

INCOMING				OUTGOING							
P & R TEAM				P & R TEAM							
Pulse		Resp.		Pulse		Resp.					
0	0	0	0	0	0	0	0				
	1		1		1		1				
1	2	1	2	1	2	1	2				
	3		3		3		3				
2	4	2	4	2	4	2	4				
	5		5		5		5				
3	6	3	6	3	6	3	6				
	7		7		7		7				
4	8	4	8	4	8	4	8				
	9		9		9		9				
Rider's Initials			Rider #		Time						
			FIRST HOLD								
Pulse		Resp.		TIME OUT							
Day	1	2	3								
				SECOND HOLD							
P&R		1		2		3		4		5	
Pulse		Resp.		TIME OUT							
Open	Novice	C.P.									

INCOMING				OUTGOING							
P & R TEAM				P & R TEAM							
Pulse		Resp.		Pulse		Resp.					
0	0	0	0	0	0	0	0				
	1		1		1		1				
1	2	1	2	1	2	1	2				
	3		3		3		3				
2	4	2	4	2	4	2	4				
	5		5		5		5				
3	6	3	6	3	6	3	6				
	7		7		7		7				
4	8	4	8	4	8	4	8				
	9		9		9		9				
Rider's Initials			Rider #		Time						
			FIRST HOLD								
Pulse		Resp.		TIME OUT							
Day	1	2	3								
				SECOND HOLD							
P&R		1		2		3		4		5	
Pulse		Resp.		TIME OUT							
Open	Novice	C.P.									

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P & R TEAM				P & R TEAM							
Pulse		Resp.		Pulse		Resp.					
0	0	0	0	0	0	0	0				
	1		1		1		1				
1	2	1	2	1	2	1	2				
	3		3		3		3				
2	4	2	4	2	4	2	4				
	5		5		5		5				
3	6	3	6	3	6	3	6				
	7		7		7		7				
4	8	4	8	4	8	4	8				
	9		9		9		9				
Rider's Initials			Rider #		Time						
			FIRST HOLD								
Pulse		Resp.		TIME OUT							
Day	1	2	3								
				SECOND HOLD							
P&R		1		2		3		4		5	
Pulse		Resp.		TIME OUT							
Open	Novice	C.P.									

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P & R TEAM				P & R TEAM							
Pulse		Resp.		Pulse		Resp.					
0	0	0	0	0	0	0	0				
	1		1		1		1				
1	2	1	2	1	2	1	2				
	3		3		3		3				
2	4	2	4	2	4	2	4				
	5		5		5		5				
3	6	3	6	3	6	3	6				
	7		7		7		7				
4	8	4	8	4	8	4	8				
	9		9		9		9				
Rider's Initials			Rider #		Time						
			FIRST HOLD								
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Day	1	2	3								
				SECOND HOLD							
P&R		1		2		3		4		5	
Pulse		Resp.		TIME OUT							
Open	Novice	C.P.									