

# Hoof Print

Fall  
2019



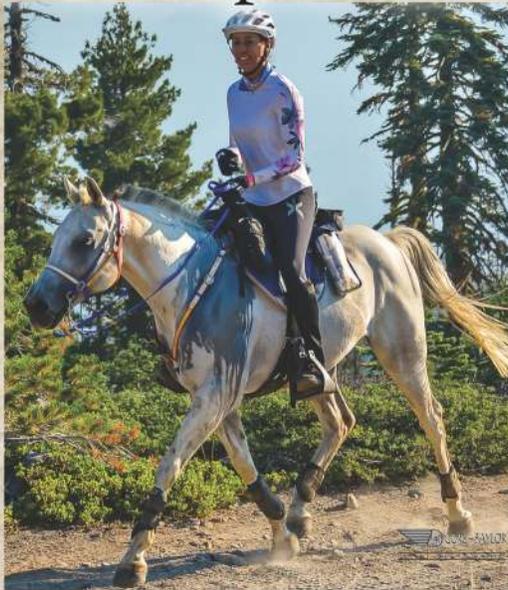
**When the  
Phone Says  
“No Service”**

**Strategy  
in CTR**

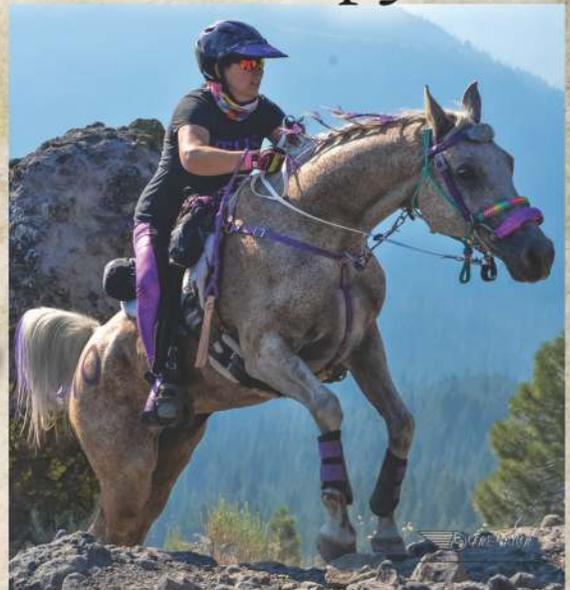
**Helmets**



*Congratulations to Diane Stevens and Tennessee Lane on their top 10 Western States 100 Tevis Cup finish*



*Tennessee Lane and TM Burning Bridges  
7th Place Tevis Cup*



*Diane Stevens and Banderaz LC9  
6th Place Tevis Cup*



Ultralight

Eurolight

Ultralight w/ Fenders

Ultralight

Trailmaster

Eurolight w/ Fenders

Trail Light

*Congratulations to the 2017 Presidents Cup  
Winner Jonni Jewell and Tezuby*



Photo by Jim Edmondson

Jonni rides and competes in the Specialized Saddles International model. It is an English hybrid saddle that offers secure knee rolls and a seat with unsurpassed comfort. It features the patented fitting system that allows the saddle to be adjusted to all 3 dimensions of a horse.



[SpecializedSaddles.com](http://SpecializedSaddles.com)

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Hoof Print Editor  
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Please refer all address changes to the NATRC office at the address below:

[natrc@natrc.org](mailto:natrc@natrc.org) or  
NATRC PO Box 969  
Beatrice, NE 68310



## On The Cover:

Kaitlyn Osborn  
and Corofina  
at the  
Challenge  
of the  
North ride,  
Region 1A (Alaska).

Photo by Nina Ruckhaus,  
used with permission

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### Display Ads

Full page	\$275
Half page	\$150
One-third page	\$100
Quarter page	\$80
One-sixth page	\$50
Ride/Clinic ad	Half Price

	1X/Yr.	4X/Yr.
Up to 20 words	\$16	\$60
Border ad/up to 30 words	\$25	\$90
Photo ad/border/30 words	\$30	\$105
Over word limit	\$.10/wrd	\$.10/wrd

### Classified Ads

Email color 300dpi JPEG ad to [matefey@gmail.com](mailto:matefey@gmail.com). Specify *Hoof Print* and topic in the subject line. Contact NATRC for discounts on consecutive issue ads or ad specifications.

### Submission Deadlines

Spring (Mar/Apr/May) Feb. 15      Summer (Jun/Jul/Aug) May 15  
Fall (Sep/Oct/Nov) Aug. 15      Winter (Dec/Jan/Feb) Nov. 15

Please make your check payable to NATRC; mail ad information with payment to:

Hoof Print, NATRC PO Box 969, Beatrice, NE 68310 303.688.1677

### My Apologies...

...to Specialized Saddles. The quality of their ad in the last few issues of *Hoof Print* was less than ideal due to an error on my part. When I incorporated the ad into the program that I use to format the magazine, I inadvertently used the wrong file format. This changed the resolution of the ad and resulted in reducing the quality. This error has been corrected.

Laurie Knuutila  
Hoof Print Editor

# President's Message



Why do we do this? Why do we do what we do daily, weekly or even just once in a while? John Muir said, "Into the forest I go, to lose my mind and find my soul." I would challenge that it's "Into the forest I go, to lose or loosen my mind and find myself and my soul."

And I know that's why I do this! I ride my horse to find peace, to loosen my mind. I also need a challenge to encourage me, so I choose NATRC to challenge myself, while at the same time using it as an "excuse" to get out there on the trail to find my soul. To keep doing these rides that challenge me, I know that I need to personally do something to ensure there are rides to participate in. And, of

course that adds to my stress as it takes time and dedication to make the rides happen and to help the sport keep going. So "into the forest I go" or into the desert, or the grasslands, or the mountains or even the beach – and all on my horse.

On my horse, I can loosen my mind to problem solve, or I can loosen my mind to relax (unless of course my horse has decided to spook at passing butterflies). While riding at home, I can see and appreciate familiar scenery while letting my mind wander, but while attending an NATRC ride in another region or state, I can see new scenery and different wildlife than I see at home and meet that challenge

that I set for myself.

I said "me" or "my" a lot here, but really it's all of us, I know it's why you all do this too. And I want to say, I see you heading "into the forest" and I applaud you. Go loosen your mind – go find your soul – on horseback. Come ride with us.

Angie Meroshnekoff  
President  
North American  
Trail Ride Conference

## Meet Our New Judges, Judge Applicants, Apprentices and Provisionals

**Members:** The Judges Committee welcomes your comments on the following Applicants and apprentices.

### Veterinary Judges

#### Apprentice

Vivian Gay McWilliams Quam, DVM (R5)  
Verona Chaffin, DVM (R6)

#### Provisional

Keri Riddick, DVM (R5)  
Sharon Shull, DVM (R6)

### Horsemanship Judges

#### Apprentice

Brenda Messick (R6)

#### Provisional

Lori Allen (R5)

### Veterinary and Horsemanship Judges:

- Has your address or phone number changed? Please notify the NATRC office of any changes. Indicate home, cell and office numbers.
- Apprenticing must be done with an **approved** judge who has agreed to judge and supervise you.

### Ride Chairs:

- Secure your judges early. Remember, you must contact and secure your judges well in advance of your ride date!
- For a current Judges List, please visit the website.
- If you have difficulty securing an NATRC judge, please contact the appropriate Judges Committee Co-Chair:

**Veterinary**  
Pam Hess, DVM  
440/477-3474 (cell)  
[phess@lec.edu](mailto:phess@lec.edu)

**Horsemanship**  
Kim Cowart  
678/773-6038  
[kcneverrestranch@gmail.com](mailto:kcneverrestranch@gmail.com)



**E**arn money for NATRC by doing nothing other than what you normally do! AND, it's free to sign up.

Amazon donates up to 0.5% of the purchase price of eligible items purchased at [smile.amazon.com](https://smile.amazon.com). That's [smile.amazon.com](https://smile.amazon.com), not [amazon.com](https://amazon.com). To select NATRC you must type in "North American Trail Ride Conference". It will come up on a list for you to select. Be sure to select the one at Beatrice, NE. For more information on the program, [click here](#).

If you already have an [amazon.com](https://amazon.com) account, all your account information automatically appears in *smile*. How easy is that?!

If you already have a charity set up on Amazon Smile, you can change it. Sign in on your desktop or mobile phone browser and simply select "Change your Charity" in "Your Account."

## NATRC National Board Members

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Sallie Kudra, Alt (2021)  
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### Region 6

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Marla Stucky (2019)  
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Margaret Reynolds, Alt. 2021  
[mreynolds@breakthroughmaster.com](mailto:mreynolds@breakthroughmaster.com)

## NATRC National Board Officers

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### Treasurer:

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### Executive Director:

Sarah Rinne  
[natrc@natrc.org](mailto:natrc@natrc.org)

### North American Trail Ride Conference Mission Statement

The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.

### Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering. There is an implied code of ethics to adhere to. This code of ethics dictates that we behave professionally, courteously and responsibly. This includes:

- Representing the sport in a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others

## 4-H Junior Rider Year End High Point Award: Just for Juniors

Are you a 4-H member? Know someone who is? Encourage your friends to do competitive trail rides. They and you can compete against each other to win NATRC's 4-H Year-End High Point Award.

To be eligible is simple. Just compete in any division, nominate yourself, and prove that you are a 4-H member! Here are the specifics:

- 1) The award goes to the high point horse and rider team **regardless** of the division.
- 2) Your self-nomination must occur before the end of the ride year which is the second Sunday in November. (For 2019, that will be November 10<sup>th</sup>).
- 3) You must:
  - (a) be an NATRC competing member,
  - (b) contact Sarah Rinne at [natrc@natrc.org](mailto:natrc@natrc.org) to nominate yourself, and
  - (c) have your 4-H leader contact Sarah to verify that you are a 4-H member.

Additionally, in a number of states (Colorado is one example), 4-H now recognizes competitive trail as an activity that qualifies as a 4-H member's project. How cool is that? A form to use for documentation at the ride is available [here](#) or contact Sarah Rinne, [natrc@natrc.org](mailto:natrc@natrc.org).

Questions? Contact:  
Shari Parys, [katbalu96@aol.com](mailto:katbalu96@aol.com)



## Moved? Changed Name? Sold a Horse? Bought One? Added a Junior? Different Phone?

Please report any changes in your membership information to the national office. Such changes might include your name, a move to a different address or region, the sale of a horse, or the addition of juniors to a family membership - particularly if junior has a different last name. It's your responsibility to keep your information up to date.

Sarah Rinne [natrc@natrc.org](mailto:natrc@natrc.org) 303-688-1677

## NATRC Student Loan & Scholarship Program

Student loans and scholarships are available according to the budgeted amount, at the discretion of the National Board of Directors. Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least 3 years. Consideration will also be given to a student or a student's family who has been an active member for less than 3 years but more than 6 months.

Priority will be given first to a student enrolled in an accredited School of Veterinary Medicine; second in studies leading to a degree in Animal Science, Nutrition, Health and/or other related equine field; third in other related equine studies; fourth to a college student in his/her senior year, then junior year, sophomore year, freshman year. For a student loan, consideration may also be given to a student enrolled in other studies.

Other considerations include financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee.

For an application, contact the NATRC Executive Director at [natrc@natrc.org](mailto:natrc@natrc.org), or download the [Student Loan Application](#) or the [Bev Tibbitts Memorial Scholarship Application](#).

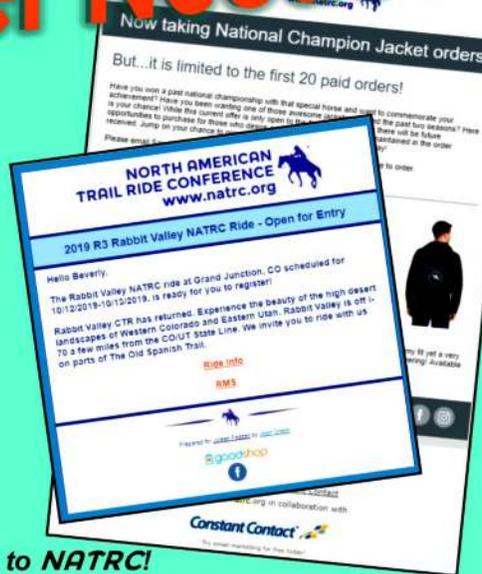
Please complete the appropriate form in Word or as an interactive PDF and submit via email to the Executive Director at [natrc@natrc.org](mailto:natrc@natrc.org)

# Volunteer Needed

## To compile and post NATRC e-News using Constant Contact.

### Helpful skills:

- Involvement with the sport
- Ability to stick to a time table
- Proficiency with Internet
- Proficiency with computers
- Ability to work well with others
- Ability to communicate via email



**This is your chance to give back to NATRC!**  
Contact Sarah Rinne, [natrc@natrc.org](mailto:natrc@natrc.org), for details.

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Merchandise + Services  
[natrc.org/partner-discounts](http://natrc.org/partner-discounts)



For Platinum  
Members Only



# 2020 National Convention

## February 14-15, 2020



### Sneak Peek

This is another “Sneak Peek” at what’s in store for the 2020 National Convention with an impressive lineup of speakers. Only four months away! It’ll be here before you know it, certainly before WE know it. The convention committee is feverishly working to get everything set for a great time at the 59<sup>th</sup> annual awards and convention.

We’ve selected a hotel, looked at menus (tastings to follow—yum!), and scoured the streets of the beautiful River Walk and downtown San Antonio to make sure there is plenty to do to make this a wonderful convention adventure. You’ll find this location enables you to tour and shop a variety of places within walking distance of the hotel. As a guest at the

convention, your packet will include a map with many of the following sites highlighted.

Tour the Alamo, the San Fernando Cathedral (founded in 1730 where the remains of the Alamo heroes are entombed), and the Spanish Governor’s Mansion. The Briscoe Western Art Museum showcases historic and contemporary art and artifacts of the American West. Shop at the Market Square, which greatly resembles los mercados across the border. As a Texan, it was always fun to cross our southern border and shop at the local artisan shops for trinkets, jewelry and more while enjoying a frosty cold margarita or munching on a sweet marquesita. Then there’s the Mirror Maze, Ripley’s Believe It Or Not Odditorium, Tussaud’s Waxworks and the Buckhorn Saloon & Museum (the oldest saloon in Texas) all within a block of the Alamo.

We’re currently working on finalizing the awards dinner menu, agenda and pricing for the weekend. It’s been fun gathering this information, and we can’t wait to share a beautiful piece of south Texas with all our NATRC friends!

The convention will be held at the [Hotel Valencia Riverwalk](#). You can call or go online to make reservations. The online group block code is NATRC798 or you can call (866) 842-0100 and use “Region 4 Trail Riders.” The hotel room block rate is \$165 per night plus taxes. You can check amenities and parking information online, however we are getting a reduced parking rate of \$28 per night, and other lots are available within 2 blocks for \$10-15. Region 4 volunteers will be available to provide a shuttle service to/from the

airport. Times will be provided at a later date.

So check [www.natrc.org](http://www.natrc.org), choose events, or watch for an email or FB post to give you further updates on the “Horsin’ Around in San Antonio” weekend.

“Let a horse whisper in your ear and breathe on your heart. You will never regret it.”

Annette Griffin & Fran Muench  
2020 NATRC National Convention  
Co-Chairs

## Add to the Fun

We hope you are excited about NATRC’s 59<sup>th</sup> annual convention in San Antonio. We have been working hard to ensure you have a wonderful time in this beautiful city. It is not possible to put on this event without our Friends of NATRC sponsors. When you donate to Friends of NATRC with your \$100 contribution, you will receive recognition at our annual banquet. Make the checks out to NATRC Region 4 and mail to Holly Jones, 1304 Meadow Mountain Dr. Waco, TX 76712. Please contact Holly at 254-412-8146 if you have any questions.

To make this event fabulous, we are looking for people to donate items for our silent auction and door prizes. If you have a company that would like to donate, you personally have items to donate, or know of someone who could donate, please contact Holly. We are looking for both horse related and non-horse items. Examples would be: wine, tack, camping items, items for your truck and more. Just use your imagination.

We are looking forward to seeing everyone at this year’s convention. We appreciate any item or amount donated to help make this convention as wonderful and memorable as we can.



### SPORT HORSE PROGRAMS FOR REGISTERED AMERICAN SADDLEBREDS AND HALF SADDLEBREDS

The American Saddlebred Registry (ASR) provides annual recognition to registered American Saddlebreds and Half Saddlebreds participating in the Sport Horse disciplines of Dressage, Combined Driving, Endurance / Competitive Trail, Eventing, Hunter/Jumper, and Reining.

Apply online at [www.saddlebred.com](http://www.saddlebred.com) or call (859) 259-2742 for more information.



# 2020 CONVENTION

Another Sneak Peek at What's in Store ...

## SAVE THESE DATES - FEBRUARY 14-15, 2020

Join Region 4 as we host the annual NATRC convention at the beautiful Hotel Valencia on the Riverwalk in San Antonio, Texas! The hotel is within walking distance for touring historic and architecture sites along with shopping.



## SCHEDULE

**THURSDAY - February 13 - NBOD Meeting**

**FRIDAY - February 14**

**8:00 a.m. RIDER PANEL. Learn More About Competitive Trail from Other Riders** - In this Q&A session, you will hear from a variety of riders as each shares their CTR experiences and stories. Moderated and led by R4 President, Kimberly Murphy.

**10:00 a.m. HIGH TECH TREASURE HUNTS. Geocaching and Mounted Orienteering** - An interactive seminar of fun activities to build GPS and map reading skills on the trail. Presented by Amy and Danny Martin.

**SATURDAY - February 15**

**8:30 a.m. KEYNOTE SPEAKER. Nutrition, hydration, supplements and performance** - The incomparable SUSAN GARLINGHOUSE, DVM!!! A delightful presenter, Dr. Garlinghouse is a well known source of research and information regarding nutrition, dehydration, supplements, and performance problems of distance horses.

**5:00 p.m. BANQUET. Happy hour and dinner with national awards and raffle drawing following**

**SUNDAY - February 16 - Region 4 regional awards ceremony**

Look for registration, reservation and schedule details online and in the winter issue!!!

Fran Muench, 281-728-3616  
framuench@yahoo.com  
Annette Griffin, 214-205-4441  
natrcconvention@gmail.com



Great news for all of you shoppers who support the North American Trail Ride Conference (NATRC)! We are working with [www.goodshop.com](http://www.goodshop.com) which has partnered with thousands of stores like Amazon, Target, and Macy's to get you the best coupon codes and deals AND donate a percentage of what you spend back to help out! You save money and help us – all for free! Please check out Goodshop for the promo codes next time you are going to shop online.



## Reminder About Year-End Awards and Breed Awards

1. To be eligible for year-end awards, NATRC competing membership dues must be paid by the second Sunday in November, the end of the Ride Year.
2. Many breed organizations sponsor year-end high point breed awards. Memberships in NATRC and the breed association are required, so be sure to keep your breed association membership current.
3. It is the responsibility of the owner of the horse to accurately report/verify the horse's breed to NATRC.
4. Questions about the horse and/or rider records should be directed to NATRC, [natrc@natrc.org](mailto:natrc@natrc.org).

## RMS Reminder

Like to see official ride results after a ride "sooner"?  
Here's how you can help:

**Judges**  
Score consistently, check accuracy, check math.

**Riders**  
Keep horses' profiles up to date in RMS; use horse's official name on ride entries.

**Judges' Secretaries**  
Keep up to date; check that judges' comments are entered correctly.

**Ride Secretaries**  
Use the horse's official name and data on the score-card; check for data entry errors in RMS ride results.

# When the Phone Says "No Service"

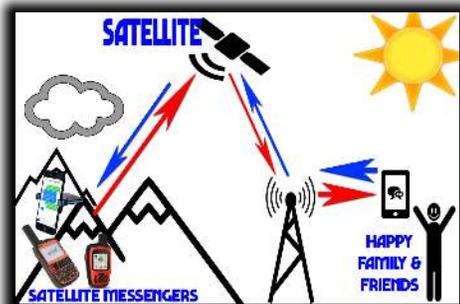
By Robert Eversole

Reprinted with permission from [www.trailmeister.com](http://www.trailmeister.com) July 15, 2019

When you're out in the wild and need to call for help, don't be surprised if your cell phone reads "No Service."

Losing your cell signal while outdoors can be annoying — but if you're out riding or camping, your cell phone signal can mean the difference between life and death. Injuries, being lost, and any other number of hazards can mean you need to call for help — but if there's no signal to carry your message, then what do you do?

Unlike the phone you use every day, GPS communicators don't need a cell signal to work. Instead, they use the network of satellites constantly orbiting overhead. Not only can they be used to track your position, they can also be used to send and receive packages of data. We're talking around 140 characters, like in the early days of text messaging. That may not sound like much, but it's enough to tell your loved ones where you are (or that you're delayed), receive medical advice, and even download an up-to-date weather report. They can also contact search and rescue virtually anywhere in the world if the sh@t really hits the fan.



I tested the three most promising satellite messengers from SatPaq, SPOT, and Garmin. I won't sugarcoat it: none of these tools are perfect. That being said, all of them could save your life when the trail gets rocky.

Each of these devices have a number of basic functions in common. When activated, all of them let you do the following in areas without cell phone reception:

- In case of a non-life-threatening emergency, alert your personal contacts that you need help
- In case of a life-threatening emergency, activate an SOS button that directly notifies emergency responders of your distress signal, as well as your GPS coordinates
- Send text-based messages to your personal contacts
- Create shareable online maps of your adventure so others can follow along in (near) real time
- Track your journey

## SatPaq

A clip on antenna that turns your smartphone into a satellite communicator.



- PRO: Inexpensive to purchase and to use. Takes advantage to the phone that's already in your pocket.
- CON: Needs your cell phone
- PRICE: \$250
- COST OF OWNERSHIP: .29 to .40 per message

**NIFTY FACT:** The SatPaq communicates through Geostationary (GEO) satellites when there is no cell or WiFi coverage. GEO satellites don't move relative to your position on earth so they're always in view and your communications can happen right away.

Horse and mule riders like to get off the beaten path; we long for the backwoods and back country refuges of isolation where (hopefully) you won't see people for days. The problem is when you're this far in the backcountry, you're also well out of cell coverage which can make a bad situation much worse if there's ever a serious injury or illness. You won't have to worry about that potential worst-case scenario if you're carrying a SatPaq.

The SatPaq from Higher Ground is a lightweight device that easily clips to your smartphone and connects wirelessly using Bluetooth to communicate through satellites when there is no cell coverage. SatPaq's SpaceLink free app allows you to send and receive messages, get instant weather forecasts, share your location, and get help in emergencies — all without having to pay monthly service fees.

SatPaq also features an Artificial Intelligence medical service to answer first aid questions and an SOS service for emergencies. It's iPhone and Android compatible and can hold a charge for 4-5 months in storage. SatPaq is also only 4 ounces — that's less than my iPhone!

SatPaq eliminates the monthly fees associated with other satellite messengers through the purchase of message credits called MessagePaqs that allow you to use the service whenever you need. These message credits holdover until you use them.

If you spend time exploring away from cell phone coverage, the SatPaq is a very attractive piece of gear!

## SPOT X

A rugged communications device that will send texts independently, without a linked smartphone.



- PRO: QWERTY keyboard and a built-in digital compass
- CON: Keyboard has tiny hard to use buttons. Cannot pair with a phone. Does not support maps
- PRICE: \$250
- COST OF OWNERSHIP: \$164 - \$380 per year

**NIFTY FACT:** The SPOT X is the company's first device with two-way satellite messaging.

The SPOT X is a stand-alone two-way satellite messaging device. The other devices we tested allow for two-way, customized messaging, but they require a smartphone for easy typing. The SPOT's built-in QWERTY keyboard makes it stand out. You compromise nothing by using the X on its own. In fact, you couldn't (Continued on page 8)

link it with your smartphone even if you wanted to.

The Spot X can send and receive text messages and short emails. This makes it fundamentally different than SPOTS's other devices such as the Gen3, which can only send messages. Messages can be predefined, custom, or even posted to social media to keep all of your peeps in the know. Each Spot X unit is assigned a personal U.S. mobile number, which makes sending

messages to the device easy. The process of sending messages to the other devices we tested is less straightforward.

The Battery life of the SPOT X far surpasses that of the Garmin InReach, going twice as long (10 days) before a recharge is required.

Along with sending and receiving messages, the SPOT X can also track your location at regular intervals; send SOS messages directly to the GEOS

International Emergency Response Coordination Center; and function as a rudimentary navigation device with a built in compass and the ability to set waypoints.

The SPOT X is a solid backcountry communications option, so long as you can accept the keyboard and lack of mapping capabilities.

### Garmin inReach

SMS devices allow users to communicate via text message to friends, family and rescue operators at a fraction of the price of regular satellite phones. These tools also allow for continuous tracking so that contacts back home can follow along with your journey.



- PRO: Reliable, Rugged, Accurate, Preloaded topographic maps
- CON: Unit is bulky, heavy, expensive
- PRICE: \$300 - \$450
- COST OF OWNERSHIP: \$180 to \$1,200 per year

**NIFTY FACT:** There are two flavors of Garmin inReach: the Explorer+ and the SE+. The Explorer adds topo maps, a built-in digital compass, barometric altimeter, and accelerometer.

The Garmin inReach Explorer+ is a significant investment: it's \$450 for the device; service plans and insurance coverage add more to the cost. But what's the price of safety and peace of mind? If I got into trouble, the inReach can help me get out. And for friends and loves ones, the ability to communicate with me while I'm in the back country is invaluable.

Rugged and ready, InReach devices use the iridium satellite network of 66 low orbit satellites offering 100% coverage worldwide to help ensure your messages are received.

Both versions of the inReach excel at messaging, as long as you set your expectations appropriately. Satellite communications, no matter the network or the technology employed, have inherent limitations. Sometimes you'll have to wait a few minutes for satellites to pass overhead and send and receive the messages.

(Continued on page 9)

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The simplest way to send messages with the inReach is through the Garmin EarthMate smartphone app. On the app, it's easy to add your contacts and then send and receive a big batch of messages. Pre-programmed messages make it much easier to send quick updates, so you don't have to type the same message multiple times. Without the phone app composing messages is a painfully slow process

of ticking off characters on the inReach keypad.

**The Bottom Line: Which Satellite Messenger Should I Pick?**

Your answer will depend on your unique needs. Here are the main questions that I consider before choosing a device.

- What are your biggest priorities? Easy, quick messaging? Battery

life? Cost savings? Compact size and weight? Navigational tools?

- Do you plan to also carry a smartphone and use it in conjunction with your satellite messenger, or do you want a standalone device?

Beyond the classic 10 essentials, modern SOS devices provide a greater increase in your overall outdoor safety than most other gear available. They offer peace of mind to your loved ones, and two-way communication with search and rescue teams and medical professionals. Simply put, you should buy one, learn to use it and show your riding partners how to use as well, and bring it with you on every wilderness adventure.

Try each of the devices during TrailMeister trail riding and horse camping clinics. Clinic attendees have the opportunity to use and test live satellite messenger devices during my clinics. Check the schedule [here](#).

*Robert Eversole is a guy whose perfect ride is an "uneventful" one. Because he wanted to know the skinny about a riding area before he arrived and wasn't able to find good, accurate information, he created TrailMeister.com. From trail maps, satellite imagery of trail head parking areas, links to land managers, trail riding clinics, acclaimed magazine columns, applauded videos, and more, the TrailMeister is the one-stop for trail riding information.*



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**⚠ Ride Chairs & Secretaries**

**We update forms as needed.**

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**Please download current ones @ [natrc.org](http://natrc.org).**

**FORMS**

# The Leisure Division:

by the Ride Structure Committee

The Leisure Division (LeD) is new this year and competitors new to NATRC, as well as experienced riders, are giving it a try. Overall it seems a success, though not always in ways we expected. We've also had a few issues. All the regions have been trying LeD rides either as standalone events, in combination with clinics, or with 1 and 2-day Open/CP/Novice (O/CP/N) events.

LeD was introduced with two main ideas in mind. One, we wanted to introduce new riders to NATRC in an easy to try format. Two, we wanted to retain experienced NATRC riders who, for whatever reason, no longer wanted to or were able to compete in 1 or 2-day O/CP/N events.

The format seems to meet many people's needs. People like showing up in the morning, competing over a limited distance, having awards, and going home later in the afternoon. Depending on the event, some have camped before or after the ride, without the stress of being judged. For new riders, we envisioned LeD would be a steppingstone into O/CP/N. For experienced riders, it would be a way to keep them involved with NATRC.

Observing LeD events this year, we have learned a few things. The main thing we didn't expect was for the LeD

format itself to be so popular. For many new riders who attend the LeD events, the distance is right and the "half-day" format meets their life needs. For some, the LeD events are not a tryout for O/CP/N. At least for now, LeD meets their needs. This is not to say that a few LeD riders haven't tried O/CP/N events, they have, but LeD looks like it will be a legitimate division in its own right. This is a good thing in that it offers NATRC an opportunity to teach good horsemanship and horse care to a new group of people we were missing.

There have also been issues we are trying to figure out. LeD events can start and end while O/CP/N riders are still out on trail. This makes it difficult for the LeD and O/CP/N competitors to interact, meet each other, and learn from one another. LeD riders will start to make their own connections within the LeD group, but NATRC is an extended family for many of us and not integrating would be a missed opportunity. Many of us are trying to figure out how to make LeD riders feel more included without making them stay in camp longer than necessary. Ride Managers are doing more to have riders intermingle on the trail, have lunch together, welcome LeD riders to the evening potlucks, and to camp overnight.

## How It's Going and Proposed Changes

We also have issues with the goal of LeD events. LeD events were conceived as an introductory level event, but they are open to very experienced NATRC riders. This creates a bit of a conflict. Is it appropriate for our new riders who are feeling out NATRC and our sport to be in competition with some of our most experienced competitors? Some have asked our experienced riders to ride DO (Distance Only) or act as mentors to avoid this conflict, but LeD is supposed to be a place for these riders too. For our new competitors, we also tend to keep the obstacles fairly basic; will this bore our experienced riders, or new skilled riders who come from competitive obstacle type backgrounds?

It has been suggested we split LeD into two classes. One would target new and less experienced trail riders. The other would target more experienced NATRC riders or more skilled riders who want and expect more challenging trail tests, similar to what we may ask of our Open or CP competitors. We would probably require at least NATRC judges and certain national award recipients to compete in the more skilled class, but others would self-select. Another thought is to have competitors move up to the more challenging class once they have reached a certain level of points in NATRC or a lesser amount in strictly LeD events.

We would like to hear your comments. Please contact your National Board Member, or any member of the Ride Structure Committee:

Angie Meroshneoff  
([awhitedog@aol.com](mailto:awhitedog@aol.com))

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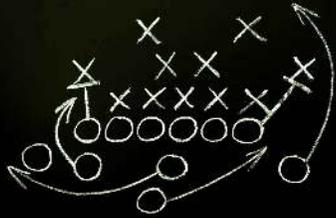
The advertisement features a silhouette of a horse's head in profile against a sunset background. Below the horse, a person is silhouetted riding a horse. The text 'EquiTrack' is prominently displayed in a large, serif font. Below it, 'GPS Enhanced Riding App' is written in a smaller, sans-serif font. At the bottom, there is a list of features and a small image of a hand holding a smartphone displaying the app's interface. The website 'www.myequitrack.com' is listed at the very bottom.

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# Strategy in CTR.



## Really? - Part 1

By Bev Roberts

**Y**ou bet! While most of us think of it in terms of military engagements, strategy goes by other names like blueprint, game plan (football comes to mind with all those x's, o's and arrows on a blackboard), road map, plan. It is the art of devising a means to an end (goal) with a favorable outcome.

In competitive trail riding (CTR), goals may range from completing the distance to winning, and anything in between, and doing it with the least stress and most enjoyment. Although the strategies discussed here are primarily for Open, Competitive Pleasure, and Novice divisions in 2-day rides, Leisure division participants may find these strategies helpful, too. By NATRC design, the Leisure division competitor can arrive, compete, and go home the same day.

There are strategies for home, in camp, on the trail, and after coming off the trail. This article addresses the first of these.

Strategy starts at home. The key to any successful endeavor is preparation, and a key activity at home is packing for you and your horse. A checklist makes packing sooooo much easier. It should include horse supplies, feed, spares, repair materials, food, personal items, trail gear, clothing, camping gear, and so on. You can develop your own list from

scratch or download a list from NATRC's website (natrc.org, do a search for "What to Pack") and modify it to suit your needs. At least one rider even has her horse on her list! No forgetting that "key" member of the team.

When to leave home is a strategic factor in reducing stress and fatigue. Much of that depends on time and money (which is no surprise). Ideally, being a retired, monetarily rich person would easily answer the question of when to leave home - at one's leisure, of course. This "ideal" person could even attend rides that are far away (more than a 1-day drive) and could arrive at the ride camp at least 2 days before ride start. For a Saturday morning start, a Thursday arrival would be good.

Arriving early leaves plenty of time to set up camp comfortably and to shake off the weariness of travel. Activities on Friday usually begin at 2:00 p.m. with the preliminary vet check. Most "normal" people do not have the "ideal" person's luxuries and must juggle time off from work,

money, and home responsibilities to arrive early enough on Friday in order to get their horses checked in by early evening.

NATRC does allow for those who know they will arrive after dark



**A thorough, detailed checklist makes it easy to pack in segments over a few days. No worrying whether or not that certain items were packed, just consult the list and move on with confidence.**

on Friday, or who have encountered delays in route, to check in very early on Saturday morning before the ride start. Give ride management advance notice.

Another strategy, if ride camp is at a location that takes reservations, is to reserve early. There will be more choices. Look for sites that are close to a pavilion where management holds meals and the ride briefing, close to the probable vet check location, close to a bathhouse and in the shade. Easy access to all those amenities makes the camping more enjoyable and less stressful after a long day on the trail.

Finally, work out what tack you will use for competing while you are conditioning your horse at home. Then, if you or your horse get rubs, sores or painful areas, you can fix the cause. At the ride, you will not be fretting about tack issues. Less stress, more enjoyment.



**The vet and horsemanship judges are very accommodating. If you arrive after the vet check-in has closed, the judges might check you in after ride briefing rather than waiting until the following morning before ride start. (After all, like you, they don't want to get up any earlier the next morning than they have to.)**

Photo by Jim Edmondson, Optical Harmonics

# Rule Proposal Deadline and Bylaws Vote

From Shari Parys, Chair, Rules and Bylaws

Rules and bylaws do not seem like exciting topics, but they are so important to how our organization functions! We appreciate your time spent in suggesting rule changes, looking over posted items, and providing feedback. We have had a lot of positive changes in the past couple of years and look

forward to further growth and development while maintaining our strong foundation. Rules and bylaws keep us on the correct path.

## Rules

We had a moratorium on rule changes for the 2020 season but will

be accepting proposals for 2021. These are due to your region's national board representative by **October 15<sup>th</sup>, 2019**. Please submit in the format as it would appear in the Rule Book, including the appropriate section number(s).

The new schedule for proposed rule changes is as follows:

**October 15:** Proposals due to each region's NBOD representatives

**November:** Proposals introduced during the NBOD meeting and discussed

**February:** Wording fine-tuned by NBOD then sent to general membership for discussion

**July:** Vote by NBOD on final acceptance

## Bylaws

The NATRC Bylaws required an update for the new membership categories and corresponding voting rights. We also clarified when elections of board members occur versus expiration of their terms. There was a section regarding a point secretary that no longer applies to how our system works. The NBOD discussed the proposed bylaws changes and the ballot for these changes is now available to our members in this *Hoof Print*. Please take the time to review them and then vote to approve or disapprove the changes by **November 1, 2019**. You must have a current membership with voting rights in order to do so.



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The North American Trail Ride Conference is a 501(c)(3) non-profit organization. Your donation is tax deductible. To implement any of the donation suggestions, please be sure to work with your attorney or financial adviser.



Photo by Jim Edmondson

# PROPOSED BYLAWS CHANGES 2019 - Ballot

Each adult competing, supporting and single lifetime membership is entitled to 1 vote.  
Each family competing and family lifetime membership is entitled to 2 votes.

Proposed changes below are BOLD. Explanations for each change are listed in all capital letters. Check Yes or No for each of the four sections to approve or disapprove the separate changes.

Please return by November 1, 2019 to NATRC, [natrc@natrc.org](mailto:natrc@natrc.org) or PO Box 969, Beatrice, NE 68310.

## ARTICLE IV. BOARD OF DIRECTORS

Section 1. The board of directors shall consist of two members from each of the six regions, a total of 12. The term of each member shall be for a period of three (3) years. The term of office for directors shall begin on January 1 following their election **and end on December 31 of the final year of their term.** The terms shall be staggered so that four regions elect one member **at the fall meeting of the board of directors** in years when a term expires **at the fall meeting of the board of directors.**

Section 2. Each region shall elect an alternate director. This election shall be held concurrent with the normal election of directors and shall be for a term of three (3) years. The terms shall be staggered so that two regions elect one member **at the fall meeting of the board of directors each in years** when a term expires **at the fall meeting of the board of directors.** This alternate director will automatically be seated whenever a sitting director is unable to attend a meeting.

NO CHANGE IN PROCEDURES; CLARIFIES THE TIME FRAME FOR TERM OF OFFICE AND ELECTION OF NATIONAL BOARD.

Yes \_\_\_ No \_\_\_

## ARTICLE VI. PRESIDENT

~~Section 4. The president shall appoint a point secretary, not necessarily a board member, who shall receive the score cards for each ride and shall keep an account for the high score awards and shall regularly publish the standings during the corporation's competition season.~~

SCORECARDS ARE NOW RECEIVED AND POINTS RECORDED BY THE NATIONAL OFFICE; POINT SECRETARY OBSOLETE.

Yes \_\_\_ No \_\_\_

## ARTICLE X. MEMBERSHIP

Section 1. Any person interested in the purposes and objectives of this organization may be eligible for membership, and upon proper application and payment of **the any** required dues, may be accepted in membership.

Section 2. ~~There shall be Junior Members, Adult Members, Family Members, Adult Lifetime Members, Family Lifetime Members and Associate Members. The board will determine the dues, classifications and privileges of these members and cause the rule book to so state.~~ There shall be Junior, Adult, and Family competing memberships, Adult and Family Lifetime memberships, and Supporting memberships. The board may add non-voting memberships. The board will determine the specific classifications and privileges of each and cause the rule book to so state.

**The board will also determine the dues for each classification.**

Section 3. Lifetime Members will be either paid or honorary. Regardless of the type of lifetime membership, in years the corporation is profitable, a portion of this membership fee will be deposited into the NATRC Foundation funds.

Section 4. **Each Adult competing, Adult Lifetime, and Supporting membership is entitled to one vote. Each Family competing and Family Lifetime membership is entitled to two votes.** No member shall be entitled to vote unless he/she is **a paid-up member current on all dues and** in good standing at the time when such voting takes place.

REDEFINES THE MEMBERSHIP STRUCTURE AND VOTING PRIVILEGES. ACCOUNTS FOR FREE AS WELL AS PAID MEMBERSHIPS.

Yes \_\_\_ No \_\_\_

ARTICLE XIII. COMMITTEES

Section 4. Nominating Committee:

- (a) Each region shall appoint a nominating chair and, if deemed advisable, a nominating committee. This chair shall nominate annually, sufficient individuals to fill the positions of national board members/alternates whose terms expire at the end of the year.
- (b) Nominees must be and have been voting members for at least two (2) full fiscal years previous to the year of nomination. Nominees must, in the opinion of this chair, be active as a competitor, ~~or~~ as a judge, in ride management or NATRC management.
- (c) The chair shall give due consideration to geographical areas and states, and to different categories of occupation, so that the board of directors is widely representative of NATRC and is a true composite of the leadership thereof.
- (d) At least thirty (30) days before the fall meeting of national board of directors, the regions shall submit to the voting members of their region a slate of nominees for the vacancies to occur on the national board of directors. Such ballots shall also provide space for nominees to be written in by the members. **The tabulation from each region shall be submitted at the fall meeting of the national board of directors.**
- (e) Each region's nominating chair shall report the results to the president of NATRC who shall cause an announcement of the election to be made **thereafter at the fall meeting of the national board of directors.**

CLARIFIES CURRENT PROCEDURES FOR NATIONAL BOARD ELECTIONS.

Yes \_\_\_ No \_\_\_



"There is a reason for 'equitation skills', and it is not to look pretty. Equitation is about the PHYSICS of THRUST and SPEED and BALANCE and MOTION, and how the human body either gets in the way of the horse as he does his job, or gets out of his way so he can function."

—Denny Emerson



# Stirrup Length

By Priscilla Lindsey,  
Horsemanship Judge (R6)  
and Retired Centered Riding  
Instructor

Proper stirrup length contributes a lot to a good ride. If your stirrups are too long, your knees and ankles will lock in an effort to help your foot reach the stirrup. This causes you to bounce when the horse is trotting, to be unsteady, and "wobble" (fall back against the cantle and forward against the pommel) when the horse transitions to up-hill, downhill, steps over a log, etc.! If your stirrups are too short, you will become precariously perched above the horse, and your knees will end up hurting. When your back and legs get tired and achy, then your horse will tire more quickly because you are not upholding your end of the deal to make his job as easy as possible.

For efficient distance riding, there should be some slight flex in your knees and ankles for shock absorption. Picture a downhill skier flowing down the hill, the knees constantly flexing to follow the contour of the hill. Now try to picture that with the knees locked. You just about can't because you KNOW it wouldn't work. Visualize how much better you will be able to "dance with your horse" if your knees and ankles flex.

Here's one suggestion to see if your stirrups are about the right length before you even start to ride. Sit in the saddle, feet in the stirrups. Now stand with your feet level or heels slightly down. If your stirrups are about the right length, you should be able to get a hand-width or fist between your bottom and the saddle. This should give a stirrup length that will allow some flex in your knees and ankles to absorb the shock of moving down the trail.

This doesn't mean you should ride a fist-width above the saddle. Neither should you brace your legs stiffly

against the stirrup. Saddles are meant to carry you, but you should be able to "get light" when you need to by transferring some weight to your inner thighs and feet.

Another suggestion is to sit in the saddle with your legs relaxed and feet out of the

stirrups. The foot bed of the stirrup should be about at the level of your ankle bone.

Riders may change their stirrup length during a ride to "relieve" certain muscles - for example they might shorten them a bit if they know there's going to be a lot of trotting in a particular section of trail then lengthen them when they know there's going to be a lot of flat walking.

If you are riding properly, relaxed and in good balance, you should NOT hurt anywhere! You will be happier, and your horse will be happier.

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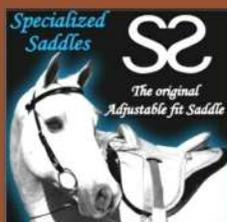
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# Honorary and Appreciation Nominations due Tuesday, October 15, 2019.

By Ruth Mesimer, Honorary and Appreciation Chair

- Jim Menefee NATRC Lifetime Achievement
  - Workers Hall of Fame
  - National Appreciation
- Regional Appreciation for National Recognition

**B**rain storm with your fellow region members and prepare write-ups for deserving folks in your region. Submit nominations and write-ups to your region's BOD for approval. **PLEASE**, keep the word limit in mind on each nomination and submit in Word format.

A person designated by the region's board forwards the approved

nomination write-ups to the Honorary and Appreciation Chair.

Your national board members receive all of the approved nominations and make their selection at the November 9, 2019 meeting. NATRC presents the awards at the following national convention.

**Jim Menefee NATRC Lifetime Achievement Award** - awarded one time only to an individual. Each region may nominate one NATRC member for the award. The national BOD selects one. The recipient gives a brief speech upon accepting the plaque at the national convention. This award honors Jim Menefee, a favorite judge who was especially encouraging to Novices and first-time competitors. **Write-up limited to 400 words.**

**Workers Hall of Fame** - one time only to an individual, pair or couple. Each region may nominate one member for the award. The BOD selects one or more at their discretion. **Write-up limited to 400 words.**

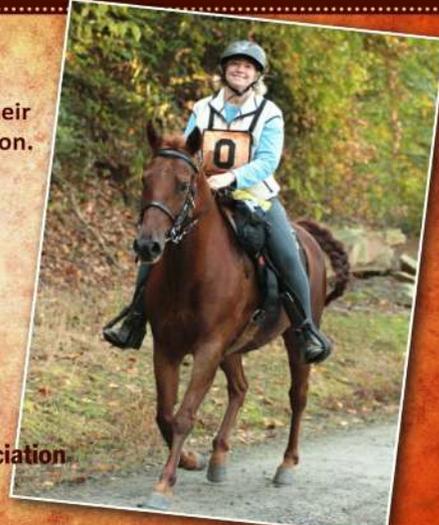
**National Appreciation Award** - each region may nominate one member for this award. The BOD selects three. A recipient can be eligible only once every 3 years. **Write-up limited to 200 words.**

**Regional Appreciation Award for National Recognition** - each region may nominate up to three members for recognition. Nominees may be individuals, pairs, or groups such as ride sponsors or clubs. **Write-up limited to 200 words.**

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## SAYONARA SORING!

Below is a portion of a press release from our partner organization Friends of Sound Horses (FOSH).

### In historic vote, House passes bill to make horse "soring" a thing of the PAST.

WASHINGTON (July 25, 2019) - The Humane Society of the United States and Humane Society Legislative Fund applaud a historic move in Congress to protect Tennessee walking horses and related breeds from the cruel practice of intentionally inflicting pain on the animals to force an exaggerated step that is prized in the show ring. The House of Representatives approved by an overwhelming 333 to 96 bipartisan vote, the U.S. Senator Joseph D. Tydings Memorial Prevent All Soring Tactics (PAST) Act, H.R. 693. This much-needed legislation will amend the Horse Protection Act, closing loopholes that have allowed violators to continue their heinous practices undeterred.

Soring involves intentional infliction of pain on a horse's legs or hooves to force the horse to perform an artificial, high-stepping gait known as the "big lick." The Humane Society of the United States has documented these abuses in undercover investigations of the big lick segment of the industry in 2012 and 2015.

The Senate companion bill, S. 1007, introduced in April by Senators. Mike Crapo, R-Idaho, and Mark Warner, D-Virginia., currently has 41 Senate cosponsors. The Senate Commerce Committee approved the identical legislation in 2014.

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Photo by Richard Rosinski





**By Alice Perryman,  
Chair, Riders and Juniors Committee**

**R**ule Book 4 B 6 a. Juniors (age 17 and under) must wear an ASTM/SEI, Snell, or approved equal equestrian riding helmet at all times while mounted in camp or on the trail. This rule applies to a junior competing in any class or a junior visiting the NATRC camp.

Most of us know that “stuff” happens with/around horses. It’s hard to document specific figures for horse-related injuries, but most sources agree that the injury rate for children is high, many (10-30%) horse-related injuries are head injuries, and equestrian sports are the most common cause of sports-related traumatic brain injuries (TBI) in adults. The only head injuries comparable to an equestrian’s have been high speed and high impact motorcycle head traumas - we are a serious sport no matter what discipline or speed we are riding at.

Proper helmets for horseback riding are designed to protect the head from injury by spreading the impact over a wider surface and absorbing the force into the compressible helmet interior.

Originally formed in 1898 to evaluate materials used in building railroads, ATSM, known as the American Society for Testing and Materials, is an international standards, non-profit, organization that develops and publishes voluntary consensus standards for a wide range of materials and products (over 12,000). Different standards are used for different sports.

SEI, Safety Equipment Institute, tests those standards and ensures that helmets are manufactured to standards that meet or exceed those of ASTM.

ASTM/SEI certified helmets are tested to see that they evenly distribute a shock wave from a sharp blow (think fall from a horse), that they resist penetration of a sharp object (think horse’s hoof), that the straps are effective in

keeping the helmet on in a fall, and that the visor is flexible enough to prevent a nasal fracture. Helmets are tested again after being frozen, heated, and submerged in water. ASTM/SEI helmets have the date of manufacture and the SEI seal under the headliner. In general, helmets should be replaced every five years; materials degrade over time. In particular, helmets should be replaced after an impact, even if there is no obvious damage. The protective core could be compromised and no longer effective. An impact can be as severe as a rotational fall with a horse or forgetting your helmet on top of your car and having it fall onto the driveway as you accelerate away.

The Snell Memorial Foundation (SMF) also tests and certifies equestri-

**In general,  
helmets  
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over time.**

an helmets. Founded in 1957, its first standards were issued for auto racing. Subsequently, specific helmet standards based on performance for other sports have been issued, such as a higher drop onto a flat surface and crush resistance.

A helmet must fit properly to provide effective protection. As a guide, start by measuring your head with a

measuring tape. Have your hair styled as you ride, which we recommend is not tucked up into the helmet as that can shift while riding. Measure the widest part around, typically the rounded back of the head, just above the ears, and about an inch above the eyebrows. Take note of both the inches and the centimeters, as different brands can convert to riding helmet size through either metric of measurement.

Look at the sizing guide for the brand of helmet you want to try. Then try the helmet on your head. Different brands fit and feel differently. The helmet should fit evenly around your head and snugly enough that it doesn’t shift out of position if you shake your head. With the helmet strap unclipped, lean your head to the left as if to touch your ear to your collarbone and then swiftly try to touch your right ear to your right collarbone, and repeat this wide range of motion a few times. Then nod your head up and down as vigorously as a sitting trot would ask, and shake your head back and forth as if someone asked if you want to trade your NATRC weekend for anything else in the world.

When examining the fit of the helmet in a mirror, the visor should be just above and parallel to your eyebrows. The chinstrap should just touch the skin, not pinching it, and should not pinch the ears. Different styles of helmets will be lower or higher on the back of your head; find one that makes you feel supported and enclosed. The helmet should fit evenly snugly all around your head - no gaps on the side or pinching on your forehead, as that is a sign of uneven pressure which will be detrimental to comfort and safety on the trail. Use the supplied padding strip to make slight corrections in the fit.

Take care of your helmet by being sure it’s dry, or can air-dry, before you put it away. Keep the liner clean; most are removable and have instructions for washing. Don’t store it in extreme hot or cold conditions. This is the only head you have. Protect it and don’t risk your brain on an abused or out of date helmet.

Wearing a proper helmet can not only save you, it can save the rest of us who might have to take care of you. The majority of head injuries come from unexpected falls or trips; never feel like there’s a horse too safe for a helmet. And pride yourself in donning that helmet to set a good example for Junior riders. None of us are too cool for safety.

# "Adventures" in Dixie

by Marsha Howard

Reprinted with permission from the Summer 2019 Region 5 *Hoofprints*

"So what the heck just happened?" you ask.

So many of you may know I had a little adventure at Spring in Dixie resulting in exposing your horses during vet check to helicopters and sirens. What happened?

I was returning from vet check to my trailer. I asked Pepper to curbside to a step to mount bareback. Something we do routinely and without thought. For this mount the step was a little low, requiring me to lay across his back prior to swinging my leg over - you know the type that leaves you wiggling a bit and hoping nobody is behind you with the camera. This particular mount, Pepper decided to take a few steps while I started that wiggle. I remember pulling the rope to ask him to stand and then...

I do not remember anything that involves gravity leading me to lying on the ground with IV's being placed, paramedics and broken legs. I have no memory of slipping, hitting the ground or anything that got me in that scary and awkward position. These are the memories I do have... People holding my hand and head giving me the strength to be brave and allow the things that needed to happen to happen. Strong and knowledgeable people getting me stable in the field. NATRC family calling my daughter to let her know of my predicament.

NATRC family members driving to the hospital and sitting long uncomfortable hours in the miserable waiting room chairs until they knew I was safe, had a plan and was settled. I know getting up at 5AM had to be more than the usual struggle the next morning for them. They also

brought me food just in time to eat prior to being cutoff for impending surgery!

The safety and comfort that my horses were being fed, cared for, poop scooped, moved out of flood zones by my NATRC family during a stormy threatening wet weekend. Not one horse but two! The knowledge that Jezebelle was not only cared for but allowed to stay at doggie camp with three of her closest companions. Not sure how much sleep

happened in a trailer with four dogs.

How easily my horse family established long term plans to return my boys home. Offers for them to stay in Dublin in a known and safe routine and then ultimately that somehow my dog, horses, truck and trailer returned to my home, and all my four-legged family settled in before I was even discharged.

I have memories of texts, kitty cards, phone calls, hospital visits, meal deliveries, housecleaning, stall cleaning, offers to use Birmingham apartments, transportation offers, dog bathing, trash pickup, pasture mowing and hugs. You have no idea how comforting and important those touches are to a healing soul.

Support didn't stop even weeks into recovery. I got more cards, dinners delivered, gift packages. I received a VERY generous donation from an NATRC raffle. Friendly faces came and put fly spray on horses and cleaned stalls, emptied my trash and delivered my mail. I have plants on the bank of my pond placed in the hot sun that will bring me smiles and memories for years. NATRC - always educational - learned about insurance and safety bracelets, and hopefully we are all a bit stronger for the experience.

Horse people have always been supportive by nature. I would challenge you to find a sport in which the people at camp and at large pull together as quickly and efficiently and have such a bond. I know that when I think NATRC and come to rides, I am coming to see family and riding the horse is a perk. I don't know how to package that feeling in an advertisement to post on Facebook.

My foot is now pointing back in the correct direction. It has a few months to heal, but then Pepper and I will continue to practice standing at the mount. Yes - I will frown at the judge that asks for an offsite mount for a while. I would say I look forward to being with my NATRC family soon, but they are all around me now. I just can't wait to see them all in person on the trail, in camp and from the top of the horse.

**There are friends,  
there is family,  
and then there  
are friends who  
become family.**

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Manager must be an NATRC member.

Submit 1-page application and supporting papers 90 days prior to the ride.

Download application at [natrc.org](http://natrc.org).

**RIDE  
MANAGEMENT  
SUPPORT FUND**

# Create an NATRC Ride Timing Table

By Bill Wingle

As a trail master, if you've ever created an NATRC ride timing table, particularly if the speed over various sections changes, you know it's easy to make a mistake. This is just compounded when there are unexpected trail changes, you are in a hurry, and you must make last minute adjustments.

I've put together an easy to use [web page](#) to help you create your timing tables. All you need to know are your waypoints, the distance along the trail to each waypoint, and the pace (mph) for each section. Waypoints can also be designated as P&Rs or as lunch stops, which add 15 or 45 (or 60) minutes respectively. With this informa-

Novice/CP	Open	Arrival Times	Data		
<b>Novice/CP Timing Table</b>					
Station	Distance	Interval	Time	Interval	mph
Camp	0.00	0.00	0:00	0:00	
P&R #1	4.39	4.39	1:05	1:05	4.0
				0:15	
B	6.69	2.30	1:57	0:36	3.8
P&R #2	10.18	3.49	2:52	0:55	3.8
				0:15	
Lunch	12.60	2.42	3:43	0:36	4.0
				0:45	
N	13.84	1.24	4:48	0:19	3.8
O	14.96	1.12	5:07	0:19	3.4
2-Mile	19.60	4.64	6:23	1:15	3.7
Camp	21.57	1.97	6:52	0:29	4.0
	From:	6:37	to	7:07	3.83

Station ID	Distance	Type	Speed (mph)	Show in Table
Camp	0.0			
+ - P&R #1	4.39	P&R ▼	4.0	<input checked="" type="checkbox"/>
+ - B	6.69	▼	3.8	<input checked="" type="checkbox"/>
+ - P&R #2	10.18	P&R ▼	3.8	<input checked="" type="checkbox"/>
+ - Lunch	12.6	Lunch ▼	4.0	<input checked="" type="checkbox"/>
+ - N	13.84	▼	3.8	<input checked="" type="checkbox"/>
+ - O	14.96	▼	3.4	<input checked="" type="checkbox"/>
+ - 2-Mile	19.6	▼	3.7	<input checked="" type="checkbox"/>
+ - Camp	21.57	▼	4.0	<input checked="" type="checkbox"/>

tion, the web page will create the timing table with all the interval and total, distances and times. If the times are not exactly what you want, you can

adjust the section pace and the table will update interactively.

*Continued on page 21*



"Our best marketing tool is one on one."

- Jamie Dieterich

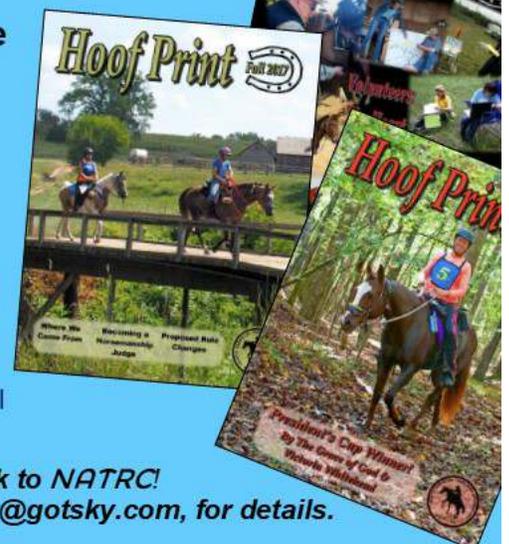
## Volunteer Needed

To compile and coordinate *Hoof Print* content and contributions quarterly.

Helpful skills:

- Involvement with the sport
- Ability to stick to a time table
- Proficiency with MS Word
- Proficiency with proof reading
- Ability to work well with others
- Ability to communicate via email

**This is your chance to give back to NATRC!**  
Contact Jamie Dieterich, [jamiiek@gotsky.com](mailto:jamiiek@gotsky.com), for details.



The page is setup to create two timing tables; one for Open and one for Novice/CP. This is done because the page also creates a third table. This table shows the expected arrival mid-times for the first and last riders in

each division at each waypoint in real clock-time. This table can be very helpful for moving judges around and making sure you will be in front of the first rider. P&R managers also like the table; they know when to expect

riders, and when they need to be at the next P&R. This helps determine if they need multiple teams, or if they need to send part of a team off to the next P&R.

Novice/CP	Open	Arrival Times	Data
-----------	------	---------------	------

### Arrival Timing Table

Novice/CP Station	First Mid-Time	Last Mid-Time	Ride Time	Open Station	First Mid-Time	Last Mid-Time	Ride Time
Camp	7:36 AM	7:54 AM	0:00	Camp	7:30 AM	7:36 AM	0:00
P&R #1	8:42 AM	8:59 AM	1:05	P&R #1	8:27 AM	8:33 AM	0:57
B	9:33 AM	9:51 AM	1:57	B	9:10 AM	9:15 AM	1:39
				D	9:39 AM	9:44 AM	2:08
P&R #2	10:28 AM	10:46 AM	2:52	P&R #2	9:56 AM	10:02 AM	2:26
				I	10:49 AM	10:54 AM	3:18
Lunch	11:20 AM	11:37 AM	3:43	Lunch	11:19 AM	11:24 AM	3:48
N	12:24 PM	12:42 PM	4:48	N	12:20 PM	12:26 PM	4:50
O	12:44 PM	1:01 PM	5:07	O	1:03 PM	1:09 PM	5:33
				P	1:10 PM	1:16 PM	5:40
				S	1:43 PM	1:48 PM	6:12
2-Mile	1:59 PM	2:17 PM	6:23	2-Mile	2:35 PM	2:40 PM	7:04
Camp	2:29 PM	2:46 PM	6:52	Camp	3:04 PM	3:10 PM	7:34

Open Start:   
 Open Riders:   
 Novice/CP Delay:  (minutes)  
 Novice/CP Riders:   
 Start Interval:  (seconds)

You can use the web page off-line if you load it into your browser before you go off-line. The information you enter is saved as a text string on the *Data* tab. As this page is meant to

work off-line, no data is saved to *the cloud*. You can copy this text string into any word processor or text editor and save it for use later. You might save the Saturday and Sunday table data,

and another set if weather is a concern. If you need to update the table, paste the string back into the textbox and click the "Load Data to Tables" button.

Novice/CP	Open	Arrival Times	Data
-----------	------	---------------	------

### Table Data

After filling out timing tables, save the data below before you leave this page. You can paste it in later when you return. The data in the box below can be loaded to fill all the tables.

```

0, Camp, 1, P&R
#1, 4.39, PR, 4.0, true, 2, B, 6.69, , 3.8, true, 3, P&R
#2, 10.18, PR, 3.8, true, 4, Lunch, 12.6, L, 4.0, true, 5,
N, 13.84, , 3.8, true, 6, 0, 14.96, , 3.4, true, 7, 2-
Mile, 19.6, , 3.7, true, 8, Camp, 21.57, , 4.0, true, -1; 0
, Camp, 1, P&R
#1, 4.39, PR, 4.6, true, 2, B, 6.69, , 5, true, 3, D, 9.34, ,
5.5, true, 4, P&R
  
```

On the *Data* tab there is also a "Load Example Data to Tables" button which will let you get a feel for the page before you use it for your own ride.



# The *Autonomy* of Ride Management: Majoring on the Trail

By Elaine Swiss,  
Management Chair

There are rides and then there are favorite rides that competitors and volunteers alike look forward to attending, not wanting to miss for any reason. What makes one event an "OK" experience and another a "Wow, that was great!" experience?

Two-time President's Cup winner James Keene has been oft quoted: "Seventy-five percent of a ride success is the weather, and the other 75 percent is the trail," and, "For want of a 2-cent paper plate, the ride was lost."

No ride manager can control the weather, but every other element of a NATRC competition is directly controlled or significantly influenced by the ride manager. From choosing the location, the facilities, the judges, the volunteers and, of course, the trail, the ride manager directly impacts the success of a ride and consequently the reputation of the organization.

Last quarter's Management article "Autonomy of a Ride Manager" introduced this concept, focusing on what divisions to offer and what fees to charge. This installment focuses on trail selection, distance, pace and timing.

As James so succinctly stated, a successful NATRC competition is all about the trail. The Rule Book is very clear on the mileage and pace parameters for each division, and once sanctioned within these parameters, no amount of unsolicited critiques or complaints from any source need be entertained. Easy to write, harder to implement to keep competitors happy and returning to a ride.

The best way to address and assess appropriate trail length, conditions and pace is for the ride manager and trail master to ride it. All of it. On horseback. What looks perfectly reasonable on paper can be a competitor's nightmare. For example, even a topographic map that foreshadows steep ascents and descents does not adequately prepare riders for slopes of crumbling shale, or continuous boulder

fields or miles upon miles of bogs. Squiggly lines indicate twists and turns, but they may not adequately capture the "ribbon-to-ribbon" nature of the trail because there is no "beaten path" to follow.

Riding the selected trail at the prescribed pace allows the ride manager to adjust the speed/time or even make changes to the trail BEFORE the competition. Of course, the trail must still adhere to the Rule Book, and significant changes may require the ride be re-sanctioned.

But what pace is the best one? The one that enables competitors to safely complete the required miles for each division. Ride mileage can be shortened from the Rule Book, with approval of the Sanction Chair, to accommodate terrain; but the pace cannot be slowed below the minimum. An experienced test rider in addition to test rides by the manager will ensure that the pace is set correctly, not too slow or too fast.

Timing a trail is another tricky, and sometimes controversial, topic. In NATRC, there is a requirement to publish and announce at the ride briefing the minimum and maximum time in which to complete the course. The mid-time is simply half-way between the two. There are two challenges for a ride manager: is the pace set at mid-time or minimum time and are the interim checkpoints an average pace or specific to the trail?

The average pace required in the Rule Book is based on the mid-time, the average time.

For example, if the pace selected for Open is 5 mph for a 25-mile trail, one can select a 5-hour riding time as the mid-time (without P&Rs for simplicity here), with the minimum as 4 hours 45 minutes and maximum as 5 hours 15 minutes, or one can select the 5-hour ride time as a minimum time, with a mid-time of 5:15 and maximum time of 5:30 (without P&Rs). This is one trick to slow a ride down at the last minute as well.

More difficult is to set the interim checkpoints times according to the terrain as opposed to on average pace. While the pace in the example above is 5 mph, one can set the timing chart from point-to-point different from the average of 5 mph. For example, if Camp to "A" is 5 miles of wide open pastures, the time from Camp to "A" may be set at 50 minutes instead of an hour, so that the mountainous, rocky 5-mile section of the trail from "A" to "B" may be set at 1 hour 10 minutes. The average is still 5 mph from Camp to "B", but the competitor is better prepared for the pacing trail for a successful outcome.

At any given ride, the food may be wonderful, the facilities bordering on the Ritz, and the awards and prizes coveted, but at the end of the day, it's almost always about the trail. It's the foundation of NATRC and the key to ride management success. Stay tuned on how to mark that trail (\$1.59 for 100 paper plates at Walmart, my friends.)

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# NATRC National BOD Minutes July 6, 2019, Kansas City, MO

**CALL TO ORDER** by President Angie Meroshnekoff, 8:00 a.m. July 6, 2019.

**ROLL CALL.** Angie Meroshnekoff, Linda Thomason (R1 Alternate), Bob Insko, Mary Jo Malone, Bill Wingle, Laurie DiNatale, Alice Perryman, Elaine Swiss (R4 Alternate), Esther Diaguila, Sallie Kudra (R5 Alternate), Shari Parys, Marla Stucky. Sarah Rinne, Executive Director and guest Ruth Mesimer. Gayle Muench, Jamie Dieterich and Bill Moore excused.

**MINUTES.** March 7, 2019. **Motion by DiNatale, second by Wingle to approve the minutes. Motion carried.** It was decided to maintain formal minutes for electronic meetings each month.

**PRESIDENT'S REPORT.** Meroshnekoff. Briefly discussed LeD progress and the boost to regions' rides.

**EXECUTIVE DIRECTOR'S REPORT.** Rinne. Highlighted the success of the LeD rides in regards to overall increased participation across all regions. Rinne recommended that the board consider at least 1 more year of the free membership to new members now that we have a product more introductory in nature to get them to actually participate. Many people have taken advantage of the free membership over the years it has been offered but not actually made it to a ride. The LeD is not only garnering new members but getting them involved and participating which should aid in retention going forward.

**TREASURER'S REPORT.** Muench (reported by Elaine Swiss). Total income is significantly more than budgeted. Membership income has doubled already. Spending is under due to marketing and some other planned expenditures being lower than budgeted. Ride fees are down

currently mainly due to weather cancellations and rescheduling of rides to fall dates. **Motion by Parys, second by Thomason to approve the report. Kudra abstained. Motion carried.**

**BYLAWS & RULES.** Parys. See proposed Bylaws changes.

**POLICIES & PROCEDURES.** Dieterich. Report filed. The question was posed for Clinics section referencing the expectation that NATRC would share up to 1/3 of the cost of annual rental expense for each region at horse fairs. Thomason and Meroshnekoff both stated it is no longer relevant as regions handle their own costs. **Motion by Swiss to strike this statement from the P & P, second by Parys. Motion carried.**

**PROTEST.** Lori Allen. No protests filed.

**PLANNED & CHARITABLE GIVING.** Swiss. The program development was tabled until Operation NATRC Committee work was fully implemented. It is recommended with the current momentum that the

program be reinstated for 2020 as we should be in a place to do that. "In lieu of flowers" is already being used and is something that can continue to be applied.

**NATIONAL HISTORIAN.** Patsy Conner. No report filed.

**RIDE SANCTIONS.** Patsy Conner. Report filed. Wingle stated it has been a challenge consistently communicating how to distinguish the LeD from the other divisions. Meroshnekoff stated as a board we need a common language around LeD versus our other divisions. Insko reported that the LeD has the most competitors in R2.

**CLINIC SANCTIONS.** Linda Clayton. Report filed. Meroshnekoff suggested it would be helpful to have a report that reflects all clinics held to date.

**MANAGEMENT.** Swiss. Discussed ride manager communication and preferences. Facebook and management group E-news were determined to be the most appropriate ways. Swiss will work to get more LeD info out there (Continued on page 24)

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to implement a more inclusive atmosphere without creating a divide.

**RULES INTERPRETER.** Bill Wingle. 25 events, 17 LeD. Most RI reports have been received, only missing a couple. Wingle discussed the need to draft a letter to ride managers about expectations for RI's. Some are still omitting maps from their reports. Talked briefly about accident reports and some ways managers can discuss safety with riders to prevent some accidents through trail safety and courtesy. Hold times have been minor. Several RI's commented that there was no way they could feasibly attend all briefings when LeD briefings are occurring when RI is already out on trail for "A" rides. Rinne suggested wording around a pre-briefing.

**INSURANCE.** Rinne. Renewed D&O (Directors and Officers) Policy. For 2020 will be moving the D & O policy under the Equisure umbrella.

**SAFETY.** Swiss. There are continued safety issues with dogs, and it will be addressed with ride managers. Accidents are still underreported. Insko suggested at briefing that riders are reminded to report accidents or unscheduled dis-

mounts. Rinne suggested updating ride briefing checklist so managers don't forget to remind riders to report. Wingle suggested reporting on horse veterinary treatment during the event on RI report.

**MARKETING/PUBLICITY/E-NEWS.** Kris Gray. Report filed. Talked about the new Google Ad word campaign. Currently no other distance organizations are taking advantage of it, so many of the targeted key words are exclusively used by NATRC.

**SOCIAL MEDIA.** Jonni Jewell. No report filed, but current marketing efforts are focused on Facebook and Instagram. There has been remarkable growth and engagement on both our national Facebook page and group.

**BUSINESS MODEL & MEASUREMENTS.** Muench. Report filed. Discussion of LeD rider fees. Swiss discussed ride manager autonomy on fees. Swiss talked about price elasticity. Do what it takes to make it work for your ride and your customers.

**SPONSORSHIPS.** Parys. The better we do as an organization, the easier it is to draw sponsors. The positive momentum and growth has helped a lot. Added another new

sponsor. Raffle tickets are out for sale.

**MEDIA ADVISORY.** Dieterich. Meagan Monahan has agreed to step up to facilitate collection of *Hoof Print* articles. It is requested that all committee chairs submit articles for each HP.

**RIDERS AND JUNIORS.** Perryman. Perryman met with a local 4-H group. Betsy Zimmerman met with another group to share NATRC. Meroshnekoff stated one of the biggest challenges for juniors is expense.

**FOUNDATION.** Conner. No report filed.

**NATIONAL DRUG TESTING.** Kim Murphy. Report filed. Murphy is working with TVDML, our testing lab, to create a custom drug panel for NATRC to target the right compounds for our money.

**TRAIL ADVOCACY & GRANTS.** Vacant. Laurie DiNatale volunteered to fill the role.

**EDUCATION.** Jamie Dieterich. Report filed. Thomason inquired about whether the LeD riders would be incorporated into the rider manual or if it would be separate. Meroshnekoff stated it would be separate manual.

**MEMBERSHIP RECRUITMENT / RETENTION.** Development Committee. Addressed in previous reports.

**JUDGES.** Kim Cowart/Pam Hess, DVM. Discussion and inquiry on LeD judges and how many are qualified. Parys suggested we look at implementing the same program as AERC using retired vets or vets that are no longer licensed, but previously licensed. There are many vets retired from practice or are teaching at veterinary colleges with lapsed licenses that could help rebuild our list of available veterinary judges. Judges are not to provide care or treatment at a competition

(Continued on page 25)

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North  
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Thoroughbred  
Society

regardless, so licensure doesn't apply. That is what local on-call veterinarians are for.

**HALL OF FAME.** Rinne. No applications.

**STUDENT LOAN & SCHOLARSHIP.** Kay Gunckel. No new applications.

**A.H.A.** Bob Insko. No information to report, only the reminder to consider collaborative events when possible.

**BREED LIASON.** Amy Martin. There were significant challenges with breed organizations sending national breed awards late and not making it for convention presentation. Only three breed awards made it for convention. Marla Stucky has agreed to work with Martin this year to learn the role and assume the breed award duties for 2020.

**HONORARY & APPRECIATION.** Ruth Mesimer. Report filed. Mesimer asked if we still need a printed certificate for the Jim Menefee Lifetime Achievement award and Worker Hall of Fame awards. It was agreed that a certificate is not

needed since a plaque is awarded. Nominations for appreciation awards are due to Mesimer Oct. 15, 2019 in Word format.

**ANNUAL POINTS / RECOGNITION / TECHNOLOGY.** Andrea Rogers. Mid-year audits are in progress now. Rogers reported on the progress of the new website and the back end data component. Good progress is being made, but there is still a long way to go. Due to electronic scoring not being ready anytime soon, hard copy three part LeD scorecards were ordered.

**CONVENTION.** Region 2 (Reno) \$1,600 net profit resulting in \$799 for R2 and \$799 for national. Region 4 (San Antonio) is being planned in 2020. The hotel is a little more expensive than planned, but they are working to put together good packages for attendees.

**REGION REPORTS.** Senior board members reported.

**NEW BUSINESS.** High Average Awards Calculation. Document with proposed new calculation on file. Normalization would not change; it would make it a weighted system.

Presented to the board for review, consideration and discussion.

**SAFE SPORT ACT.** Diaguila. Federal law passed regarding interaction with minors in competition. Diaguila suggested that managers and judges take the training. Questions about whether NATRC qualifies as an amateur youth sport event were addressed. How is "regular" contact with minors defined within the law? Swiss will speak to an attorney to ensure where we fall within the law and what we need to do for compliance.

**SHARED BOARD.** \$408.88.

**NATIONAL CHAMPION JACKETS.** Orders for past national champions are available for purchase. A 20 jacket limit was set for the first order.

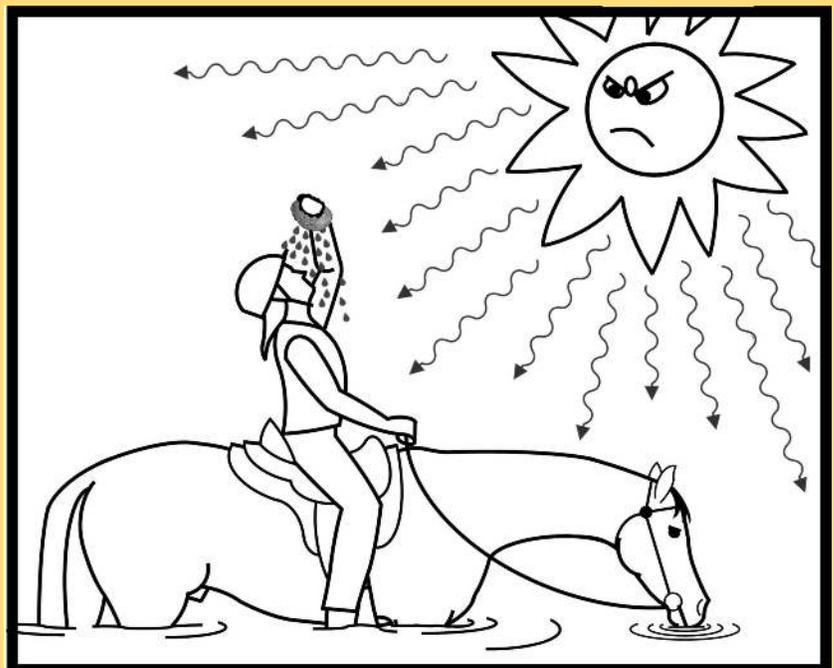
Minutes on file at the National Office.

Next meeting to be held November 9, 2019, at the Hyatt Kansas City airport hotel, Kansas City, MO.

**Swiss made a motion to adjourn, Perryman seconded. Meeting adjourned.**

## Trail Care Tip - Deep Water

In hot weather or when your horse is working hard, when crossing a creek, stream, river or stopping at a pond or lake to water, if the bottom is good, ride in far enough or deep enough to wet your horse's belly. This will bring cool water to the veins in the legs to help your horse cool and will keep working after you get back on the trail until the legs dry. While you are there, drop your sponge in the water and wet your horse's neck.



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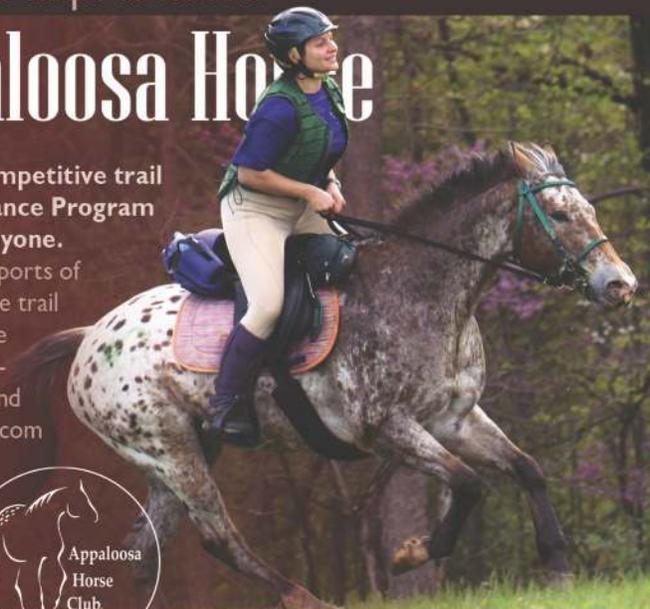
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Appaloosa Horse Club 208.882.5578 [appaloosa.com](http://appaloosa.com)



*"The secret in riding is to do few things right. The more one does, the less one succeeds. The less one does, the more one succeeds."*

—Nuno Oliveira

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	LEISURE	NOVICE	CP	OPEN
Type (number of days)	1	1 or 2	1 or 2	1, 2, or 3
Distance (miles)	8 - 12	15 - 40	15 - 40	25 - 90
Pace (mph)	3 - 4.5	3.5 - 5	3.5 - 5	4 - 6
P&Rs /day	1	2	2	2
Judging points on trail	Up to 5	varies	varies	varies
Minimum horse age	4	4	4	5
Difficulty of observations	Easy to medium, single step	Medium, single step	Difficult, multiple steps	Difficult, multiple steps
Who's it typically for?	Riders: • new to CTR, or • who like shorter distances, or • with limited time, or • with green or old horses	Riders new to CTR who seek competing at longer distances than LeD	Seasoned competitors who like shorter distances than Open or who are starting young horses	Seasoned competitors

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**LESS** time for conditioning  
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cost to enter

**SAME** comradery  
challenges  
awesome scenery



# Ride Results, Standings & How You Can Help

By Andrea Rogers, National Points & Database Chair

**“Once the ride is over, what takes so long before results are published?”**

I hear this question lots of times and certainly more frequently as we get further into the season.

While we are working diligently to improve the system for processing this data, it is still a manual process with a lot of moving parts.

The process starts with your entries - please be sure that your name and your horse's name are correct in your Ride Management system (RMS) profile. When you get to the ride, at the preliminary vet exam, check to be sure that your cards are filled out correctly, if the secretaries do not verify your information with you.

Currently we match riders to their records by name. This means that if your profile is Suzanne Smith, Suzi Smith is not acceptable. Similarly if your horse's name is "Sunny's Magic Steed," that is what should be on the card, not just "Magic." If your horse has a common name like "Jake", we will have added a number to the name, like "Jake 7", which is not perfect, but is the best way we have to be sure that no other Jake gets your horse's points. Being sure that the breed and age are accurate on the card will also help to identify your horse.

After the ride is over, the ride manager and secretary have several things to do with the cards. They enter the results in RMS, making all the changes that occurred at the ride such as pulls, changes to divisions, and changes to classes. They prepare a ride summary report and send it with the scorecards to the national office. This part of the process takes up to 7 days after the ride.

In the next step at the national office, we review all cards, double-

check the math, and clear any discrepancies. Fixing the errors, which can involve contacting the judges, riders, and other ride officials, can take time. Once all is good with the cards, we export the information from RMS into Excel, and then import it into the database. Another review insures nothing has changed during the exporting and importing. We then calculate points and add them to the database.

By now, up to a month can have passed from the date of the ride to when the results are ready for publication. If there is a delay in any step of the process, it can take longer.

Before publishing mid-year standings, we audit the combined points by horse, rider and team for each region. This generally takes a couple of days per region after processing all rides for the first half of the year.

At year-end, we do another audit, this time covering the entire year, before national awards and mileage are calculated. We calculate points for special regional awards as well.

Four people accomplish this monumental undertaking throughout the year. If we count each ride type at a ride venue as a separate ride - because they each have sepa-

rate placings and points - we processed over 80 rides last year. Quite a task for four volunteers with jobs, families and other obligations, such as their own horses!

In anticipation of a busy fall season, we are currently looking for a couple of volunteers to assist in the process, specifically at the regional level, helping ride managers / ride secretaries with the post ride reporting.

For more details, contact: Andrea Rogers at [carolinaluck@yahoo.com](mailto:carolinaluck@yahoo.com).

**RIDERS!**  
Ask your breed association to sponsor a year end high point breed award. Please hook up your breed's rep with our executive director, Sarah Rinne, at [natrc@natrc.org](mailto:natrc@natrc.org).

**Interested in a very "Competitive" smooth gaited horse?**  
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<http://www.kmsaha.com/pdf%20files/membapp.pdf>

**Trophies presented to KMSHA 2016 and future Winners!**

**Kentucky Mountain Saddle Horse News Stallion Issue 2017**  
In this issue: 2016 International Grand Championship Highlights, 2017 Breeding Stallions, 2016 NATRC Presidents Cup Winner, KMSHA News & Notes

**2016 NATRC YEAR END POINTS and AWARDS**  
President's Cup  
TURNER'S WILD CARD (Kentucky Mountain Horse - 206 Points) Ridden by Lin Ward (R)

**Congratulations Lin & Hooch**  
It took 13,137 miles to get from the small mountain town of Walden, Colorado to the North American Trail Ride Conference's (NATRC) highest award, the President's Cup. Turner's Wild Card, a KMSHA horse and his rider, were named as the winners in the 2016 NATRC Year End Points and Awards. The horse was bred, born, raised and trained by Tim Lise. He first job was to be a horse for Tim's daughter, where he learned to drive, trail and visit with Tim about him. After lots of groundwork right ride. As she was getting on, she took him out for a short, full moon. Hooch was a bit shy, she really had some reservations. She, Walden just looked at all the horses she had prepared, and after about 1000 miles of driving in 5 days, Walden was her choice. He has lots of personality. "I never name a horse something you don't want them to be!" Walden is a competitive trail riding discipline that has three divisions: The Pleasure and Competitive Pleasure (CP) division is about 25-40 miles in a weekend, while the Open division is 50-60 miles in two days. The sport has two judges. A veterinary judge evaluates the horse's fitness, manes and trail abilities while a horsemanship judge evaluates the rider's ability to camp with, care for and ride the horse. NATRC's philosophy is about having and conditioning the best trail riders possible with a strong focus on teaching.

## Region 1

### Cowboy Camp Benefit A

June 2-3, 2019 Region 1 CA  
 Chair: Armer, Jean; Thomason, Linda  
 Vet Judge: Burnham, LeRoy  
 Horsemanship Judge 1: Kasovich, Nancy  
 Total Riders: 14  
 Sweepstakes Open Horse: High Desert Warrior /  
 Meroshnekoff, Angie - 98  
 Sweepstakes CP Horse: Om El Sharav /  
 Dillard, Ashley - 100

#### Open Heavyweight

1 / 2 DM Fancy and Armed / Angeleri, Marlo  
 2 / 1 McCurdy's Gee Whiz / Sullivan, Brenna  
 P / P Amiraborr / Boicelli, Victoria  
 P / P Stealth Knight / Boicelli, Gene

#### Open Lightweight

1 / 1 High Desert Warrior / Meroshnekoff, Angie  
 2 / 3 Snoopy / McGregor, Marcia  
 3 / 2 Sir Patrick Finnegan / Chance, Joan  
 4 / 4 Bindi / Kinoshita, Liz

#### Open Junior

1 / 1 Spantik Maj / Niderost, Natalie  
 2 / 2 Desert Whiskey / Cichocki, Claire

#### Competitive Pleasure Heavyweight

1 / 1 OM El Shakeeb Dream / Dillard, Joe  
 2 / 2 Pipi / Pilgrim, Maria  
 3 / 3 MK Vangouh / York, Ron

#### Competitive Pleasure Lightweight

1 / 1 OM El Sharav / Dillard, Ashley

### Cowboy Camp Benefit B1

June 2, 2019 Region 1 CA  
 Chair: Armer, Jean; Thomason, Linda  
 Vet Judge 1: Burnham, LeRoy  
 Horsemanship Judge 1: Kasovich, Nancy  
 Leisure Judge 1: Murphy, Debbie  
 Total Riders: 13  
 Sweepstakes Novice Horse: The Sundance Kid  
 HGR / Petersen, Maren - 97

#### Novice Junior

1 / 1 The Sundance Kid HGR /  
 Petersen, Maren  
 2 / 3 Lucky Eddie / Kelly, Chesney  
 3 / 2 Rocket / Fansler, Aubrey

#### Leisure Adult

1 Lola 3 / Monlux, Jessica  
 2 Cooper / Christiansen, Sheila  
 3 Mama / Schatzel, Penny  
 4 Bodacious Tailfeathers / Lieberknecht, Kay  
 5 Jesse 4 / Hempstead, Barbara  
 6 Twister 3 / Casner, Jaci  
 7 Belesema Magic Moment /  
 Naugle, Kimberly  
 8 Samson's Toby / Mohebbi, Arlene  
 9 TKR Leather N Lace / Swain, Stephanie

#### Leisure Junior

1 Valentyne / Doering, Rebekah

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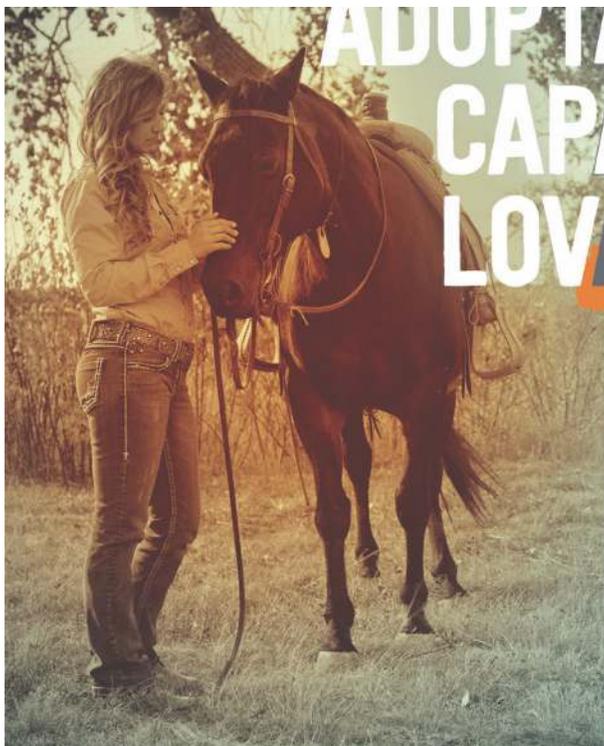
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## Region 2

### Spring Fling A

June 22-23, 2019 Region 2 CA  
 Chair: Insko, Robert  
 Vet Judge 1: Shull, Sharon  
 Horsemanship Judge 1: Conner, Patsy  
 Total Riders: 3  
 Sweepstakes CP Horse: Lite Night /  
 Steenman, Helen - 98

### Competitive Pleasure Heavyweight

1 / 3 Lite Night / Steenman, Helen  
 2 / 1 Pride's College Boy / Bray, Sherrie  
 3 / 2 Patient Laddie / Malone, Mary Jo

### Spring Fling B1

June 22, 2019 Region 2 CA  
 Chair: Insko, Robert  
 Vet Judge 1: Shull, Sharon  
 Horsemanship Judge 1: Conner, Patsy  
 Leisure Judge 1: Walls, Lory  
 Total Riders: 12  
 Sweepstakes Novice Horse: Gallant /  
 Johnson, Cari - 92

### Novice Heavyweight

1 / 1 Gallant / Johnson, Cari  
 2 / 2 Rio 9 / Steele, Karen

### Novice Lightweight

1 / 1 Jamie 2 / Kane, Mindy

### Leisure Adult

1 Rio de Meade / Pavia, Audrey  
 2 Ms Doc's Sugamtic / Lee, Carol 2  
 3 Travieso / Hau, Guadalupe  
 4 Scully / Cuevas, Veronica  
 P / P Cowboy 7 / Michalek, Susan  
 P / P Patina / Hull, Michelle  
 P / P Portia / McMorran, Adrina

### Leisure Junior

1 Zelltiki / Brasher, Breanna  
 2 Mustang Sally 5 / Pettijohn, Brianna

## Region 3

### Greenland Open Space B2

May 19, 2019 Region 3 CO  
 Chair: Wingle, Diane  
 Leisure Judge 1: Gunckel, Kay  
 Leisure Judge 2: Ward, Linn  
 Total Riders: 33

### Leisure - Adult

1 Bubbles / Colazio, SarahGennie  
 2 The Peacemaker / Johnson, Susan  
 3 Mr. Cowboy Cadillac / van Lil, Kira  
 4 L'Egance Whirlwind / Martelon, Christina  
 5 Ima J Bars Gal / Burdett, Jeanne  
 6 Mountain Flame / Nissen, Janece

7 Miss Addventure / Deasaro, Jennifer  
 8 EHF Miss Charming / Spitznagel, Katya  
 9 Rocking Sugar Babe / Kelley, Donald  
 10 Midnight 3 / Blake, Michelle  
 Always Indy Way / Wibbens, Maile  
 Blue Dancer / Hepp, Stacy  
 Candy Loving / Gewinner, Pamela  
 Delia Ghost Dancer / Monahan, Meaghan  
 Eduardo el Negrito Knight / Fahringer, Sara  
 Highbrow Candyman / Colley, Michelle  
 Hijacked / Hook, Betsy  
 Larry / Bishop, Connie  
 MWF Ssheraz / Sanford, Julie  
 Micah / Youngwerth, Lisa  
 Mickey 3 / Miller 2, Elaine

Rocco / Joy, Jamie  
 Rushcreek Daisy / Matthews, Lindsay  
 Trigger 5 / Feldpausch, Lynette  
 Valor / Hamlin, Margaret  
 Vela / Cooke, Barbara  
 Wildwych Artful Dodger /  
 Schoenecker, Karen  
 Windsong Double Stuff / Kaza, Micahlynn  
 DO / DO Renny / Mitchell, Rosie  
 P / P Rain is a Good Thing / Johnson, Amanda  
 P / P Serafina 2 / Grenier, Molly

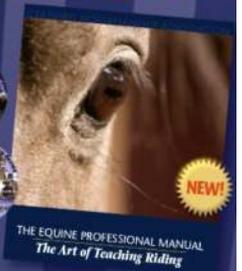
### Leisure Junior

1 N'Time / Brown, Tegan  
 2 Exciting Eyes / Heinrich, Henni



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Composite Manual of Horsemanship,  
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 educational horsemanship DVDs from  
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To order these materials, host a clinic, become  
 certified or find an instructor or barn near you  
 visit – [www.CHA-ahse.org](http://www.CHA-ahse.org) or call 859-259-3399



## Region 3, continued

### General Albert P Clark Memorial A

June 8-9, 2019 Region 3 CO  
 Chair: Morgan Dayna; Galchutt, Pam  
 Vet Judge 1: Johnson, Donna  
 Horsemanship Judge 1: Ward, Lin  
 Total Riders: 41

Sweepstakes Open Horse: Giacomo / Muench, Fran - 100  
 Sweepstakes CP Horse: Rockin Silver Splash / Bonham, Kat - 98  
 Sweepstakes Novice Horse: Rocco / Joy, Jamie - 98

#### Open Heavyweight

1 / 2 Stars Colton Bay / Gunkel, Kay  
 2 / 1 Foxhaven's Medicine Man / Morgan, William

#### Open Lightweight

1 / 1 Giacomo / Muench, Fran  
 2 / 4 Rushcreek Allie / Messick, Brenda  
 3 / 6 Khaleesi / Feazell, Juleen  
 4 / 2 Rushcreek Darline / Clark, Hannah  
 5 / 5 Focus Jessie / Smith, Helen  
 6 / 3 Halcon / Queen, Kelly  
 DSA Raincloud Sprite / Figg, Julie  
 Legend 2 / Danner, Brooke

#### Competitive Pleasure Heavyweight

1 / 5 Rockin Sylver Splash / Bonham, Kat  
 2 / 3 Cheri's Gypsy Traveler / Westmoreland, Cheri  
 3 / 4 Travelin' Ziggy / Colby, Lou Ann  
 4 / 2 Dukes Eternal Gold / Holder, Sharon  
 5 / 1 Pride's College Boy / Bray, Sherrie  
 DO/DO Arrows Samsun Gold / Walls, Sharyl  
 P / PHarlems Spirit of Denmark / Tarvin, Jill

#### Competitive Pleasure Lightweight

1 / 2 BJ Studmuffin J / Bingham, Kerry  
 2 / 1 Princess Dina / Payne, Debbie  
 3 / 3 Dakota Cole / Olson, Calleen  
 4 / 4 Solid Country Gold Skye / Conne, Linda  
 5 / 5 Okie Proud / Beyerle, Tammy

#### Competitive Pleasure Junior

1 / 1 Not a Chance / Vanpoolen, Sydney

#### Novice Heavyweight

1 / 4 Rocco / Joy, Jamie  
 2 / 2 Rain is a Good Thing / Johnson, Amanda

3 / 1 Delia Ghost Dancer / Monahan, Meaghan  
 4 / 3 Reign / Galt, Jenee  
 5 / 5 The Peacemaker / Johnson, Susan  
 DO/DO Moonshine Blues / Schoenecker, Kevin  
 P / PHighbrow Candyman / Colley, Michelle  
 P / PRocking Sugar Babe / Kelley, Donald

#### Novice Lightweight

1 / 1 Sun-Rays Becca / Boucher, Shannon  
 2 / 4 Mr San Puppy / Ehrich, Louise  
 3 / 6 Echo Affirmed / Glover, Jill  
 4 / 3 Joey 7 / Donaldson, Tammy  
 5 / Hollywood Dreamgirl / Albert, LeighAnn  
 6 / 5 Cooper 2 / Hager, Scarlett  
 / 2 Alaata Sol / Strandquist, Jill  
 Bubbles / Colazio, SarahGennie  
 Micah / Youngwerth, Lisa  
 Mountain Flame / Nissen, Janece

### General Albert P Clark Memorial B1

June 8, 2019 Region 3 CO  
 Chair: Morgan Dayna; Galchutt, Pam  
 Vet Judge 1: Johnson, Donna  
 Leisure Judge 1: Wingle, Diane  
 Leisure Judge 2: Ward, Lin  
 Total Riders: 12

#### Leisure Adult

1 MWF Ssheraz / Sanford, Julie  
 2 Midnight 3 / Blake, Michelle  
 3 L'Egance Whirlwind / Martelon, Christina  
 4 Vela / Cooke, Barbara  
 5 Frosted Subsidy / Lewis, Donna  
 6 Sparkling Plenty / Wolgram, Betty  
 7 Larry / Bishop, Connie  
 8 Hijacked / Hook, Betsy  
 DO/DO BKW Courtin Vivienne / Wolgram, Ken  
 DO/DO Serafina 2 / Grenier, Molly  
 P / PTeddy 6 / Lambert, Maureen

#### Leisure Junior

CO/CO N'Time / Brown, Tegan

### General Albert P Clark Memorial B2

June 8, 2019 Region 3 CO  
 Chair: Morgan Dayna; Galchutt, Pam  
 Vet Judge 1: Johnson, Donna  
 Horsemanship Judge 1: Ward, Lin  
 Total Riders: 7

Sweepstakes Open Horse: Sparkling Plenty / Wolgram, Ken - 99  
 Sweepstakes CP Horse: Eduardo el Negro Knight / Marquart, Diana - 99  
 Sweepstakes Novice Horse: Buckshots Dunforgiven / Lang, Renee - 96

#### Open Heavyweight

1 / 1 Sparkling Plenty / Wolgram, Ken

#### Open Lightweight

DO/DO Crown Brassk / Chisholm, Rebecca  
 DO/DO Kiwi / Phillips, Janine

#### Competitive Pleasure - Lightweight

1 / 2 Eduardo el Negro Knight / Marquardt, Diana  
 2 / 1 DM's Sweet Chilly Pepper - SC / Wingle, Diane

#### Novice Heavyweight

1 / 1 Buckshots Dunforgiven / Lang, Renee

#### Novice Junior

DO/DQ N'Time / Brown, Tegan



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## Region 5

### Lee's Retreat A

May 17-18, 2019 Region 5 VA  
 Chair: Cooper, Chris  
 Vet Judge 1: Ostrowski, Stephanie  
 Horsemanship Judge 1: Allen, Lori  
 Total Riders: 13  
 Sweepstakes Open Horse: Windstorm Clay / Mitchell, Tommy - 95  
 Sweepstakes CP Horse: Jiminy Cricket / Mulligan, Jennifer - 99  
 Sweepstakes Novice Horse: Maverick 3 / Lent, Mary - 94

#### Open Heavyweight

1 / 1 Windstorm Clay / Mitchell, Tommy  
 2 / 2 Jewel 3 / Hunter, Danielle  
 DO/DO Ruby 8 / Talbert, Ben

#### Open Lightweight

1 / 1 Memphis Squirrel / Nauditt, Lisa  
 2 / 2 Papa's Alabama Express / Lucas, Patty

#### Competitive Pleasure Heavyweight

1 / 2 Jiminy Cricket / Mulligan, Jennifer  
 2 / 1 Stanley's Waylon / Tolbert, Wayne

#### Competitive Pleasure Lightweight

1 / 1 Merribelle Mist MHF / Dukes, Mary

#### Novice Heavyweight

1 / 1 Flicka's Rose / Stroh, John

#### Novice Lightweight

1 / 4 Maverick 3 / Lent, Mary  
 2 / 1 Cheyenne 12 / Robinson, Hilda  
 3 / 3 Sterling 4 / Goscha, Cathy  
 4 / 2 Whatasunnygirl / Lindberg, Angie

### Lee's Retreat B1

May 17, 2019 Region 5 VA  
 Chair: Cooper, Chris  
 Vet Judge 1: Ostrowski, Stephanie  
 Horsemanship Judge 1: Allen, Lori  
 Leisure Judge 1: Cowart, Kim

Total Riders: 7

Sweepstakes CP Horse: CMF Hallel / Hartness, Marilyn - 98  
 Sweepstakes Novice Horse: Macho's Cisco Storm / Eckes, Jane - 98

#### Competitive Pleasure Lightweight

1 / 1 CMF Hallel / Hartness, Marilyn

#### Novice Lightweight

1 / 2 Machos Cisco Storm / Eckes, Jane  
 2 / 1 Once Upon A Time / Brown, Amanda  
 3 / 3 Gatsby de los Centellas / Thomas, Donna

#### Leisure Adult

1 Poetic License / Moore, Angela  
 2 Saint Peter / Hess, Alexandra  
 3 Cody / Holmberg, Robert

### Virginia Highlands A

June 22-23, 2019 Region 5 VA  
 Chair: Sluys, Nancy  
 Vet Judge 1: Morris, Natalie  
 Horsemanship Judge 1: Tolbert, Wayne  
 Total Riders: 20  
 Sweepstakes Open Horse: Memphis Squirrel / Nauditt, Lisa - 95  
 Sweepstakes CP Horse: Impressive Red Rebel / Riley, Paula - 97.5  
 Sweepstakes Novice Horse: Egypt's Midnight Magic / Miller, Tina - 96.5

#### Open Heavyweight

1 / 1 Jewel 3 / Hunter, Danielle  
 DO/DO Ruby 8 / Talbert, Ben

#### Open Lightweight

1 / 2 Memphis Squirrel / Nauditt, Lisa  
 2 / 1 Danamye / Diaguila, Esther  
 3 / 3 Country Roads / Nunn, Mikayla

#### Competitive Pleasure Heavyweight

1 / 1 Jiminy Cricket / Mulligan, Jennifer  
 2 / 2 Okies Roanwood 10 / Fields, Bobby

#### Competitive Pleasure Lightweight

1 / 1 Impressive Red Rebel / Riley, Paula  
 2 / 3 Merribelle Mist MHF / Dukes, Mary  
 3 / 2 Kings Lasting Legacy / Petelle, Patricia  
 DO/DO I'm Captain Morgan / Baldwin, Sara

#### Novice Heavyweight

1 / 2 Journey 6 / Francis, Eileen  
 2 / 1 Flicka's Rose / Stroh, John  
 P / P Johnny Reno / Wolf, Teresa

#### Novice Lightweight

1 / 4 Egypt's Midnight Magic / Miller, Tina  
 2 / 1 Cheyenne 12 / Robinson, Hilda  
 3 / 2 Whatasunnygirl / Lindberg, Angie  
 4 / 5 Maverick 3 / Lent, Mary  
 5 / 3 Springlake Arcas / McCrary, Candy

#### Novice Junior

1 / 1 Rebel Man / Nunn, Kamron

### Virginia Highlands B1

June 22, 2019 Region 5 VA  
 Chair: Sluys, Nancy  
 Vet Judge 1: Morris, Natalie  
 Horsemanship Judge 1: Tolbert, Wayne  
 Total Riders: 12

Sweepstakes Open Horse: Terradocs Oconee Belle / Kudra, Sallie - 98  
 Sweepstakes CP Horse: Spider-Man / Murray, Alyssa - 94  
 Sweepstakes Novice Horse: Texas / Wormsley, Holly - 97

#### Open Heavyweight

1 / 1 TN Valley Hotrod / Murray, Andrew

#### Open Lightweight

1 / 2 Terradocs Oconee Belle / Kudra, Sallie  
 2 / 1 Alena Rae / Rogers, Andrea

#### Competitive Pleasure Lightweight

1 / 1 Spider-Man / Murray, Alyssa

#### Novice Heavyweight

1 / 2 Machos Cisco Storm / Eckes, Jane  
 2 / 1 Baja / Willetts, Susy

#### Novice Lightweight

1 / 2 Texas / Wormsley, Holly  
 2 / 1 Once Upon A Time / Brown, Amanda  
 3 / 4 Sterling 4 / Goscha, Cathy  
 4 / 5 Babe's Legacy / DeRosa, Charmaine  
 5 / 3 O.H. Perfect Storm / Patterson, Blake  
 P / P Jet 3 / Farley, Alisa

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## NORTH AMERICAN TRAIL RIDE CONFERENCE

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**Continued for 2019 - FIRST YEAR FREE FOR BRAND NEW COMPETING MEMBERS!**

### PLANS

### Membership Plans, Eligibility, Benefits and Fees

Plan Name	Competing			Non-Competing	
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<b>Fee</b>	\$75	\$125	\$25	\$50	\$35
<b>Eligibility</b>					
Single adult age 18 or over	X			X	X
Household		◇			
Single child age 10 through 17			X		X
<b>Benefits</b>					
Voting privileges	1	2		1	
Reduced ride entry fees	X	X	X		
Ride awards eligibility	X	X	X	◇◇	◇◇
Volunteer awards eligibility	X	X	X	X	X
Lifetime mileage tracking	X	X	X		
Mileage awards	X	X	X	◇◇◇	◇◇◇
National year-end awards eligibility	X	X	X	◇◇◇	◇◇◇
Regional year-end awards eligibility	X	X	X	◇◇◇	◇◇◇
Sponsor discounts	X	X	X	X	
Can purchase excess liability ins.	X	X		X	
Electronic <i>Hoof Print</i> and E-News	X	X	X	X	X
Region membership and newsletter	X	X	X	X	X
Decal for new members	X	X	X	X	X
<b>CHECK PLAN DESIRED</b>	<input type="checkbox"/>				

### Annual Platinum Upgrade: (Optional) Not included with free memberships

Platinum members receive insurance benefits through Association Resource Group-ARG. They receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC™ (Platinum) arising from the use and/or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability and business exposures are excluded.

Adult ..... \$20/yr  
 Family ..... \$40/yr  
 Supporting ... \$20/yr  
 No Upgrade .. \$0/yr

- ◇ Adult(s) & children under age 18 as of Jan 1
- ◇◇ Eligible for ride awards only if non-member ride fee paid.
- ◇◇◇ May upgrade to competing member for year-end and mileage award eligibility before the end of the *ride* year.

### NATRC Specialties (Optional)

- Patch..... \$5 ea
- 10" Round NATRC Emblem Sticker ..... \$5 ea
- 4" Round NATRC Emblem Sticker - free to new members \$3 ea

Download your free Rule Book from [www.natrc.org](http://www.natrc.org).

To request a print copy, check here .

**PRINTED HOOF PRINT** (Optional) *Hoof Print* delivered electronically. For a print copy, add \$15 & check box:

**\$ TOTAL ENCLOSED** \_\_\_\_\_ (Nebraska residents please add 5.5% on Specialty Items)

Please list first and last names, especially those with different last names, of all competing family members.

Name(s) \_\_\_\_\_ Jr(s) Birthdates \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_

State, Zip \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_ (We need your email for delivery of *HOOF PRINT*. Address stays within NATRC. Thanks!)

New member? Please share how you found out about NATRC: \_\_\_\_\_

\*\*\*\*\* Mail completed form and check to : NATRC, PO Box 969, Beatrice, NE 68310 \*\*\*\*\*

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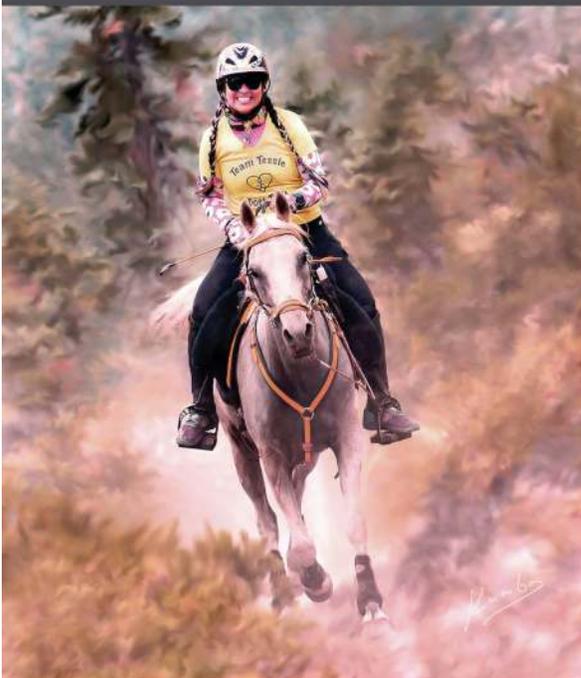
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