

**2023
NATRC™**

NATIONAL CONVENTION

Horses, Hills and Golden Trails

February 17 - 18, 2023

Wyndham Sacramento

**5321 Date Ave
Sacramento, California**



Room Reservations

By phone only: 916-338-5800

**Be sure to tell them you are with the
North American Trail Ride Conference**

Rate: \$149/night

Side Trips

**Also on tap, some side adventures to
local attractions! Pick up information on
these activities at registration.**

Raffle

Open to anyone. Prizes awarded will be:



FIRST
This "graphgan"
created, crocheted
and donated by R5's
Esther Diaguila!

SECOND
An NATRC jacket

THIRD
25 winners will
each receive two \$10
Riding Warehouse
Gift Cards



Schedule

Thursday, February 16th

9 am: National Board of Directors Meeting
5 - 10 pm: Registration Open in Hospitality Suite

Friday, February 17th

8 am - 5 pm: Registration Open, Vendor Setup & Open
9 am - 11 am: Speaker Lena Haug and her experience
riding in the Mongol Derby
11:30 - 12:30 pm: Judges Meeting
1:30 - 2:30 pm: Purina Representative - nutrition topic TBA
2:30 - 5 pm: Tours / sightseeing
8 - 11 pm: Hospitality Suite Open

Saturday, February 18th

7:30 am - 6 pm: Registration (close 9 am) & Vendors Open
8 - 9 am: Roundtable - riders, managers, judges
Riders, We want to Hear from You
9:15 - 11:15am: Jec Ballou - conditioning the distance
horse
11:30 am - 12:30 pm: Dustin Dennis, DVM - Ulcers
2 pm to 3:30pm: Jec Ballou - rehabbing from injuries
4 - 5 pm: National General Meeting
5 - 6 pm: Cocktail Hour
6 - 7 pm: National Convention Banquet
7 - 9:30 pm: National Awards Presentation
9:30 - Midnight: Celebration in Hospitality Suite

Sunday, February 19th

9 - 11 am: Region 1 Awards

Hosted by REGION 1 - Where it all Began

For Information Contact: Angie Meroshnekoff, angie.whitedogranch@gmail.com



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Speakers

Lena Haug

Horse trainer and California native, Lena Haug, was 14th of 47 riders in the 2022 Mongol Derby, the world's longest and toughest horse race. Read about her experience here <https://www.lenahaug.com/derby-blog>.

She started working at a horse farm in exchange for lessons at an early age, worked with wild Mustangs during high school, guided backcountry horse trekking tours in Chile, trained horses to support herself in college, and taught skiing at Tahoe. She returned to Sonoma County in 2015 where she continued to train horses and taught business classes. She now lives in northern Idaho and is pursuing a career in aviation.



Jec Ballou

Raised in a horse training family in Vermont, Jec Ballou studied dressage throughout Europe, and eventually settled in California.



Realizing that most of the problems with horses stemmed from horses not using their bodies well (lacking strength or coordination, muscle imbalances, stiffness and so on), she decided the industry needed simple, straightforward tools to help horses use their bodies optimally.

This prompted her first book in 2005, *101 Dressage Exercises for Horse and Rider*, which was endorsed by the United States Dressage Federation as critical for every rider to own. Three other books followed.

She continues to study and to assist equestrians worldwide with the goal of resolving limitations for their four-legged friends.

Dustin Dennis, DVM, MS, DVSc, CVMA

Dustin grew up in southern California riding Hunter/Jumper horses. While pursuing pre-veterinary work at Cornell University in New York, he played on the men's varsity 2005 national champion polo team. He earned an MS and DVM at Drexel College of Medicine and UC Davis School of Veterinary Medicine, graduating in 2014.

In 2015, Dustin found his way to his ancestral home of Canada to pursue a rotating internship followed by a residency in large animal internal medicine at the Ontario Veterinary College, University of Guelph. He earned his Doctor of Veterinary Sciences degree, defending his thesis on the safety and tracking of stromal and stem cells, in late 2021.

Returning to California, he joined Loomis Basin Equine Medical Group at the Penryn campus in the Internal Medicine department. Dustin enjoys all things imaging, from ultrasonography to radiography to endoscopy, and is obsessed with neonatal foals, especially if they're healthy and he can pet them.



Convention Registration

Use a separate form for each attendee. Payments can be combined. To download, click [here](#).

Name: _____ Name for Badge: _____ Region: _____

Address: _____

City/State/Zip: _____

Phone: _____ E-Mail: _____

Seminar Registration - Please check the appropriate box(es) below.

On or Before January 23

After January 23

Friday Only Seminar ☐ \$55

☐ \$65

Saturday Only Seminars ☐ \$55

☐ \$65

Friday and Saturday Seminars ☐ \$100

☐ \$120

Registration \$ _____

Saturday Night Dinner and Awards Banquet - Dinner is buffet style with choice of chicken or vegetarian pasta main dish.

☐ Adult, \$60 ☐ 12 & Under, \$30 ☐ Awards Presentation only, \$20

☐ Chicken Entrée ☐ Vegetarian Pasta

Banquet \$ _____

T-Shirt Orders due by January 15th. \$20 each. Pre-Order please to get the size you want. A very limited number will be for sale at the convention. Adult short sleeve (men's style).

Small _____ Medium _____ Large _____ XL _____ 2XL (add \$5) _____

T-Shirt(s) \$ _____

Payment - by check only

Make check payable to *Region 1 NATRC Inc.* and mail it and the completed registration form(s) to **Joyce Driggers, 3768 Berkesey Lane, Valley Springs, CA 95252.**

Total \$ _____