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Hoof Print Editor
Laurie Knuutila
907.378.9190
wildrosepht@yahoo.com

Please refer all address changes to the NATRC office at the address below:
natrc@natrc.org
or
NATRC
PO Box 224
Sedalia CO 80135

On The Cover:
Tammy Lineback
And
Susie’s Stardust,
winners of the 2012 NATRC
President’s Cup Award

Photo by Jim Edmondson—used with permission

All convention photos contained in this issue were taken by Gary Walls, and are used with permission.

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President’s Message

There are some themes I will reiterate over and over while I am President. And the first is that NATRC has great value for its members. This value manifests itself in so many ways—obvious ones like the educational and learning opportunities that abound, the friendships and relationships we form, and the partnerships with our equines that are enhanced and magnified. Some less obvious, but still vitally important value comes from such as the trail work and trail advocacy we do. Without trails to ride and compete on NATRC would not exist. Period. Although most of us are involved in some sort of “trails work” we go about it very quietly. We have an energetic and excited Trails Advocacy Chairperson in Erin Glassman and she will be guiding us forward to an increased effort in our trails work. The future of any particular trail is not your responsibility, or my responsibility, but is our responsibility. NATRC cannot abdicate this responsibility to any other entity, but must share the burden of ensuring we have a place to ride for the next 50 years and beyond.

NATRC educates and informs its members. And that education inspires us to constantly learn more, seek more, to become even better horsemen and horsewomen. I truly believe no one does it better when it comes to educating and informing and inspiring its members. But just because we do it best doesn’t mean we can’t do it better! Jamie Dietrich brought that to my attention while we were sitting in the Denver airport hoping to make it out between snows. We can’t rest on what we do but must constantly seek to enhance what we have to offer. So, ideas are debated back and forth and suggestions studied for viability and practical application. I have offered to the NBOD a question test for these ideas and suggestions and possible rule changes—1) does this change fundamentally alter the nature of our sport and our well thought our mission and philosophy? If yes, discard. If no, move to…2) … then why be reluctant to discuss? Why not give it a try? If this could help NATRC in some way without diminishing the integrity of our sport then how can we possibly lose? What is the possible harm? What is the negative? And, 3) are we maintaining our focus on the big picture of NATRC’s future? As your National Board of Directors deliberates and answers these questions you all should be answering them for yourselves as well, because we need your input and voice.

NATRC is a competitive trail riding organization—meaning we compete at our rides. But we are also in stiff competition for riders and participants with so many other equine organizations and activities. And, frankly, many of those require much less work and effort than NATRC. We are in competition for discretionary spending. Tough economic times dictate tough decisions with our money. We are in competition for a place to ride and compete (see first paragraph) so our efforts with trail advocacy are more important than ever. We all have to admit that NATRC takes hard work, dedication and an interest in learning. But our saving grace is that we draw folks with those very same attributes—a willingness to work hard and a desire to learn. And, along with our well thought out mission, vision, and philosophy, those attributes in our membership are one of the reasons NATRC has been here 52 years. You folks reading this are the very reason I have such optimism we’ll be here in 52 more years.

The last point I’ll reiterate is that all the good, and positive, and attractive things we had 50 years ago with NATRC are still here. And they will be here in 50 more years. We’ll have new faces in new places, but the value will still be here. The opportunity will still be here. The education and learning and inspiring will still be here. And, no one will do it better.

For the current ride schedule, log on to www.natrc.org
Thank You

to the

2013

Region 3

National

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Secretary – John Volkerding
Registration – John Volkerding
Banquet Co-Ordination – Susan Peters & Chuck Smith
Logo Design – John Volkerding
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For an application, please contact Laurie at our National Office. Managers must be NATRC members and the one-page grant application, with supporting documents, must be submitted at least 90 days prior to the event.

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Angie Meroshnekoff / awhitedog@aol.com
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Region 2
Lory Walls / lorywalls@cox.net
Beni DeMattei / beni2406@hotmail.com
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Region 3
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Elaine Swiss / swissranch@earthlink.net
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Region 6
Priscilla Lindsey / Pris.lindsey@gmail.com
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NATRC National Board Officers
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Kim Cowart
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Jerry Weil, DVM-Reg. 6

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Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering. There is an implied code of ethics to adhere to. This code of ethics dictates that we behave professionally, courteously and responsibly. This includes:

- Representing the sport in a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others
Our mother, Pat Jubb, was a rider, a judge, an instructor, and a friend to many people in NATRC. Mother enjoyed the horse world. Above all she liked the team work of a horse with a rider. She often told me that nothing compares to the equine Olympic sports in requiring team-work of two different creatures.

To compete and to judge requires double time. Conditioning a horse is a top priority to collect points. She would ride almost every day after work. Forty-five minutes to an hour would relieve tension from a day at the office at Memorial Hospital. Judging requires sacrifices which leads to its own rewards. Thirty years of judging plus organizing rides made for a full plate.

She tried as hard as possible to be fair judging numbers, not horses or riders or people by name. She judged from coast to coast and throughout Region 3. As some of her secretaries found out, Mom was surprised to see the scores at the end of the day. It proved to her that this sport educates us in the care and riding of horses. One card I received pointed out she learned the horse has to learn how to take care of the rider also! Horse and rider are a team.

There are many stories to share about this woman. I remember the one where she woke up to find “Candy’s Beau” gone — her buckskin had disappeared again! Or the one where she and Matt Baker raced each other into a P&R. Oh, shame on you…

For life, her code was to have fun riding, share good horsemanship skills, and enjoy people and the country we ride in. I don’t know where she is now, but I do know she’s on a horse somewhere.

Thank you all who work so hard to help all of us have the opportunity to “Come Ride With Us.” And thank you for all the cards and letters.

As of December 1999, 1,000 mile horses she rode include:

- 3590 C.R. Krystaletti (Samar) (Arab)
- 2160 Cliffwood’s Hakime (Arab)
- 1590 Candy’s Beau (Grade)

From her obituary:

Patricia Griffith Jubb
November 18, 1924 – February 8, 2013

Patricia Jubb, a Colorado Springs resident since 1955, passed away February 8th at the age of 88. Born in Baltimore, MD, the third daughter of John Edwin Griffith Jr. and Kathryn Harlan Griffith, she developed a love for horses, dogs and cats early in life.

At Bouve School of Physical Education and Health Studies for Women in Boston, Massachusetts, she excelled in sports. She worked for many years at Memorial Hospital in Colorado Springs as a medical transcriptionist.

Pat lived a very full life. She loved teaching her own and many other children to ride. When her kids left home, she was able to indulge herself in her own love of riding again as a competitor and judge for 30 years in the North American Trail Ride Conference. One of her primary goals was to see and forge the teamwork between horse and rider.

Pat considered the aspen tree groves of the Colorado Rocky Mountains as her “cathedrals,” and all of nature as “God’s sacred creation.”
Every time I take on a new challenge in NATRC, I am truly amazed at the dedication and hard work of our volunteers. Often the tasks are “in the background” and unseen – not recognized and just maybe taken a little bit for granted.

This past weekend, I had the honor of being the emcee for the National Awards Banquet on Saturday night. After the awards, a number of people thanked me for a ceremony that was smooth and efficient – I think we finished by 9:30 or so. I loved to hear the compliments because every time I heard one, I thought of the crew of people who really did the work to make the awards memorable and efficient while making sure award winners were not shortchanged on their well deserved “moment in the sun”.

Like me, many of you may not know what goes into making awards go off smoothly. First, there is Cheri Jeffcoat, who goes through piles of data to calculate standings. Gloria Becker works with Cheri to calculate and then audit the final points several times. Then weeks before the convention Laurie DiNatale and Gloria Becker order awards. This year Laurie was able to take her time to organize the awards before the convention, but normally they are all shipped to the hosting region, then organized in not-enough-time on Saturday afternoon. The new National Convention Awards Committee will help make this process easier.

Terry Silver does a remarkable job on the Breed awards, contacting each association and coordinating the acquisition of the breed awards.

Jamie Dieterich (who appears to have been doing this job a LONG time) starts filling in the program with award winners’ names/horse names. Patsy Conner arrives on site with the audio visual equipment and a set of slides.

The awards prep team (Lory Walls, Laurie DiNatale, Patsy Conner, and Beni DeMattei) really focused on shining the spotlight on the award winners while keeping the show running as efficiently (quickly) as possible. To do that, on Saturday morning they got a list of all the attendees for that night’s dinner and started going line by line highlighting the people in attendance. This might sound simple, but the pressure to make sure everyone is properly recognized is pretty intense. The plan was to put all award winners up on the screen in the slide show to give everyone recognition for their achievements, but as emcee I would announce only the people in attendance as indicated by the highlighting. Thirty pages of program – wow! That’s a lot of detail. At noon the entire team (now including Gary Clayton and Kim Cowart) assembled for a “read through” of the program. We went line by line, making sure I knew how to pronounce unusual names, and making sure the slide presentation was in lock step with the program. Laurie, with help from some Region 4 folks, arranged awards.

This year we were able to personally thank Bill Cikot. Bill has made our Mileage Awards for more than 30 years, and they are treasured by all that receive them.

My job was easy – just follow the program and Patsy would do her best to follow me.

As I neared the end of the program, I realized it was around 8:30. Mission accomplished. We had lots of time to really focus on our big award winners and their speeches – just how we planned it.

I may have had the privilege of being the “mouthpiece,” but the brains and brawn behind the job were the prep team. Thanks to all of them for their years of making the awards presentation so special.
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www.GoodSearch.com

and setting North American Trail Ride Conference-NATRC (Sedalia, CO) as your preferred charity.
Jean Green joined NATRC in 1976 and competed in the first sanctioned competition held in Texas that bi-centennial year. It was sponsored by the North Texas Trail Riders Association of which Jean is a charter member and past president. In the early years of NATRC’s eastern expansion before Region 4 was split to form Region 6, Jean began to manage rides and she fostered the spirit of NATRC competitions by visiting trail riding clubs and other organizations to share information about the sport of competitive trail.

During the 80’s, at the insistence of some NATRC founding members, she pursued a horsemanship judging card. This compliments her professional role as an educator who teaches riding lessons and operated her own therapeutic riding school for many years as an accredited NARHA instructor. Graduating cum laude with a degree in Animal Science, Jean concentrated on therapy riding classes and piloted a program in Head Start for “at risk” students in horsemanship skills along with a summer program for disabled grade school students. These attributes have enabled her to bring a wealth of skill and teaching methodology into NATRC competition with a commitment to education of riders.

Jean has served on the National Board of Directors and held volunteer positions of Nomination, Clinic, Rules Interpreter and currently Management Chairperson. She has spent countless hours developing ride management forms into downloadable documents for the National website. This has simplified the process for managers and eliminated costly mail outs. Jean has also worked closely with the National office to produce an updated and accurate Policies & Procedures Manual and is responsible for the current process by which rule proposals are handled. Other important contributions include lobbying to set minimum mileage standards for any one day of a multi-day competition.

Jean has completed many miles of trail, garnered horsemanship and horse awards including a National Championship on 18 year old “Blue” in 2011, and judged many competitions in the years since that first ride in Texas in 1976. But her tireless devotion to education and improvement for riders, horses and our organization as a whole is what deems her a worthy and deserving candidate for the Jim Menefee Honorary Lifetime Achievement Award.
Thank you for this honor. I remember those who got me into this: my sister Linda who discovered NATRC for me in 1975, and formed the North Texas Trail Riders Association to put on the first rides in Texas, Ann Burnsed who encouraged, (well, shanghaied me) into becoming a judge, Ted and Barbara Dean, Leonard Smith, and many others through the years, Diane Spencer (now Cole), who worked with me to spread the word about NATRC across Texas, and Sylvia Rogers who introduced me to my husband Charlie DeArmond at an NATRC ride. Charlie and I later married at the Robbers Route CTR.

Thanks also to those who continue to work: the NBOD, the Regional BODs, the ride managers, trail masters, secretaries, judges, P&R workers and all the volunteers that make rides happen. I hesitate to name names because there are too many and all are so valuable to NATRC.

What does NATRC mean to me? Well, in no other sport have I been so lost in so many different beautiful places. I don’t think I had any sense of direction when I first started riding. I got lost getting to the rides, on the rides, and getting home from rides.

I had spent most of my life learning about horses, but I learned more about them, the way they really are—their true nature, not just how to get them to “do stuff”—in NATRC than in any other place. When I entered my first ride in 1976, I was somewhat discouraged with the show ring. In the ring, horses were judged while performing artificially set up tasks. These were subject to fad, fancy and often ignorance.

To me, NATRC promotes the kind of horse that you would want to ride from one side of the country to the other, traveling a steady pace day after day; the kind of horse that will get you there safe and still be sound and healthy and ready to work when you get there; the kind of horse our ancestors rode to settle this country.

Note that I said we promote horses. Horsemanship judging is a bonus. It is a method of selecting and teaching the kind of rider that is most likely to get a good horse to the journey’s end safely, in good shape and ready to keep working.

No matter how well trained your horse is, if he cannot finish the journey because of poor condition or soundness, he is not the best long distance horse. The best horseman will select and prepare his horse for the task at hand, give it the best possible care on the trail, ride it carefully through rough terrain and train it to work as a partner to get through whatever trail obstacles they encounter.

Aside from selecting great horses and great riders, we have a kinship with one another that makes us a big family. Riding down the trail, or sitting around the campfire and sharing stories are some of my favorite parts of NATRC rides. There is always something new to learn. Just a few weeks ago, Region Four lost one of our family. Linda Reuland has been a part of Region 4 as long as I can remember. She is one of those people to whom we never say “thank you” enough. She handled the worker awards in Region 4 for years. She showed up to help mark trail, work P&Rs, or whatever was needed since the first rides in Texas started. She has been my friend for many years and I miss her.

NATRC has given me great adventures, horses and heroes that I would have never known.
Phil Young – Region 1

Phil has been so many things to Region 1 over the years that it’s difficult knowing where to begin. His involvement with NATRC began in 1983, initially as a support person for his wife, Betty, and son, David. He became a most enthusiastic P&R volunteer, and his love for the sport grew from there.

On the management side, Phil has served continually on the regional board for 18 years: Chairman five years, Treasurer eight years, Membership Chair six years, Points Chair four years; and recently as Alternate National Director. From a ride standpoint, Phil has been Ride Chairman, Rules Interpreter, perennial P&R Captain, Judge’s Secretary and driver. As someone once said, “To see Phil at a P&R is to feel secure, as things will be done in an orderly fashion, readings will be accurate and all will be well.”

Whatever job Phil is asked to do, he approaches it with complete dedication and preparation. He scrutinizes every proposed rule change—ever watchful for unforeseen consequences. Phil has always stuck to the original goals and philosophies of NATRC because those are what he felt made it a great sport.

And all this from someone who only rode one NATRC ride in his life!

Leona Harris – Region 4

Leona Harris has been instrumental to the success of NATRC in Region 4 for more than 15 years. Throughout this time, she has cheerfully supported ride management as a competitor and volunteer. Many are unaware of Leona’s significant contributions because she completes her tasks on time, below budget and behind the scenes with minimal input and no follow-up required.

As Awards chairman, Leona pursues donations from a variety of vendors and retail stores, discovering creative and unique prizes that competitors treasure for a lifetime. It seems a small thing, but her attention to quality awards truly improves the success of rides, making the experience particularly memorable for first-time competitors, as Leona is certain to have something special for them. Additionally Leona solicits businesses to donate food to Region 4 rides, most recently getting a bakery to donate to the Indian Territory CTR. Her effort enabled ride management to affordably feed everyone for the entire weekend.

When not competing, Leona also cheerfully volunteers as Ride Secretary, trail marker, Safety Chair and rider, judge driver, P & R worker and Judge’s Secretary. Leona is truly a wonderful asset to NATRC.

Linda Clayton – Region 5

Who knew when Linda Clayton joined NATRC Region 5 back in 2000 what a difference she would make to our organization. Although an active and very good rider herself, Linda decided to support our sport in other ways.

Linda has worked tirelessly for the past 12 years holding many different positions within our Region. They include Region 5 Board of Director for eight years, two of those as president. She is presently serving as Ride Management Support and RMS Chairperson, along with chairperson of the national Clinic Sanction Committee.

Perhaps one of Linda’s most endearing traits is that “she is always there”. You have a question, she is there. You are a new rider and need some direction, she is there. You are a seasoned rider and have a problem she is there. You are a Ride Manager and things have just gone terribly wrong, she is there. Somehow she just knows how to make things right. But maybe most importantly, she treats EVERYONE with dignity and respect. This is why Region 5 is truly blessed to have Linda Clayton as one of us and we are genuinely delighted to nominate her for this National Appreciation Award.
**Novice Heavyweight - Sponsor: Region 1**
1. Kodie / gr / Joe Pimentel........................................................................................ 40
2. Tuscany Berlitz / har / Barbara Berlitz.................................................................. 38
3. MK Van Gough / ar / Ron York................................................................................. 27
4. Gracie / gr / Davern Kroncke.................................................................................... 25

**Novice Lightweight - Sponsor: Region 1**
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**Open Junior**
No Region 1 Open Junior Qualified

---

**Leroy Burnham, DVM**
Submitted by Betty Young and Jean Armer

As a senior veterinary student, Leroy was on a team with classmate Bill Throgmorton. They were studying pulse and respiration values on horses competing on the Mt. Diablo Ride in 1962. Soon he was told, “Here’s how you judge a ride – now go do it.” He has been judging NATRC and endurance rides all over the country ever since.

His true dedication to our sport was obvious recently when he was called from a ride site at 5 pm Friday asking if he’d please consider judging a B ride the next day. He thought about it for a few minutes, then called back to say he would drive up (2 hours) with his wife that night and check in horses the next morning.

Besides being a mixed animal practitioner, Leroy served as a colonel in the California National Guard. He is a fiercely proud family man, a true patriot of his country, wonderfully knowledgeable on many different subjects, incredibly well read, and he makes a great martini!

Opinionated? Yes. Intimidating? Sometimes. Probably every rider who has competed under Leroy recognizes his dulcet tones ringing out giving instructions or telling them to hurry up. We truly appreciate this man who continues to judge with energy, enthusiasm and efficiency.
Most people in NATRC do not know this man. But if you have received a mile-age award anytime in the past 30 years, you have him to thank. His name is Bill Cikot, and he owns Engraving, Inc., in Colorado. This year we were able to personally thank him, since he was in attendance at the Awards Banquet in Denver. Bill has made our Mileage Awards for more than 30 years, and they are treasured by all that receive them. Thank you, Bill, for all your years of excellent service to our organization!
Dana has been a part of Region 2 since 2004 and has always brought along a cheerful attitude with her to rides. Besides competing on Gitano and Ming SSA, Dana has volunteered in many positions: P&R, Judge’s Secretary, Rules Interpreter, Timer, Safety Rider, Emergency Trailer Driver and the untitled “ride set up and clean-up crew.” She once brought her up and coming NATRC horse, Sillee Girl, with her while she worked as a Rules Interpreter and Sillee Girl ended up being the calming influence to a fellow equine in a trailer ride back to camp. Her favorite memory as safety rider is when it took her and Gitano three hours to find missing riders and bring them back to camp. A recent volunteer position she held was Newsletter Editor. Dana did a fabulous job handling the Region 2 newsletter. She also designed the theme artwork for the 2011 National Convention with the Theme “It Takes Two.” It takes many of us to keep this organization going and we appreciate Dana for giving her time and herself to NATRC Region 2. We couldn’t do it without you!

Mary Jo and her “Energizer bunny”, Laddie, have been riding in Region 2 since the First of Spring CTR in April, 2002. Mary Jo is one who has been quietly participating for a number of years. In 2007, she volunteered to run for the regional Board of Directors. She has been the regional secretary, dutifully taking notes.

This past year she has really taken the big plunge. 2012 was the year of Mary Jo’s “coming out”. Region 2 had the responsibility of the National Convention in Reno. Mary Jo stepped in to help, but also took responsibility for the regional awards at a local winery. That must have given her all kinds of super power. She then put on a clinic for new riders. That went so well, Mary Jo really stepped up to the plate. At the end of September, she put on her first NATRC ride with her friend, Sharon Bosse. It was a great success, with more first time riders than any previous ride plus four new/renewed memberships.

Mary Jo has been a wonderful addition to our working staff. Region 2 greatly appreciates and honors her.
## Region 3 Awards

### Novice Heavyweight - Sponsor: Region 3
1. Motown's Black Cash / tw / Deborah Steddom..............114
2. Bookcliff Mountain Fire / tw / Kenneth Bingham...........100
3. Smokin Cezanne / har / Diane Chaffee..........................90
4. Thunder / gr / Donna Lewis.........................................80
5. Lite Foot Slow Poke / har / Leona Arnett......................62

### Novice Lightweight - Sponsor: Region 3
1. Buffnugget G / mft / Susan Halterman..........................135
2. SAS's Aussie / tw / Sharyl Walls..................................82
3. Ranger / gr / Lorrie Todd............................................80
4. Indy / gr / Donna Dandy...............................................48
5. Splash Proof Zipper / qtr / Teresa Milewski...................38

### Novice Junior - Sponsor: Region 3
1. Ruby Red Slippers / paint / Liza Jane Hein.....................63
2. Ranger / gr / Alyssa Fusco...........................................34

### Competitive Pleasure - Sponsor: Region 3
1. Summer / gr / Betty Wolgram........................................146
2. Blitzy Doll's Spotted Man / tw / Linell Miller-Inman........109
3. Dee Bar / mule / Edward Westmoreland..........................72
4. Sabrina / gr / Bobbi Hansford.......................................56
5. Santa Fe's Redwhitenblue / mft / Dawn Reeder..............50
6. Harlem's Spirit of Denmark / asb / Jill Tarvin...............48
7. Travelin' Ziggy / mft / Lou Ann Colby............................48

### Open Heavyweight - Sponsor: Region 3
1. Awesomes Fire N Ice / har / Ken Wolgram......................186
2. Touch's Yeller Gold / mft / Gary Inman.........................152
3. Bailey's Angel Baby / mft / Cheri Westmoreland..............100
4. Talk Til Midnight / tw / Kay Gunckel............................88
5. Golden Ambition / kym / Kerry Bingham.........................66
6. Peanut / gr / Matt Baker.............................................53

### Open Lightweight - Sponsor: Region 3
1. Hot Saki / har / Terri Smith........................................162
2. Phantom's Masquerade / gr / Roxann Lane.....................65
3. Sixes Peppy Lady / paint / Juleen Feazell......................49

### Open Junior - Sponsor: Region 3
1. Red / gr / Alexis Combs...............................................85
2. Hank / quarab / Morgan Winter.................................41

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**All photos this page by Gary Walls**
The Women’s Surface Creek Saddle Club began sponsoring Island in the Sky CTR in 2000. The beautiful mountain trails in the Grand Mesa National Forest and the delicious food served at Island in the Sky has kept competitors coming back year after year.

The Club was formed in the 1950’s with an emphasis on safe trail riding. The club is comprised of 70 fun loving, horse crazy women from the Cedaredge, Colorado area. In addition to Island in the Sky, the club conducts NATRC clinics every spring as well as Trail Trials competitions in the fall.

Special recognition to:
- Judy Mason, Ride Manager / Organizer: Judy’s enthusiasm for NATRC has been contagious; she has mentored several top competitors.
- Carolyn Andersen, Trail Master Supreme: Her knowledge of trails in Delta County is legendary. Carolyn strives to make sure her trails are always through the most beautiful scenery available.
- Melanie Son, P&R Chair: Melanie taught many volunteers to perform accurate P&Rs. Mel is dedicated to the protection of our equines.
- Loretta Molitor, Betty Garrett, Juleen Feazell, and many other club members plus supportive husbands and families have been involved with the success of NATRC activities and all are greatly appreciated.

Judy Mason and Juleen Feazell, Women’s Surface Creek Saddle Club

Alyce Wich

The NATRC rule book does not always specify how many volunteers a ride manager must find for each position. One position IS important enough that the rule book DOES specify that two people need to be recruited for this position; a timer and a timer’s assistant.

In Region 3 we are lucky enough to have a person that often volunteers for the timer position at many rides during the season. Alyce Wich has been heading up the timing team for many of our rides over the past decade. Ride managers know that the timing is going to be done correctly and that another timing assistant is going to be trained if Alyce is on the scene.

At one ride this year, Alyce had other commitments on Friday afternoon, but that didn’t stop her from coming. Alyce drove her RV halfway to the ride and camped in a Wal-Mart parking lot Friday night so she could arrive at camp by 7:00 AM. We appreciate her dedication to NATRC.

Alyce Wich

Photo by Gary Walls

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## Novice Heavyweight
1. Frosty's Blue Sabbath / tw / Jill Hughes .......................................................... 161
2. Shes Mighty Impressive / ap / Richard Widon ................................................. 150
3. Fortuna Painted Moon / har / Cheryl Edmondson ........................................ 134
4. Medicine Wolf / aih / Susan Dreyfus ................................................................. 94
5. EE Royal Choice / qtr / Glen Tomlinson .........................................................  80
6. Buck / gr / Marjorie Shenkir ..............................................................................  58

## Novice Lightweight
1. Hes A Rockstar / must / Barbie Van Order .....................................................  288
2. Jury / ar / Tracy Black ..................................................................................... 152
3. Ringo-Backstreet Boy / tw / Linda Roberts ..................................................... 116
4. CWH The Sea King / other / Tomlyn Grey .................................................... 110
5. Prides Royal General / tw / Brenda Martin ....................................................  56
6. Mayberry Legacy / har / Nikki Tomlinson ......................................................  28

## Novice Junior
1. Napoleon Solo / sp must / Callie Widon .......................................................... 164
2. Moon's Movin' Out / mft / Linda Hagler ......................................................... 108
3. Red Chili Peppy / qtr / Linda Hagler .................................................................  79
4. Dreamboat Annie / gr / Morgan Patton ...........................................................  70
5. Rebles Klasiqueluvbug / har / Hannah Monson .............................................  62

## Competitive Pleasure
1. Heza Trouble Makin Buddy / gr / Kris Hapgood .............................................. 179
2. Spooky Doo / har / Carla Jo Bass ...................................................................... 160
3. Ginger / gr / Anna Clawson ............................................................................. 124
4. Cimmetry / ar / Mary Collins .........................................................................  104
5. WH Picos Cozmic / ar / Shirley Brodersen ................................................... 100
6. Rebles Klasiqueluvbug / har / Lisa Gallery ....................................................  75

## Open Heavyweight
1. Justice Is Sweet / har / Kalinda Murphy ......................................................... 202
2. First Rayt Investment / har / Larry Gould ....................................................... 194
3. Marquisesmischief / ar / Jonni Jewell .............................................................. 171
4. Tribute To Liberty / gr / Alice Yovich ............................................................... 138
5. Moon's Movin' Out / mft / Alanna Sommer ...................................................  62
6. Docs Waywerd Beaver / paint / Kimberly Reinhard .........................................  60

## Open Lightweight
1. RPH Go Special Star / paint / Patti Hicks ....................................................... 302
2. Rowdy Rooster / gr / Kimberly Winterrowd .................................................. 219
3. Taqua Chance / gr / Dolly Miller .................................................................... 190
4. Seranata / ar / Cynthia Mettes .......................................................................  88
5. Punky / gr / Deanne Prusak ............................................................................  75
6. NKR April's Jewel / morg / Betsy Zimmerman ...............................................  24

## Open Junior
1. Gorgeous Dixie / gr / Maggie Steinke ............................................................. 132
2. Amarillo Sky / sp must / Ashley Frazier ..........................................................  38
Rusty Harris

It has been said that “The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others.” No quote could better describe our nominee for the NATRC Region 4 Appreciation Award.

Rusty Harris became involved in Region 4 in 2003, approximately 5 years after his wife Leona started competing in NATRC. Rusty has been invaluable to Region 4 serving in many different capacities. He’s been a trustworthy and competent member of the P&R crew, ambulance driver, all-around camp mechanic, and even marks and works trails on his ATV.

Rusty has a soft smile and a gentle spirit, while always demonstrating dedication and willingness to help others. He has been married to his wife Leona for 40 years and has 2 children and 3 grandchildren.

Rusty’s big heart and strong commitment to NATRC make him a deserving recipient of this award, and it is with great pleasure that we nominate him for this honor.

Ronald Hicks

While his job carries him out of state much of the time, as often as has been possible, and as a dedicated volunteer, Ronald Hicks has attended NATRC rides since 2003. Best known as the colorful safety rider in his bright yellow shirt and vest on the equally colorful black & white horse, he often leaves his mount tied to a tree while he helps take P & R’s when workers are scarce.

Trained in emergency response, Ronald has assisted injured riders and then ponied their horses to camp. During wetter seasons he has manned the local tractor or used his own four wheel drive truck to pull rigs to dry ground. Always handy to assist in parking and backing rigs into tight places, many riders have counted on his mechanic’s skills to fix their truck or trailer and get them on the road.

Ronald has helped with timing rides and marked many miles of trail. He has an uncanny knowledge of map reading which is invaluable as a point rider. Saturday nights at ride camp usually find him grilling steaks and entertaining friends. For all these reasons Region 4 wishes to show their appreciation to Ronald Hicks for his dedication and support.

Shane Murphy

Ride Managers know the value of experienced volunteers, as there are a thousand different tasks that must be accomplished during a ride. Shane Murphy will do whatever is needed to help management and riders; he won’t say NO!

Shane has been a talented Parking Valet, helping the riders get into their camping spot with ease. He works on the P&R crew and has even managed to be a one man crew for the Open Riders when no one else could get to the location. Not only has he given emergency roadside assistance, but has also been the mechanic to help get folks on the road.

Serving as the official ride farrier, Shane has on several occasions been the difference between a rider having to pull, or being able to finish on a sound and happy horse. He drives the ambulance trailer, making sure it is there when needed. Shane will happily make trips to town for anything that management might need, and has even been seen flipping burgers for a recent CTR.

Region 4 would like to show our appreciation to Shane Murphy, a volunteer who helps to make the rides in Region 4 a success!
Region 5 Awards & Appreciation

Novice Heavyweight - Sponsor: Region 5
1. Dusty Dawn Little Lady / tw / Ray Lewis............................................................... 124
2. SCF Cindy Lou Who / tw / Keri Riddick................................................................. 110
3. Braska / gr / Amy Belew......................................................................................... 102
4. Living Proof CH / har / Vickie Moore..................................................................  80
5. Dements Allen's Ace / tw / Susan Cozzolino..........................................................  54
6. PH Twin Blue / qtr / Amy Long...............................................................................  38

Novice Lightweight - Sponsor: Region 5
1. Infamous to the Day / other / Morgan Price-O'Brien.............................................  46
2. Sunny Georgia / tw / Patty Lucas............................................................................ 105
3. Allen's Secret / gr / Leigh Riley.............................................................................. 148
4. Beau / gr / Sherry Garnes.......................................................................................  91
5. Oak Knoll Holly / ar / Julie Nathan.........................................................................  86
6. Arrow's Saltwater Taffy / gr / Lisa Scott.................................................................  54

Novice Junior - Sponsor: Region 5
1. SCF Cindy Lou Who / har / Keri Riddick................................................................. 110
2. Sunny Georgia / tw / Patty Lucas............................................................................ 105
3. Delight's Amber Beauty / tw / Cindy Keen............................................................. 110

Competitive Pleasure - Sponsor: Region 5
1. King's Lasting Legacy / qtr / Patricia Petelle.......................................................... 160
2. Mandella Bey / ar / Carolyn Chapman................................................................. 132
3. Delight's Amber Beauty / tw / Cindy Keen............................................................. 110
4. Oak Knoll Holly / ar / Julie Nathan.....................................................................  86
5. Heart's Desire / ssh / Sandy West-Pegram............................................................  58
6. Arrow's Saltwater Taffy / gr / Lisa Scott.................................................................  42

Open Heavyweight - Sponsor: Region 5
1. Prime Sensation WH / mft / Martha Findley......................................................... 160
2. Living Proof CH / har / William Moore.................................................................  86
3. Victory CH / har / William Moore.........................................................................  86

Open Lightweight - Sponsor: Region 5
1. Swiss Mocha / gr / Paula Riley.............................................................................. 205
2. Tommy's Impress Ace / ap / Regina Broughton..................................................... 188

Open Junior - Sponsor: Region 5
1. Calamity Jane's 44 Magnum / mft / Marcy Lineback.............................................  60
2. Flash of Lightening / ssh / Jameson Moulis.........................................................  48

Cindy Keen

Cindy Keen runs the Region 5 store and has put a lot of thought and effort into increasing the quality and selection of products. If there is a request for a new item at one ride, it's guaranteed to be for sale at the next ride.

Cindy organizes the silent auction fundraiser at the Heart of Dixie competition. She actually raids Tractor Supply's 'after Christmas sale' and keeps those items for 9 months to ensure there are lots of desirable donated items for the auction.

As ride manager for the Region 5 Benefit Ride, Cindy's number one goal is to make sure her competitors have FUN.

Cindy changed the location to Mingo Trails and the date to May making the Region 5 Benefit ride a huge success.

Cindy loves this sport and understands the need to encourage new membership. NATRC will not grow or even continue to exist without new members! She is the back-bone of the Region 5 mentoring program. Cindy actually placed 1st in the nation in CP in 2011 while serving as a mentor for every ride that year.

Cindy Keen is truly the epitome of a positive, contributing NATRC member.

Kendall and Debra Porter

Since the early '90's, the husband and wife team of Kendall and Debra Porter have competed, managed or volunteered with NATRC competitions. They also introduced their young daughter Carrie to the sport. Carrie competed successfully for years, beginning as a junior rider, and is now a Veterinary Judge with NATRC. Kendall and Debra have both won National Championships.

They have served as Board Members at both the regional and national level. Debra served as Region 5 President. Kendall and Debra managed the challenging South Mountain CTR for several years, and the Region 5 Benefit Ride, and are co-managing the Kings Mountain CTR.

Many miles they have ridden as trail masters and trail designers, and many more miles as very familiar and trusted safety riders at the Biltmore, Ride the Edge, and many other NATRC rides, riding ChicAPea and Sundance.

Many delicious meals have been served by the Porters to both competitors and management, and enjoyed by all.

Kendall and Debra continue to be generous in giving of their time and talent to NATRC.

With sincere gratitude for your contributions and dedication to our sport, Kendall and Debra, we sincerely thank you.

Sandy West Pegram

It is hard to put into words what Sandy has done for Region 5. She has been an active member since 1999. Her enthusiasm is contagious whether she is organizing, mentoring, or volunteering.

All of us enjoy the benefits of the rides, but Sandy is the first one to raise her hand to volunteer when asked to do some work or service. She has such a giving spirit!

As a good friend, trailer and trail pal, she is a joy to be around. She is always asking me what I learned that day. A true sign of a good leader!

Whether you are new to NATRC or a stranger, Sandy always offers a welcoming hand. Thank you, Sandy, for your love and dedication to NATRC Region 5!

Submitted by Patty Lucas
Novice Heavyweight - Sponsor: Region 6
1. DM'S Eye of the Tiger / mft / Noreen Altwegg............................................................182
2. Ramblers Navjo Music J/S / mft / Alan Bouska..........................................................104

Novice Lightweight - Sponsor: Region 6
1. Shadow's Dancer C / mft / Robin Nore......................................................................  54
2. Dun Come Unzipped / qtr / Margaret Reynolds.........................................................  44

Novice Junior
No Region 6 Novice Junior Qualified

Competitive Pleasure - Sponsor: Trish Cleveland
1. Sir Timothy Gold APJ / mft / Tamara Andre...............................................................146
2. Mika / mft / Shari Parys..............................................................................................  69
3. Skyline Red Bambi / qtr / Beth Aswegan...................................................................  62
4. PS Arikaree Bask / har / Erin Glassman....................................................................  21

Open Heavyweight - Sponsor: Region 6
1. Shady Sunset WH / mft / William Hinkebein..............................................................185
2. L.L. Remington / har / Marilyn Marston......................................................................106
3. Frontgate Phoenix / morg / Sarah Rinne....................................................................102
4. My Nightmare / ar / Vickie White...............................................................................  80
5. RW Braveheart / ar / Mary Ginn.................................................................................  36

Open Lightweight - Sponsor: Trish Cleveland
1. Cito Mocha Raton / sp must / Trish Cleveland...........................................................170
2. Princess Dina / mft / Debbie Payne..............................................................................  80
3. Winchester Charm / har / Mary Anna Wood..............................................................  78

Open Junior
No Region 6 Open Junior Qualified

Steve Lindsey
Region 6 recognizes Steve Lindsey as one of the “pillars” of competitive trail riding in Region 6. Starting in 1982 as a Novice competitor, he quickly moved into Open division and then into management and all the various volunteer positions necessary to carry on the sport.

This quote from his good friend, Erin Glassman, sums up his value to our region: “As long as I have been in the sport, I have known Steve Lindsey to be the epitome of helpfulness to the region. From managing a ride to doing pulse and respirations, cooking breakfasts for ride workers at multiple rides and being the go-fer, riding safety and whatever other tasks need to be done, Steve has been there for us as a region.

“In addition to helping the rides go, Steve has been helpful to riders with sound horsemanship advice. My first memory of this was at Big Hill Lake CTR during my first year of competition in 2006. He advised us all on how to lightly cue a horse to back without getting in their mouths; that piece of advice, as well as many others, have stuck with me throughout. I know of many other people who have gleaned new and helpful knowledge from Steve, and I believe he is a true asset to the region and to NATRC.”

Tamara Andre and Erin Glassman, Competitive Pleasure

Bill Hinkebein and Sarah Rinne, Open Heavyweight

Noreen Altwegg, Novice Heavyweight

Steve Lindsey

All photos this page by Gary Walls
2012 National Champions

All ribbons Sponsored by: Nancy and Bill Sluys

Region 1
None

Region 2
None

Region 3

Awesomes Fire N Ice..................Half Arab.............Ken Wolgram
Hot Saki..................................Half Arab.............Terri Smith
Touch’s Yeller Gold...................MFT.................Gary Inman

All photos this page by Gary Walls

Region 4

Sponsors: Kim Winterrowd, Jonni Jewell and Patti Hicks

RPH Go Special Star..................Paint.................Patti Hicks
Rowdy Rooster.........................Grade.................Kim Winterrowd
First Rayt Investment................Half Arab.............Larry Gould
Marquisesmischief....................Arabian..............Jonni Jewell
Gorgeous Dixie..........................Grade..............Maggie Steinke

Region 5

Sponsor: Region 5

Susie’s Stardust.....................MFT..............Tammy Lineback
Prime Sensation WH..............MFT.............Martha Findley
Swiss Mocha..................Grade...........Paula Riley and
Jameson Moulis
Tommys Impressev Ace..........Appaloosa.........Regina Broughton
Calamity Jane’s 44 Magnum...MFT.............Marcy Lineback

Region 6

Sponsor: Region 6

Cito Mocha Raton...............Sp. Mus........Trish Cleveland
Shady Sunset WH...............MFT............William Hinkebein

All photos this page by Gary Walls
High Point American Indian
Sponsored by American Indian Horse Registry, Horse Of the Americas, Spanish Mustang Registry
Napoleon’s Solo
Callie Widon / Region 4

High Point Appaloosa
Sponsored by Appaloosa Horse Club
Tommy’s Impressive Ace
Regina Broughton / Region 5

High Point Arabian
Sponsored by Arabian Horse Association
Shah Riyaa
Tracy Black / Region 4

High Point Half-Arabian
Sponsored by Arabian Horse Association
Awesomes Fire N Ice
Ken Wolgram / Region 3

High Point Morgan
Sponsored by American Morgan Horse Association
NKR April’s Jewel
Betsy Zimmerman / Region 4

High Point Mule
Sponsored by American Donkey And Mule Society
Dee Bar / Ed and Cheri Westmoreland / Region 3

High Point Missouri Fox Trotters
All Sponsored by Missouri Fox Trotting Horse Association
H.P. MFT - Overall
Susie’s Stardust / Tammy Lineback / Region 5
H.P. MFT – Region 1
No members
H.P. MFT – Region 2
Smokey Sedona / Karen Kafka
H.P. MFT – Region 3
Touch’s Yeller Gold / Gary Inman
H.P. MFT – Region 4
Moon’s Movin’ Out / Alanna Sommer
H.P. MFT – Region 5
Prime Sensation WH / Martha Findley
H.P. MFT – Region 6
DM’s Eye of the Tiger / Noreen Altwegg

High Point Paint
Sponsored by American Paint Horse Association
RPH Go Special Star
Patti Hicks / Region 4

High Point Paso Fino
Sponsored by Paso Fino Horse Association
El Supremo Tributo
Teresa Musgrave / Region 4

High Point Quarter Horse
Sponsored by American Quarter Horse Association
Kings Lasting Legacy
Patricia Petelle / Region 5

High Point Spotted Saddle Horse
Sponsored by Spotted Saddle Horse Breeder’s & Exhibitor’s Association
Flash of Lightening
Jameson Moulis / Region 5

High Point Tennessee Walking Horse
Sponsored by Tennessee Walking Horse Breeder’s & Exhibitor’s Assoc.
Goodnight’s Masterpiece
Gary Clayton / Region 5

High Point Welsh
Sponsored by Welsh Pony and Cobb Society of America
Infamous To The Day
Morgan Price-O’Brien / Region 5

High Point Grade
Sponsored by Cheri Jeffcoat
Swiss Mocha / Paula Riley / Region 5

High Point Foxtrotter Awards
Noreen Altwegg, R6; Gary Inman, R3; Tammy Lineback, R5

High Point Paint Horse Award
Patti Hicks, R4

All photos this page by Gary Walls
High Mileage Rider Chevron & Medallion Awards

4000 Miles – Bronze Medallion
4060...... Marlene Buttrey............TN......................Region 5
Sponsor: Erin & Scott Glassman
4360...... Jonni Jewell............TX......................Region 4
4570...... Patti Hicks............TX......................Region 4

5000 Miles
5000...... Carol Wetherington........TX......................Region 4

6000 Miles
6280...... Carla Jo Bass............TX......................Region 4

7000 Miles – Silver Medallion
7470...... Ken Wolgram............CO......................Region 3
Sponsor: Erin & Scott Glassman

8000 Miles
8100...... Matt Baker............CO......................Region 3

11,000 Miles
11620... Paula Riley............GA......................Region 5

High Mileage Horse Awards

1000 Mile Horse Awards
Delight's Amber Beauty........................................tw.....................Cindy Keen..........................................................Region 5
Sun Rock Glory Blaze...........................................qtr..............Alan Bouska..........................................................Region 6
Sponsor: Region 6
Golden Ambition...............................................kym..............Kerry Bingham..................................................Region 3
Hot Saki...................................................................har.............Terri Smith..........................................................Region 3
Golden Mr. Jet Charge.........................................qtr..............Marla Stucky..................................................Region 6
Sponsor: Region 6
Kiva.....................................................................smr..............Teresa Gallieher..................................................Region 4
Frontgate Phoenix.............................................morg...........Sarah Rinne..........................................................Region 6
Sponsor: Region 6
L. L. Remington...............................................har..............Marilyn Marston..................................................Region 6
Sponsor: Region 6
Cimmetry.........................................................ar..............Mary Collins..........................................................Region 4
Moons' Movin’ Out...........................................mft............Alanna Sommer & Brenda Hagler.............................................Region 4
Calamity Jane’s 44 Magnum..................................mft............Marcy Lineback..................................................Region 5
Heza Trouble Makin’ Buddy.....................................gr..............Kris Haggard..........................................................Region 4
First Ray Investment...........................................gr..............Larry Gould..........................................................Region 4
Tribute To Liberty.............................................gr..............Alice Yovich..........................................................Region 4
Gorgeous Dixie.....................................................gr..............Maggie Steinke..................................................Region 4
RPH Go Special Star...........................................paint...........Patti Hicks..........................................................Region 4

2000 Mile Horse Award
2110...... Oak Knoll Holly........................................ar.............Julie Nathan..........................................................Region 5
2520...... Taqua Chance...........................................har.............Dolly Miller..........................................................Region 4
2760...... Susie’s Stardust........................................mft.............Tammy Lineback..................................................Region 5

3000 Mile Horse Award
3050...... MKS Shamal Nejma.................................ar.............Kathy Shanor..........................................................Region 4
3080...... Cito Mocha Raton........................................smr.............Trish Cleveland..................................................Region 6
Sponsor: Region 6

5000 Mile Horse Award
5010...... Desert Reinbeau........................................must...........Angie Meroshnekoff..................................................Region 1
5340...... Touch’s Yeller Gold..........................................mft.............Gary Inman..........................................................Region 3

6000 Mile Horse Award
6040...... Summer....................................................gr..............Betty Wolgram..................................................Region 3

9000 Mile Horse Award
9140...... Swiss Mocha............................................gr..............Paula Riley & Jameson Moulis.............................................Region 5
5000 Mile Horse Award: 
Gary Inman, R3; and Angie Meroshnekoff, R1

7000 Mile Rider Silver Medallion: 
Ken Wolgram, R3

1000 Mile Horse Awards: 
Maggie Steinke, R4; Marcy Lineback, R5; Patti Hicks, R4; 
Kris Hapgood, R4; Sarah Rinne, R6; Terri Smith, R3

All photos this page by Gary Walls
Horsemanship

**Sponsor of 1st Place Rump Rug: Easycare, Inc**
**Sponsor of Rump rug embroidery: Erin & Scott Glassman**
**Sponsor of 3rd Place Ribbon: Region 6**

1. Lisa Gallery (OK-4) .................. 98.983%
2. Kris Hapgood (OK-4) .............. 98.732%
3. Tamara Andre (KS-6) .............. 98.545%
4. Betty Wolgram (CO-3) .............. 98.260%
5. Cindy Keen (GA-5) ................. 98.123%
6. Carolyn Chapman (AL-5) .......... 98.097%

Horse

**Sponsor of 1st Place - Rump Rug: Easycare, Inc**
**Sponsor of Rump rug embroidery and 1st Place Ribbon: Linell and Gary Inman**
**Sponsor of 6th Place Ribbon: Region 6**

1. Heza Trouble Makin Buddy / gr / Kris Hapgood (OK-4) .................. 98.785%
2. Babydoll's Spotted Man / tx / Linell Miller-Inman (CO-3) .......... 98.315%
3. Summer / gr / Betty Wolgram (CO-3) .................. 96.913%
4. Kings Lasting Legacy / dtr / Patricia Patelle (GA-5) ............. 98.762%
5. Ginger / gr / Anna Clawson (OK-4) .................. 96.277%
6. Sir Timothy Gold APJ / mft / Tamara Andre (KS-6) .......... 96.058%

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High Point 4-H Horse &
High Point 4-H Horsemanship

**Sponsor: Shari Parys**

Open:
Red &
Alexis
Combs
Region 3

---

Bev Roberts National Horsemanship Champions

This new award was approved in 2012. It was created to honor riders who have won five National Championships with five different horses. The four winners listed below are all retroactive, having qualified for the award in the year listed.

Nancy Diamond... (MO-6) ........ 1992
Bev Roberts .......(AR-4) ....... 2007
Bill Hinkebein .......(MO-6) ........ 2008
Terri Smith ...........(NM-3) ........ 2011

---

All photos this page by Gary Walls
Overall Open Heavyweight Horse

Sponsor: 1st Place - Rump Rug by Easycare, Inc.
Sponsor: Trophy: Jenny Smith, Chuck Smith, John Volkerding
Sponsor: Rump Rug Embroidery and Ribbons 2nd - 6th - Erin and Scott Glassman
Sponsor: 1st Place Ribbon – Martha Findley

1. Susie's Stardust / mft.............................................. Tammy Lineback (GA-5)............................196
2. Awesomes Fire N Ice / har.................................. Ken Wolgram (CO-3)..................................121
3. Shady Sunset WH / mft....................................... William Hinkebein (MO-6)..........................103
4. First Rayt Investment / har................................... Larry Gould (TX-4).................................100
5. Justice is Sweet / har.......................................... Kalinda Murphy (AR-4)...............................92
5. Touch's Yeller Gold / mft.................................. Gary Inman (CO-3).................................92
6. Marquisesmischief / ar....................................... Jonni Jewell (TX-4).................................87

Photo by Jim Edmondson
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Overall Open Heavyweight Horsemanship

Sponsor: 1st Place - Rump Rug by Easycare, Inc.
Sponsor: Rump Rug Embroidery and Ribbons 2nd - 6th - Erin and Scott Glassman
Sponsor: 1st Place Ribbon – Patti Hicks

1. Tammy Lineback (GA-5).................................190
2. Ken Wolgram (CO-3).................................111
3. Kalinda Murphy (AR-4).................................110
4. William Hinkebein (MO-6).................................100
5. Larry Gould (TX-4).................................97
6. Jonni Jewell (TX-4).................................84

Photo by Gary Walls

Tammy Lineback, R5;
Ken Wolgram, R3;
Bill Hinkebein, R6;
Jonni Jewell, R4
Sponsor: 1st Place - Rump Rug by Easycare, Inc.
Sponsor: Rump Rug Embroidery - Jean Green & Charlie DeArmond
Sponsor: 2nd Place Ribbon – Martha Findley
Sponsor: 1st, 3rd – 6th Place Ribbons – Jean Green & Charlie DeArmond

1. RPH Go Special Star / paint.......................... Patti Hicks (TX-4).................................175
2. Swiss Mocha / gr........................................ Paula Riley & Jameson Moulis (GA-5).........172
3. Cito Mocha Raton / sp must........................ Trish Cleveland (KS-6).........................120
4. Hot Saki / har............................................ Terri Smith (NM-3).............................116
5. Rowdy Rooster / gr................................. Kimberly Winterrowd (TX-4)...................110
6. Taqua Chance / har................................. Dolly Miller (TX-4)...............................100

Photo by Gary Walls
Photo by Jim Edmondson
Used with permission

Sponsor: 1st Place - Rump Rug by Easycare, Inc.
Sponsor: 1st Place Ribbon - Kim Winterrowd
Sponsor: 2nd Place Ribbon – Patti Hicks
Sponsor: Ribbons 3rd - 6th - Erin and Scott Glassman

1. Patti Hicks (TX-4).................................................189
2. Paula Riley (GA-5).............................................149
3. Kimberly Winterrowd (TX-4)..........................109
4. Trish Cleveland (KS-6)......................................106
5. Terri Smith (NM-3)..........................................104
6. Dolly Miller (TX-4)..........................................90

Photo by Gary Walls
Overall Open Junior Horse

Sponsor: 1st Place - Rump Rug by Easycare, Inc.
Sponsor: Rump Rug Embroidery + Ribbons 2nd, 3rd, 5th, 6th - Erin & Scott Glassman
Sponsor: 1st and 4th Place Ribbons – Martha Findley

1. Calamity Jane’s 44 Magnum / mft.................................. Marcy Lineback (GA-5)................................. 108
2. Gorgeous Dixie / gr............................................. Maggie Steinke (TX-4)................................. 76
3. Red / gr.................................................................. Alexis Combs (CO-3)................................. 42
4. Flash of Lightening / ssh......................................... Jameson Moulis (GA-5)................................. 24
5. Hank / quarab...................................................... Morgan Winter (CO-3)................................. 21
6. Amarillo Sky / sp must............................................ Ashley Frazier (TX-4)................................. 19

Photo by Jim Edmondson
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Overall Open Junior Horsemanship

Sponsor: 1st Place - Rump Rug by Easycare, Inc.
Sponsor: Rump Rug Embroidery; 2nd, 3rd, 5th, 6th Place Ribbons – Angie Meroshnekoff
Sponsor: 1st and 4th Place Ribbons – Martha Findley

1. Marcy Lineback (GA-5)........................................... 102
2. Maggie Steinke (TX-4)........................................... 72
3. Alexis Combs (CO-3)............................................. 43
4. Jameson Moulis (GA-5).......................................... 24
5. Morgan Winter (CO-3).......................................... 20
6. Ashley Frazier (TX-4).......................................... 19

Photo by Gary Walls
Overall Open High Average Horse
Bev Tibbitts Grand Champion Award

Sponsor: Silver Buckle – Erin & Scott Glassman
Sponsor: Ribbon – Windhorse Francisco

1. Hot Saki / har.............................................Terri Smith (NM-3)........................................99.556%

Finalists
2. Awesomes Fire N Ice / har.......................Ken Wolgram (CO-3).................................99.092%
3. Cito Mocha Raton / Sp. must-hoa............Trish Cleveland (KS-6).................................97.630%

Terri Smith & Hot Saki
Photo by Cristy Cumberworth - used with permission

Overall Open High Average Horsemanship
Polly Bridges Memorial Award

1. Terri Smith ...............................................(NM-3)...........................................................99.812%

Finalists
2. Ken Wolgram ...........................................(CO-3)...........................................................99.441%
3. Patti Hicks ................................................(TX-4)............................................................98.834%
Jr. High Average Horsemanship & Jr. Grand Champion Horse

Sponsor: Jacket - Erin and Scott Glassman
Sponsor: 1st Place Ribbons – Angie Meroshnekoff

Maggie Steinke & Gorgeous Dixie
Region 4

Jim Menefee Combined Horse & Horsemanship

Perpetual Trophy Donated by Jack Menefee

Susie's Stardust & Tammy Lineback
Region 5
386 Points

Congratulations Tammy Lineback and Susie's Stardust on winning the prestigious NATRC President's Cup.

The MFTHBA would also like to congratulate all the NATRC year end awards winners including the FIVE Missouri Fox Trotters who were awarded National Championships and the FOUR Missouri Fox Trotters who finished in the top five in overall horse competition for the respective categories!

Thank you to all the Missouri Fox Trotters, and their owners, who represent our breed in NATRC competitions!

The Ever Versatile Missouri Fox Trotting Horse
Susie’s Stardust  Ridden by  Tammy Lineback

Tammy, when you called me to say you were looking for another Fox Trotter gelding like little Taos Lightning, I thought I’d have to sell you my own beloved “Buckskin Joe,” but mentioned that I did have this mare . . . Yes, a mare. Yes, she is a plain jane sorrel, but you should see her - she’s got the conformation, natural fox trot . . Yes, I really think you should try her!

So, bless your heart, you trusted me enough to haul up to southern Illinois, meet me and ride deep in the heart of the Shawnee. You certainly put her through your tests, and then asked her for even more. You tried not to like her, but in the end, she won your heart. But through these six years of competition, you won Susie’s heart as well!

We are so proud of your dedication, your incredible horsemanship and your friendship. May you two continue your foxtrotting journey wherever it may lead!

Congratulations!

Love, Stacy & Frank Bowman

Special Presentation
Serving Tray Sponsor:  Frank and Stacy Bowman

Tammy and Susie!

We have known you two since you first met each other down at the Shawnee National Forest back in 2006! I had bought "Susie" from a friend who had to sell Susie, had judged her and even ridden her in several classes at our Illinois State Fair. "Susie" was always in the ribbons no matter what she did!
WOW! I just keep saying WOW! I am honored to be standing here tonight to receive this award for myself and my little red mare..... Susie’s Stardust.

Thank you Region 3 and the convention organization committee for this wonderful weekend and to all the sponsors for providing the awards tonight. A special thanks to the President Cup donors, blanket, buckle, ribbon, platter and saddle.

Thank you all who are here tonight, not only my sweet NATRC friends and family, but to my family who came from Georgia, Idaho, Utah and Colorado.

I want to thank Regions 4, 5 and 6 for all their rides and their support this past year. I have made some amazing friends that I will treasure forever. I love the camaraderie of the NATRC folks at each ride. You are my trail riding family.

I also want to thank my family who sacrificed their time to make this possible for me. Gary drove Marcy and me to several rides and would fly back home to hold the fort down there. He organized it so my routes, horse motels and gas stops were all planned out.

I have been riding since I was a very young. I was lucky to have a family that enjoyed riding. We competed in horse shows and rodeos. In Upper Michigan and Wisconsin we were known for winning barrels, poles and flag competitions. I also enjoyed the western pleasure show world.

With all this background, I can honestly say that I have learned more in a few years of NATRC than all those other years. NATRC has helped me to become a better horsewoman. I learned good safety techniques, how to train, how to get my horses fit. When I took my western pleasure horse Ben on our first NATRC ride we could barely make it in on time on a Novice one day ride. We quickly learned the importance of fitness and breeding.

I was once asked why I chose the sport of Competitive Trail Riding. I had taken an 18-year break from riding to raise my children. I was anxious to get back into riding. I was looking for a sport that my daughter Marcy and I could do together. At an early age we learned that Marcy had been bitten by the horse bug and it was in her blood. I liked NATRC’s safety concepts and their dedication to the junior riders. I could hardly wait for Marcy to turn 10 and join me on the rides.

Susie Stardust, who is all girl and a hard-headed redhead, was the fourth horse I started in NATRC.

The first was the red, slow, show guy, Ben, who went on to train preschoolers in the show ring.

Second was a red racking mare, who had to be ridden her way, on her time. I am happy to say she and I amazingly placed out of the Novice division with regional awards.

I then looked for a horse that would be able to compete in the CP division. I decided on a young MFT buckskin that I could train and condition for our sport. He was a smart little guy who was buckskin.....NOT RED like every other horse I’ve had!

My sweet little buckskin went on several NATRC competitions, doing well with obstacles, but always having soundness issues. We decided to let him rest for a year.

I needed a “temporary” and I called Stacy Bowman, with Bowman Foxtrotters in Illinois, to ask if she had a replacement horse for the year. Stacy said no and then remembered a walk/trot show mare they had recently bought for breeding. This mare had placed in the show ring all over the Midwest. Stacy let me know this mare had never been on a trail ride. I asked what this mare looked like and she replied, “Red and 14.3 hands.” I remember making a nasty face and thinking, a mare, a short horse and RED! Three things I didn’t want.

I was a bit desperate.....but it was for just one year. We met at the Shawnee National Forest. She was RED, but very pretty and had good conformation. Her gaits were smooth and well developed. She didn’t know how to back, she didn’t know much of anything, but learned on my first attempt to teach. I knew she was smart. I saw something in her and off we went home to Georgia.

We started training and conditioning over the winter. The mare gained confidence, so I decided to take her to the 2007 spring rides. She excelled rapidly so we went on to do 13 rides in the CP division her first NATRC year. My little buckskin, though, turned out to have a deformed vertebra and could never do NATRC. “Susie” the “temporary” turned out to be a “keeper.”

Susie and I also did well together in both 2008 and 2009 within the CP division. For years I was hesitant to go Open for fear that the pace would be too hard and fast for this short, little, show mare. Susie would still do her fox trot show gait down the trail, moving like a lady in high heels, and would rest herself by stopping halfway up hills. She did have her obstacles down pat and was fit from miles of simple trail riding, wagon train rides and many CP miles.

We went Open. On her first ride, Susie struggled to keep a fast gait over rough terrain. She tripped a lot because she thought she needed to do

(Continued on page 32)
her show gait. I was discouraged, worried and almost quit at lunch. I had to ask her to canter on the flats to make up time.

After that ride, we worked on having her do a hard trot on command. When we rode over rocks and roots she would respond to my request to hard trot, this being easier than fox trotting over rough terrain. She learned to give a beautiful extended trot and come right back down to a gait on command. It was amazing to me! With practice Susie also learned how to speed up her fox trot as well as her fast flat foot walk.

Susie won a National Championship her first Open year in 2010. I cried when I saw my buckle. In 2011 we couldn’t compete very much but she won her National Championship in only 6 rides. One of her great accomplishments was taking Sweepstakes the last 3 rides and one was doing the 90-miler at the Biltmore.

With 2012 approaching, my daughter Marcy said she would love to try for national awards since this would be her last year as a Junior and we could travel the country side together. She suggested I try for the President’s Cup. We made plans and laid out what we thought was a reasonable schedule with ample rests between rides. We realized we needed to go to more of the crowded rides that were out of Region 5.

Our first ride was in Louisiana. Susie bombed, placing 5th! It was her worst finish ever. I was ready to pull the plug but I was encouraged by Gary Clayton when he told me to keep trying as he didn’t always win but received points. Jonni Jewel had to remind me of this several more times throughout this adventure.

Part way through this adventure, I also received a phone call from Connie Driskell and Shirley Sobol on speaker phone. Connie said, “Tammy, we have an SSS for you….a “Shirley Sobol Secret.” Wow.. Shirley Sobol who rode the famous Wing Tempo… I listened intently. She said I was to take care of my horse and if it meant going slow on the toughest rides, do so, take the late points, and save Susie for the remaining rides. I was thankful for this information because I had to do this at the Indian Cave ride when it poured rain. As Wayne Tolbert said, “It was slick as snot.”

My sweet husband planned out the schedule, routes and rides for Marcy and I to complete our goals. By June we finished eight rides with eight more to go. Our next quest was to go to Colorado and ride three summer rides at two week intervals.

The trailer was packed and ready to go when we received a phone call from my uncle in Texas. I was his only close family and looked out for him. He was very sick and needed to go to the ER. He asked me to come. I left for San Antonio the next morning, packing three outfits, thinking I would be back in a few days. At two week intervals I would call another ride manager to cancel. I would hang up and cry. I thought my goal was lost, not only for me, but for my sweet daughter who was looking forward to the trip. My uncle, who had encouraged me to go for the Cup, was now in a state of medicated confusion. He had cancer and he was dying.

As time went by the doctors sent us home where he could pass in peace. In late August he went home to his wife in heaven and I returned to my home. Sometimes we have to be reminded of what’s most important.

At home Gary showed me the latest schedule for our quest and said that it was only remotely possible but I would have to live out of region and ride eight rides in a two month period. The last five would all be back to back. I thought to myself, “No way!” My mare might be good, but I didn’t think she was that good. Plus, I worried about Marcy’s young mare “Maggie”.

We decided to pack the trailer, loaded 17 bales of hay and left for the time of our lives.

We saw amazing sights, met wonderful people and loved the wide open spaces of the west.

I want to share special memories with you that I will never forget:

1. When Lucy Hirsch called me a President’s Cup Contender and I thought, “I’m what??? I’m really doing this!”

2. Nickers & Neighs, KS: An exciting ride for Marcy, a Junior Open rider, who won her first Open Sweepstakes on one of the hottest rides where most Open horses were getting points off at P&R’s.

3. Uwharrie, NC: Marcy and I signed up late and our horses had to be outside while the others were under a nice barn or covered corrals. It rained so hard with lightning and thunder all night. In the morning we found them standing in sloppy mud up to their knees. I wondered how they would do after being cold and wet all night. Susie took sweepstakes and Maggie took a first. Those mares are tough! Maybe they do better when they’re so tired and miserable they can’t think!

4. Region 5 Benefit Ride, GA: We had to pony a mini in a figure eight around two trees. My mare had never ponied or seen a mini! With wide eyes and an urge to kick that little bugger she did it. I held the mini close to my side and side passed my mare away from the mini, doing a figure eight around the trees.

5. Robbers Route, OK: About an hour from the ride we felt a huge bump as if the trailer slipped off the goose neck ball. It hadn’t, but our truck’s spare tire had fallen off, slipped under the trailer and bent both trailer axles. Thank goodness the Murphy’s were passing by on their way to camp and carried our horses in. (Continued on page 33)
We limped the trailer in. It was a beautiful ride and at the end of the ride they gave out wonderful gifts. After the ride Brenda Simpson took our horses to her home and cared for them for three days while we had the trailer fixed.

6. Indian Territory, Zinc Ranch OK: Beautiful wild flowers and warm pretty weather and a first for me. We watched a movie on an outdoor theater while grazing our horses in camp.

7. Girl Scout Scamper, TX: One of Marcy’s favorites because she could pretend we were riding in Ireland in high clover fields riding through herds of cattle.

8. Indian Cave, NE: We stayed with Sarah Rinne’s family before this one. On the way to her home, I lost a crown on a tooth. Poor Sarah was calling around trying to find a dentist who could take care of me before the ride. On Friday while other riders were checking in I was sitting in a dentist’s chair. I did make it back and vetted in.

9. Region 6 Benefit, Kanopolis, KS: To me this was the most beautiful ride of the year. Pretty but very cold! We rode out with low wind chills and ice in our horses’ buckets.

As we came close to camp Saturday we crossed the river at a place called Beaver Crossing. We were told it wasn’t too deep due to the drought but there could be a few deep spots. No big deal, we cross rivers. I took my feet out of the stirrups to keep my boots dry and headed down into the water. When the water started coming up to Susie’s neck she started thrashing and off I came….in the cold water….my boots did get wet…. and Susie took off.

It must have been entertaining as Trish Cleveland and a bunch of riders cheered. It’s nice to provide entertainment on these rides.

Anyway, I came out of the water and thought, “She’s gone,” but Marcy was already thinking and gave her dinner time whistle. I thought, “Yes, she knows to come!” I whistled with Marcy and back down the trail she came. The Lone Ranger’s “Silver” had nothing on this girl. All that said, I froze the rest of the evening. I literally prayed and prayed that night that Susie would handle the deep water well on Sunday. Lo and behold, she did but I also kept my feet in the stirrups!

When Kanopolis was done I learned I had won the President’s Cup. I was cold, tired and I wanted to go home and not ride the last ride. Jonni Jewell and Marcy insisted we stay. Marcy said, “Mom, you did it! You can just ride for fun at Last Chance.” I did exactly that. I rode very relaxed and my mare did the best job she has ever done on some challenging obstacles. The last half mile into camp I started to cry and kept saying to Marcy, “We did it, 16 rides and the President’s Cup.” I was honored at the end of the ride with a card signed by all the riders. After driving 12,540 miles, 78 days on the road and over 900 miles in the saddle, it was done.

It was something I didn’t think I could do. To be on the same list as Shirley, Lisa, Wayne, Ken, Gary, Paula, Jonni, Cheri, James and others that I’ve thought so much of…. is a dream come true.

Two things I would never change this year were the time I spent with Uncle Art and the countless hours I spent with my trail partner, excellent rider and one of my wonderful daughters…….Marcy.

I want to thank Patti, Jonni and Marcy again and give you a token to show my appreciation for the kindness and friendship you have shown me in this endeavor.

Patti: For an outstanding year of competition! Patti is an excellent rider with a wonderful horse. She has become a friend I will cherish forever.

Paula Riley: Who I wish was here. Paula has been wonderful to me and encouraged, supported and helped me when I got discouraged. She is another great horsewoman with an excellent mount.

Jonni: Thank you for being the best mentor. Always checking up on me, teaching me, and offering encouragement. She also gave me a great compliment when she said, “You have a great horse….for a girl”.

Marcy: For being my sweet trail partner and who kept me going. Marcy helped her old mom when she was worn out and was the navigator on the freeways and on the trail. I would still be wandering around some of those trails if Marcy didn’t say “Mom you’re off trail again!” Thank you for being the best riding partner and a great daughter.

To the ride managers, volunteers and judges, for without you we would not have had the wonderful competitions!

So again, thanks to everyone who helped make this possible, and to an organization I am proud to be a part of. I am honored to receive this award for Susie’s Stardust, who means the world to me.

Happy Trails.
Student loans are available up to $5,000 per person/year, at the discretion of the NATRC National Board of Directors, after proper application has been submitted. Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least three years. Consideration will also be given to a student or a student’s family who has been an active member of NATRC for less than three years but more than six months. A loan will be made based upon financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee. A loan is to be repaid in monthly installments with an annual interest rate of 3% charged on that loan, beginning not later than six months following graduation or when the recipient ceases to be a full-time student.

For an application, contact the NATRC Executive Administrator at natrc@natrc.org. It is also available at http://www.natrc.org/documents/Admin_Documents/Student Loans_Scholarships/

Please complete the form in Word or as an interactive PDF and submit via email to the NATRC Executive Administrator at natrc@natrc.org.
Timing Your Ride
For Extreme Conditions

By Jean Green, Management Committee Chair

There are multiple factors to consider when timing your ride. First and foremost we must adhere to the Rulebook. I have tried to sort out the rules that apply to the trail.

The required distance and average pace are listed in the table.

For each of the given distances, the Rulebook states: In steep and rugged terrain these distances may be shortened.

To calculate the average pace, the rule books states: “Riding time” used to compute the pace shall not include lunch and P&R stops.

In Section 5 - The Ride, The rulebook states: Thirty minutes shall lapse between the minimum and maximum time. And: If the elapsed minimum time (including P&Rs) is six hours or more, a lunch stop is required.

Finally, in Section 3 under Trail Supervision we learn that: The course must be natural and native to the local terrain, Trail markings must be distinct and obvious to the riders. At least four points shall be marked on the trail to enable riders to orient themselves.

So, within these rules, we must come up with a timed and marked trail. The management manual goes into detail on how to do this. The “basic (average) riding time” means the length of time it takes to complete the course including all necessary stops for gates, water, etc. It only excludes lunch and 15 minutes for each P&R. So you must do your timing ride just like it would be in competition in order to get an accurate average riding time.

There are three major factors that will determine how fast the average rider can complete your trail: the terrain, the weather, and how well it is marked.

If the course of the trail is over very steep and rugged terrain, Open riders may find it difficult to maintain a pace of 4 MPH for 25 miles. You will need to provide some trail where the going is easy enough to trot at 6 – 10 MPH. Time your ride from point to point and set point times accordingly. For example, if from camp to Point A is 10 miles up the side of a mountain, it may take 3 hours to ride it (pace = 3.33 MPH). To balance this, you will ideally need to find 10 miles of trail that can be ridden in 2 hours (pace = 5 MPH) or less to get the minimum average pace of 4 MPH for 20 miles. The remainder of the trail will have to average 4 MPH or faster to keep your total average pace within the rules. The rules allow that you may reduce the minimum distance in steep and rugged terrain. This has to be reported on your ride progress report and approved by the Sanction Chair.

Weather is always a factor that we cannot control. Rarely do we cancel rides due to weather, but it does happen. Trails that are muddy or boggy fall in the category of rugged terrain and distance can be reduced. However, remember that a minimum of 15 miles per day is required for an Open ride, so it is better to cancel the second day and change to a B ride if you cannot get 15 miles of trail. Reduced distances must be approved by NATRC. It is best to call the office or Sanction Chair and get approval for any last minute changes.

Extreme heat and humidity in the summer is a problem that can usually be managed with careful planning. The best way to avoid mid-day heat is to plan your ride without a lunch stop. If your minimum riding time, including P&Rs, is less than six hours, you do not have to have a lunch stop. So, 25 miles at 5 MPH with 2 P&Rs gives you a minimum time of 5.5 hours. If you ride out at 7 AM, you can get your riders in by 1 PM. In arid regions where the humidity is low, this works great. In the deep South where the humidity is high and the overnight low may only be 85 degrees, there is still a serious problem with heat by mid-day. Of course if you plan for a heat wave and a cold front blows through, you may find that there is not enough stress to separate the horses. Some rides have 2 different plans contingent upon the weather.

The one thing you have control of is marking the trail. Whatever the terrain or weather, a poorly marked trail will slow the riders down. A long stretch of trail without markers will cause riders to slow down, back track, and worry if they have missed the trail. There is nothing more frustrating than to be trying to make up time only to discover you have to keep stopping to find the markers. It is common for the trail master to assume that if he/she can see the ribbons easily, then everyone can. If you are familiar with the trail, you simply know

<table>
<thead>
<tr>
<th>Ride type</th>
<th>Distance</th>
<th>Avg. Pace</th>
<th>Days</th>
<th>Other limitations</th>
</tr>
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<tbody>
<tr>
<td>B Open</td>
<td>25 - 35 miles</td>
<td>4 - 6 MPH</td>
<td>1</td>
<td></td>
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<tr>
<td>B Novice/CP</td>
<td>15 – 24 miles</td>
<td>3.5 – 5 MPH</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>A Open</td>
<td>50 – 60 miles</td>
<td>4 – 6 MPH</td>
<td>2</td>
<td>No less than 15 miles in one day</td>
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<tr>
<td>A Novice/CP</td>
<td>30 – 40 miles</td>
<td>3.5 – 5 MPH</td>
<td>2</td>
<td>No more than 24 miles in one day</td>
</tr>
<tr>
<td>AA Open Only</td>
<td>80 – 90 miles</td>
<td>4 – 6 MPH</td>
<td>3</td>
<td>No less than 15 miles in one day</td>
</tr>
</tbody>
</table>

(Continued on page 38)
This month’s column will continue the discussion of what to do when events take a turn for the worse out on the trail far from veterinary help.

There are many phrases used to describe the condition in performance horses in which the muscles seemingly turn into blocks of stone---cramp, char-ley horse, tying up, Monday morning disease and rhabdomyolysis are common terms. While many muscle issues present in similar ways, knowing how to differentiate between a mild cramp and a potentially life or career-threaten- ing rhabdomyolysis episode can be crucial.

Let’s start with the effects on the whole body when large muscle groups cannot relax normally, whether due to exhaustion, depletion of energy and electrolytes or other metabolic prob- lems. Although it would seem counter-intuitive, muscle cells require an intrac- cellular supply of energy and certain electrolytes (most notably calcium, so- dium and potassium) to allow the mus- cle cell to relax back to its pre-contraction length. Rigor mortis is a good example of what happens once energy and substrates have been de- pleted in individual cells soon after death. If forced to continue to stretch while physiologically unable to, signifi- cant tearing and damage to the muscle cells can result, spilling the cellular con- tents of the damaged cells into blood circulation.

Amongst these cellular contents is myoglobin, a protein pigment which contributes to muscle’s red color and plays a role in the cell’s use of oxygen. Although myoglobin itself is not a toxic substance, under certain circumstanc- es a sub-protein component ferrhe- mate disassociates and causes toxic damage to the kidneys. In addition, myoglobin is a large protein molecule and its passage through the tiny tu- bules of the kidneys can be likened to a bull in a china shop---there’s just no avoiding a lot of damage en route as it crashes through, including tubular ob- struction and blockage of necessary substrates to the kidneys themselves.

The net effect is therefore not only loss of muscle tissue (once seriously damaged, muscle cells will be replaced by scar tissue, not a new muscle cell), but also significant, even potentially fatal, kidney damage. As such, myo- globin seen in the urine as “peeing cof- fee” should ALWAYS be taken extremely seriously and treated with aggressive IV fluids.

How to tell whether a muscle issue is a minor cramp or a potentially career-ending rhabdomyolysis? The initial symptoms during exercise may be similar---a shortness of stride, usually primarily in one or both hindlimbs; wanting to switch to a short-strided can- ter rather than lengthening the trot; un- usual anxiety, unwillingness to move forward and muscle groups that feel unnaturally hard and often painful when palpated.

The potential causes of muscle problems can be extensive---young mares in heat seem to be more affect- ed according to some research reports, and genetics may play a role as well. Recent injury, infection, dietary seleni- um deficiency, shock and ingestion of some toxic substances (such as blister beetle) can result in subsequent muscle problems. Inadequate warm-up be- fore strenuous effort, such as a steep hill climb early in the ride, sometimes associated with a large previous intake of a high-starch grain meal, is com- mon. The colloquial term “Monday morning disease” is derived from farm horses that exhibit muscle problems soon after returning to the plow after a weekend of inactivity and high grain rations. This type of tying up is medically termed early-onset rhabdomyolysis.

However, the most common causes of tying-up in endurance horses are related to exhausted horse syn- drome---dehydration, overexertion, hyperthermia, and depletion of energy and electrolytes. As such, this type of late-onset rhabdomyolysis generally occurs well into a hard and strenuous ride, although “late” can be a relative term depending on the fitness of the horse and the exertion leading up to it.

Different types of muscle prob- lems need to be addressed differently even before getting to veterinary assis- tance, and thus it is important to differ- entiate between whether the problem is potentially just a minor muscle cramp, early-onset rhabdomyolysis, late-onset rhabdomyolysis.

When first noticing a problem, start by assessing the muscle groups involved by palpating the muscles of the hindquarters (be careful, even the nicest horse may react with a kick if tight, painful muscles are grabbed too hard). Gently wrap your hand around the muscles at the back of the leg on both sides about 12” below the point of the buttock (just behind where the dimple occurs in well-muscled hindquar- ters) and shake it from side to side. You’ll see this maneuver performed by control judges at virtually every vet check during a ride. Normal muscles have good tone but yield easily to ma- nipulation; cramming muscles are hard, unyielding and painful, often eliciting some avoidance behavior such as a side-step or kick.

You don’t need to necessarily know the names or locations of each specific muscle group (though a gener- al idea of anatomy here helps), but try to get an idea of whether one specific muscle is having a problem, or several large muscle groups over the hindquar- ters. If a single muscle seems tight, and only one side of the hindquarters is affected, whether early or late in the day, the problem is more likely to be a relatively minor muscle cramp or char- ley horse. Keep in mind however, that what initially appears to be an isolated muscle cramp can then continue to progress to both sides and involving multiple groups, and thus should be more accurately categorized as rhab- domyolysis. Therefore, continue to monitor the muscles involved and reas- sess as needed. If on your initial in- spection, several large muscle groups are involved, and if muscles are affect- ed on both sides of the hindquarters or extending forward to the loin and back, the odds are (Continued on page 37)

Reprinted from Endurance News magazine, monthly publication of the nonprofit American Endurance Ride Conference (www.aerc.org; 866-271-2372)
excellent that this is a rhabdomyolysis episode.

Next consider whether the problem occurred early or late in the ride. Is this the first few miles and the horse hardly warmed up? Did you start out a little faster than you’d planned or charged up a steep hill sooner than was maybe prudent? Did your horse slip on slick footing, scramble over an obstacle or decide this was a good time for a buck or two? If early in the day, the problem is likely either early-onset rhabdomyolysis or a cramp, depending on the extent of muscles involved.

Alternatively, did the problem appear after you’ve already been on the trail and working hard for a good long while? Is your horse also showing other symptoms of running out of fuel (and this can be highly variable)—hanging heart rate, poor gut sounds, loss of normal enthusiasm, excessive sweating or perhaps not sweating at all when he should be? Just plain worn out? Tired horses also tend to be clumsier than they might normally be, and thus are more likely to take a bad step, again potentially resulting in subsequent isolated muscle cramps. If larger muscle groups are involved, you’re probably looking at late-onset rhabdomyolysis.

What to do once you’ve narrowed down the problem? Regardless of the type of muscle issue, stop riding, dismount and loosen the girth to help the horse relax. If the difficulty is a simple muscle cramp, resting for a few minutes will sometimes resolve the problem to the extent that you can continue forward with caution. Gentle massage of the tight muscles can be helpful, using the heel of your hand or a closed fist in small circles or long, sweeping strokes. Tiny circles with your finger tips working the acupressure points on the face and ears as described in the first article of this series also helps the horse to calm and relax. Take your time with this—better to spend an extra ten or twenty minutes than ask the horse for forward movement before he’s ready, thus risking further damage to the kidneys.

Additional useful acupressure points are located on both sides of the hindquarters in the long groove that runs between the semimembranosus and semitendonosus muscles—the almost vertical ripple towards the back of the leg and below the point of the buttock, as well as points approximately 4-6” forward of this line. Start at a point even with the base of the tail and make small circles, working your way downwards for a few minutes on each side. Again, be careful of your own safety—every veterinarian will attest that there is no such thing as a horse that doesn’t kick, only horses that haven’t kicked yet.

Although working the described acupressure points is okay for all muscle issues, if it appears the issue is rhabdomyolysis, whether early or late-onset, the horse may be too painful for massage and may even cause more damage if forced. Restrict your efforts to calming and relaxing the horse (remember, a severe cramp of any type hurts). If weather conditions warrant, try to keep the large muscle groups from

(Continued from page 36)

(Continued on page 38)
Emergencies...

The non-steroidal anti-inflammatory medications common in many products), the non-steroidal anti-inflammatory such as bute or Banamine®. However, additional therapies are also often warranted, including muscle relaxants, tranquilizers, opiate pain management and again, IV fluids to diurese the kidneys and protect against the toxic effects of a large myoglobin release.

If at all possible during a severe early tie-up, bring veterinary help to the horse. If help is not available, wait as long as needed until the horse offers to move forward on his own—never force him to move until he’s ready. This might be a long wait at times. When and if he is eventually able to move, this is not the time or place to continue on with your ride. Head towards home and additional assistance to protect your horse’s long term health.

Next month’s final installment will discuss first-aid on the trail, including lacerations, eye injuries, blood loss, puncture wounds and suggested items for the first-aid kit.
When the Executive Administrator of NATRC sends you an email asking about providing representatives at a ride clinic, one would be wise to agree. This is exactly what happened when the “Arizona Triple Crown” ride managers received emails from Laurie DiNatale, asking if they would please represent NATRC at a clinic on November 27, 2012, in Benson, AZ, a small town about 45 minutes southeast of Tucson, AZ.

Despite the small-town location, there was nothing small minded about the clinic host, Heidi Vanderbilt, owner of Lucky Pup Ranch where the clinic was held. Heidi had originally planned for the clinic focus to be for riders interested in learning about American Endurance Ride Conference (AERC) competition, but she decided to change things up for this clinic. She invited presenters from varied backgrounds to talk about the value each person feels they have gained from competing in either or both NATRC and AERC rides.

When asked how she felt the different clinic components fit together, Vanderbilt said, “I liked the balance of topics and presenters: Endurance, myself; NATRC, Cris Ballard & Cathy Peterson; Endurance/NATRC/Ride & Tie, Wynne Brown (former NATRC National Champion); competing-on-the horse-you-have, Adele Youmans and her mustang Dream Weaver; the value of crewing, Rhella Spearing; and nutrition for the distance horse, Patti Kuvic.”

She went on to say that she felt that all of the approximately 25 participants, who came to listen to the presentations, seemed especially eager to soak up as much information as possible about both styles of distance riding.

After lunch, those who stayed for the fun ride were treated to some fantastic weather. At the pre-ride meeting, Vanderbilt asked that everyone think about at least one piece of advice they learned from the talks and take that knowledge with them onto the trail. “I loved that they did this,” Vanderbilt said, “and rode consciously applying what they’d learned.”

Everyone involved in the clinic felt it was a huge success, both participants and presenters. Past perceptions of AERC and NATRC have placed the different types of distance riding at odds, but this clinic demonstrated that both styles have value and that things can be learned /applied across both sports.

Vanderbilt’s goal was “to cover the major forms of distance riding. I had no experience with NATRC, and I wanted to learn about it myself.” The success of the clinic and the knowledge that she gained inspired Heidi to consider competing in NATRC or hosting a ride at her ranch. “I liked what I saw!” she said, and hopes the attendees will consider NATRC as “the excellent education in horsemanship that it is.”
About 25 years ago, my husband Richard and I, along with his Boy Scout Troop, cut out 35 miles of trails in the forests that joined our farm for the first Firecracker 50 NATRC ride. It was my dream to continue the event annually, but a spring tornado and Hurricane Hugo had other plans for our trails, making it impossible to recover them in time for a second Firecracker 50.

Somewhat discouraged but still wanting to establish a CTR nearby, I poured over North and South Carolina maps and finally found the little-used Uwharrie (pronounced: you-war-ee) National Forest.

As my three riding friends and I drove over the bridge to Montgomery County for the first time, we were stunned to see the mountains rising before us. I nearly cried. This fabulous forest was only an hour's drive from our home and just waiting for someone to introduce it to NATRC. The terrain resembled the Great Smokey Mountains, with three levels of flora and an abundance of creeks. Perfect!

We counted the months needed to manage a CTR in 1993—only five, but we survived. The next two years were a breeze by comparison. Then Richard Berner took over the "reins" of management so I could ride. In the forest brochure and trail maps, there is a very lovely trail named for him. He was a superb helper in the first years of trail blazing UNF.

Garrie Bates from Mt. Airy, NC, met me several times riding her mule, Buttermilk. We were like kids in a candy shop whenever we discovered a new trail possibility. Buttermilk's steep ascent/descent trail is on official maps as well as Bates Trail. Marshall Bates gave us all the accurate mileages by walking every inch of the trails with a measuring wheel. Some other trail names coined by yours truly still remain: "The Home Trail" and "Burl Tree Way."

After Richard Berner, there were several managers who kept the UNF ride going each year through 2012. Then to my disbelief, no one picked up the "reins" for 2013. Some Region 5 members might recall that I often mentioned: "If ever you cannot find another UNF ride manager, let me know." Well, they didn't—and I'm it.

Soon after the fall 2012 Biltmore CTR, where Regina Broughton volunteered to be our Ride Secretary, Richard and I returned to the UNF and found the Blue Hole and grass field looking smaller than we remembered. No improvements had been made except for the entrance road which was now two lanes and paved. Whew! In the past this road was a single lane, steep ascent, slippery when wet, where one prayed not to meet another rig coming or going.

Next we took a serious look at Canebrake Horse Camp within the forest. There we found that we could tie 56 horses to stout, round poles buried deep in the ground, which some campers had made into temporary corrals by adding ropes or electric fencing.

The campsites have large picnic tables, cooking grills, fire pits, electricity, level ground, shade trees and even poles for hanging lanterns. Each site accommodates two or four horses. Additional amenities are separate shower rooms, restrooms with flush toilets and sinks, raccoon and bear-proof trash cans, many outside water spigots, dump station, manure disposal, and a very large lush field of grass for grazing, timers, and judges' observations.

It seemed too good to be true when, at the Kings Mountain CTR, Nancy Sluys offered to sponsor the Canebrake reservations in advance, so that all the campsites could be booked and purchased for NATRC riders on the nights of April 19 and 20, 2013.

The ride is sanctioned and the UNF Event, and Trail Use Permits have been granted. The ranger even remembered that I worked with them 20 years ago!

This will be the NATRC CTR's twentieth anniversary at Uwharrie NF. Come ride with us. Safe and happy trails!
This time, we will let my lists and numbers speak for themselves. Note that since my last summary in the fall of 2011, we have made it onto TV!

**Television**
- Regina Broughton - R5 - 1 minute - *Ask The Expert* - Rick Lamb’s The Horse Show
- Shelley Bachicha - R2 - several minutes - *America’s Favorite Trail Horse* - RFD-TV

**Media List Growth (folks to whom we send our press releases)**
- Print & Online Magazines - National: 12 to 19; Regional: 7 to 26
- Radio Shows: 2 to 3

**Press Releases**
- Announcing 2012 Convention
- 2011 President’s Cup Winner
- Machu Picchu Adventure Raffle Winner
- NATRC’s Receipt of Constant Contact All Star Award
- Announcing 2013 Convention and Raffle

**21 Known Places We Have Appeared (some more than once). Individual ride promotions not included**
- Horse & Rider
- Horse Illustrated
- The Trail Rider
- Trail Blazer
- Craig, CO, Daily Press
- Southwest Horse Trader - 12 articles
- The Northwest Horse Source
- Icelandic Horse Quarterly - 2 articles
- MFTHBA Fox Trot University Magazine
- Spotted Saddle Horse News
- In FOSH booth at Pomona Horse Expo
- BestofAmericaByHorseback.com
- BridleandBit.com
- DiscoverHorses.com
- EasyCare Blog - 6 articles
- HorseChannel.com
- San Pedro Valley News, Bensonnews-Sun.com
- SVHerald.com
- TrailMeister.com
- UrbanFarmOnline.com
- YouTube - R3 ride videos

**Visibility**
- R3 - On Permanent BLM Sign, Rabbit Valley, CO
- R2 - Minimum 2 Yr ads on 18 tables in Ramona Café, CA

**Advertising**
- Reciprocal advertising with 8 breed magazines
- R6 ad in 10,000 copies of Kansas Equestrian Trail Guide

**E-News**
- Grew from less than 600 to over 1,200 subscribers
- Average 6 emails per month

(Continued on page 42)
GoodSearch Earnings: - $500 / year

All of this could not have been done without the help or independent actions of these 18 individuals.

- Regina Broughton
- Elaine Swiss
- Shelley Bachicha
- Betty Wolgram
- Laurie DiNatale
- Jenny Daniels
- Terry Silver
- Audrey Pavia
- Sharon Roper
- Shari Naylor
- Carla Jo Bass
- Bob and Marge Insko
- Erin Glassman
- Cristina Ballard
- MaryAshley McGibbon
- Alyssa Culhane
- Priscilla Lindsey
- Kate Kearby

I take my helmet off to you!

(Continued from page 41)

Veterinary and Horsemanship Judges:

Has your address or phone number changed?
Please notify the NATRC office of any changes. Indicate home and office numbers. Thank You.

Ride Managers:

Secure your judges early.
Managers remember, you must contact and secure your judges well in advance of your ride date!
Please contact the National Office for a current Judges List.

If you have difficulty securing an NATRC judge, please contact the appropriate Judges Committee chairman:

Michael Peralez, DVM-Veterinary Judge Co-Chair
626/446-8911
msperalez@roadrunner.com

Or

Patsy Conner-Horsemanship Judge Co-Chair
Fax: 501/663-6781
connerpatsy@yahoo.com

Newly Approved Judges:

Natalie Goldberger, DVM (R4)
Jerry Sims (R3)

All Members:
The following are applicants, apprentices or provisional judges. Members may submit comments to the Judges Committee about the following people:

Provisionals:
Veterinary Judges
Carrie Porter, DVM (R5)

Horsemanship Judges
Becky Rogers (R4)

Apprentices:
Veterinary Judges
Cathy Ann Ball, VMD (R5)
Valerie Bixler, DVM (R4)
Sharon Dehart, DVM (R4)
Phoebe Smith, DVM (R2)
Natalie Morris, DVM (R5)

Remember, apprenticing must be done with an approved judge who has agreed to judge and supervise an apprentice.

Looking For A Judge?

The Choice Of Three Raffle was won by

Syndi Scott, of Region 3. Syndi has chosen the Cabella’s package!
What got you interested in NATRC? Why did you join? Why are you still a member?

Answer these questions and you will know the target area of people to contact for new members.

There is a new NATRC poster circulating throughout all the regional membership (see inside back cover). We are asking you to ask your vet to post it in their exam rooms and their offices. There are many horse owners who pass through a vet’s exam room. There are many horse owners who go to the same stores you and I go to. The more horse people who see our poster, the more our membership will grow.

You can make flyers of upcoming events on your home computer and email them to members to distribute.

Clinics can be used to attract new members.

There should be a recruiting element in every program or meeting we organize. Signup sheets, to get names, address, telephone numbers and emails. Once they express an interest, it is important to contact them right away. Be sure to listen, take the time to ask them their interest and really listen to what they say.

It is important to make a real personal connection. The more new people feel that you are truly interested in them and the more they get to know you, the more comfortable they feel being a part of the group.

Social time at rides is very important to new members. They need to be invited to all the trailer parties and mix with riders, management and judges. Take time to meet and greet. This makes our group look more appealing to outsiders. They realize they are in an informal atmosphere.

Why people join:

- People get involved in things that are important to them. You can recruit more effectively by finding out people’s interests and tapping into them.

- Social: they just want to meet people with similar interest, make friends, get out and have fun.

- Education: people join for the learning opportunities.

- Professional: they want to develop new skills or leadership qualities or have valuable experiences that will help them test out possible career tracks.

We have to eliminate barriers, so they really want to come. Reminders include telephone calls and email, etc. Keep reminding them, this lets them know they are really needed.

Get the new members involved right away. Ask them to help you mark trail, just take them with you. What will their first impression of us be? Will it be interesting and exciting? Will they see how they can get involved? Will they want to come back? Will we make them feel welcome?

No matter the reason people join an organization; people are more likely to do so if they perceive the group as action orientated, effective and fun. Make sure any meeting is action orientated.

Your challenge after they join is keeping them. Consider why people stay involved. People have different needs and motives. If their needs are met, they are more likely stick around.

Some key reasons people stay engaged:

- They feel appreciated.

- They can see their presence make a difference.

(Continued on page 44)
There is a chance for achievement.

There is an opportunity for personal growth.

They receive public and private recognition.

There is a sense of belonging and teamwork.

They are involved in the process of success.

Why do people leave? Burn out. People leave organizations because they are asked to do too much.

Cool out because of not asking them to do anything. No one invited me. No one told me they needed me. People want to be useful.

KEEP OUT! Veterans inevitably will gravitate towards one another. It is important for newcomers to feel included. We have to tear down the “keep out” sign that cliques always post. Incorporate a social component into your rides and organize a regular social activity in order to build group cohesion and morale.

People like to participate when they are in control. No one likes to feel trapped, so let them control their level of participation. When they set their limits, respect them.

We have to create and have enjoyable times at our rides and clinics. If they are not having fun, they will go somewhere else.

Being deliberate about leadership and development will keep your new and old members active and growing over a long period of time. Think about the ways members can develop and the roles they can play.

Think about the skills they can develop over time.

We have to remember that bringing new people in can change the way we operate, since they bring new ideas. Are we willing to make changes? Things never stop changing; you get left behind if you try to stay unchanged. Have an ongoing orientation program, and first time competitors’ meeting at every ride where there are first time riders. If we help these new members feel like they are wanted, we will surely keep them.

My goal is just like yours. We have to do a better job of growing and keeping our members. I’m confident that we can increase our ranks by 78 by this time next year. That means an average of 13 new members for each region and retaining the membership you have. If you really want something bad enough, you will always work hard enough to get it.

Please join the national recruiting team to make NATRC become more attractive to horse owners who will become our future members and make a stronger future for NATRC.

NATRC—“You’re gonna learn something.”

Reminder

If a NATRC horse (that has competed) has been bought or sold, the mileage will not go with that horse unless the buyer or seller notifies the National Office that the horse has changed hands. We need the current and past owners’ names, breed and registration number (if applicable) in order to move the mileage to the new owner.

If you change your name, please notify the National Office so we can put your mileage with your current name.

If you see that your name or your horse’s name is incorrect in the Hoof Print – please notify the National Office and ask for a correction. The RMS is a privately owned and maintained system. If you corrected a name on the RMS System, it will NOT be corrected on the National database until you notify us of the change.
As riders, we strive for balance in the saddle to maximize the performance of our horse on the trail. Our organization also seeks balance in its financial performance. The National Board of Directors struggles to find the ideal mix of spending enough to operate efficiently, yet not more than the organization can afford.

This past year the NATRC financial scorecard reads “well-balanced +”. Revenue from all sources totaled $99,360, an increase of 8% as compared to 2011, and expenses totaled $97,690, an increase of 5% as compared to last year. Finally, years of losses were reversed due to a carefully managed mix of income and spending.

The dynamics behind these results are measured and reported by region at each Board meeting. In 2012, the total number of rides increased to 52 with an average number of competitors of 35, also an increase from 2011. Accordingly, ride income rose in 2012 as compared to last year, but so did ride costs for drug testing and the printing of scorecards and rulebooks. The number of members decreased from 1220 to 1097; however, the increase in membership dues adopted in 2011 enabled membership income to rise as compared to 2011.

At its February meeting in Denver, the Board approved a 2013 budget based on input received from committees at the November 2012 meeting. The budgeted revenue for 2013 is $96,290, a 3% decrease from 2012, and the budgeted expenses are the same $96,290, a 1% decrease from 2012.

While this is a balanced budget, there is no investment in NATRC marketing or advertising, trail development, ride management support or education programs. Ultimately, spending on each of these items is critical to the growth of NATRC. Raising the funds is the task before the Board and its members.

There are several initiatives underway to begin to raise the funds. The first is the incredible 2014 National Raffle of six ranch vacations orchestrated by Jim and Lin Ward of Region 3. This unique raffle promises to be a success, adding as much as $25,000 to the NATRC coffers available to invest in key programs, specifically marketing.

In addition, we have received an anonymous donation to launch a Ride Manager Support Fund. This fund will enable grants of up to $1000 to Ride Managers who qualify from any region to help them with insurance costs, judges’ expenses and general facility rentals. Applications are available from Laurie at the National office. Last, the Planned Giving initiative was introduced in the last Hoof Print where all members and friends of NATRC are asked to remember NATRC in their estate plans (wills) and final arrangements.

Finding the right balance is as challenging in dollars as it is in the saddle, but the benefits are well worth the efforts of us all.

### NATRC 2012 Profit & Loss Comparison to 2011

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<th>Income</th>
<th>2012</th>
<th>Total 2011 (PY)</th>
<th>Change</th>
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| Gross Profit                                | $99,358.53 | $91,281.85      | $8,076.68  |

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<td>$97,666.11</td>
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| Net Operating Income                        | $1,672.42 | ($646.59)       | $2,319.01  |
| Net Income                                  | $1,672.42 | ($646.59)       | $2,319.01  |
Actual Budget over Budget

Income

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Actual</th>
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Total Income $99,358.53 $92,690.00 $6,668.53

Gross Profit $99,358.53 $92,690.00 $6,668.53

Expenses

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Actual</th>
<th>Budget</th>
<th>(Actual - Budget)</th>
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<td>Staff Expenses</td>
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<td>Other Expense</td>
<td>83.60</td>
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</tr>
<tr>
<td>59999</td>
<td>Investment Expense</td>
<td>435.98</td>
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<td>0.00</td>
</tr>
</tbody>
</table>

Total Expenses $97,686.11 $92,690.00 $4,996.11

Net Operating Income $ 1,672.42 $ - $1,672.42

Net Income $ 1,672.42 $ - $1,672.42

Rule Changes to be Considered for 2014

From the NBOD February, 2013

(Changes in bold)

1. Page 4-3, Section 4.B.5. Reads:

a. Lightweight and Heavy-weight competitors must be weighed in with their own tack prior to the start of the ride. Management may re-weigh any rider at any time during the ride to verify weight class. A deviation of 5 pounds is allowed.

b. Individual regions may issue rider weight cards. At subsequent rides in the same year, a copy of this weight card may be sent with the ride entry or be shown to the Ride Secretary when picking up their rider packet.

c. Rider weight classification must be maintained throughout the ride.

d. Failure to maintain weight classification will result in completion points only for both horse and rider.

e. The minimum weight must be made up with dead weight, pound for pound, if the rider and tack weigh less than 100 pounds (LWT or Senior) or less than 190 pounds (HWT).

f. No disposable items will be used to make weight. This includes, but is not limited to, food (horse and rider), water, fly spray, etc.

Purpose: eliminate that management may re-weigh questionable rider weights during the ride. By eliminating this sentence it becomes clearer the 5 pound weight deviation is at weigh-in.

(Continued on page 47)
2. Page 4-4, Section 4, D Reads:
   D. Eligibility of Riders
   1. All persons 10 years of age or older are eligible to compete in NATRC except:
      a. Any person designated in Section 3 (i.e., ride chair, ride secretary, trail-masters, stable manager, judges, official timers, judges recording secretary, Rules Interpreter, safety riders, P&R timer) shall not be eligible to ride a horse in competition on the sanctioned ride for which he serves in an official capacity.

Change to read:
   a. Any person designated in Section 3 (i.e., ride chair, ride secretary, trailmasters, stable manager, judges, official timers, 

Purpose: to allow more volunteers to compete on a CTR

3. Page 5-1 Section 5, B Reads:
   B. Stabling
   1. All horses shall be kept in a designated area from preliminary check in until after the final examination.
   2. The Stabling Options used are at the discretion or requirements of CTR management and/or the CTR facility.
   3. The Stabling Options used by CTR management and/or the CTR facility must be available to all competitors.
   4. Stabling Options Not Allowed during competition as primary containment:
      a. Hobbling of any kind
      b. Portable panels that are not securely anchored to a trailer or tree.
      c. Electric fencing
      d. Staking out in any manner

5. Stallions: Stallions must be double tied whenever tied. The primary and secondary rope must not be tied to the same tie spot.
   a. Stallion double tying requirements are: The primary rope is tied in the normal manner, but the secondary restraint method must be secured around the stallion’s neck and tied in the normal manner. If a rope around the neck is secured with a knot, it must be a bowline and run through the halter.
   b. Other secondary restraint methods may be acceptable (check with horsemanship judge). Two halters are unacceptable.
   c. Failure to comply constitutes a major rule violation. (See Rulebook Section 6 E 2d)

Change to Read:
   B. Stabling
   1. All horses shall be kept in a designated area from preliminary check in until after the (Continued on page 48)
2. The Stabling Options used are at the discretion or requirements of CTR management and/or the CTR facility. For Stallions see 5 below.
3. The Stabling Options used by CTR management and/or the CTR facility must be available to all competitors.
4. Stabling Options Not Allowed during competition as primary containment:
   a. Hobbling of any kind
   b. Portable panels that are not securely anchored to a trailer
   c. Electric fencing
   d. Staking out in any manner

5. Stallions: Stallions must be double tied whenever stabled (for exceptions, see below). The primary and secondary rope will not be tied to the same tie spot.
   a. Stallion double tying requirements are: The primary rope is tied in the normal manner, but the secondary restraint method must be secured around the stallion’s neck and tied in the normal manner. If a rope around the neck is secured with a knot, it must be a bowline and run through the halter.
   b. Other secondary restraint methods may be acceptable (check with horsemanship judge). Two halters are unacceptable.
   c. Failure to comply constitutes a major rule violation. (See Rulebook Section 6 E 2d)
   d. Stallions may be stabled in pens when “stallion” pens are provided by the CTR facility.

**Purpose:** To prevent the use of portable pens for stallions (note the problem is not always the stallion, but mares which sometimes get loose).

4. Page 9-5, Section 9, C Reads:

C. Point Distribution
1. Disqualified or pulled horse and rider receive no points.
2. DO horse and rider receive no points.
3. The Open Sweepstakes winner will receive points equal to the highest points awarded in any of the three Open classes.
   The Novice Sweepstakes winner will receive points equal to the highest points awarded in any of the three Novice classes.
4. The Sweepstakes winner will receive points, in addition to other points won for horse, as follows: 3 points for a Type AA ride, 2 points for a Type A ride, one point for a Type B ride.
5. Points earned in one class will not be added to points earned in another class by the same horse or rider.

Change to Read:
C. Point Distribution
1. Disqualified or pulled horse and rider receive no points.
2. DO horse and rider receive no points.
3. (a) When the entire Open Division at any given ride has ten or fewer competitors within the Division, points will be established after merging all horses in all classes within the Division into one combined class. Then scores for each horse will be ranked from highest to lowest, and points will be awarded based on the horse’s placing in this combined class. In the case of tie scores, equal points will be awarded to the tie scores. Points will be based on the number of starters (see Table Section 9.C4).
   (b) When the entire Open Division at any given ride has eleven or more competitors within the Division, points will be awarded according to placings in each class, based on the number of starters (see Table Section 9.Ca).
4. The Open Sweepstakes winner will receive points equal to the highest points awarded in any of the three Open classes.
   The Novice Sweepstakes winner will receive points equal to the highest points awarded in any of the three Novice classes.
5. The Sweepstakes winner will receive points, in addition to other

(Continued on page 49)
points won for horse, as follows: 3 points for a Type AA ride, 2 points for a Type A ride, one point for a Type B ride.

6. Points earned in one class will not be added to points earned in another class by the same horse or rider.

**Purpose:** Classes within the Open Division are becoming too small, making it difficult to earn points toward year end awards, including National Championships.

5. Page 9-4 Section 9 B 2 g Reads:

   g. NATIONAL CHAMPIONSHIP:
   In Open Division in the heavyweight and lightweight class a horse shall be declared a National Champion when all the following requirements are met within the first 16 rides officially started in the same year. Type AA ride counts as 1½ rides, Type A ride counts as 1 ride, Type B ride counts as ½ ride. The horse and rider team shall be considered officially started when timed out on the first day of the ride.
   (1) Awarded two firsts or one first and two second placings from any ride type.
   (2) Awarded the first or second placing from any ride type in any two states or two regions, or is awarded a national placing in HIGH POINT OPEN HORSE (Section 9 B2i).
   (3) Accumulated 75 points.

Change to Read:

   g. NATIONAL CHAMPIONSHIP:
   In Open Division in the heavyweight and lightweight class a horse shall be declared a National Champion when all the following requirements are met within the first 16 rides officially started in the same year.
   (1) Awarded two firsts or one first and two second placings from any ride type in which there are 4 or more competitors within the competitor's class.
   (2) Awarded the first or second placing from any ride type in any two states or two regions, or is awarded a national placing in HIGH POINT OPEN HORSE (Section 9 B2i).
   (3) Accumulated 75 points.

**Purpose:** to keep one of the qualifications for a National Championship (the awarding of a first or second) more difficult.
The first leg of the “Arizona Triple Crown” ride series almost didn’t happen. The Triple Crown team – Beni DeMattei, Catherine Peterson, Kandace French, Karen Kafka, Cris Ballard and Sherrie Bray – planned to host the first ride in the San-Tan Area Regional (STAR) Park. The snag, however, was that the park does NOT allow overnight camping; let alone camping with horses and trucks with horse trailers. But Karen Kafka, STAR’s ride manager, was tenacious and determined!

After numerous meetings with the park service staff, Kafka was finally given approval – making the STAR ride the first group or event permitted to camp overnight in the park. The Triple Crown team was ecstatic and quickly forged ahead with all the tasks needed to put together a dual sanctioned ride - NATRC and Arabian Horse Association.

This team of dedicated distance riders conceived the Triple Crown idea as part of its attempt to bring NATRC rides in Arizona back to the vaunted status held in the 1970s and ‘80s by offering three rides in three months. The AZ Triple Crown winner will be the top finisher (in a two-day division) for all three rides and will be showered with amazing prizes. At the preparatory clinic, hosted by Kandace French, in October, 2012, all attendees received a discount coupon toward their STAR entry.

On a tight schedule for putting the finishing touches on ride preparations, the team sprang into action, spreading word about the ride in Arizona, California and Nevada. All the effort paid off and the ride had a respectable turnout of 14 riders – not bad at all for a first-time ride.

In addition, there were riders in the nine-mile Fun Ride on Sunday for people who wanted to learn more about NATRC and distance riding. Riders came from as far away as Northern California and Nevada, with a mixture of horse breeds that ranged from a Mustang to a Gypsy Vanner.

Beni DeMattei, R2 President, is the seasoned ride secretary for the AZ Triple Crown series. She ensured that all pre-ride preparations were taken care of and kept things running smoothly throughout the weekend.

However, it is the people who volunteer their time and talents that are the backbone of any successful ride and Kafka was grateful for each and every volunteer who came to work. Volunteers not only get a “warm fuzzy” feeling, but also experience valuable behind-the-scenes lessons; perfect for those who may not be ready to compete.

The San-Tan park staff was more than hospitable, providing an education about the park and a classroom in the evenings where everyone could meet for meals and ride briefings. This was quite a treat!

The true “STARs” of the ride were the beautiful weather, excellent trails, spectacular views and meals prepared by Kafka’s husband each night. All of these things combined to inspire many of the riders, who are new to NATRC, to dedicating themselves to competing at all three Triple Crown rides.

The Arizona Triple Crown…
Come Ride With Us!
Region 2

S.T.A.R.-A
1/5-6/2013 Region 2-AZ
A-O/N/CP Total Riders: 11
Judges: Jerry Weil DVM, Pat Montgomery
Novice Sweepstakes: Night Hawk/Noake, Sharon-95
Open Sweepstakes: National Treasure Brown, Doug-79

Open Heavyweight
1/1 National Treasure/Brown, Doug
2/2 Laarkin/Brown, Tammy
P My Fair Lady/Hendricks-Jones, Irene

Open Lightweight
P Heritage Ribbons/Savino, Val

Novice Heavyweight
1/2 Night Hawk/Noake, Sharon
2/3 Medicine Wolf/Dreyfus, Susan
3/3 Holly/Evans, Carol
DQ Levi/Baker, Lynn

Novice Lightweight
1/1 Rio/Worley, Jill

Competitive Pleasure
1/1 Pride's College Boy/Bray, Sherrie
2/2 Society Man's Sunny Boy/Zinkl, Debbie

S.T.A.R.-B
1/5-6/2013 Region 2-AZ
B-N Total Riders: 3
Judges: Jerry Weil DVM, Pat Montgomery
Novice Sweepstakes: Little Bit's Merry Lad/Beard, Susan-99.5

Open Heavyweight
1/1 National Treasure/Brown, Doug
2/2 Laarkin/Brown, Tammy

Open Lightweight
P Heritage Ribbons/Savino, Val

Novice Heavyweight
1/2 Night Hawk/Noake, Sharon
2/1 Medicine Wolf/Dreyfus, Susan
3/3 Holly/Evans, Carol

Novice Lightweight
1/1 Rio/Worley, Jill

M&M A
2/16-17/2013 Region Two-AZ
A-O/N/CP Total Riders: 17
Chairperson: Catherine Peterson
Judges: Kay Gunckel DVM, Jamie Dieterich
Novice Sweepstakes: Night Hawk/Noake, Sharon-98
Open Sweepstakes: Bailey's Angel Baby/Westmoreland, Cheryl-99

Open Heavyweight
1/3 Bailey's Angel Baby/Westmoreland, Cheryl
2/2 Laarkin/Brown, Tammy
3/1 National Treasure/Brown, Doug

Novice Lightweight
1/1 Ranger/Pickard, Mary
2/4 Earl Gray/Lester, Merry

M&M B
2/16/2013 Region Two-AZ
B-N Total Riders: 8
Chairperson: Catherine Peterson
Judges: Kay Gunckel DVM, Jamie Dieterich
Novice Sweepstakes: RA Chloe/Williams, Caden-98

Novice Heavyweight
1/1 Little Bit's Merry Lad/Beard, Susan
2/2 RP Fiery Dream/Phillips, Monica

Novice Lightweight
1/2 WMA Pastella/Fura, Angie
2/3 Skywatch Super Gold/Chaisson, Monique
3/1 Star/Larsen, Rachel

Novice Junior
1/1 RA Chloe/Williams, Caden
2/3 Silver/Floyd, Elizabeth
3/2 Elizabeth/Floyd, Brianna

Competitive Pleasure
1/6 Cimmetry/Collins, Mary
2/1 Moon's Movin' Out/Hagler, Linda
3/4 Gorgeous Dixie/Steinke, Maggie
4/3 Kiva/Galliher, Teresa
5/5 Dapper/McMahon, Helen
6/2 Milky Way Moon/Swindle, Lavona
4/3 Cayena de la MaderaRoca/Musgrave, Teresa
P Pocket Ful of Sunshine/Ojeda, Cynthia

Region 4

Christmas at the Ranch A
12/8-9/2012 Region Four-TX
A-O/N/CP Total Riders: 32
Chair: Liz Scott
Judges: Tamara Gull DVM, Kim Cowart
Novice Sweepstakes: Firecrackers Jose CP / Roberts, Linda-97
Open Sweepstakes: Marquisemischief/ Jewell, Jonni-97

Open Heavyweight
1/2 Marquisemischief/Jewell, Jonni
2/1 Sand Magic/Murphy, Kalinda
3/4 Einstein TA/Berger, Maria
4/3 First Rayt Investment/Gould, Larry

Open Lightweight
1/3 Rowdy Rooster/Winterrowd, Kimberly
2/5 Hes a Rockstar/Van Order, Barbie

Novice Heavyweight
1/ DO AH Zanes Cinnamon/Campbell, Michael
2/4 Talib Encore/Rogers, Becky
5/1 Heza Trouble Makin' Buddy/Happgood, Kris
6/4 Koscot's Dancer's Diamond/Miller, Dolly

Novice Lightweight
1/ DO Firecrackers Jose CP/Roberts, Linda
2/3 VAQUERO/Galliker, Jenna
3/3 ToscA/Black, Tracy
4/1 Fortuna PaintedMoon/Edmondson, Cheryl

Competitive Pleasure
1/6 Cimmetry/Collins, Mary
2/1 Moon's Movin' Out/Hagler, Linda
3/4 Gorgeous Dixie/Steinke, Maggie
4/3 Kiva/Galliher, Teresa
5/5 Dapper/McMahon, Helen
6/2 Milky Way Moon/Swindle, Lavona
4/3 Cayena de la MaderaRoca/Musgrave, Teresa
P Sum Tigger/Weir, Katie

Novice Junior
P Pocket Ful of Sunshine/Ojeda, Cynthia

(Continued on page 52)
Call to Order: by Kim Cowart, 8 a.m., February 21, 2013. 
Roll Call: Dielenich, Meroshneff, Walls, DeMattei, Sims, Peters, Winterrowd, Swiss, Cowart, Clayton, Lindsey and Rinne present. Laurie DiNatale, Executive Administrator, and Patsy Conner, Sanction Chair and Judges Committee Co-Chair, present. Guests: Erin Glassman, Kathryn Lewandowsky, Laurie Knuutila, Jonni Jewell, Judy Mason and Sharon Roper.


President's Report: Cowart had sent emails to the BOD before the meeting outlining his test for issues and whether they are worthwhile pursuing. From Email:
I have a “question test” for myself, and encourage you to use it also. When considering any proposal to “change” something—whether a rule, wording, or a whole new tactic for preserving NATRC, I ask myself the following:
1). Does this change fundamentally alter the nature of our sport and/or diminish our well thought out mission and philosophy? If the answer is yes, then I would encourage us to try harder for another solution.
2). If the answer to number 1 is no, then I ask “Why be reluctant to discuss it? Why not give it a try?” If this could help NATRC then how can we possibly lose by correcting a problem or trying a new direction as long as we are preserving the integrity our sport? This is, after all, our job.
3). Am I maintaining my focus on the big picture of NATRC’s future?
Cowart has studied Roberts Rules regarding the President’s actions on a BOD of our size. He feels it is permissible for him to discuss and vote on issues, and intends to do so.

Executive Administrator’s Report: DiNatale is in the middle of renewal process and will give firm membership numbers in July.

Secretary/treasurer’s Report: Swiss reviewed her report. 2012 was a very good year financially. This is the result of some tough decisions made by the BOD in recent years. Our revenue is up. Expenses are down. The HoofPrint expenses have been... (Continued from page 51)
reduced by 60%. NATRC had a profit of $1672 in 2012.


Policies and Procedures: Dieterich. Two new items have been added to the P&P.

Protest: Clayton. No current Protests.

Planned Giving: Cowart and Swiss. There are two separate components of campaign. Capital Campaign and Planned Giving. There are many valuable areas that could be funded. But we need specific programs with executable plans under time frames. Planned Giving is raising awareness for pre-planning gifts to NATRC. These can be in lieu of flowers at a person’s death, or through more elaborate estate planning.

Ride Sanction: Patsy Conner. Ride chairs need to put the name of ride and date on the liability waivers. Those forms are posted on the website and are interactive.


Management: Jean Green. Report filed. Sanction Guidelines have been updated. The timing section of the Management Manual will also be updated with clarifications. An article on managing rides in extreme weather conditions will be in the next HoofPrint.

Insurance: DiNatale. No rate increases for 2013. Some discussion on worker age limits. Worker/volunteer accident insurance does have an age limit of 75. After 75, benefits are on a sliding scale. Suggestion of a FAQ section on website regarding insurance. There is a summary of benefits on the Equisure Insurance application.

Safety: Swiss for Gould. RI for the Horsemasters ride felt that the Drug Testing instructions should have safety procedures included. Swiss will ask Jerry Weil about including those. LA Purchase had an accident, with report filed.

Marketing/ Publicity: Bev Roberts. Report sent. Roberts will help anyone who would like to write an article for submission to their local media or breed association. Each month Roberts is sending Enews with previous month’s ride results and one for upcoming rides.

Website: Roberts continues to update and maintain the website.

National Awards Presentation: Winterrowd and DeMattei will work with DiNatale and DeMattei to develop a job description and procedures.

Social Media: Rinne. Started NATRC Facebook Group page. Group pages are useful for sharing. Pages are controlled by individuals or regions. Rinne will also open a Twitter account.

Rules Interpreter: Peters. Three RI reports received. Discussion on how many penalty points Horsemanship Judge can take for being late. Dieterich stated that they can take as many as they feel is appropriate. Vets must take one point per minute, but Horsemanship Judges have latitude on number of points to take. Judges and ride managers need to have some latitude in extenuating circumstances where good sportsmanship is displayed. Dieterich felt that riders also need to realize that they can be penalized for being late, even if they were showing good sportsmanship. RIs need to know how important their position is. The RI is an agent of NATRC, not the ride. The RI report helps Sanction Chair with sanctioning decisions. Often the RI report is the only documentation of how the ride was conducted.

Business Models and Measurements: Swiss. Spreadsheet shows decrease in
members. Average number of riders is 35 per ride. **Motion by Walls, seconded by Clayton, to adopt the budget for 2013. Motion approved.**

**Sponsorships:** Swiss will keep sponsorships at $10,000 for the 2013 budget. Jim Ward is helping with sponsorships and has helped to arrange for a sponsorship from a portable corral company. Specialized Saddles will be sponsoring a President’s Cup saddle.

**Raffle:** Swiss. Raffles have helped our bottom line.

**Region 1A Rider and Drug Fees:** Region 1A has paid reduced rider and drug fees since 2001 in an effort to encourage participation. With the increase of the other regions fees, Laurie Knuutila stated that Region 1A agrees that fees should be raised to $5 (from $3) for members, and $8 (from $6) for non-members. **Motion by Walls, seconded by Winterrowd, to approve increased rider fees for Region 1A of $5 for member, and $8 for non-member. Motion approved.**

**Media Advisory:** Dieterich Chair. Swiss gave report. There are 5 people on the committee. Laurie Knuutila is willing to take on more of the content responsibilities. **Motion by Swiss, seconded by Walls, to award the 2013 HoofPrint Editor contract to Laurie Knuutila. Motion approved.**

**Riders and Juniors:** Peters. Meroshnekoff will work to get more Juniors involved. Most would like to see more incentives and discounts for Juniors.

**Foundation:** Foundation will meet following this meeting.

**Drug Testing:** Jerry Weil, DVM. No report.

**Veterinary Drug Committee:** Michael Peraldez, DVM. No report. No changes in drug appendices from 2012.

**Trail Advocacy & Grants:** Erin Glassman. She has received no Trail Grant applications for this meeting. She sent letter in support of Coast to Crest Trail. This trail could provide possibilities for ride sites and volunteer work. Glassman wrote letter to KS State Parks, Wildlife and Tourism, pointing out the economic benefits of NATRC rides on state property. Glassman attended the 2012 SETC (now NETC) trails conference. She will try to attend both the American Trails Symposium and the NETC this year. She will be taking the Trail Masters course. AERC is willing to partner with NATRC to offer the course to our members. Glassman would like each region to designate a Trail Advocacy Committee member.

**Education:** Dieterich. Judges Forum recently sent. Dieterich is working on many projects.

**Membership:** Jerry Sims. Sims has solicited a group of people to be recruiters for NATRC. Sims proposed that each region gain 13 new members this year, and retain all present members. Sims has created a flyer for recruitment that can be posted in Vet Offices and Feed and Tack Stores.

**Judges:** M. Peraldez/P. Conner. Conner reviewed Apprentice and Provisional Vet Judges. Carrie Porter, DVM is Provisional. Valerie Bixler, DVM is an Apprentice. Sharon Dehart,
New Business: President's Cup award package: Cowart. Presently this includes a blanket, buckle, ribbon and trophy. This year it will also include a saddle. Cowart would like to work towards a saddle always being included. 

Meeting locations: July 12-13, and November 8-9. Consensus to hold those meetings in Denver.

Motion by Swiss, seconded by Lindsey, to adjourn. Motion approved. Full minutes on file at NATRC Office. Available upon request.

For Sale
12 year old Arab Sweepstakes nominated gelding. Has been used some trail and arena. $1500.00. Call Kathy at 720-987-5933.
MEMBERSHIP FORM - RENEW, JOIN OR PURCHASE ITEMS ONLINE AT WWW.NATRC.ORG

Memberships run from January 1-December 31. We offer eight membership plans: four Regular; two Lifetime and two Platinum. The Platinum plans receive all the benefits of the Regular plans plus personal excess liability coverage with a $1,000,000 policy limit.

**CHECK PLAN DESIRED**

**REGULAR MEMBERSHIP:** All memberships include: electronic national newsletter-Hoof Print, your region’s newsletter, E-News subscription, eligibility for annual national and regional high score awards and championships, horse and rider mileage awards, reduced ride entry fees, sponsor discounts, and automatic membership in your region.

- **FAMILY** $90 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- **SINGLE** $60 /yr Single adult member (1 vote)
- **ASSOCIATE** $50 /yr Equine-related groups or businesses only (no vote)
- **JUNIOR** $40 /yr Single Junior member under age 18 (no vote)

**LIFETIME MEMBERSHIP:** One time membership payment.

- **FAMILY** $10,000 Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- **SINGLE** $5,000 Single adult member (1 vote)

**PLATINUM MEMBERSHIP:** Platinum members receive insurance benefits through Association Resource Group-ARG. Platinum members receive personal excess liability coverage with a $1,000,000 policy limit. Coverage is for claims brought against members of NATRC (Platinum) arising from the use and/or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability is not included. Business exposures are excluded.

- **FAMILY** $130 /yr Household of 1 or 2 adults & children under the age of 18 as of Jan 1 (2 votes)
- **SINGLE** $80 /yr Single adult member (1 vote)

**ANNUAL LIFETIME MEMBER PLATINUM UPGRADE:** $20 Single $40 Family

**NATRC Specialties (Optional)**

- **Patch (inc. w/new membership)** $5.00
- 10” Round NATRC Emblem Sticker $5.00
- 4” Round NATRC Emblem Sticker $3.00

A 2013 Rule Book is free with your membership. To save NATRC $$$, the Rule Book can be downloaded from www.natrc.org or a hard copy can be requested by checking here __________

**$ TOTAL ENCLOSED** (Colorado residents please add 2.9% on Specialty Items)

Hoof Print will be delivered electronically. To receive a print copy, please add $15 and check here: □

Please list first and last names, especially those with different last names, of all competing family members.

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<th>Name(s)</th>
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*(WE REALLY NEED YOUR EMAIL FOR DELIVERY OF HOOFPRINT. IT WILL NOT GO OUTSIDE OF NATRC. THANKS!)*

New member? Will you share how you found out about NATRC?

| ***** Mail completed form and check to: NATRC, PO Box 224, Sedalia, CO 80135 ***** |

8/30/12  

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NATRC - You’re gonna learn somethin’.

NATRC competitors receive both horse and rider scorecards at the end of the ride rating their performance by the veterinary and horsemanship judges. It’s like having a two-day veterinary exam and a riding lesson for one low price. What better way is there than to get an opinion on your trail and horse care abilities from your peers — other accomplished horsemen — along with information such as pacing yourself and your horse, use of electrolytes, hoof care and shoeing, conditioning techniques and how to recognize the signs that your horse may be stressed.

NATRC competitive trail riding is a great way to build a partnership with your horse through training, conditioning and education. Come ride with us and discover how the two of you can work and play as a team! You and your horse will build trust and confidence in each other and in yourselves, whether you take home ribbons or not!

To find out more visit: www.natrc.org

or contact this local area representative:
name ________________________________
email ______________________________
phone ______________________________