Handbook, the CRI "measures the ability of the horse's circulatory system to accommodate the level of exertion experienced at the event." The CRI is used as one of the parameters to determine a horse's ability to continue. An abnormal CRI is recognized as one of the risk factors for eliminating an endurance horse from a competition.

The procedure is to take the horse's pulse, ask him to be trotted out for 125 feet and back, and re-take the pulse at exactly 1 minute. Ideally, the second pulse should be equal to or less than the first. A lower second pulse indicates the horse's circulatory system is handling the stress of the ride, while a higher second pulse indicates it is not.

Dr. Ridgeway has noted in several articles in AERC's *Endurance News* that, "The other facet that needs to be carefully evaluated is consideration of the initial (baseline) pulse." The higher the initial (baseline) pulse, and the higher the increase to the second count (after the trot), the more cause there is for concern. The importance of the initial (baseline pulse) point as well as the increase to the second pulse is consistently emphasized in articles and discussions of the cardiac recovery index.

Far from being new, the CRI has been available to us for years and years. It has always been, and continues to be, an enormously valuable tool in evaluating the condition of our equine partners. The NATRC Judges Committee is working on recommendations for a standard protocol and a standard method of scoring. Our goal is to have a clear, standardized procedure for not only performing the CRI but for its scoring as well.



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Colorado Horse Rescue Makes a Debut at Willow Springs NATRC Competitive Trail Ride

By Shawna English, Development Associate and Adoption Coordinator, Colorado Horse Rescue

Camping at 10,000 feet, river crossings, obstacles, timekeepers, a 4:30 AM wake up call, amazing chuck wagon meals, judges, vets, grooming, tack changes, giant trailers, true grit... and HORSES! What do these things have in common? The raw makings of an "NATRC Competitive Trail Ride!" Colorado Horse Rescue is thankful to our talented and dedicated professional trainers, one highly committed CHR volunteer rider, and all the work invested by the NATRC volunteers and representatives. Colorado Horse Rescue entered three horses in our first competitive trail ride and proudly walked away with five ribbons!

Let us take a look at the CHR horses who participated. Our two youngsters, 6-year-old Barius and 5-year-old Savannah, were joined by 13-year-old Cimarron. With his Paso Fino bloodlines, Cimarron charged ahead the entire ride. He demonstrated strength, leadership, and a fearless personality on the trail. He may not have won a ribbon but after conflicting vet findings about his soundness, this chap's true success was in passing every lameness test throughout the ride with flying colors.

Barius, a Baroque beauty, turned heads along the trail and in camp even though he was not bred for such a competition. He maintained stamina and endurance, keeping up with horses that were designed for this activity – and he claimed fourth place!

Savannah, well, this little mare was in her element; she was born for this activity and received adoption inquiries before leaving the ride. Long-distance is in her blood and vivacious spirit. She embraced the ride with all her being, placing second.

We can't thank our CHR riders enough, all of which placed in the top six: Cathy Goscha, Sarah Hofkamp, and Susan Chandler! These ladies all volunteered their precious weekend to put a spotlight on the amazing horses at Colorado Horse Rescue. They gave the horses an opportunity for new experiences and allowed them to demonstrate their ability to be successful in a sanctioned equine event.

At CHR, we can't help but have a heavy heart when we think about the journey of our two equine champions,

now proudly boasting ribbons by their pictures at the Rescue. Barius was saved from euthanasia, and Savannah was seized by Animal Control. These two horses were once under-valued, having demonstrated fear, lack of social skills, and a lack of understanding boundaries.

Now, they have blossomed into icons of desire. Someone cared, donors gave support, the right training and in-

vestment took place... and the horse within, the one that was always in there, was able to shine its bright light. Thank you NATRC for the opportunity to participate in this professionally-conducted event and for giving CHR the opportunity to showcase these amazing horses that were once overlooked.

For more information, visit Colorado Horse Rescue at www.chr.org



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Come Ride:

The Universal NATRC Goal For 2015

By Elaine Swiss

Each year at its November Board meeting, the directors from each region review the previous year's performance against the goals set the prior November and begin the process of setting goals for the upcoming year. It is a challenging exercise because, like training and conditioning our individual horses, not every region faces the same needs and responds to the same cues.

In 2014, just as in previous years, the overall results varied by region against the goals for number of members, number of competitions and average attendance per competition.

- Five out of the six regions met or surpassed the goal set for number of competitions, which indicates that across the country, NATRC is able to find suitable locations for events and find selfless managers and dedicated volunteers to staff them;
- Only Region 6 met or surpassed its goal for number of members.

While several regions came close, the traditionally largest Regions (4 and 5) lost the most members as compared to 2013;

- No region met its goal for average number of competitors per ride, with the national average of 31 as the lowest average in more than 15 years.

The difficulty the Board, and every member and friend of NATRC, faces is what to do to improve these results. Without specific action taken, setting new goals of any kind is an exercise in futility and a waste of time.

This is where the Strategic Plan is necessary and a requirement for the success of the organization at the regional and national level. As part of the strategic planning process, also at its November Board meeting, the directors approved several specific actions to address the components of NATRC that will impact the number of rides, the number of members and the average ride attendance: judging, awards, mar-

keting and partnerships. The specific initiatives are posted on the website for you to study, provide input and contribute to their implementation.

With these new initiatives discussed and approved, the Board was then able to set its goals for 2015. Most regions were very conservative, opting to retain either the previous year's goal or something slightly higher or lower. Nationally, the number of competitions will remain the same, the number of members will be 1% greater than 2014, and the average attendance will be 8% greater than 2014.

Clearly, the most difficult, and most important, goal to achieve in 2015 is to increase the average attendance. Attendance is the single most critical factor in the financial success of individual rides and of the national organization. Encouraging new people to try NATRC, and especially past competitors to return to NATRC, is something we all can do for our sport. Please, make it your 2015 goal to compete, take the challenge and bring a friend!

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Student loans are available up to \$5,000 per person /year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted.

Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student's family who has been an active member of NATRC for less than three years but more than six months.

A loan will be made based upon financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee.

A loan is to be repaid in monthly installments with an annual interest rate of 3% charged on that loan, beginning not later than six months following graduation or when the recipient ceases to be a full-time student.

For an application, contact the NATRC Executive Administrator at natrc@natrc.org, or download [NATRC Student Loan Application](#).

Please complete the form in Word or as an interactive PDF and submit via email to the NATRC Executive Administrator at natrc@natrc.org.

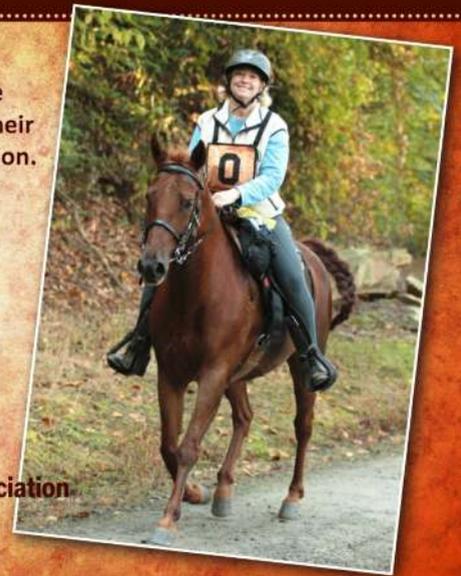
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Annual (Marketing) Check-up

By Bev Roberts

The doctor is in! Our check-up is complete and the lab results are in hand.

Diagnosis: After careful review of the stats (see *National Statistics table*.) we have no major problems, but, in order to become a household word among horse lovers, we need to exercise our brains to get our creative juices flowing, our energy up and our ability to shout from mountain tops, "Come ride with US – Live, Learn and RIDE!"

As you can see, most indicators of our marketing health are up. We are not worried about the few down arrows. Our appearance in print media is down but our online presence is up. Not surprising. Many newspapers are closing because of increased reader reliance on the Internet.

For publicity numbers, one mention of NATRC, or one article, in one company's medium counts as one. So a figure of 33 for online publicity means that 33 different companies had us in e-blasts, e-newsletters, blogs, web pages, Facebook pages, etc. Many covered our news several times.

TV down? Not a problem. It is not malignant. We are concentrating on other media for the time being.

We would love to see Goodsearch earnings (*free money*) change direction and shoot upward. Searching, shopping, doing surveys, eating out, playing games and so on, gives NATRC a good shot in the arm. If 700 members did one search a day every day of the year, just the one penny per search would add up to over \$250.

Our ads with our partners are building awareness of our name and sport among horse people in diverse disciplines.

Prescriptions: One – continue growing the activities in the National Statistics table. Two – take one dose of the compiled results (from the survey early in 2014.) plus one dose of all the known ways to market ourselves (obtained from committee members and others' knowledge and experience) and chew. Once swallowed, develop a cost-effective marketing/advertising plan to grow our organization, educate riders and grow our sport using funds the National Board of Directors set aside for this purpose.

Did You Know.....

.....there are 28 horses named "Jake" in the NATRC data base? Some of those could be duplicates, but with different riders, it's hard to tell. Be sure when you enter a ride that you use your horse's full, correct, hopefully unique name every time so the earned points and mileage will be accurately credited. If the owner is different than the rider, the rider should NOT indicate they are the owner; maintain the distinction to avoid errors in the national data system. If you sell your horse or someone else rides him, be sure his exact same name is used.

From Cheri Jeffcoat, Chair, Points and Data

"Do the best you can until you know better. Then, when you know better, do better."

—Maya Angelou

National Statistic*	2013	2014	
PR - media list size	93	94	↑
E-News - subscribers	1,437	1,560	↑
Facebook			
Page likes	Unk	1,875	↑
Group members	Small	1,194	↑
Publicity - known:			
Free articles/news – print ¹	21	11	↓
Free articles/news – online ¹	32	33	↑
Free TV appearances	3	0	↓
Radio appearances ²	1	7	↑
Partnerships/Advertising:³			
Breed Associations	10	11	↑
Non-profits	3	3	●
Magazines	0	2	↑
Goodsearch/shop earnings	\$571	~\$325	↓
Marketing Committee - size	5	7	↑

* As of November 7, 2014
 1. Numbers are for each magazine or site; repeat appearances are not counted
 2. Cost offset by selling radio show sponsorships
 3. Exchange ¼ page ads (generally quarterly with each partner equals at least 60 ads per year) and exchange logos & links on websites

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Trail Marker

by Erin Glassman,
NATRC
Trails Advocacy
Chair

Choosing the Positive...

As I write this, we are nearing Thanksgiving. I hope you all have had a great year on the trails in our sport! Can you imagine life without this amazing pastime we all share? I cannot and I think most if not all of you reading this cannot either. The potential threat is always there that we could lose trails that we ride on, both on the competitive side and on the home base—where we train, condition, enjoy nature, etc., which leads me to two themes I want to write about; thanks, giving and generosity and choosing the positive!

When we think about the upcoming holiday, we focus on giving thanks for what we have. As trail riders and competitors, we are thankful that we have the places to ride that we love and even those we just strongly like. We are thankful we are able to ride our chosen mount upon those trails and

that we have folks that work with us from the managing agencies that help us to achieve our goals of ride management.

As the next competitive season approaches (nearer for some than others, you lucky southern states!), let us think about giving to our trails—from trail construction to help in trail design to trimming back the overgrowth or picking up litter. Let us all give back to our trails this upcoming year to help keep them open and available to our sport! Let us all have generous hearts to put our own agendas aside and just give of ourselves (time, energy and passion!) to keeping the relationship with the management agencies in good standing and help to maintain or improve our relationships with other users! If you're able, extend the generosity of donations for a favorite trail project, or help raise the funds! What are you most thankful for on our trails? How can you give back?

I have made a promise to myself in the recent months to choose the positive. What do I mean by that? I mean that I am making an effort to take the best from everything that comes my way. Instead of taking things that could be contrived as an insult, I am choosing to believe that perhaps the person stating it has something good behind what they are saying (and even if they mean it as an insult, I win by not getting dragged down by the statement!)

One such instance I can speak of at work was a day that we had a small incident that happened (it was not something that I had done, but I am responsible for the entire patient, so I took blame for it) and I was trying to figure out what to do afterwards. I had a look of concentration, possibly a frown on my face. A nurse made the comment that she was glad to see me looking that way. I wasn't quite sure how to take that—was she happy to see me frown? I know I smile a lot, but what did that mean? Rather than worry about it or get mad at that nurse, I chose to take it that she was glad to see me look like I was concentrating or thinking. This helped me to not obsess over a negative comment (which I can do!) and also helped me to keep a positive relationship with the nurse. This was a good practice in letting things roll off and keep moving forward!

How can we use this in our trails relations? If we choose to see the positive, perhaps we can turn problems into opportunities! Instead of getting angry at someone complaining about poop on the trail, perhaps we can see this as an opportunity to discuss the fairly benign properties of equine waste versus carnivore wastes (such as from dogs.) Instead of resigning ourselves to a trail shutting down, perhaps we can see this as an opportunity to start a discussion for a reroute of said trail—or ways to fix it! Look for the positive in what you come across, practice it, and see what changes it can make in your own life and your trail life!

Please send me your accounts of trail work you and people in NATRC have participated in! Photos of the project would be great, but not necessary for publication! Any trail issues and/or concerns--reach me at ejacob716@gmail.com.



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National Board of Directors Meeting Summary, Denver, CO

November 8, 2014

CALL TO ORDER by Kim Cowart, 8:00 a.m., November 8, 2014.

ROLL CALL. Dieterich, Malone, DeMattei, Sims, Roper, Swiss, Gould, Cowart, Clayton, Rinne, and Lindsey present. Meroshnekoff not present. R1 Alternate unable to attend. Jamie Dieterich present and representing R1. Dieterich will replace Joe Pimentel for the remainder of his term. Laurie DiNatale, Executive Administrator. Patsy Conner present as Sanction and Judges Committee Co-Chair. Guests included Diana Thearin, John Horne, Shari Parys and Drake Rinne.

MINUTES. July 12, 2014. Call for corrections. **Swiss moved to accept minutes, Clayton seconded. Motion approved.**

PRESIDENT'S REPORT. Cowart stated that he continues to have discussions with AERC President. Our sports have much in common. CRI procedures and scoring is being developed. Last night's informal discussion focused on minimum judging standards for vet judging. Would like to see us join BCHA. **Motion by Swiss, seconded by Clayton, to ratify Chuck Smith as the R3 Alternate. Motion approved.**

EXECUTIVE ADMINISTRATOR'S REPORT. DiNatale reported that she is averaging 30.5 to 31 hours per week. DiNatale is making an effort to reduce her time to reach the allotted average of 25 hours per week as directed by the BOD, but 30 hours may be a more realistic number for 2015.

SECRETARY/TREASURER'S REPORT.

Malone will be taking over Treasurer duties. Swiss reviewed reports. We are healthy financially, unlike many other horse organizations. Our income is down because of low raffle ticket sales and ride attendance. Foundation and Ride Manager Support Fund is doing well. Many rides that have received the Ride Manager Support Funds have repaid their grants. Dianna Thearin asked how the money allotted for marketing could be used. Could rides apply? Swiss stated that rides could apply for marketing funds if their marketing measures could be applicable to other rides or regions.

BY-LAWS & RULES. Rinne (Wayne Hyatt). Please see Rules Report in this issue of *Hoof Print*.

POLICIES AND PROCEDURES.

Green/Dieterich. Dieterich filed report. Items of discussion:

• AWARDS - SPECIAL AWARDS

B. Bev Roberts National Horsemanship Champion - Proposed if CP National Championships are approved in the proposed rule changes.

BEV ROBERTS NATIONAL HORSEMANSHIP CHAMPION (5 Different National Champion Equines): In the Open and Competitive/Pleasure Divisions, or a combination of both, a rider shall be declared a Bev Roberts National Horsemanship

Champion upon achieving five (5) National Championships with five (5) different equines.

Motion by Lindsey, seconded by Roper, to approve wording for the Policies and Procedures. Motion approved.

• DRUG POLICY - Proposed:

B. Drug Testing – Contact current drug testing chair for instructions to ride chairs and veterinary judges.

Motion by Lindsey, seconded by Gould, to approve wording for the Policies and Procedures. Motion approved.

• NATIONAL BOARD OF DIRECTORS (NBOD) - Proposed:

Add C. Alternate Alternate

Because equal representation is important, in the rare event that an Alternate cannot fill the seat of a regular director at a NBOD meeting, the individual Region will appoint a person at their discretion to fill the seat for that meeting.

<We are looking for something simple, not trying to address every scenario, not changing bylaws. It would just be up to the Region to select their representative.>

Motion by Sims, seconded by Lindsey, to approve wording for the Policies and Procedures. Motion approved.

• Meetings – Shared Board Calculations - Proposed:

Round trip mileage for the total distance to a NBOD meeting can exceed the average cost of air travel expenses. A comparable airfare may be used for NBOD members who choose to drive long distances to NBOD meetings. If the trip is for a combination of NATRC and personal business, half the driving mileage may be used. In cases where a BOD member chooses to drive and the mileage charges are less expensive than a comparable airfare, the mileage cost will be used.

<It would be good to have a written policy to refer to for those choosing to drive long distances.>

Motion by Swiss, seconded by Roper, to approve wording for the Policies and Procedures. Motion approved.

PROTEST. Gary Clayton. No current Protests. Protest Committee did review a drug violation. Horse and rider were disqualified from the ride. Swiss and Gould felt that penalty should have been

(Continued on [page 28](#))



(Continued from page 27) stronger. Gould asked if we should have specific penalties. Swiss stated that the Drug Committee felt that each case needs to be looked at individually. Kim Winterrowd had written proposed penalties while she was on the drug penalty committee. Rinne will contact Winterrowd to see if those penalties might be submitted as a rule change.

PLANNED GIVING. Swiss stated that she continues to work on a mailing which will be sent to our Lifetime members.

RIDE SANCTION. Conner reviewed her report. She continues to develop the Six-Week Progress Report and ways to help ride chairs.

CLINIC SANCTION. Linda Clayton. Report filed.

MANAGEMENT. Green. Report filed. Green has asked that she be replaced as chair of the committee.

RULES INTERPRETER. DeMattei stated that some reports are comprehensive. Some reports give a lot of info on things that don't pertain to rules.

INSURANCE. DiNatale. No changes to insurance. New application for 2015 will be interactive.

SAFETY. Gould. Reported four accidents. Board encouraged ride chairs to file an accident report any time there is an accident. Clayton will ask Andrew Murray to assemble a list of items that should be included in a safety pack. Gould will bring a rule change proposal for consideration in 2015 regarding the wording regarding safety riders in Rule Book. Dieterich will review the

wording regarding safety riders in the Management Manual as it is being revised.

MARKETING/ PUBLICITY. Roberts/Ballard/Green. Report sent. Marketing team continues to do a great job on getting the word out on NATRC. The Horses in the Morning radio show, featuring Alice Yovich, has been very popular.

NATIONAL AWARDS PRESENTATION. Region 6 will handle awards presentation at the convention as hosting region.

SOCIAL MEDIA. Rinne. Facebook page is very popular. We have over 1000 members.

BUSINESS MODELS AND MEASUREMENTS. Swiss submitted Performance Scorecard. The number of competitions, ride attendance and membership drive our income. Regions set goals for 2015. Clinic insurance will continue to be subsidized at present level. \$15,000 will be added to marketing budget. Awards budget will increase with added awards.

SPONSORSHIPS. Swiss will continue to work on sponsorships.

MEMBERSHIP. Sims. One hundred-ten new members so far this year. Two hundred sixty-eight competitors rode as non-members. A list of non-members is sent to each region so they may contact and follow up with those non-members and encourage them to join NATRC.

RAFFLE. No report. Consensus not to hold a raffle in 2015.

MEDIA ADVISORY. Dieterich. Consensus to approve the renewal of Knuutila's contract for 2015.

RIDERS AND JUNIORS. Meroshneoff. No report.

FOUNDATION. Swiss. Value of account has increased by 9%.

DRUG TESTING. Weil, DVM. No report. **Motion by Swiss, seconded by Gould, to test at least one ride per region, including CA. CA competitors will <still> be exempt from paying NATRC Drug Fees. Motion approved.**

VETERINARY DRUG COMMITTEE. Peralez, DVM. Dieterich reported that Committee would like to add thresholds and withdrawal times for firocoxib (AKA Previcox and Equioxx) to our drug appendices. **Motion by Dieterich, seconded by Roper, to add thresholds and withdrawal times for firocoxib to our Drug Appendices. Motion approved.**

TRAIL ADVOCACY. Glassman. Report filed. **Motion by Lindsey, seconded by Rinne, to join BCHA at the Associate level. Motion approved.**

EDUCATION. Dieterich. Committee has been attempting to educate judges and riders to dispel myths on equitation.

JUDGES. Bridges, DVM/Conner.

- Conner. Susie Witter has requested removal from Judges List. Reviewed report on Applicants, Apprentices and Provisionals. **Motion by Lindsey, seconded by Roper, to approve Sarah Rinne as a NATRC horsemanship judge. Motion approved. Motion by Clayton, seconded by Gould, to reinstate Mike Coker, DVM, as a veterinary judge. Motion approved. Motion by Swiss, seconded** (Continued on page 29)

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GoodSearch And GoodShop

NATRC can receive one penny for each Internet search using GoodSearch as the search engine. You wouldn't think that could add up to much, but it does. And you can shop using GoodShop, which includes all the big retailers, with up to 30% going to NATRC. Turn your search and shopping into dollars. If you aren't already, please consider going to:

www.GoodSearch.com

and setting North American Trail Ride Conference-NATRC (Sedalia, CO) as your preferred charity.

(Continued from page 28) by Lindsey, to approve Valerie Bixler, DVM, as an approved NATRC veterinary judge. Motion approved.

- Conner suggested that Judges Committee is looking at the timeline for apprenticeships. Dieterich suggested that Judges Manual be revised to clarify that although the manual states a minimum number of apprentice and provisional rides to fulfill requirements, more could be added. Committee would like to see Judges Progress reports revised to make questions more specific to the ride personnel who are completing the form. A draft of minimum vet judging standards is being developed and was reviewed by BOD. Conner submitted her resignation as Judges Committee Co-Chair.

HALL OF FAME. Coleman. Recommended approval of an application by Paula Riley for Swiss Mocha. **Motion by Swiss, seconded by Clayton, to accept Swiss Mocha into the NATRC Horse hall of Fame for 2015. Motion approved.**

STUDENT LOAN/SCHOLARSHIPS. DeMattei stated that no applications have been received.

BREED & ORGANIZATION LIAISONS.

- A.H.A. Insko. No report.
- BREED LIAISON. Lindsey works with breed associations on reciprocal ads. Swiss and Lindsey encouraged Ride Managers to hold AHA rides in conjunction with their NATRC rides.

HONORARY & APPRECIATION. Mesimer.

- Jim Menefee Lifetime Achievement Award. **Motion by Swiss, seconded by Roper to award the Jim Menefee Lifetime Achievement Award to Priscilla Lindsey. Motion approved.**
- Workers Hall of Fame. Nominees were: Mary Jo Malone, Larry and Barbara Gould, Susan Peters, and Chuck Edwards. By written ballot, Larry and Barbara Gould and Susan Peters will be inducted into the Workers Hall of Fame.
- By written ballot, recipients of the National Appreciation Awards will be Brenda Simpson, Tanya Kingsley and Erin Glassman.
- Regional Appreciation award nominees were: R2—Beni DeMattei, R3—Chuck Smith and John Volkerding, R4—Teresa Galliher, Patti Hicks, and Barbara Rubley, R5—Michelle Goza and Ginny Tolbert, R6—Fred Altwegg, Trish Cleveland and Marilyn Marston and Marla Stucky. **Motion by Lindsey, seconded by Clayton to accept the Regional Appreciation award nominees. Motion approved.**

ANNUAL POINTS/NATRC DATA/ NATIONAL RECOGNITION.

Jeffcoat/DiNatale. Jeffcoat is working with

Andrea Rogers of R5 as a replacement for some of her duties in the future. Lory Walls and Beni DeMattei have offered to help with award calculation, confirmation and ordering.

ELECTRONIC MEETING COORDINATOR. Kudra. Please contact Kudra to set up conference calls.

CONVENTION 2015. Region 6. Rinne reported that Kansas City, MO will be the location. February 19-22, 2015. Downtown Country Club Plaza area. Room rates at \$99. Speaker lineup finalized.

CONVENTION 2016. Region 1. Dieterich reported that R1 will be working with AERC to hold the convention in Reno, NV.

Regional Reports:

- **R1**—Six rides and AK ride. Fewer riders and volunteers. Region has a Junior Rebate program. R1 pays vet judge dues if they judge a ride. Raffle for “Dinner with a Judge” was successful.
- **R2**—Seven rides and one clinic. Treasure hunt ride planned. Good Junior participation. R2 Riders, Lory Walls and Karen Kafka, toured the US hitting all regions.
- **R3**—Seven rides. Numbers are holding steady. Region auctions vest numbers and premier parking and check-ins.
- **R4**—Twelve rides. Two 100% club recipients. Full hookup sites are reserved for

full deposit entries. Mini-convention set for February 28. OK and TX riders seem to be staying in respective states for most competitions.

- **R5**—R5 lost long time member Jack Britt. Newsletter Editor resigned. Region is holding a raffle for a Hi-Tie.
- **R6**—Ten rides and two clinics. One clinic held at a members-only facility and was well received. Heartland Challenge, an AA Ride, had 19 entrants.

Election results:

Moved by Lindsey, seconded by Clayton to ratify the appointment of Jamie Dieterich as a R1 Director.

R1—Linda Thomason-Alternate, R2—Bob Insko-Alternate, R3—John Horne-Director, R4—Alice Yovich-Director, R5—Lori Rand-Director and R6—Shari Parys-Director.

Shared BOD amount \$325.11.

Old Business:

1. Electronic Scorecards. Covered previously.
2. NATRC Websites and Technology. Covered previously.
3. Riders Manual. Dieterich is working on revision.
4. RMSF criteria. Available on website.

New Business:

1. Strategic planning. Discussion will continue.

(Continued on page 30)

2015 National Raffle

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\$5 each or 5 for \$20

Drawing at the 2015 convention in Kansas City, KS
You need not be present to win.

Thank you Michelle Smith, www.trailwisesaddles.com,
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(Continued from page 29)

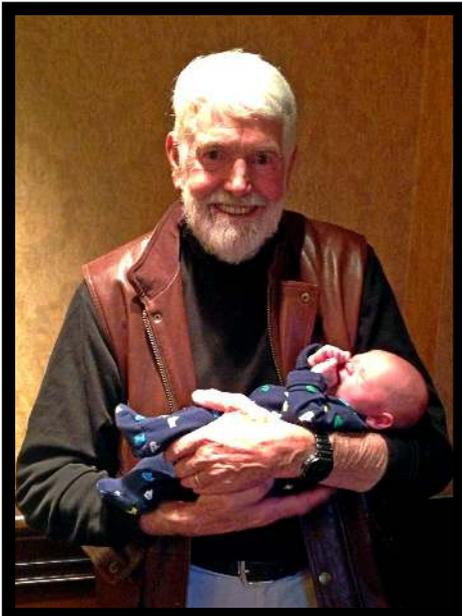
2. Elections

- **Motion by Swiss, seconded by Clayton, to appoint Malone as Treasurer.** No other nominations. **Motion approved.**
- **Motion by Lindsey, seconded by Roper, to appoint Rinne as Vice President.** No other nominations. **Motion approved.**
- **Motion by Swiss, seconded by DeMattei, to appoint Cowart as President.** No other nominations. **Motion approved.**

Cowart recognized outgoing BOD members Roper, Swiss, Clayton and Lindsey, and thanked them for their service.

Motion by Gould, seconded by Clayton, to adjourn. Motion approved.

Full Minutes on file at National Office. Next meeting to be held February 19, 2015, in Kansas City, MO.



Gary Clayton, R5, holds Drake Rinne, son of Sarah Rinne, R6, at the recent NBOD meeting. NATRC President Kim Cowart named Drake to the Junior Committee, dubbed him Sergeant at Arms and called him a future NATRC President!

Photo by Sarah Rinne, used with permission



Walk a Mile in My Shoes

By Jean Green, Management Chair

Empathy: "intellectual identification with or vicarious experiencing of the feelings, thoughts or attitudes of another person." I prefer to think of it as the ability to put yourself in another person's shoes. So, what does this vocabulary lesson have to do with competitive trail riding and NATRC? As managers, we need to learn to have "empathy" for our riders. Looking at them as "clients" or "customers" is a start. These people pay money to come to your ride. Now, you know you are not going to get rich putting on rides, but if you don't get enough customers, you sure can go in the hole. Riders come from all sorts of backgrounds with some different goals.

Riders that are new to our sport may be experienced horse-people coming from another discipline, first-time horse owners looking for something to do with their horse, or somewhere in between. Don't you hate it when you go somewhere and people start talking to you in a language you don't quite understand as if you *should* know what they are talking about? Example: "When you get to the P&R, dismount, loosen your girth..." Wait a minute! What is a "Pee and Are"? It is important to explain everything to new riders without being condescending. It is also very easy for a newcomer to seem aloof and defensive when they walk into a totally strange environment. Take the time to get to know them before you pass judgement.

Serious Open riders in pursuit of a national award are people that know the ropes and come with some expectations. They have set some goals for themselves and their horses. The most important things for these people are a well marked trail, correct timing, and clear instructions. They can forgive most everything else if the trail is good and the judging fair. They really don't want to sit through long briefings going over a lot of stuff they already know. They do want to be very clear about the trail and schedule for the next day. They appreciate "extras" like meals and entertainment, but these won't make up for a poorly marked or incorrectly timed trail. They want to have fun, but they expect the rules to be followed first. They are going to check the math on their cards and scrutinize every point.

In between these two extremes are the bulk of your riders. They've done this enough to know what to expect. They want to have fun while they visit with friends and learn more about their horses. They will generally roll with the flow and will often pitch in to help. They really like the little extras and will freely express their gratitude for meals, morning coffee, water and treats on the trail, and all the hard work that managers do. Some of them are also ride managers, so they have *empathy* for you.

As with any problem, the first part of the solution is recognizing that there is a problem and looking for ways to deal with it. Keep your ride meeting brief for those who don't need all the details. Offer a separate "Newcomers Meeting" with lots of Q&A instead of going into minute detail at the regular meeting.

Also, even with experienced riders, keep in mind that some of them have come from other regions and may not have ridden your trail before. The very worst thing you can say is "It is just like it was last year." Not everyone was here last year! Also keep in mind that local names like "tank" (pond), gap (wire gate) etc. may not compute for some of your riders. Land marks like "that big oak tree" are useless to someone who has never seen an oak tree or if there is a whole forest of oak trees out there.

After your ride is over, everyone is anxious to see the final placings. In order for the placings to be "official" and on the website, NATRC has to receive the final ride reports and review the actual cards. Make sure you get your ride data complete and contact Colleen at colleenw@myedl.com as soon as possible. Within 14 days mail the scorecards to Colleen Wills, NATRC Scorecards, 1153 N. Cathedral Rock Drive, Sedalia, CO 80135. Include any unused scorecards. Mail the fees' payment in a separate envelope to NATRC, PO Box 224, Sedalia, CO 80135.

Rule Changes for 2015

Approved by the NBOD November 8, 2014 Changes in Bold

Here is a synopsis of the major national awards changes. The exact wording is listed below.

- Competitive/Pleasure (CP) horses will be able to earn National Championships* (NC).
- There will be a single CP High Average Horse winner instead of 1st-6th. There will be a single CP High Average Horsemanship winner instead of 1st-6th.
- CP High Point Horse, 1st-6th place was added. CP High Point Horsemanship, 1st-6th place was added.
- Horses competing for High Point or National Championship in Competitive Pleasure Horse awards must be 60 months of age.
- The Bev Roberts National Horsemanship Champion Award (5 NCs on 5 different horses) was modified to include the new CP NCs (or combination of both Open and CP NCs).

SECTION 3 - MANAGEMENT OF RIDES

- A. Ride Management
1. Ride Chair: This position is the chief executive of the ride.
 2. Trailmaster(s): The trailmaster may be the same as the Ride Chair. This person is responsible for all the matters pertaining to the trail.
- B. Ride Officials
1. Ride Secretary: The primary executive assistant who is responsible for all of the ride correspondence, records, bookkeeping and reports.
 2. ~~Stable Manager: This person must maintain surveillance of the stable area while the horses are in camp.~~
 8. **If the horses are stabled in an area apart from the riders, such as in stalls in a shed row or barn, then a Stable manager may be required to assure the safety of the horses overnight. Several people may split this duty so that each can get some sleep. Otherwise riders are responsible for monitoring their horses overnight.**

SECTION 6 - JUDGING

6 B1. Reads:

1. Condition 40%: The evaluation of condition shall include, but not be limited to, the following: fatigue, P&R recovery, attitude and willingness, muscle soreness, mucous membrane, myoglobinuria, thumps, hydration and capillary refill, gut sounds, colic, respiration character, sweat and salivation, coordination, eating and drinking, etc.

Change to read:

1. **Condition 40%: The evaluation of condition shall include, but not be limited to, the following: P&R recovery, indicators of hydration status (skin tenting, mucous membrane, capillary refill, and jugular refill), bowel sounds, muscle tone, anal tone, and movement, attitude and willingness. Other parameters to evaluate may include ~~thumps, colic, CRI (cardiac recovery index), fatigue, myoglobinuria~~ muscle soreness, muscle cramping, coordination, urine color, respiration character, sweat, salivation, eating and drinking, etc.**

SECTION 9 – AWARDS

- B. Annual Awards
2. National Awards

(ADD FOLLOWING SUBSECTION 2.d. – POLLY BRIDGES MEMORIAL)

- e. **COMPETITIVE PLEASURE GRAND CHAMPION (High Average) HORSE AWARD:** This award is presented to the Competitive/ Pleasure Division horse which has the highest average score rather than the highest number of points.
- (1) Horses competing for this award must officially start on a minimum of eight rides during the year. Type A ride counts as 1 ride, Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride.
 - (2) Only the first 12 rides officially started will count. Type A ride counts as 1 ride, Type B ride counts as ½ ride.
 - (3) Only rides officially started in the Competitive Pleasure Division will count.
 - (4) Every ride which the horse officially starts during the year shall count, regardless of placing or finishing, provided it is entered in the Competitive Pleasure Division.
 - (5) A rider must be a current NATRC member prior to the start of a ride for the ride to be credited.
 - (6) The horse must be officially started in at least two out-of-state rides of any ride type, two out-of-region rides of any ride type, or one out-of-state and one out-of-region ride of any ride type.
 - (7) In the event of a tie in the high average scores at the end of the year, the winner shall be the horse which has won first place on the most number of rides.
 - (8) The percentage score is calculated by dividing the individual horse's score by the highest Competitive Pleasure score on that ride. The average score of each horse shall then be determined by adding the "percentage scores" from each ride officially started and dividing by the number of rides of any ride type officially started.
- f. **COMPETITIVE PLEASURE HIGH AVERAGE HORSEMANSHIP:** This award is presented to the Competitive/ Pleasure Division rider who has the highest average horsemanship score rather than the highest number of points.
- (1) Riders competing for this award must officially start on a minimum of eight rides during the year. Type A ride counts as 1 ride, Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride.
 - (2) Only the first 12 rides officially started will count. Type A ride counts as 1 ride, Type B ride counts as ½ ride.
 - (3) Only rides officially started in the Competitive Pleasure Division will count.

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- (4) Every ride which the rider officially starts during the year shall count, regardless of placing or finishing, provided it is ridden in the Competitive Pleasure Division.
- (5) The rider must officially start in at least two out-of-state rides of any ride type, two out-of-region rides of any ride type, or one out-of-state and one out-of-region ride of any ride type.
- (6) In the event of a tie in the high average horsemanship scores at the end of the year, the winner shall be the rider who won first place on the most number of rides of any ride type.
- (7) The percentage score is calculated by dividing the individual rider's score by the highest Competitive Pleasure score on that ride. The average score of each rider shall then be determined by adding the "percentage scores" from each ride officially started and dividing by the number of rides of any ride type officially started.

SECTION 9 – AWARDS

B. Annual Awards

2. National Awards

(ADD FOLLOWING CURRENT SUBSECTION 2.g. – NATIONAL CHAMPIONSHIP)

- j. **COMPETITIVE/ PLEASURE NATIONAL CHAMPIONSHIP:** In the Competitive/ Pleasure Division a horse shall be declared a National Champion when all the following requirements are met within the first 12 rides officially started in the same year. Type A ride counts as 1 ride, Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride.
 - (1) Awarded two firsts or one first and two second placings from any ride type.
 - (2) Awarded the first or second placing from any ride type in any two states or two regions, or is awarded a national placing in HIGH POINT COMPETITIVE/ PLEASURE HORSE.
 - (3) Accumulated 75 points.
 - (4) Horses competing for a National Championship Competitive Pleasure award must be at least 60 months of age.
 - (a) Registered horses are considered 60 months of age as of actual foaling date on the registration papers.
 - (b) Unregistered horses are considered to be of eligible age if they have a "full mouth" (all permanent incisors having erupted and are in wear) as determined by the veterinary judge.

SECTION 9 – AWARDS

B. Annual Awards

2. National Awards

(REPLACES CURRENT SUBSECTIONS K and L)

- n. **HIGH POINT COMPETITIVE PLEASURE HORSE:** Points shall be credited to horses for the purpose of determining annual high score awards in the Competitive/ Pleasure Division first through sixth place. Only the first 12 rides officially started will count. Type A ride counts as 1 ride, Type B ride counts as ½ ride.
 - (1) The horse and rider team shall be considered officially started when timed out on the first day of the ride.
 - (2) Horses competing for High Point Competitive Pleasure Horse awards must be at least 60 months of age.
 - (a) Registered horses are considered 60 months of age as of actual foaling date on the registration papers.
 - (b) Unregistered horses are considered to be of eligible age if they have a "full mouth" (all permanent incisors having erupted and are in wear) as determined by the veterinary judge.
- o. **HIGH POINT COMPETITIVE PLEASURE HORSEMANSHIP:** Points shall be credited to riders for the purpose of determining annual high score awards in the Competitive/ Pleasure Division, first through sixth place. Only the first 12 rides officially started will count. Type A ride counts as 1 ride, Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride. These criteria will be used for the purpose of determining various championships and additional annual awards which may be considered in the future.

Former Hoof Print Editor Receives Good Samaritan Award

Kelly Carper Polden received the 2014 Woodman of the World Good Samaritan award, given to a non-medical person who went above and beyond to help someone in need. She received this honor for the assistance she provided to Charon Howell at the Wimberly Wayfarer Ride in September. Charon was stepped on by her horse during a mounting accident, suffering a dislocated comminuted open tibia/fibula fracture.

Kelly, along with ride Safety Chair Barbara Gould, provided care prior to the arrival of the ambulance. Kelly sent a photo to her physician husband who talked her through the initial care. She and Barbara cleaned and stabilized the leg which went a long way in preventing infection. Kelly shared this award on behalf of everyone at the ride who helped facilitate a smooth rescue. Kelly, an endurance rider, was volunteering at her first NATRC ride at the time of the accident.



Drug Violation Report

by Gary Clayton,
Protest Committee Chair

It was determined that a competitor's horse at the Willow Springs CTR July 19th & 20th, 2014, was found to contain 163.2 ng/ml of firocoxib in its blood. NATRC rules do not allow for horses to compete under the influence of medication.

NATRC Rule Book Section 7.A

A. General Provisions:

1. Purpose: The purpose of this rule against the use of Prohibited Substances or Prohibited Treatments in equines during NATRC rides is both to protect the equines from harm and to ensure fair competition. Equines should compete under their natural abilities without the influence of any drug, medication or veterinary treatment.
2. Prohibited Substances or Prohibited Treatments as defined in this Rule shall not be administered to or used in an equine competing in a NATRC ride. No equine in which a Prohibited Substance or its metabolite is present shall compete, regardless of when the Prohibited Substance was administered to it.

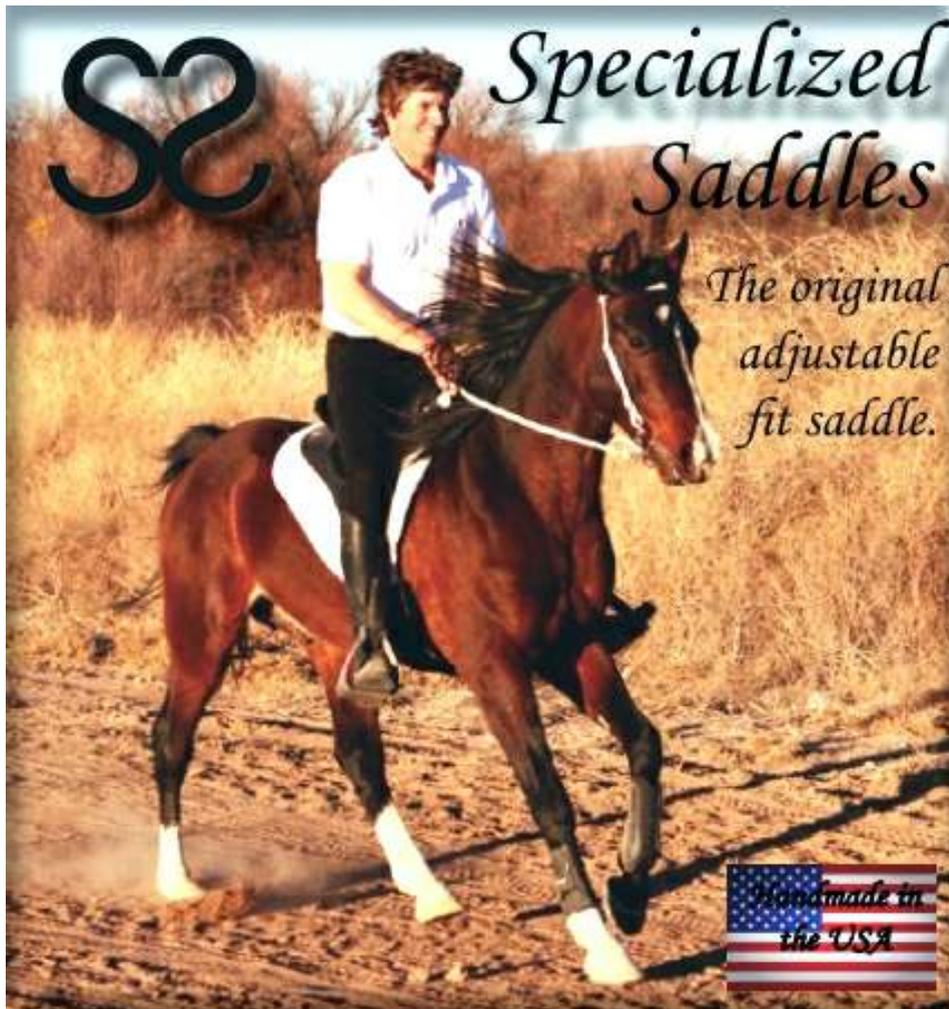
Further:

NATRC Rule Book: Section 5.C.6. Entering the ride constitutes implied consent for drug testing.

A committee was formed pursuant to Section 7.E.3.c. and Section 8.E.1. The committee reviewed all pertinent information before making a decision to disqualify the horse. In correspondence with the committee, Diane Chaffee, the owner, admitted that the drug had been administered before the ride, but that she had been advised by her

veterinarian that the anti-inflammatory drug administered would not be a problem. Because Diane Chaffee was a competitor at the Willow Springs CTR, even though she may not have been aware of the drug violation, she is also disqualified. The committee considered **Rule 6.E.1** in this action: **"A horse and rider, for the purpose of disqual-**

ification, are considered a team. Disqualification of one automatically constitutes the disqualification of the other." No further penalties will be assessed. The committee realizes that the rider believed the advice of her veterinarian that the anti-inflammatory drug administered was not considered illegal by NATRC drug rules.



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Region 1

Bald Mountain Butt Buster A

7/19-20/2014 R1A-AK
 A-O/CP Total Riders: 30
 Chair: Katrina Carney
 Judges: Kay Gunckel DVM, Karel Waugh
 Open Sweepstakes: Army's Cache of Class/
 Wilson, Kristin-97

Open Heavyweight

1/2 NWMF Melody/Hrncir, Dorothy
 2/3 Nebbi from Arctic Arrow/Rogde, Amy
 3/1 Wild Ladys Nite/Dent, Susan
 4/4 Alaskas Cocoa King/O'Brien, Sandra

Open Lightweight

1/1 Willow Bey Star/Grogan, Brenda
 2/3 Dynamic's Spirit/Mielke, Terri
 3/4 Monet's Image/Moore, Debra
 4/2 Flash's Gentleman Jim/Forrester, Donna
 5/6 She's A Dandy/Bentz, Autumn
 6/5 Luke/Onorati, Melissa
 P Dixie/Daugherty, JoAnn

Open Junior

1/1 Army's Cache of Class/Wilson, Kristin
 2/2 Poncho/Barkman, Elyssa

Competitive/Pleasure

1/1 Jasmine's Magic/Fisk, Colleen
 2/2 Genuine Arctic Attitude/
 McDonough, Barbara
 3/3 Gunner/Allen, Mallori
 4/4 Brisco/Stevenson, Kelly
 5/ Gjof/Sihler, Frank
 6/ Rio/Hedum, Ruth
 /5 Spiffy/Gotschall, Sarah
 /6 Traveller/Foxley, Kathleen
 HMU First Danse/Vroman, Jaida
 Gypsy/Kirk, Ashlynn
 Montana/Larson, Jane
 Katla/Sihler, Claudia
 My Kia to Success/Fabich, Jeanie
 Raudhetta/Culhane, Alys
 Susie/Long, Francine
 Rio Ruque/Ash, Heather
 Damis Sahhar/Douthit, Marilou

Bald Mountain Butt Buster B

7/19/2014 R1A-AK
 B-N Total Riders: 15
 Chair: Katrina Carney
 Judges: Kay Gunckel DVM, Karel Waugh
 Novice Sweepstakes: Stoney/
 Haverlikova, Ivana-98

Novice Heavyweight

1/6 Stoney/Haverlikova, Ivana
 2/4 Tinni/Praetorius, Pete
 3/bo Rowdy's RibbonsNLace/Knuutila, Laurie
 4/5 Digger/Winnestaffer, Brian
 5/1 Pepperoni/Hess, Tamara
 6/3 Gonzo/Peabody, Will
 /2 Push Flirt's Button/Wilson, Shirley
 Major/Cook, Regina

Novice Lightweight

1/1 Merrylegs/Luther, Cindy
 2/3 Siracco/Edens, Joan
 3/2 Demi/Mailly, Sarah
 4/4 Ephrata Cash/Seppi, Zoe

Novice Junior

1/2 Hjelma/Carney, Amelia
 2/1 Dean/Hogan, Darby
 3/3 Sunny/Carney, Feona

Jackson Forest A

8/16-17/2014 R1-CA
 A-O/N/CP Total Riders: 15
 Chair: Steve Meroshnekoff
 Judges: Greg Fellers DVM, Nancy Kasovich
 CP Combo: HM Raina Bo Surely/Schlerf, Haley
 Novice Sweepstakes: Lucky Eddie/
 Johnson, Kirsten-95.5
 Open Sweepstakes: Desert Reinbeau/
 Meroshnekoff, Angie-100

Open Heavyweight

1/1 Amiraborr/Boicelli, Gene
 2/2 Pistol Pete DF/Armer, Jean
 P YS Tyrone/Kroncke, Davern

Open Lightweight

1/1 Desert Reinbeau/Meroshnekoff, Angie
 2/2 Sea Dragon/Walls, Lory

3/3 Sarafina/LaRose, Drina
 P Sierra Sunshine/Stidolph, Donna

Novice Junior

1/1 Lucky Eddie/Johnson, Kirsten
 2/2 Rosemarie's Dream/Johnson, Karlie
 3/3 Pipi/Smith, Megan

Competitive/Pleasure

1/1 HM Raina Bo Surely/Schlerf, Haley
 2/2 Om El Bilbao/York, Debbie
 3/4 Hickorys Starlet/Dillard, Ashley
 4/3 OM El Shakeeb Dream/Dillard, Joe
 P Hot Midnight/Taniguchi, Trisha

Jackson Forest B

8/16/2014 R1-CA
 B-N Total Riders: 10
 Chair: Steve Meroshnekoff

Judges: Greg Fellers DVM, Nancy Kasovich
 Novice Sweepstakes: Kaylee
 /Cichocki, Sophia-99.5

Novice Heavyweight

1/1 Diamond H Shalako/Vovchuk, Virginia
 P/DOCanal Prince/Boicelli, Victoria

Novice Lightweight

1/boBodacious Tailfeathers/Lieberknecht, Kay

Novice Junior

1/1 Kaylee/Cichocki, Sophia
 2/4 Jezebel /Hunter, Jordan
 3/5 Lola/Clark, Morgan
 4/ Dream/Redin, Lily
 5/6 Denebaborr/Madison, Ilsa
 6/3 Beauhemian/McOsker, Jordan
 /2 My Gal Sal/Cichocki, Claire

Georgetown

9/6-7/2014 R1-CA
 A-O/N/CP Total Riders: 22
 Chair: Laura Harvey
 Judges: Larry Goss DVM, Jamie Dieterich
 Novice Sweepstakes: Carson El Maj/Johnson,
 Karlie-98
 Open Sweepstakes: Sierra Sunshine/
 Stidolph, Donna-84

Open Heavyweight

CO Pistol Pete DF/Armer, Jean
 CO YS Tyrone/Kroncke, Davern
 CO Amiraborr/Szupello, Sierra

Open Lightweight

1/2 Sierra Sunshine/Stidolph, Donna
 2/1 Desert Reinbeau/Meroshnekoff, Angie
 P Cobay/Wolf, Jeanine

Novice Lightweight

1/1 Nicholas Del Padre/Cooper, Alexis
 2/bo Bodacious Tailfeathers/Lieberknecht, Kay
 3/2 Ed Zackery/Jones, Mary T.
 P Palistar/Swain, Stephanie

Novice Junior

1/1 Carson El Maj/Johnson, Karlie
 2/ Lola/Cichocki, Claire

3/6 Denebaborr/Madison, Ilsa
 4/4 Lucky Eddie/Johnson, Kirsten
 5/2 Kaylee/Cichocki, Sophia
 6/5 Jezebel/Barash, Emma
 /3 Cowboy's Miss Tardee/Cooper, Faith

Novice DO

La Regala Ultima/Jones, Sharon

Competitive/Pleasure

1/2 Om El Bilbao/York, Debbie
 2/3 Tura Lura/Cannon, Linda
 3/1 HM Raina Bo Surely/Schlerf, Haley
 4/4 MK Vangouh/York, Ron

Region 1, continued

Lake Mendocino A

9/27-28/2014 R1-CA
 A-O/N/CP Total Riders: 13
 Chair: Steve Meroshnekoff
 Judges: Kay Gunckel DVM, Jamie Dieterich
 CP Combo: HM Raina Bo Surely/Schlerf, Haley
 Novice Sweepstakes: Lucky Eddie/
 Johnson, Kirsten-97
 Open Sweepstakes: Desert Reinbeau/
 Meroshnekoff, Angie-98

Open Heavyweight

1/1 Amiraborr/Szupello, Sierra
 P Pistol Pete DF/Harvey, Laura

Open Lightweight

1/1 Desert Reinbeau/Meroshnekoff, Angie
 2/4 Scarlet Wind Song/Boscoe, Debbie
 3/2 Sierra Sunshine/Stidolph, Donna
 4/3 Palistar/Swain, Stephanie

Novice Junior

1/2 Lucky Eddie/Johnson, Kirsten
 2/1 Carson El Maj/Johnson, Karlie
 3/3 Pipi/Cichocki, Sophia
 4/4 Lola/Cichocki, Claire

Competitive/Pleasure

1/1 HM Raina Bo Surely/Schlerf, Haley
 P Ruby/Kafka, Karen
 P Rocky/DeMattei, Beni

Lake Mendocino B

9/28/2014 R1-CA
 B-N Total Riders: 7
 Chair: Steve Meroshnekoff
 Judges: Kay Gunckel DVM, Jamie Dieterich
 Novice Sweepstakes: Drummer of Kewstoke/
 Millard, Susanne-98

Novice Heavyweight

1/2 Smokey Sedona/Kafka, Karen
 2/1 Blue Dog/Banker, Russell

Novice Lightweight

1/1 Drummer of Kewstoke/Millard, Susanne
 2/DO Shamez El Maj/Coe, Deborah

Novice Junior

1/1 Beauhemian/McOsker, Jordan
 2/2 Valentyne/Gipson, Savannah
 3/3 Jezebel/Redin, Lily

Quest for the Cup

By Angie Meroshnekoff

One horse, 12 States, 16 rides, 900 trail miles and 18,000 trailer miles. We had a good season! We didn't win the Cup but we sure had fun and met a lot of great people. Beau was a trooper, he held up well and tried his best (most of the time anyway).

We saw places we had only read or heard about - the Colorado River, Glenwood Canyon, Shiprock, The Red River Valley, Will Rogers country, the birthplace of Mark Twain, the Missouri River, the Superstition Mountains, the Ozarks and so much more. And to do part of that on horseback was amazing!

Thank you to all our friends for the tremendous support and encouragement you've given. Especially Ben, Sierra and Terri for taking such good care of the ranch and animals at home.



Angie and Desert Reinbeau

Photo by Cristy Cumberworth, used with permission

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Region 2

RAHA Rally A

10/4-5/2014 R2-CA
 A-O/N/CP Total Riders: 5
 Chair: Bob Insko
 Judges: Tamara Gull DVM, Karel Waugh
 Novice Sweepstakes: Hesa Blaze/
 Lucas, Scott-85
 Open Sweepstakes: Sea Dragon/Walls, Lory-94

Open Lightweight

1/1 Sea Dragon/Walls, Lory

Novice Heavyweight

1/1 Hesa Blaze/Lucas, Scott

Competitive/Pleasure

1/2 Medicine Wolf/Dreyfus, Susan
 2/1 Pride's College Boy/Bray, Sherrie
 3/3 Smokey Sedona/Kafka, Karen

RAHA Rally B

10/4/2014 R2-CA
 B-N/CP Total Riders: 7
 Chair: Bob Insko
 Judges: Tamara Gull DVM, Karel Waugh
 Novice Sweepstakes: Maverick/Davis, Jody-97

Novice Heavyweight

1/2 Maverick/Davis, Jody
 2/DO Pride's Steppin' Buckaroo/Barnes, Jane
 3/1 A Bit of Jazz/Reed, Nancy

Novice Lightweight

1/1 Menchaca Wylde/Griffen, Michelle
 2/DO Pride's Delightful Jazz/Bacal, Jean

Competitive/Pleasure

1/1 Parker's Fancy/Taylor, Kathryn
 P Milagro Ghost Dancer/Pavia, Audrey

Horsenut Stables A

10/25-26/2014 R2-AZ
 A-O/N/CP Total Riders: 10
 Chair: Sharon Noake
 Judges: Jerry Weil DVM, Pat Montgomery
 CP Combo: Pride's College Boy/Bray, Sherrie
 Novice Sweepstakes: Aly Maariah/
 Patriquin, Laura-89.5
 Open Sweepstakes: Zackary/
 Peterson, Catherine-72

Open Heavyweight

1/1 Zackary/Peterson, Catherine

Open Lightweight

1/1 Sea Dragon/Walls, Lory

Novice Lightweight

1/1 Aly Maariah/Patriquin, Laura
 2/2 Red Squirrel/Watson, Sarah

Novice Junior

1/1 Gypsy Elite Willow/Brewster, Kayla
 2/2 Rocky/Floyd, Brianna
 3/3 Sundance/Floyd, Elizabeth

Competitive/Pleasure

1/1 Pride's College Boy/Bray, Sherrie
 2/2 Smokey Sedona/Kafka, Karen
 P Mr Red/Wischmeyer, AJ

Horsenut Stables B

10/25/2014 R2-AZ
 B-N Total Riders: 4
 Chair: Sharon Noake
 Judges: Jerry Weil DVM, Pat Montgomery
 Novice Sweepstakes: Tallonted Falcon
 WA/Stinemetz, Rhea-90.5

Novice Heavyweight

1/1 Roo/Kelley, Sheryl
 P She's A Mystery Girl/Dreyfus, Susan

Novice Lightweight

1/1 Tallonted Falcon WA/Stinemetz, Rhea
 2/2 Apache Tears/Kraft, Tex

SYVAHA Sage Hill A

11/8-9/2014 R2-CA
 A-O/N/CP Total Riders: 15
 Chair: Kathy Stegman
 Judges: Greg Fellers DVM, Karel Waugh
 CP Combo: Om El Nairobi/Dillard, Ashley
 Novice Sweepstakes: Hesa Blaze/
 Lucas, Scott-95
 Open Sweepstakes: Sea Dragon/Walls, Lory-97

Open Heavyweight

1/1 Amiraborr/Boicelli, Gene

Open Lightweight

1/1 Sea Dragon/Walls, Lory
 2/3 Sierra Sunshine/Stidolph, Donna
 3/4 Cowboy Bob/Reed, Terry
 4/2 Desert Reinbeau/Meroshnekoff, Angie

Novice Heavyweight

1/1 Hesa Blaze/Lucas, Scott

Novice Lightweight

1/2 Rocky/Watson, Sarah
 2/1 Miss Lilly/Leon, Nelda
 3/3 Jazz/Guyton, Pamela
 P Rose/Istenes, Jonnalee

Competitive/Pleasure

1/3 Om El Nairobi/Dillard, Ashley
 2/5 Smokey Sedona/Kafka, Karen
 3/1 Om El Bilbao/York, Debbie
 4/4 MK Vangouh/York, Ron
 5/2 Om El Shakeeb Dream/Dillard, Joe

SYVAHA Sage Hill B

11/8/2014 R2-CA
 B-N Total Riders: 10
 Chair: Kathy Stegman
 Judges: Greg Fellers DVM, Karel Waugh
 Novice Sweepstakes: Magic/
 Von Ilten, Bailee-99.5

Novice Heavyweight

1/1 CP Mystique/Williams, Kat
 2/2 Montrachet/Nordwall, Camille

Novice Lightweight

1/2 Red Stormm/Lopez, Doreen
 2/1 Eileish/Von Ilten, Jill
 3/3 MSU Busta Moves/Elder, Debbie

Novice Junior

1/1 Magic/Von Ilten, Bailee
 2/5 Justa Puffa Smoke/Nordwall, Micah
 3/2 Frogan/Nordwall, Chloe
 4/3 Good Golly Miss Molly/Von Ilten, Halle
 5/4 Mystic/Skelton, Kyanne

"Through your hands you should be many things to your horse: a friend to be respected and trusted, a quiet, steady influence whom will reward good behavior with a word and a touch and bad behavior with a calculated correction using the rope or rein. I do not include the term partner in this because a partner has an equal say."

—Nancy Kasovich, NATRC Horsemanship Judge

Ride Results

How to read these results:
 1st # = Horse's Placing / 2nd # = Rider's Placing
 CO = Completion Only / P = Pulled / DO = Distance Only / DQ = Disqualified

Region 3

Navajo Lake B - CORRECTED

5/11/2014 Region 3-NM
 B-N/CP Total Riders: 5
 Chair: Cathy Cumberworth
 Judges: Jerry Weil DVM, Becky Rogers.
 Novice Sweepstakes: Grace/Daney, Devon-96.5

Novice Heavyweight
 1/1 Grace/Daney, Devon

Novice Lightweight
 1/1 Grey Moon/Rubens, Mary
 2/2 Royal Cimmeron/Wester, Jennifer

Competitive /Pleasure DO
 All The Rage/Brown, Kathy
 Brazos Blaze/Brown, Jeff

Chokecherry Canyon

9/20-21/2014 R3-NM
 A-O/N/CP Total Riders: 22
 Chair: Chuck Smith
 Judges: Boyd Emond DVM, Patsy Conner
 CP Combo: Cadence/Tucker, Nicole
 Novice Sweepstakes: RR Skye Robyn/
 Chaffee, Diane-93
 Open Sweepstakes: Hot Saki/Smith, Terri-100

3/3 Bookcliff Mountain Fire/Bingham, Kerry
 4/4 Precious Easy Aces/Bingham, Kenneth

Open Lightweight
 1/1 Hot Saki/Smith, Terri
 2/3 Turner's Wild Card/Ward, Lin
 3/2 CRR Boot Scootin/
 Roper-Dashner, Sharon
 P Ros Jabez/Dashner, Dave
 P Desert Reinbeau/Meroshnekoff, Angie

3/1 Lefty/Guthrie, Jan
 P Cats Flashy Feather/Hensley, Perry

Novice Lightweight
 1/DORR Skye Robyn/Chaffee, Diane
 2/1 Dakota Cole/Olson, Calleen
 3/2 P-Nut/Wiltshire, Diane
 P Tabooli/Johns, Kate
 P Dash of Quick Silver/Simons, Sandie

Open Heavyweight
 1/1 Awesomes Fire N Ice/Wolgram, Ken
 2/2 Gen's Rockin Shadow/Ward, Jim

Novice Heavyweight
 1/3 Lite Foot Slow Poke/Arnett, Leona
 2/2 Arizona Outlaws Kachina/Carter, Rose

Competitive/Pleasure
 1/1 Cadence/Tucker, Nicole
 2/4 Summer/Wolgram, Betty
 3/3 Rambler's Danny Rose/Carman, Jody

Rabbit Valley

10/4-5/2014 R3-CO
 A-O/N/CP Total Riders: 28
 Chair: Sharon Roper-Dashner
 Judges: Boyd Emond DVM, Pat Montgomery
 CP Combo: Summer/Wolgram, Betty
 Novice Sweepstakes: Thunder/
 Lewis, Donna-96
 Open Sweepstakes: Awesomes Fire N Ice/
 Wolgram, Ken-100

2/5 Turner's Wild Card/Ward, Lin
 3/3 Desert Reinbeau/Meroshnekoff, Angie
 4/2 Cedar Mesa Rushai/Mason, Judy Wise
 5/6 Isis Khepri/Scott, Syndi
 6/4 SA Souix Z/Combs, Janna

Open Junior
 1/1 Lincoln/Combs, Alexis

Novice Heavyweight
 1/6 Thunder/Lewis, Donna
 2/1 Solid Country Gold Skye/Conne, Linda
 3/2 Lite Foot Slow Poke/Arnett, Leona
 4/3 Tuff/Horne, John
 5/4 Cats Flashy Feather/Hensley, Perry
 6/ Lefty/Guthrie, Jan
 /5 Levi/Morgan, Dayna
 P Sweet Sue/Vanpoolen, Maarten

P Big Mac's My My/Wylie, Karen

Novice Lightweight
 1/1 Dash of Quick Silver/Simons, Sandie
 2/2 Dakota Cole/Olson, Calleen

Novice Junior
 P Not a chance/Vanpoolen, Sydney

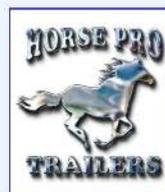
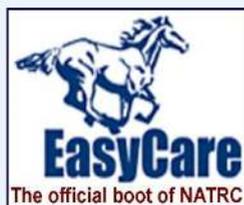
Open Heavyweight
 1/1 Awesomes Fire N Ice/Wolgram, Ken
 2/2 Gen's Rockin Shadow/Ward, Jim

Open Lightweight
 1/1 Hot Saki/Smith, Terri

Competitive/Pleasure
 1/3 Summer/Wolgram, Betty
 2/2 Nightts Shaddo/Howell, Perran
 3/1 RR Skye Robyn/Chaffee, Diane
 4/5 JOR Picasso/O'Brien, Wava
 5/6 MSA Chloe/Jarrett, Cheryl
 6/ Resort Valley Sparkler/Marquardt, Diana
 /4 Dukes Eternal Gold/Holder, Sharon

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Region 4

Wimberly Wayfarer

9/6-7/2014 R4-TX
 A-O/N/CP Total Riders: 35
 Chair: Elaine Swiss
 Judges: Natalie Goldberger DVM, Kathy Shanor
 CP Combo: Solidly Prinzziplod/Martin, Amy
 Novice Sweepstakes: Employed at Longlast/
 Crane, Amy-98
 Open Sweepstakes: NH Muscats Jewel/
 Rogers, Becky-98

Open Heavyweight

1/1 Ravenwood Royal Flag/Jewell, Jonni
 P First Rayt Investment/Gould, Larry

Open Lightweight

1/4 NH Muscats Jewel/Rogers, Becky
 2/ Zanes Greyson/Davis, Pat
 3/2 Wildfire Storm/Miller, Dolly
 4/3 Hes a Rockstar/Van Order, Barbie
 5/1 RPH Pocos Domino/Hicks, Patti
 6/5 HSC Encore/Copeland, Selena
 /6 AH Zanes Cinnamon/Campbell, Michael

Novice Heavyweight

1/5 Employed at Longlast/Crane, Amy
 2/1 Juan Mighty Duke/Ambrose, Yvonne
 3/3 Croells Dancin' Kip/Smith, Gayna
 4/ Penny/Tharp, Wade
 5/2 Selket Majinsky/Muench, Gayle
 6/6 Belleton/Watkins, Tanya

/4 Indira DD/Baxter, April
 P Dancing Sparks/Cheng, Susan
 P MB Jewell/Berger, Maria

Novice Lightweight

1/1 Painted Indian/Kale, Cara
 P/bo Moonshadow/Galliher, Teresa
 P Prince/Abdo, Laura

Novice Junior

1/1 Opportunity Knox/Martin, Madeline
 2/3 Sum Tigger/McBride, Chloe
 3/2 Little Doc Shamrock/Robertson, Madeline
 4/4 Dance Inside The Sun/Sims, Brooke
 P Scarlett/Abdo, Danielle

Region Four Benefit A

9/20-21/2014 R4-TX
 A-O/N/CP Total Riders: 20
 Chair: Annette Thurlow
 Judges: Valerie Bixler DVM, Jerry Sims
 CP Combo: NKR April's Jewel/
 Zimmerman, Betsy
 Novice Sweepstakes: Moonshadow/
 Galliher, Teresa-96
 Open Sweepstakes: NH Muscats Jewel/
 Swiss, Elaine-96

Open Heavyweight

1/2 WH Picos Cozmic/Brodersen, Shirley
 2/3 Razmataz DBA/Bass, Carla Jo
 3/4 Tribute to Liberty/Yovich, Alice
 4/1 Ravenwood Royal Flag/Jewell, Jonni
 CO Ojala ArielMoon/Edmondson, Cheryl

Open Lightweight

1/1 NH Muscats Jewel/Swiss, Elaine
 2/2 Chyna/Key, Corry
 3/3 I K Destiny/Mettes, Cynthia
 CO RPH Pocos Domino/Hicks, Patti
 P Wildfire Storm/Miller, Dolly

Novice Heavyweight

1/2 Employed at Longlast/Crane, Amy
 2/1 Selket Majinsky/Muench, Gayle
 3/3 Belleton/Watkins, Tanya
 CO Croells Dancin' Kip/Smith, Gayna

Novice Lightweight

1/bo Moonshadow/Galliher, Teresa
 2/2 Painted Indian/Kale, Cara
 3/1 Gambit/Kirsch, Claire

Novice Junior

1/1 Little Doc Shamrock/Robertson, Madeline

Competitive/Pleasure

1/1 NKR April's Jewel/Zimmerman, Betsy
 P Skipper/Scott, Liz

Region Four Benefit B

9/20/2014 R4-TX
 B-CP Total Riders: 3
 Chair: Annette Thurlow
 Judges: Valerie Bixler DVM, Jerry Sims
 CP Combo: Capril/Steinke, Maggie

Competitive/Pleasure

1/1 Capril/Steinke, Maggie
 2/2 Grace Under Fire/Whitfield, Kathy
 P Dancing Sparks/Cheng, Susan

Robbers Route

10/4-5/2014 R4-OK
 A-O/N/CP Total Riders: 27
 Chair: Becky Rogers
 Judges: Kay Gunckel DVM, Sarah Rinne
 CP Combo: Razmataz DBA/Bass, Carla Jo
 Novice Sweepstakes: Express's Ghost D/
 McCullough, Sharon-97
 Open Sweepstakes: First Rayt Investment/
 Gould, Larry-99

Open Heavyweight

1/4 First Rayt Investment/Gould, Larry
 2/1 Ravenwood Royal Flag/Jewell, Jonni
 3/3 WH Picos Cozmic/Brodersen, Shirley
 4/2 Diamond's Sassy Stockings/Keene, James
 5/5 Ojala ArielMoon/Edmondson, Cheryl

Open Lightweight

1/2 Wildfire Storm/Miller, Dolly
 2/3 Little Man/Wright, Rebecca
 3/1 RPH Pocos Domino/Hicks, Patti

Novice Heavyweight

1/1 Express's Ghost D/McCullough, Sharon
 2/2 Tee Pee Wee/Rye, Steve
 P Tally/Griffin, Annette
 P KitKat/Arcelle, Jeanne

Novice Lightweight

1/1 Gambit/Kirsch, Claire
 2/2 Painted Indian/Kale, Cara
 3/3 Foxy's Travelin Osage Moon/
 Teeman, Rene

Novice Junior

P Sailor Shooting Star/DePrisco, Elyse

Competitive/Pleasure

1/2 Wyntez Buddy/Roberts, Beverly
 2/1 Razmataz DBA/Bass, Carla Jo
 3/ Tribute to Liberty/Yovich, Alice
 4/ Ellie/Tharp, Vicki
 5/5 Hytone Commander/Jackson, Becki
 6/ Nellie's Last Tango SC/Lucht, Becky
 /3 Dun Come Unzipped/Reynolds, Margaret
 /4 Gorgeous Dixie/Steinke, Maggie
 /6 Buck/Shenkir, Marjorie
 P Almira Nefous/Dreadfulwater, LeeAnn
 P Mistys Sierra Slew/Marheineke, Debbie

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Region 4, continued

Horsemaster Benefit A

10/18-19/2014 R4-TX
 A-O/N/CP Total Riders: 39
 Chair: Larry and Barbara Gould
 Judges: Darlene Wehr DVM, Shirley Parker
 CP Combo: Razmataz DBA/Bass, Carla Jo
 Novice Sweepstakes: Croells Dancin' Kip/
 Smith, Gayna-96.5
 Open Sweepstakes: Hes a Rockstar/
 Van Order, Barbie-100

Open Heavyweight

1/1 Awesomes Fire N Ice/Wolgram, Ken
 2/2 WH Picos Cozmic/Brodersen, Shirley
 3/4 First Rayt Investment/Gallery, Lisa
 4/5 Ojala ArielMoon/Edmondson, Cheryl
 5/6 Victory CH/Moore, William
 6/3 Diamond's Sassy Stockings/Keene, James
 P CWH The Sea King/Grey, Tomlyn

Open Lightweight

1/5 Hes a Rockstar/Van Order, Barbie
 2/1 Desert Reinbeau/Meroshnekoff, Angie
 3/3 Wildfire Storm/Miller, Dolly
 4/2 Moonshadow/Galliher, Teresa
 5/6 Sundae/Holm, Sharon
 6/4 NH Muscats Jewel/Swiss, Elaine

Novice Heavyweight

1/2 Croells Dancin' Kip/Smith, Gayna
 2/1 Shades/Moore, Vickie
 3/3 Blackwood Bey/Fazzino, Kim
 4/4 Caprii/Milligan, Misten
 5/ Tally/Griffin, Annette
 6/6 XenaWariorPrinces/McKenzie, Christine
 /5 Blondie/Watkins, Tanya
 Storm Monarchy/Shaaht, Teri
 Jazz/Hailey, Ermine
 P MB Jewell/Berger, Maria
 P Employed at Longlast/Crane, Amy

Novice Lightweight

1/1 Painted Indian/Kale, Cara
 2/DO Vaquero/Galliher, Jenna
 3/2 Foxy's Travelin Osage Moon/
 Teeman, Rene
 4/3 Reveille/Metzinger, Vickie
 5/DO Neaha Sakima/Lampley, Layne

Novice Junior

1/1 Opportunity Knox/Martin, Madeline
 2/3 Cassi/Brice, Hope
 3/2 Dance Inside The Sun/Sims, Brooke

Competitive/Pleasure

1/1 Razmataz DBA/Bass, Carla Jo
 2/3 Tomachichi's Little Feather/Lampley, Patty
 3/2 NKR April's Jewel/Zimmerman, Betsy
 4/5 Summer/Wolgram, Betty
 5/4 Tribute to Liberty/Yovich, Alice
 6/ Buck/Shenkir, Marjorie
 /6 Pancho's Blue Thunder – SC/Starr, Debo-
 rah

Horsemaster Benefit B

10/18/2014 R4-TX
 B-CP Total Riders: 7
 Chair: Larry and Barbara Gould
 Judges: Darlene Wehr DVM, Shirley Parker
 CP Combo: LRR Matt's Buck Ledoux/
 Drumm, Jenny

Competitive/Pleasure

1/3 Moon's Movin' Out/Sommer, Alanna
 2/1 LRR Matt's Buck Ledoux/Drumm, Jenny
 3/2 Azure BF/Bibb, Maranda
 4/DO Secondhand Smoke/Ray Cheryl
 5/4 Sarge/Accardo, Flash
 6/5 Polka Dot/Hebert, Maddie

Competitive/Pleasure DO

Sunny/Bailey, Ginger

The Final Rendezvous

11/1-2/2014 R4-OK
 A-O/N/CP Total Riders: 40
 Chair: Leonna Harris
 Judges: Tamara Gull DVM, Jean Green
 CP Combo: Cinnabaar/Muench, Fran
 Novice Sweepstakes: Tally/Griffin, Annette-93
 Open Sweepstakes: Ravenwood Royal Flag/
 Jewell, Jonni-99

Open Heavyweight

1/1 Ravenwood Royal Flag/Jewell, Jonni
 2/4 WH Picos Cozmic/Brodersen, Shirley
 3/2 Diamond's Sassy Stockings/Keene, James
 4/5 My Nightmare/White, Vickie
 5/ Juan Mighty Duke/Ambrose, Yvonne
 6/6 Mika/Parys, Shari
 /3 L.L.Remington/Marston, Marilyn
 First Rayt Investment/Gould, Larry
 Juan Bad Rockstar/Ambrose, Robert

Open Lightweight

1/4 Hes a Rockstar/Van Order, Barbie
 2/5 Cito Mocha Raton/Cleveland, Trish
 3/ NH Muscats Jewel/Swiss, Elaine
 4/3 Pistol Annie/Dollarhide, Patti
 5/2 EZ Rocket WH/Stucky, Marla
 6/2 Desert Reinbeau/Meroshnekoff, Angie
 /1 Princess Dina/Payne, Debbie
 Wildfire Storm/Miller, Dolly
 Dun Come Unzipped/Reynolds, Margaret
 SC Akil Gassur/Brinck, Travis
 Taking Over My Heart/Levinson, Rhonda
 P Sundae/Holm, Sharon

Open DO

Awesomes Fire N Ice/Wolgram, Ken

Novice Heavyweight

1/2 Tally/Griffin, Annette
 2/1 Silver Valley Tate/Hanson, Mary
 3/4 Employed at Longlast/Crane, Amy
 4/6 Express's Ghost D/McCullough, Sharon

5/5 Selket Majinsky/Muench, Gayle
 6/3 Reluciente De Coral/Puglisi, Arlene

Novice Lightweight

1/4 Snickers/Owen, Kim
 2/2 Kentucky Blu/Grow, Christi
 3/3 Peaches/Koontz, Susan
 4/1 Gambit/Kirsch, Claire
 P Foxy's Travelin Osage Moon/
 Teeman, Rene

Novice DO

Cheyenne/Fearing, Donna

Competitive/Pleasure

1/2 Cinnabaar/Muench, Fran
 2/5 Razmataz DBA/Bass, Carla Jo
 3/3 Summer/Wolgram, Betty
 4/1 Wyntez Buddy/Roberts, Beverly
 5/6 NKR April's Jewel/Zimmerman, Betsy
 6/4 Nellie's Last Tango SC/Lucht, Becky

"The mission/vision/philosophy of NATRC has stood us in good stead for almost 52 years now. Sticking with these guidelines has allowed us to become the best at what we do — educating and informing horsemen and horsewomen about how to care for and manage their horses over long distance trail competitions. This is what we do and No One Does it Better."

– Kim Cowart

Region 5

Ride the Edge A

9/13-14/2014 R5-TN
 A-O/N/CP Total Riders: 32
 Chair: Wayne Tolbert
 Judges: Heather Raynack DVM, Becky Rogers
 CP Combo: Dusty Dawn's Little Lady/Lewis, Ray
 Novice Sweepstakes: Dotty/Galbraith, Linda-97
 Open Sweepstakes: Loco Motion/
 Baldwin, Sara-97

Open Heavyweight

1/2 Victory CH/Moore, William
 2/1 Goodnight's Masterpiece/Clayton, Gary

Open Lightweight

1/6 Loco Motion/Baldwin, Sara
 2/1 Prime Sensation WH/Findley, Martha
 3/3 Swiss Mocha/Riley, Paula
 4/2 Tommys Impressev Ace/Broughton, Regina
 5/4 Scatoaks Major Jake/Hall, Julie
 6/5 Danamye/Diaguila, Esther
 P Nakota Bey/Buttrey, Marlene

Novice Heavyweight

1/DO Terradocs Oconee Belle/Kudra, Sallie
 2/3 Shades/Moore, Vickie

3/4 Pusher's Blue Treasure/Carraher, Kathy
 4/1 KitKat/Arcelle, Jeanne
 5/2 Arrow's Pretty Boy Floyd/Scott, Lisa

Novice Lightweight

1/2 Dotty/Galbraith, Linda
 2/5 Carbon's Royal Belle/Lewis, Mary
 3/1 DLC Roxies Peponita/Howard, Marsha
 4/3 Alena Rae/Rogers, Andrea
 5/6 Trey/Kingshill, Susan
 6/4 Paints All Colors/Davis, Sharon
 Cypress Forte/DeRosa, Charmaine

Novice Junior

1/1 Captian Kune/Evans, Natalie

Competitive Pleasure

1/5 Spirit of Spotted Alen/Woodall, Courtney
 2/1 Dusty Dawn's Little Lady/Lewis, Ray
 3/2 Sunny Georgia/Lucas, Patty
 4/ Magnum/James, Trish
 5/4 RCC Follow Me/Jones, Debbie T.
 6/ DIA Icon/Mount, Janell
 /3 Mariah's Secret/Riley, Leigh
 /6 Mandella Bey/Chapman, Carolyn
 Kojak's Lollipop/Riddick, Keri
 TR What's Smokin'/Jones, Mark H.

Ride the Edge B

9/13/2014 R5-TN
 B-N/CP Total Riders: 9
 Chair: Wayne Tolbert
 Judges: Heather Raynack DVM, Becky Rogers
 Novice Sweepstakes: Nirus Nez/
 Annis, Margie-97.5

Novice Heavyweight

1/3 Bullet's Bazooka Joe/Shrum, Judith
 2/2 Belle/Sparks, Jeanne
 3/1 Braska/Belew, Amy

Novice Lightweight

1/1 Nirus Nez/Annis, Margie
 2/2 Jasmine/Lee, Kristie

Novice Junior

1/1 Buzz New Year/Lee, KatieRose
 2/2 Boston's Zippo Magic/Sparks, Madeline

Competitive/Pleasure

1/2 Spotted Alen's Finale/Keen, Cindy
 2/1 Heart's Desire/Pegram, Sandy

Heart of Dixie A

9/20-21/2014 R5-AL
 A-O/N/CP Total Riders: 35
 Chair: Linda Clayton
 Judges: Mike Bridges DVM, Kathy Shanor
 CP Combo: RCC Follow Me/Jones, Debbie T.
 Novice Sweepstakes: Tri-Mi Dealers Choice/
 Abbott, Cathy-99
 Open Sweepstakes: Goodnight's Masterpiece/
 Clayton, Gary-99

Open Heavyweight

1/2 Goodnight's Masterpiece/Clayton, Gary
 2/1 Victory CH/Moore, William
 3/3 LaPluma/Scott, Lisa

Open Lightweight

1/6 Loco Motion/Baldwin, Sara
 2/1 Prime Sensation WH/Findley, Martha
 3/3 Mariah's Secret/Riley, Leigh
 4/4 Swiss Mocha/Riley, Paula
 5/ Flash of Lightening/Moulis, Jameson
 6/5 Danamye/Diaguila, Esther
 /2 SCF Cindy Lou Who/Riddick, Keri
 Sunny Georgia/Lucas, Patty
 P Mandella Bey/Chapman, Carolyn

Novice Heavyweight

1/2 Shades/Moore, Vickie
 2/3 Stanley's Travis/Duchesne, Ariel
 3/DO Terradocs Oconee Belle/Kudra, Sallie
 4/4 Dakota/Haglund, Pam
 5/6 Ledo Sabre Rose/Atkins, Lucy
 6/1 Admiral/Duchesne, Margarita
 /5 Gabriel/Piezon, Sherry
 P Patton/Light, Victoria

Novice Lightweight

1/4 Tri-Mi Dealers Choice/Abbott, Cathy
 2/2 Carbon's Royal Belle/Lewis, Mary
 3/5 Company Spending/Schaff, Carol
 4/1 Lexus Golden Tie L/Dukes, Mary

5/6 Coool Hand Luke/Gamble, Karen
 6/ Spirit/Hart, Nancy
 /3 Rowdy/Ward, Katie
 Cherokee/Dennis, Karen

Novice Junior

1/2 Kariim Waran/Stewart, Eliza
 2/1 Papa's Alabama Express/
 Crutchfield, Julianne
 3/3 Joye/Gamble, Riley

Competitive/Pleasure

1/1 RCC Follow Me/Jones, Debbie T.
 2/4 Heart's Desire/Pegram, Sandy
 3/2 Dusty Dawn's Little Lady/Lewis, Ray
 4/3 Spotted Alen's Finale/Keen, Cindy

Heart of Dixie B

9/20/2014 R5-AL
 B-O/N/CP Total Riders: 5
 Chair: Linda Clayton
 Judges: Mike Bridges DVM, Kathy Shanor
 CP Combo: RCC Follow Me/Jones, Debbie T.
 Novice Sweepstakes: Panchos Dee
 Victoria/Farrar, Alice-98
 Open Sweepstakes: Standing Ovation/James,
 Trish-94

Open Lightweight

1/1 Standing Ovation/James, Trish

Novice Heavyweight

1/1 Panchos Dee Victoria/Farrar, Alice
 2/3 Kite's Stormy Lady/Haley, Glynnis
 3/2 AAS Al Hamdani/Devouassoux, Sheri

Competitive/Pleasure

1/1 Dakota Firestorm/Ostrowski, Stephanie

"Sanctioning rides of a measured distance within a window of time, the North American Trail Ride Conference promotes and provides educational tools to help the rider improve the performance and care of the competitive distance horse."

—Jamie Dieterich

Region 5, continued

Georgia on My Mind A

10/4-5/2014 R5-GA
 A-O/N/CP Total Riders: 20
 Chair: Patricia Petelle
 Judges: Mike Coker DVM, Kim Cowart,
 Wayne Tolbert
 CP Combo: Dusty Dawn's Little Lady/Lewis, Ray
 Novice Sweepstakes: Terradocs Oconee Belle/
 Kudra, Sallie-95
 Open Sweepstakes: Swiss Mocha/
 Riley, Paula-93

Open Heavyweight

1/2 Goodnight's Masterpiece/Clayton, Gary
 2/1 Victory CH/Moore, William

Open Lightweight

1/2 Swiss Mocha/Riley, Paula
 2/4 Sunny Georgia/Lucas, Patty
 3/1 Danamye/Diaguila, Esther
 4/3 Loco Motion/Baldwin, Sara
 5/5 Standing Ovation/James, Trish

Novice Heavyweight

1/bo Terradocs Oconee Belle/Kudra, Sallie
 2/1 Shades/Moore, Vickie
 3/3 Pusher's Blue Treasure/Carraher, Kathy
 4/2 Zakreb Ogon/Wolf, Teresa

Novice Lightweight

1/1 Lexus Golden Tie L/Dukes, Mary

Novice Junior

1/1 Star/Correll, Casey

Competitive/Pleasure

1/6 Dusty Dawn's Little Lady/Lewis, Ray
 2/5 RCC Follow Me/Jones, Debbie T.
 3/4 DIA Icon/Mount, Janell
 4/3 Spirit of Spotted Alen/Woodall, Courtney
 5/2 Spotted Alen's Finale/Keen, Cindy
 6/1 Mariah's Secret/Riley, Leigh
 Heart's Desire/Pegram, Sandy

Georgia on My Mind B

10/4/2014 R5-GA
 B-O/N/CP Total Riders: 7
 Chair: Patricia Petelle
 Judges: Mike Coker DVM, Kim Cowart,
 Wayne Tolbert
 CP Combo: TR What's Smokin/Jones, Mark H.
 Novice Sweepstakes: Lenox/Senecal, Anita-94
 Open Sweepstakes: Prime Sensation WH/
 Findley, Martha-94

Open Lightweight

1/1 Prime Sensation WH/Findley, Martha
 2/2 SCF Cindy Lou Who/Riddick, Keri

Novice Heavyweight

1/1 Braska/Belew, Amy

Novice Lightweight

1/1 Lenox/Senecal, Anita

Novice Junior

1/1 Zion/Senecal, Lexi

Competitive/Pleasure

1/1 TR What's Smokin/Jones, Mark H.
 2/2 Dakota Firestorm/Ostrowski, Stephanie

Kings Mountain

11/1-2/2014 R5-SC
 A-O/N/CP Total Riders: 29
 Chair: Sarah Bridges
 Judges: Carrie Porter DVM, Natalie Morris DVM
 (Apprentice), Patsy Conner
 CP Combo: Mariah's Secret/Riley, Leigh
 Novice Sweepstakes: Braska/Belew, Amy-97
 Open Sweepstakes: Loco Motion/
 Baldwin, Sara-99

Open Heavyweight

1/1 Goodnight's Masterpiece/ Clayton, Gary
 2/2 Victory CH/Moore, William

Open Lightweight

1/5 Loco Motion/Baldwin, Sara
 2/1 Prime Sensation WH/Findley, Martha
 3/2 Swiss Mocha/Riley, Paula
 4/4 Baha Crescent/Lowell, Barbara
 5/6 Standing Ovation/James, Trish
 6/3 Sunny Georgia/Lucas, Patty

Novice Heavyweight

1/1 Braska/Belew, Amy
 2/3 Santana/Mulligan, Jennifer
 3/DO Terradocs Oconee Belle/Kudra, Sallie
 4/2 Shades/Moore, Vickie
 5/4 Brandy Wyne/Ault, Carol
 6/5 Zakreb Ogon/Wolf, Teresa
 P Arrow's Pretty Boy Floyd/Scott, Lisa

Novice Lightweight

1/1 Alena Rae/Rogers, Andrea
 2/2 Star/Banks, Sarah
 3/DO Kiss Afire Babe/Riddick, Keri
 4/4 Wrangler/Callaghan, Pam
 5/3 Traveler's Gray King/Phillips, Ditte

Novice Junior

1/1 Captian Kune/Evans, Natalie

Competitive/Pleasure

1/2 Mariah's Secret/Riley, Leigh
 2/5 Dusty Dawn's Little Lady/Lewis, Ray
 3/4 Spotted Alen's Finale/Keen, Cindy
 4/6 TR What's Smokin/Jones, Mark H.
 5/1 RCC Follow Me/Jones, Debbie T.
 6/ Heart's Desire/Pegram, Sandy
 /3 Spirit of Spotted Alen/Woodall, Courtney
 Song/Ostrowski, Stephanie

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Region 6

Heartland Challenge

8/29-31/2014 R6-KS
 AA-O Total Riders: 19
 Chair: Steve Lindsey
 Judges: Jerry Weil DVM, Priscilla Lindsey,
 Wayne Tolbert-Apprentice
 Open Sweepstakes: L.L.Remington/
 Marston, Marilyn-96.5

Open Heavyweight

1/2 L.L.Remington/Marston, Marilyn
 2/3 My Nightmare/White, Vickie
 3/1 Peanut/Baker, Matt
 4/4 Country's Magic Fox WH/
 Hinkebein, William
 P XD Fortunate Lauren/Everhart, Karen
 P JK Prada/Koelling, Karri
 P Ugotaseqlarque/Stockwell, Deb
 P Lucky Dream Catcher WH/Wallis, Christine
 P Gen's Rockin Shadow/Ward, Jim

Open Lightweight

1/4 Cito Mocha Raton/Cleveland, Trish
 2/2 Phantoms Masquerade/Lane, Roxann
 3/1 Little Ann/Klamm, Liz
 4/5 Shady Sunset WH/Stucky, Marla
 5/3 PS Sabres Sun/Everhart-Valentin, Kira
 6/6 Rushcreek Allie/Messick, Brenda
 AM Micado's Race/Hauser, Jeanie
 P Skylar/Doyle, Rosemarie
 P Turnner's Wild Card/Ward, Lin
 P Flyhawk Dreamer/Vernon, Katy

Dave Smith Fall Fiesta A

9/13-14/2014 R6-IA
 A-O/N/CP Total Riders: 31
 Chair: Betty Newton, Barb Schmidt
 Judges: Mike Bridges DVM, Frank Keeran
 CP Combo: RW Braveheart/Ginn, Mary
 Novice Sweepstakes: Silver Valley Tate/
 Hanson, Dwight-97
 Open Sweepstakes: Cito Mocha Raton/
 Cleveland, Trish-91

Open Heavyweight

1/2 Mika/Parys, Shari
 2/1 L.L.Remington/Marston, Marilyn
 3/3 Crad War Angel/Grabill, Alvin

Open Lightweight

1/1 Cito Mocha Raton/Cleveland, Trish
 2/2 Shadow's Dancer C./Nore, Robin
 3/3 MA Candy Cane/McIntosh, Tracy

Novice Heavyweight

1/5 Silver Valley Tate/Hanson, Dwight
 2/2 Lethal Status/Ankersen, Sharron

3/3 Rascals Doc/McCall, Louise
 4/1 KS Bluestem Lady Liberty/Hanson, Mary
 5/ Freckles/Elm, Lynn
 6/6 Northdreams Diamond Jewell/
 Johnson, Marilyn
 /4 Winston/Lehmann, Charlene

Novice Lightweight

1/1 T-Bone B Blacky/Ross, Kerri
 2/3 Auli Sabah/Fischer, Jennifer
 3/4 Gabe/McCulloch, Dena
 4/2 Tornado Watch/Farris, Denise
 P Fancy/Heims, Deborah

Novice DO

Ben/Fields, Christy

Competitive/Pleasure

1/ RW Braveheart/Ginn, Mary
 2/ D.M.'S Eye of The Tiger/Altwegg, Noreen
 3/ Razonn Trail Dancer/Colby, Mary
 4/4 Lucky Dream Catcher WH/Wallis, Christine
 5/1 EZ Rocket WH/Stucky, Marla
 6/5 Fives Bert Harlan/Bouska, Alan
 /2 Divine Liberty/Mruz, Julia

/3 AZ Soloman/Schieffer, Denise
 /6 Winchester Charm/Wood, Mary Anna
 Justa Hercules/Bennett, Ann
 Dun Come Unzipped/Reynolds, Margaret
 P Razonn Cody/Colby, Michael

Dave Smith Fall Fiesta B

9/13/2014 R6-IA
 B-N Total Riders: 7
 Chair: Betty Newton, Barb Schmidt
 Judges: Mike Bridges DVM, Frank Keeran
 Novice Sweepstakes: Aranda/
 Hawthorne, Ann-97

Novice Heavyweight

1/2 Hot Scotch Candi/Woody, Lynn
 2/1 Big-N-Bad Bullwinkle/Pillard, Kimberly

Novice Lightweight

1/2 Aranda/Hawthorne, Ann
 2/4 Dazzlingdink/Stokka, Diane
 3/3 Cracklin Jack/Baird, Barbara
 4/1 Coal in Command/Havercamp, Molly
 P Casey/Pannkuk, Cyndi

Indian Cave

9/27-28/2014 R6-NE
 A-O/N/CP Total Riders: 38
 Chair: Sarah Rinne, Mary McCoy
 Judges: Carrie Porter DVM, Priscilla Lindsey
 CP Combo: Divine Liberty/Mruz, Julia
 Novice Sweepstakes: T-Bone B Blacky/
 Ross, Kerri-99.5
 Open Sweepstakes: Pistol Annie/
 Dollarhide, Patti-91

Open Heavyweight

1/1 Shady Sunset WH/Hinkebein, William
 2/2 My Nightmare/White, Vickie
 P Mika/Parys, Shari

Open Lightweight

1/3 Pistol Annie/Dollarhide, Patti
 2/1 Little Ann/Klamm, Liz
 3/2 Shadow's Dancer C./Nore, Robin

4/4 Rushcreek Allie/Messick, Brenda
 P Cito Mocha Raton/Cleveland, Trish

Open DO

Spot Me Wild/Sylvara, Karen

Novice Heavyweight

1/4 Silver Valley Tate/Hanson, Dwight
 2/1 Lethal Status/Ankersen, Sharron
 3/2 Steppin'Out Annie D/Prey, Ken
 4/3 Windy V/Vasa, Tammy
 5/5 Bartending For Money/Vasa, John
 P Justa Hercules/Hofmann, Ines
 P Baskolisa/Orth, Jason

Novice Lightweight

1/2 T-Bone B Blacky/Ross, Kerri
 2/3 Sasha/Smith, Helen
 3/4 Sensation Al Miss/Plumer, Joni
 4/1 Little Jet Fuel/West, Sharon
 P Tornado Watch/Farris, Denise

P FTF In His Time/Berkley, Eileen

Novice Junior

1/2 Risky Snickers/Klamm, Jason
 2/1 Angel's Ricochet Shot/Klamm, Ryan

Competitive/Pleasure

1/2 Divine Liberty/Mruz, Julia
 2/1 Princess Dina/Payne, Debbie
 3/5 Sir Timothy Gold APJ/Andre, Tamara
 4/3 Winchester Charm/Wood, Mary Anna
 5/ EZ Rocket WH/Stucky, Marla
 6/ Country's Magic Fox WH/Wolgram, Betty
 /4 D.M.'S Eye of The Tiger/Altwegg, Noreen
 /6 PS Arikaree Bask/Glassman, Erin
 Fives Bert Harlan/Bouska, Alan
 The Tanks a Blazin'/Clapper, Tina
 Goodness Gracious/Childs, Maggie
 Dun Come Unzipped/Reynolds, Margaret
 Fantasy Moon Dancer/Prey, Virginia
 P AZ Soloman/Bennett, Ann

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Region 6, continued

Exploring Sand Hills A

10/11-12/2014 R6-KS
 A-O/N/CP Total Riders: 31
 Chair: Liz Klamm
 Judges: Kate Jacob DVM, Priscilla Lindsey
 CP Combo: D.M.'S Eye of The Tiger/
 Altwegg, Noreen
 Novice Sweepstakes: Risky Snickers/
 Klamm, Jason-99
 Open Sweepstakes: Cito Mocha Raton/
 Cleveland, Trish-99.5

Open Heavyweight

1/2 Mika/Parys, Shari
 2/3 Smoke-N-Jaz's Big Man/Stich, Kay
 3/4 Ravenwood Royal Flag/Jewell, Jonni
 4/1 My Nightmare/White, Vickie
 5/6 Gen's Rockin Shadow/Ward, Jim
 6/5 L.L.Remington/Marston, Marilyn

Open Lightweight

1/4 Cito Mocha Raton/Cleveland, Trish
 2/5 Pistol Annie/Dollarhide, Patti
 3/1 Princess Dina/Payne, Debbie
 4/ NH Muscats Jewel/Swiss, Elaine
 5/2 Desert Reinbeau/Meroshnekoff, Angie
 6/6 Shadow's Dancer C./Nore, Robin
 /3 Turner's Wild Card/Ward, Lin

Novice Heavyweight

1/2 Buddy/Endicott, Larry

2/1 Jackson/Endicott, Sheryl

Novice Lightweight

1/4 Waylon/Frazier, Linda
 2/1 Little Jet Fuel/West, Sharon
 3/3 T-Bone B Blacky/Ross, Kerri
 4/2 Sensation Al Miss/Plumer, Joni
 5/6 Shahtekhs Thunder/Shively, Joyce
 6/5 Tornado Watch/Farris, Denise

Novice Junior

1/2 Risky Snickers/Klamm, Jason
 2/1 Angel's Ricochet Shot/Klamm, Ryan

Competitive/Pleasure

1/4 D.M.'S Eye of The Tiger/Altwegg, Noreen
 2/5 Fives Bert Harlan/Bouska, Alan
 3/1 Sir Timothy Gold APJ/Andre, Tamara
 4/3 Dun Come Unzipped/Reynolds, Margaret
 5/2 Divine Liberty/Mruz, Julia
 6/6 Winchester Charm/Wood, Mary Anna
 Taking Over My Heart/Levinson, Rhonda
 P Tonto/Cleveland, Kayli

Exploring Sand Hills B

10/11/2014 R6-KS
 B-N/CP Total Riders: 6
 Chair: Liz Klamm
 Judges: Kate Jacob DVM, Priscilla Lindsey
 CP Combo: EZ Rocket WH/Stucky, Marla
 Novice Sweepstakes: Bo/Roth, Karla-98.5

Novice Heavyweight

1/1 Reluciente De Coral/Puglisi, Arlene

Novice Lightweight

1/1 Bo/Roth, Karla
 P Little Ann/Mick, Jolene

Novice Junior

1/1 Cutie Patutie/Plumer, Tovah

Competitive/Pleasure

1/2 SC Akil Gassur/Brinck, Travis
 2/1 EZ Rocket WH/Stucky, Marla

Exploring Sand Hills B (Sunday)

10/12/2014 R6-KS
 B-N/CP Total Riders: 4
 Chair: Liz Klamm
 Judges: Kate Jacob DVM, Priscilla Lindsey
 CP Combo: Goodness Gracious/Childs, Maggie

Novice Heavyweight

P Lady/Newlin, Pat

Novice Lightweight

P Tucker/McGehee, Chris
 P Vanguard Nikota/Berkley, Eileen

Competitive/Pleasure

1/1 Goodness Gracious/Childs, Maggie

Cedar Creek/Region Six Benefit

10/25-26/2014 R6-MO
 A-O/N/CP Total Riders 22
 Chair: Christine Wallis
 Judges: Kate Jacob DVM, Priscilla Lindsey
 CP Combo: Spanish Rose/Esbensen, Dana
 Novice Sweepstakes: Superlady Teton/
 Patillo, Kaley-96.5
 Open Sweepstakes: Mika/Parys, Shari-100

Open Heavyweight

1/1 Mika/Parys, Shari
 2/4 Shady Sunset WH/Hinkebein, William
 3/2 My Nightmare/White, Vickie
 4/3 Country Diamond Rio/Blue, Erica

Open Lightweight

1/2 Cito Mocha Raton/Cleveland, Trish
 2/1 Desert Reinbeau/Meroshnekoff, Angie
 3/3 Shadow's Dancer C./Nore, Robin

Novice Heavyweight

1/1 Saturn/Jones, Jennifer

Novice Lightweight

1/1 Flyhawk Dreamer/Vernon, Katy
 2/2 Sundown Taz/Patillo, Joanna

Novice Junior

1/1 Superlady Teton/Patillo, Kaley

Competitive/ Pleasure

1/6 Wyntez Buddy/Roberts, Beverly
 2/5 D.M.'S Eye of The Tiger/Altwegg, Noreen
 3/ Fives Bert Harlan/Bouska, Alan

4/3 Spanish Rose/Esbensen, Dana
 5/4 Razonn Trail Dancer/Colby, Mary
 6/1 EZ Rocket WH/Stucky, Marla
 /2 GGG Tesoro de Piloto/Stanford, Mary
 Taking Over My Heart/Levinson, Rhonda

Dun Come Unzipped/Reynolds, Margaret
 Country's Magic Fox WH/Wolgram, Betty

Competitive/ Pleasure DO

PS Arikaree Bask/Glassman, Erin

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CHECK PLAN DESIRED Renewals receive a 4" NATRC Decal as an Appreciation Gift!

REGULAR MEMBERSHIP: All memberships include: electronic national newsletter-*Hoof Print*, your region's newsletter, E-News subscription, eligibility for annual national and regional high score awards and championships, horse and rider mileage awards, reduced ride entry fees, sponsor discounts, enhanced member services, and automatic membership in your region.

- ___ **FAMILY**..... \$90 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- ___ **SINGLE** \$60 /yr Single adult member (1 vote)
- ___ **ASSOCIATE**... \$50 /yr Equine-related groups or businesses only (no vote)
- ___ **JUNIOR**..... \$40 /yr Single Junior member under age 18 (no vote)

LIFETIME MEMBERSHIP: One time membership payment.

- ___ **FAMILY**..... \$10,000 Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- ___ **SINGLE** \$ 5,000 Single adult member (1 vote)

PLATINUM MEMBERSHIP: Platinum members receive insurance benefits through Association Resource Group-ARG. Platinum members receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC (Platinum) arising from the use and/or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability is not included. Business exposures are excluded.

- ___ **FAMILY**..... \$130 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- ___ **SINGLE** \$ 80 /yr Single adult member (1 vote)

ANNUAL LIFETIME MEMBER PLATINUM UPGRADE: _____ \$20 Single _____ \$40 Family

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A Rule Book is free with your membership. To save NATRC \$\$\$\$, the Rule Book can be downloaded from www.natrc.org or a hard copy can be requested by checking here _____.

PRINTED HOOF PRINT (Optional) *Hoof Print* will be delivered electronically. For a print copy, add \$15 & check box:

\$ TOTAL ENCLOSED _____ (Colorado residents please add 2.9% on Specialty Items)

Please list first and last names, especially those with different last names, of all competing family members.

Name(s) _____

Jr(s) Birthdates _____

Street _____ City _____

State, Zip _____ Phone (_____) _____

Email _____ (We need your email for delivery of *HOOF PRINT*. It will not go outside of NATRC. Thanks!)

New member? Will you share how you found out about NATRC? _____

Mail completed form and check to : NATRC, PO Box 224, Sedalia, CO 80135

11/3/2014

Join Us on Facebook!

Reminder

If an NATRC horse (that has competed) has been bought or sold, the mileage will not go with that horse unless the buyer or seller notifies the National Office that the horse has changed hands. We need the current and past owners' names, breed and registration number (if ap-

plicable) in order to move the mileage to the new owner.

If you change your name, please notify the National Office so we can put your mileage with your current name.

If you see that your name or your horse's name is incorrect in the

Hoof Print – please notify the National Office and ask for a correction.

The RMS is a privately owned and maintained system. If you corrected a name on the RMS System, it will NOT be corrected on the National database until you notify us of the change.

Carri-Lite Corrals[®]

Official Portable Corral of the NATRC and endorsed by current world leading barrel racer and 4x NFR qualifier Fallon Taylor!



This 8 panel portable stall makes an approximate 12 ft “stand alone” round pen or larger area of confinement if attached to a trailer with included trailer brackets. Carri-Lite Corrals have four rails for maximum containment, security and visibility. Horses cannot get their heads through the rails thus preventing accidents. These panels provide innovation and convenience in transporting and storage where storage is a premium. The panels’ unique telescopic design allows each panel to collapse down to 1/4th its size. This portable corral can fit in the trailer mid-tack area, trailer hay racks, trailer mangers, truck racks, truck beds, and even a back seat!

Made of high impact engineering grade HDPE resin. This resin is resilient and provides flexibility so panels will not dent, crack or chip (They are not pvc). Metal panels can dent and will not store compactly once dented. The panels connect with simple rods and any panel can become a gate; just unpin and swing open. With ultrasonic welded couplers and hydraulic pressed fittings, the panels are durable and will provide years of maintenance free service.

Carri-Lite Corrals come complete with a 30-day customer satisfaction and a 1-year manufacturer warranty. Panels ship regular UPS ground for delivery right to your door. (No over size charges.)

MADE IN THE USA

Standard Unit: (8) Panels, (8) Connecting Rods, (4) Trailer Brackets, (6) Velcro Straps

Panel Size Expanded: 5' 3" length x 51" height

Panel Collapsed Size: 28" x 39" x 2" * Panel Weight: approximately 15 lbs

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The Upper

Leather and soft-weave fabric is lightweight yet durable to protect the hoof from rocks, roots and other trail hazards. Breathable mesh wicks moisture, allows full range of motion and shields the pastern joint area. Reflective details increase visibility in low light. A seamless mold between the upper and the bumper eliminates the need for stitching.

The Bumper

The robust, lightweight polyurethane bumper offers extreme pliability and high resilience. Located at the core of the boot, this flexible connection to the upper accommodates many hoof shapes and angles.

The Outsole & Cavity Cushions

Fabric and synthetic materials resist wear and increase stability beneath the midsole. Depressions within the outsole structure are filled with the softer midsole material to create an integrated cushion. The result is a close-to-the-ground fit that encourages proper movement.



The Seamless Integration of Flexibility and Durability

Hook & Loop Straps

Industrial strength hook and loop straps at front and back secure the boot on the hoof. These reversible straps allow for precise fit adjustments.

The Midsole

The flexible bumper and hardy outsole are molded together to form a supportive midsole for the hoof to stand on. This combination of shock absorption and support has never before been seen in a hoof boot.

Trail-Proven Tread

Canter through the trees and cross mountain streams with confidence using the most accomplished hoof boot tread on Earth. This trail-proven tread pattern excels in multiple disciplines and has won some of the most extreme long-distance horse events in the world.

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