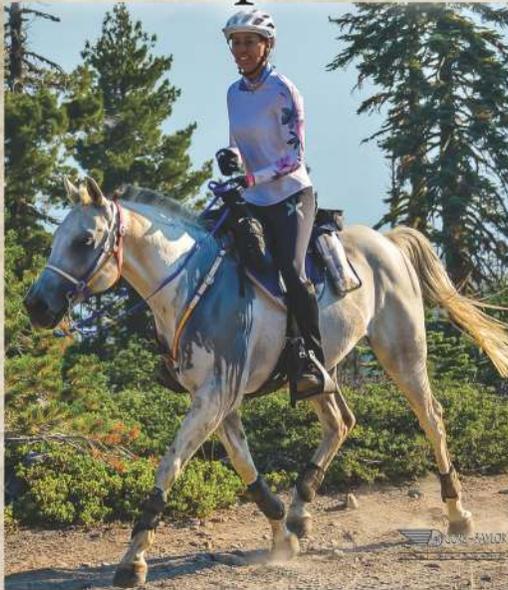


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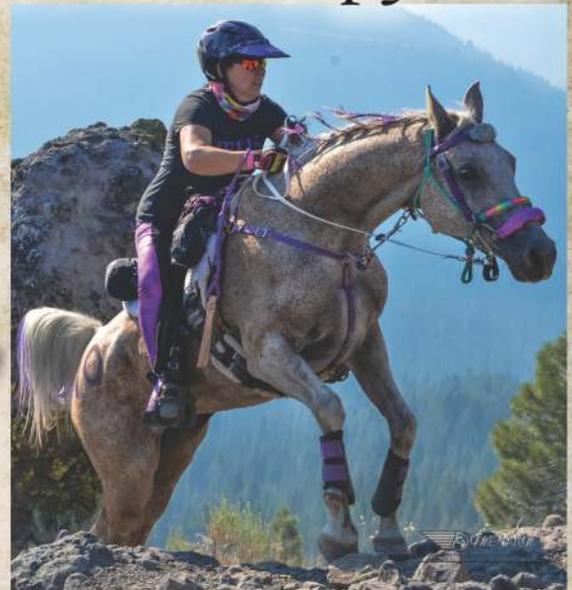
Winter
2020-21



Congratulations to Diane Stevens and Tennessee Lane on their top 10 Western States 100 Tevis Cup finish



*Tennessee Lane and TM Burning Bridges
7th Place Tevis Cup*



*Diane Stevens and Banderaz LC9
6th Place Tevis Cup*



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Photo by Jim Edmondson

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Hoof Print is the official publication of the North American Trail Ride Conference (NATRC™) and is published quarterly. Each issue contains updated information from NATRC committees and board meetings and informative articles on trail riding and horse care. NATRC and *Hoof Print* are devoted to educating and informing the competitive trail rider. NATRC™ and the left facing, hill climbing horse and rider are trademarks of the North American Trail Ride Conference, Inc.

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Hoof Print Editor

Laurie Knuutila 907.590.4080
wildroseph@yahoo.com

Please refer all address changes to the NATRC office at the address below:

natrc@natrc.org or

NATRC PO Box 969 Beatrice, NE 68310



On The Cover:

Elaine Swiss and RR Majik Knight at the Lazy F Fall Frolic ride in Region 4.

Photo by Richard Rosinki, Optical Harmonics, used with permission

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Full page	\$275
Half page	\$150
One-third page	\$100
Quarter page	\$80
One-sixth page	\$50
Ride/Clinic ad	Half Price

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Over word limit	\$.10/wrd	\$.10/wrd

Email color 300dpi JPEG ad to matefey@gmail.com. Specify *Hoof Print* and topic in the subject line. Contact NATRC for discounts on consecutive issue ads or ad specifications.

Submission Deadlines

Spring (Mar/Apr/May) Feb. 15 Summer (Jun/Jul/Aug) May 15
Fall (Sep/Oct/Nov) Aug. 15 Winter (Dec/Jan/Feb) Nov. 15

Please make your check payable to NATRC; mail ad information with payment to: Hoof Print, NATRC PO Box 969, Beatrice, NE 68310 402-806-8708

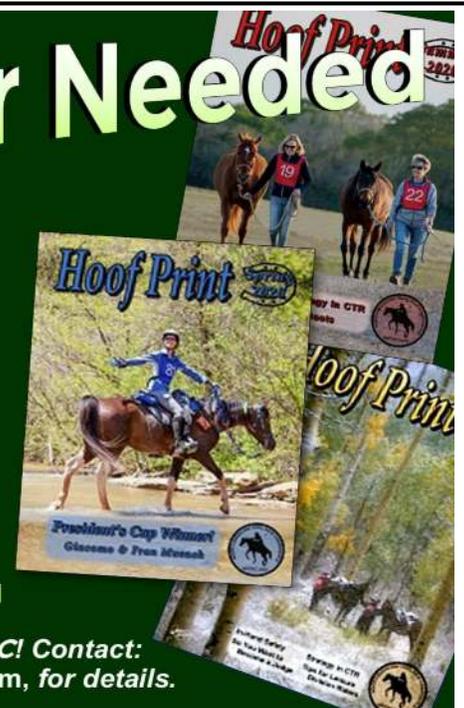
Volunteer Needed

To compile and coordinate *Hoof Print* content and contributions quarterly.

Helpful skills:

- Involvement with the sport
- Ability to stick to a time table
- Proficiency with MS Word
- Proficiency with proof reading
- Ability to work well with others
- Ability to communicate via email

Your chance to give back to NATRC! Contact: Jamie Dieterich, jamiiek@gotsky.com, for details.



President's Message



Where Do We Go From Here?

With most of the rides in our country having to cancel due to Covid 19 and forced shutdowns in many areas this past ride season, there was a lot of concern that our sport and our organization would struggle financially and our membership would not be served.

Fortunately, there are a lot of enthusiastic and creative people involved with our national board and its committees, and the idea was broached for the mileage and video horsemanship challenges. They were both so well received that the organization was able to stay ahead of our budget and even gain in membership numbers.

With the income, the board purchased a software platform that allows much easier handling of all the videos both for the members and the judges. Most of the glitches seen in those first

months should now be gone with this new system.

We also developed a Webinar committee and began to present monthly webinars to continue our commitment to education and involvement. They too have been successful and well attended. We are committed to continuing those as they are a great platform to inform riders and answer questions. Past webinars are now available on our website for future riders.

However, NATRC is an in-person distance sport, and I for one seriously miss riding with my friends and facing the challenge of riding my horse in competition. The board and regions are now making plans to hold rides this upcoming season. If local government allows large "gatherings" and the ride venues allow competitions, we can get back to holding rides.

There have been and will be some changes in the way we do business at our rides. Briefings and awards may be

organized somewhat differently, i.e., 6 foot distancing and more information in writing so one

does not have to attend ride briefing if they prefer. Participants will likely wear facial coverings during vet exams and P&R's. We can persevere and go back to our fun and competitive sport.

I have a feeling that we may still have some limitations on rides until late spring, but I'm holding out hope that will change for the better.

Overcoming adversity makes us stronger personally and as an organization. Try to keep yourself and your horse fit. I hope to see you on the trail soon!

Angie Meroshnekoff
President
North American

Meet Our New Apprentice and Provisional Judges

Members: The Judges Committee welcomes your comments on the following apprentice and provisional judges.

Veterinary Judges

Apprentice

Vivian Gay McWilliams Quam, DVM (R5)

Provisional

Verona Chaffin, DVM (R6)

Horsemanship Judges

Apprentice

Angie Meroshnekoff (R1)

Brenda Messick (R6)

Provisional

Jan Jeffers (R1)

Veterinary and Horsemanship Judges:

- Has your address or phone number changed? Please notify the NATRC office of any changes. Indicate home, cell and office numbers.
- Apprenticing must be done with an **approved** judge who has agreed to judge and supervise you.

Ride Chairs:

- Secure your judges early. Remember, you must contact and secure your judges well in advance of your ride date!
- For a current Judges List, please visit the website.
- If you have difficulty securing an NATRC judge, please contact the appropriate Judges Committee Co-Chair:

Veterinary
Keri Riddick, DVM
205/401-6446

kriddick@coverlandfarms.com

Horsemanship
Lory Walls
619/895-0491

lorywalls6@gmail.com

Hoof Print Going All Digital!

The option to receive Hoof Print digitally instead of in printed form as a member benefit started in 2011. The option to purchase a printed version by paid subscription was offered starting in 2013. Since then, the subscription price has stayed the same, but costs have gone up and the number of print subscriptions has gone down.

Because of this, we will no longer offer the print version after this issue. *Hoof Print* will be all digital. Everything else will stay the same. *Hoof Print* will be available and downloadable 4 times a year in full, brilliant, vibrant color on the NATRC website.

**NATRC National
Board Members (2021)**

Region 1

Angie Meroshnekoff (2019-21)
awhitedog@aol.com
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Kris Gray (2020-22)
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Sallie Kudra, Alt (2019-21)
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Region 6

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m.j.stucky79@gmail.com
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mmr636@comcast.net

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Vice President:

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Treasurer:

Kris Gray
krisfgray@gmail.com

Executive Director:

Sarah Rinne
natrc@natrc.org

North American Trail Ride Conference Mission Statement

The North American Trail Ride Conference (NATRC) promotes horsemanship and horse care as they apply to the sport of distance riding by offering a variety of challenging and educational experiences designed to strengthen horse and rider partnerships.

Code of Ethics

We, the NATRC National Board of Directors, Executive Director, judges, committee members, and employees are ambassadors of our sport whether at an organized event or informal gathering. There is an implied code of ethics to adhere to. This code of ethics dictates that we behave professionally, courteously and responsibly. This includes:

- Representing the sport in a professional manner
- Being respectful when giving an opinion
- Substantiating information before giving an opinion
- Being kind and courteous to others

Moved? Changed Name? Sold a Horse? Bought One? Added a Junior? Different Phone?

Please report any changes in your membership information to the national office. Such changes might include your name, a move to a different address or region, the sale of a horse, or the addition of juniors to a family membership - particularly if a junior has a different last name.

Basic changes like address, phone number and email address can be made on the website under "My Account" at the top right hand side of the screen. Please keep your information up to date.

Sarah Rinne 402-806-8708 natrc@natrc.org

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(Continued from page 4)

larger overarching volunteer bodies within our organization as NATRC boasts approximately 30 functioning committees and subcommittees with dedicated committee chairs. We even have individuals outside of committees who carry on NATRC work. All of them fulfill an important role and provide

valuable support. The common denominator for all of our volunteers is a love and passion for our sport and the desire to see NATRC grow, evolve and remain viable for years to come. Thank you to each and every volunteer past, present and future...you are our life-force!

MILEAGE CHALLENGE FINAL STANDINGS

Cumulative Statistics as of 10/31/20

BY REGION

<i>Region</i>	<i>Miles</i>
Region 1	969
Region 2	823
Region 3	2,166
Region 4	2,908
Region 5	3,022
Region 6	4,319
Region 1A	557
	14,764

BY RIDER

<i>Rider Name</i>	<i>Miles</i>	<i>Region</i>
Muench, Gayle	1018	4
Smith, Helen	852	6
Broughton, Regina	824	5
Clark, Hannah	755	3
Johansen, Kristen	717	6
Price, Alanna	619	4
Kane, Mindy	526	2
Zimmerman, Janet	524	6
Muench, Fran	463	4
Morgan, Dayna	445	3

BY HORSE

<i>Horse Name</i>	<i>Rider Name</i>	<i>Miles</i>	<i>Region</i>
PVA Light 'N the Storm	Johansen, Kristen	717	6
Rushcreek Darline	Clark, Hannah	568	3
Watch Me Forever	Kane, Mindy	526	2
Grullopine	Zimmerman, Janet	524	6
Lucky Sunday	Broughton, Regina	489	5
Focus Jessie	Smith, Helen	477	6
Blue Hearrt	Muench, Gayle	449	4
Copper Touch	Morgan, Dayna	445	3
Casino Royale	Dunn, Jan	413	1
Moon Shadow's Black Gold	Price, Alanna	400	4

Greetings from Alaska...

...where we have "real" winter!



The "Hoof Print" editorial team sends greetings to all the NATRC family! We hope, that as we close out this most unusual year of 2020, that everyone has a wonderful winter season and we hope that you and yours succeed in whatever you endeavor to accomplish in 2021!

ATTENTION JUDGES!

Early in 2020, the NBOD extended the period for veterinary judges to fulfill their annual requirements. The period for horsemanship and Leisure Division (LeD) judges remained the same.

At the July meeting, the board waived *all* requirements for *all* judges in 2020 including those for annual renewal and for apprentice/ provisional progress.

The NBOD recognized that with few rides in 2020 due to COVID-19, it would be nearly impossible for most judges to meet their annual requirements.

OBSTACLE CHALLENGE FINAL STANDINGS

Sets 1-5 of 5* ♦ May, June, July, August and September
Includes all preauthorized and confirmed late submissions.

BRACKET	RANK	RIDER NAME	EQUINE NAME	SCORE	REGION
A Experienced competitors with MORE THAN 1500 NATRC competitive miles	1	Muench, Fran	Giacomo	127	4
	2	Petelle, Patricia	Kings Lasting Legacy	126	5
	3	Chapman, Carolyn	Mandella Bey	124	5
	4	Parys, Shari	Rushcreek Concho	120	6
	5	Smith, Helen	Focus Jessie	117	6
	6	Smith, Helen	Rushcreek Frontier	115	6
	7	Wingle, Diane	Eduardo el Negrito Knight	113	3
	8	Riddick, Keri	VA Anistazio	105	5
	8	Messick, Brenda	Rushcreek Allie	105	6
	8	Wingle, Bill	Mariah	105	3
B Experienced competitors with LESS THAN 1500 NATRC competitive miles	9	Lucas, Patty	Papa's Alabama Express	104	3
	10	Wingle, Diane	Missouri Reverend	103	3
	10	Messick, Brenda	Rushcreek Bonita	103	6
	1	Cichocki, Claire	Desert Whiskey	126	1
	2	Clark, Hannah	Rushcreek Darline	124	3
	3	Hoyt, Julia	Skipahead Festus	122	6
	4	Hoyt, Julia	Mr. Blackburn Can Zip	120	6
	5	Fettes, Mary	RW Braveheart	119	6
	6	Knuutila, Laurie	Indy's Midnight Sun	118	1A
	7	Dukes, Mary	MHF Merribelle Mist	112	5
C New competitors with ZERO NATRC competitive miles	7	Knuutila, Laurie	Rowdy's Ribbons n Lace	112	1A
	8	Morgan, Dayna	Copper Touch	110	3
	9	Collins, Jordan	Breezer Boy	108	5
	10	Rinne, Carisa	Badger Strikes Back	105	6
	10	Hanson, Dwight	Silver Valley Tate	105	6
	10	Fettes, Mary	Jazzy Girl	105	6
	1	Allan, Missy	Fayleen Shining LaJolla	110	1
	2	Hudson-Louis, Holly	G.S. Orion	103	1
	3	McGee, Carol	Scooter	102	5
	4	Braun, MaryAlice	Chances Buck	99	6
D Juniors 10 through 17	5	Nissen, Janece	Mountain Flame	96	3
	6	Carlson, Rosemary	Ata Al Shamal	88	3
	7	Dixon, Catherine	Callie TCR	85	2
	8	Rife, Cheryl	Aletta	83	1
	9	Bailey, Sharon	Tigerette Twist	82	6
	10	Rife, Cheryl	Nova	81	1
	1	Niderost, Natalie	Spantik Maj	128	1
	2	Edelstein, Kinsley	Sir Percival	83	5
	3	Woods, Bailey	EW Zarabella	26	4
	4	Heun, Ayla	Blarney Stone Tank	13	6
5	Olsen, Mackenzie	Lady	11	6	

* Some competitors chose to do only some of the sets, and within sets, some of the challenges.

"Safe, Fun, Challenging - Come Ride With Us!"

SETTING 'EM UP TO SUCCEED!

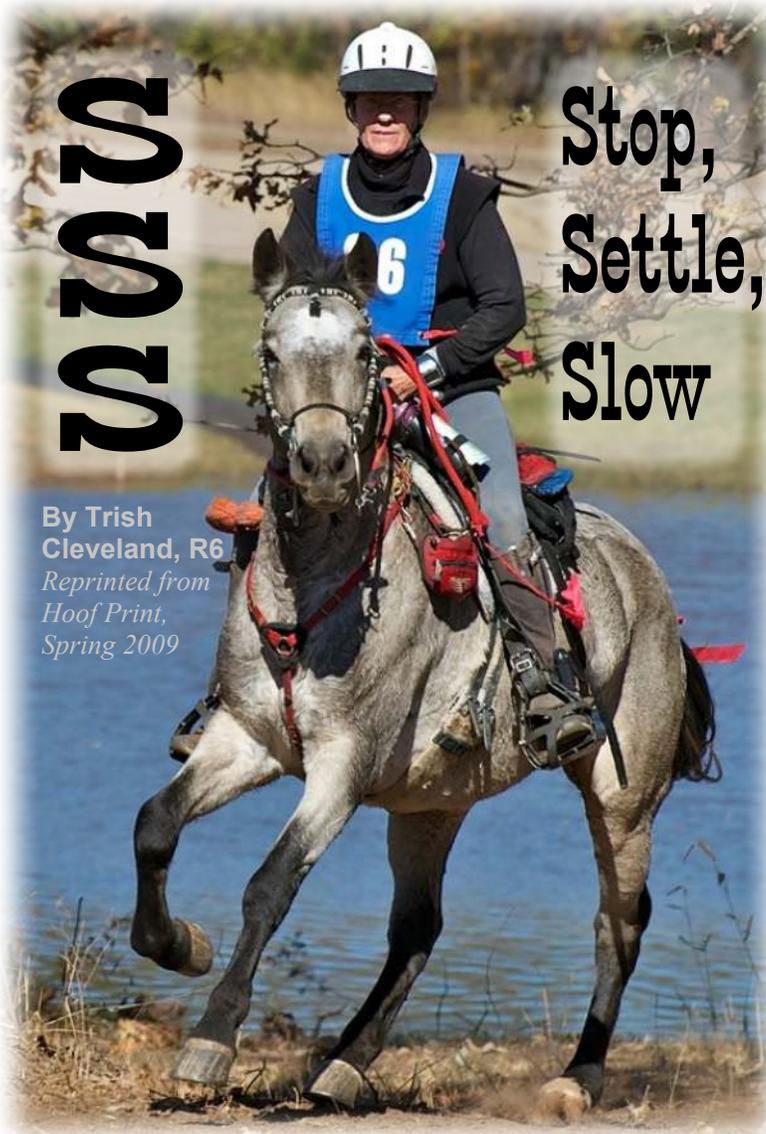
NATRC COVID Response Challenge – August and September

TASK	DESCRIPTION	WHAT THE JUDGES SUGGEST
AUGUST		
C401	Mounted: Ride to log or cavaletti pole, straddle it and count to 5 our loud.	Bring feet back/ more forward under hips for better support. Let your heels be lower than your toes. Distribute some weight through your thighs to be quiet/ light in saddle. Keep shoulders and hips square; maintain vertical position in saddle. To help horse prepare for a balanced stop, use core strength to settle down (not back) into saddle; use only light rein pressure. Maintain stillness while counting. Pet your horse for a job well done.
C402	Demonstrate an offside dismount.	Strive to be slow, steady, smooth and safe. Position horse close to “log” and take right foot out of stirrup. Swing left leg over and gently slide down side of horse. Praise your horse for standing still.
C403	Mounted: Pivot horse a full 360 degrees on haunches.	For a good pivot, the horse’s weight needs to shift back on his hindquarters. Try backing the horse a step or two to help shift the weight. Develop good shoulder cues to move horse’s fore legs around rear pivot point. Thank your obedient horse.
C404	Mounted: Back up a hill or ditch five steps	Think about Stop, Settle, Slow. Keep your feet under your body for best balance and support. Use your legs and thighs to lighten your seat and keep weight off the horse’s loins. Keeping upper body still, use give and take of the reins to back a step at a time. Relax and praise horse for a successful completion.
C405	In hand: Demonstrate NATRC-style check in/out (trot out, trot/gait circles in hand or longeing one circle each direction and trot back).	Use enough line between your hand and the horse’s head that he can move freely. Slow horse and ask for a stop before reversing or turning. Don’t step backwards out of horse’s space when reversing or pushing into circles; step forward and “push” horse out and away. Work for a consistent gait for good evaluation by the veterinary judge. Pat your horse when you’re done.
SEPTEMBER		
C501	In hand: Side pass to mounting block, mounting aid or terrain and execute an offside mount.	Use reins to block forward motion rather than trying to push horse sideways. Cue horse to move front and back end together. Teach horse to stand where you put him rather than moving the mounting block. Use your core strength for more balanced settling to decrease motion in saddle. Praise your equine friend.
C502	Mounted: Pivot your horse a full 360 degrees on the forequarter.	Stop & settle to set up for success. Work on coordination of leg and rein cues to keep head straight. “Close the door” on inside rein to support front end to prevent horse from circling front feet. Keep hands low and reins even. Work on tight hoof placement. Thank your horse for the good effort.
C503	Mounted: Back a figure eight around two trees or other safe stationary objects.	The goal is to use very soft/ subtle seat, leg and rein cues. Go slow and give horse a chance to respond. Soften rein cues and use more outside leg cues in the turn. Give your horse a pat when you’re done.
C504	Mounted: Side pass right five steps, back five steps, side pass left five steps and move forward five steps (creating a box).	Keep inside leg (the side you’re side passing to) off the horse as well as tension off the inside rein to give horse an “open door” for a successful side pass. Use coordinated seat & leg cues to help horse keep a straight line. Use a pause between each movement. Thank your horse.
C505	Mounted: Trot a figure eight.	Make larger circles to help horse have free & consistent movement. Keep upper body square and centered. Ask for more impulsion in order to let horse’s body drive the posting more. Keep your legs under your body to help you post with the horse’s motion. Add more weight to legs and center to stabilize body position and relieve horse’s loins. Praise your horse for a job well done.

SSS

Stop, Settle, Slow

By Trish Cleveland, R6
Reprinted from
Hoof Print,
Spring 2009



Thing.” I desperately needed some way to hold Mocha and me together as a team during obstacles. I was just a mess with anxiety, and Mocha was just being, well, Mocha (“Wild Thing”). Our first competition was a disaster, but we got through it, and I started to analyze how Dolly and I went through obstacles.

together. I take a deep breath or two, and then I am in a state of mind to focus on the task at hand and understand what the directions are.

SETTLE. I then spend a few moments to look at the layout, (i.e. terrain, low spots, high spots, trees, etc.) while asking the horse for their undivided attention. It is during this time that I decide how to approach. For instance, to open or close a gate, do I set up to open the gate forward or backwards? Before I begin, I am sure the horse is paying attention to me.

SLOW. Doing an obstacle is not a race. Even if you are given only 30 seconds, slow and careful really pays off. It is very important to be able to stop your horse in the middle of an obstacle. If you can’t stop your horse, you will not be able to correct the horse while doing an obstacle.

As in all things, to use SSS takes patience and practice. But once you are comfortable with it, SSS is a powerful alternative to “deer in the headlights” obstacles. Using SSS has made CTR much more fun and enjoyable because I have a way to remember how to get through the stressful things.

Trish is using SSS as she starts her new, inexperienced horse, Kaique Rain.

The photo on this page is of Trish and Mocha at a ride at Lake Carl Blackwell, Stillwater, OK. Photo by Jim Edmondson, used with permission.

I found NATRC in the early 90’s and discovered how very competitive I am. I absolutely could not wait until the next competition, but I also suffer from HUMONGOUS ANXIETY.

For years with Dolly, my older Quarter horse, I could depart from an obstacle and think of about 100 ways I could have completed the task better. This went on for years, and Dolly just became better and better, until Dolly seemingly was the one who would STOP, SETTLE, SLOW, regardless of what I would be doing.

Three years ago I retired my push button horse, Dolly, and started over with a 4-year-old Spanish Mustang, Mocha, referred to in Region 6 as “Wild

It became clear to me that what I needed to do at an obstacle situation was SSS.

STOP. Unless the obstacle is a walk or trot through, a person stops anyway. But when I stop, the horse stands still, and I use the few seconds to get myself

Thank You

Pam Hess, DVM

Veterinary
2018-2020

Kim Cowart

Horsemanship
2017-2020

for serving as NATRC Judges Committee Co-Chairs



NATRC Student Loan & Scholarship Program

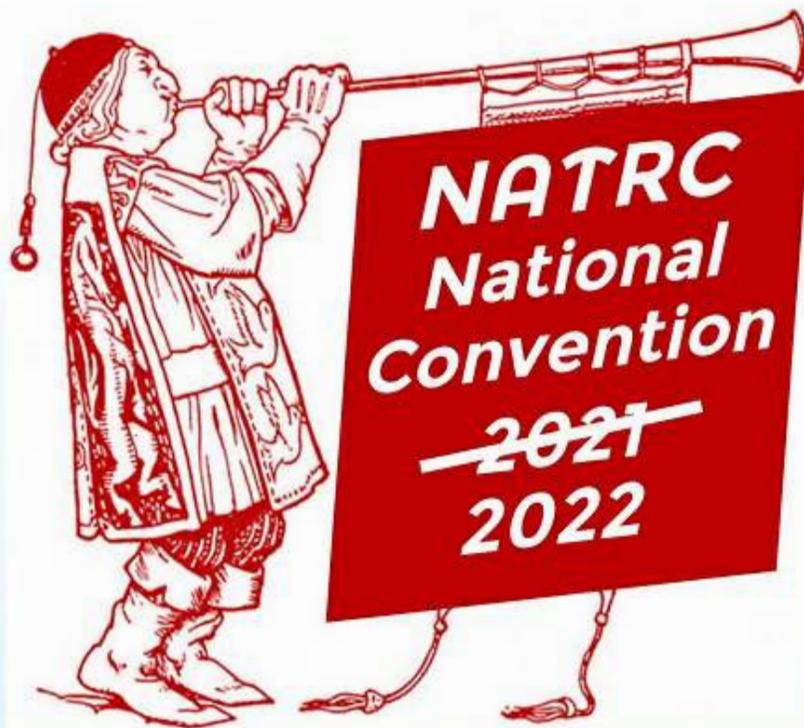
Student loans and scholarships are available according to the budgeted amount, at the discretion of the National Board of Directors. Preference will be given to a full-time student who has been a member of NATRC or whose family has been an active member for at least 3 years. Consideration will also be given to a student or a student's family who has been an active member for less than 3 years but more than 6 months.

Priority will be given first to a student enrolled in an accredited School of Veterinary Medicine; second in studies leading to a degree in Animal Science, Nutrition, Health and/or other related equine field; third in other related equine studies; fourth to a college student in his/her senior year, then junior year, sophomore year, freshman year. For a student loan, consideration may also be given to a student enrolled in other studies.

Other considerations include financial need, scholastic achievement, and character of the applicant as determined by the Student Loan/Scholarship Committee.

For an application, contact the NATRC Executive Director at natrc@natrc.org, or download the [Student Loan Application](#) or the [Bev Tibbitts Memorial Scholarship Application](#).

Please complete the appropriate form in Word or as an interactive PDF and submit via email to the Executive Director at natrc@natrc.org



Convention News

With COVID-19 concerns causing so many uncertainties surrounding planning, the 2021 National Convention, originally scheduled in Omaha, NE, will be postponed until 2022.

Awards News

With so few rides this season, requirements for many national year-end awards cannot be met, or will be available to only a few. In order to not diminish the integrity of our prestigious awards, the national board approved the recommendations of an ad hoc committee to not award the: President's Cup, Jim Menefee Combined Horse and Horsemanship, high average awards (Bev Tibbitts, Polly Bridges, Junior and CP Grand Champions, Junior and CP high averages), High Point Horse and High Point Horsemanship (Open and CP) for the 2020 ride year.

Mileage, National Championships, and regional Team awards will be offered. Regional awards can be awarded and presented at regional mini-conventions.



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Every Step Counts - The Morning Mount

By
Bev Tibbitts

Excerpts reprinted from
Hoof Print, November 1987
Editorial comments added for clarity.

Bev Tibbitts, NATRC horsemanship judge from 1968 until her death in 1995, "personified the spirit of excellence in competitive trail riding." A prolific writer, she shared her thoughts in public articles and private letters. Winner of the President's Cup in 1971 and 1979, Bev is the figure in the NATRC logo.

The mount. An important step; it's the first thing we do before we go for a ride. The morning mount – before timing out in the morning – is still asked for from time to time. Practice for the "Morning Mount", and the rest will be easier.

A smooth mount is one more step toward the goal of harmony with your horse.

It's a game, the business of the judged mount – in the honest sense of making the right moves – and like chess compared to checkers, the Morning Mount has a capacity for challenge greater than any other. With challenges in mind, a competitor would consider this quote from an international tennis champion: "I play every point as if it were the decisive one." Quite a way to start the day, but that's partly what we're there for – competition and the game.

Games aside, how about the safety angle to encourage practice for perfection? Murphy's Law well applies: If anything can go wrong, it will. Or O'Toole's commentary in Murphy's Law: Murphy was an optimist.

From the judge's viewpoint, the morning mount concentrates many things in one handy package and not necessarily to the detriment of the competitors. Unless a piece of sky falls, every rider has the opportunity to be more or less in the same situation. For riders who have done their homework, points can be gained. Unfortunately for the others, some will lose them. In a sense then, the judges reward the well-prepared competitor.



Photo by Bill Wingle used with permission

They can score such basic horsemanship skills as handling, timing, control, reining, lightness, and balance, all while evaluating the horse's temperament, attentiveness, training, and responsiveness. And the interaction and relationship between the horse and rider are rarely more evident than during the morning mount. **The Stimulating Morning Mount.**

Practice is well worth the effort then, and it aims for a safe mount that is smooth and flowing and easy like a panther's graceful leap in slow motion. However, regardless of the picture, beneath the sleek appearance are minute, learned steps – very subtle and very controlled.

To get a feeling for what is involved in the steps of the mount, go climb a steep slightly daring bank, on foot, horseless. Picture the bank with about 10 to 12 feet of ascent, increasing in steepness. Partway up are loosely embedded rocks and further on a single tuft of grass. Let's say that your life depends on negotiating the climb, that if you don't go about it right, you will tumble back into the jaws of something or other. (A narrow-eyed judge maybe).

Can you use the loose rock and few blades of grass? The secret is having a feel for just how much you

can get from them before they let go. By the time your foot uses what the rock has to offer to bear your weight, your hand is using the grass; and by the time the grass goes, you are fairly safe – that is, near the top edge where hands and knees will put you over, home free.

Apprehension aided the escape because it stimulated adrenaline output which gives rise to strength and brain power in times of need. Nervousness, however, did not make you look down. You wasted no time fretting about the jaws since your attention was focused on reaching the top.

Stretch is also involved in the safe, smooth mount; therefore, exercises that improve leg flexibility and extend the reach of limbs and torso are helpful. For flex, for example, use this easy knee-to-chest exercise: Stand on the left foot and bring the right knee as high as you can toward the chest, finally using the hands to draw the knee and lower leg up and in. Repeat with the other leg. Do about 22 per day, not too high and forceful because that strains the back. In time, the improved limberness will enable you to begin the mount right opposite the stirrup instead of a leg-length away with hops halfway around the clock to get into position. (Exception: very tall

(Continued on page 11)

(Continued from page 10)

horse, very short rider.)

Any activity one might come up with to strengthen muscles will aid the mount, because the lift from ground to saddle really is a weight lifting effort. Tree climbing for example? Same muscle work and same stretching. Risky, but not a drag - like formal exercises. Best of all is the following one.

THE PRACTICE MOUNT

With your body in semi-shape and sensitive to touch and timing with things like loose rocks and blades of grass, firm up that sensitivity with the notion that the saddle has no cinch. You will then apply these steps not haltingly like a recipe, but rather as a routine that flows with continuity.

Note: Using a mounting block or other form of elevation is better for the horse because it puts less torque on the horse's back. The same principles apply.

1. Check to see if the horse's left (or near) fore is in the straight position, ready to receive your weight.
2. Put the reins on the neck directly if they are split reins, otherwise

over the head without smearing them on the face or catching ears. Flipping an arc of the opposite reins works efficiently. Must be accurate though.

3. Your position now should be opposite the stirrup, close to and facing it. Gather the reins snug in the left hand (or right if offside) and add a fistful of mane down near the roots. If the mane is roached, leaving only a few hairs, then think of them as blades of grass – but not to be uprooted. If no hairs are available, use the crest as a ledge.
4. At some point now say, "Whoa!" with the same quiet life-or-death emphasis you would if the horse were standing in barbed wire.
5. Still maintaining contact and rein control, use the right hand to guide the stirrup while you aim the foot. As the foot is going in, return your focus to the horse's head – where the ears are. Aside from the ears as a clue to the horse's attention, focusing the vision there has some mysteri-

ous, positive effect. Perhaps it puts your head at an advantageous angle or perhaps it's because the view of the surrounding landscape makes for a handle on the horizon and thus the balance. Maybe it's psychological like "hitching your wagon to a star." Whatever the reason, it works. Keep the eyes there for the rest of the mount.

6. As soon as the right hand is finished with the stirrup, use it to grip either the pommel or well below the pommel on the right side. With a western saddle, use the horn or the right swell. The precise spot is the one that suits the way you use the grip. The grip is almost entirely by pressure, downward and inward, in on the stirrup, but some of it is for pull. The amount of pull on the saddle is the same as on blades of grass!
7. Simultaneously with the working of muscles in the left-hand pull and the right-hand grip, push lightly from the ground while the left foot is

(Continued on page 12)



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(Continued from page 11)

lightly weighing in on the stirrup, and lift – lightly. (That’s the loose rock part.) With the left knee contacting the saddle, it becomes something of a brace. As the body nears the top, much of the weight that was in the stirrup is being taken up both by the left hand now pressing down onto the crest and of course by the right-hand pressure. When the right leg curls over the saddle and its knee contacts the right side, that knee begins to brace into the saddle as the thighs descend to make contact with the seat and ease you down.

8. The right foot slips into the stirrup, and with a quick, short push it centers the saddle which has not moved more than a fraction of an inch. Right? The reins of course are still snug enough to prevent the horse from moving out until cued.
9. Repeat. Do eight mounts before you leave the barn and eight on returning. Do them on both sides; up the near side, down the offside; up the offside, down the near side, and so on.

For my practice, I undo the cinch (and breast collar and crupper), but I would not recommend it with a horse that moves or for a rider who has not yet achieved a fair mount. The advantage to the cinchless mount is that it automatically teaches the Loose Rock, Blade of Grass Method. I mean, the “bod” seems so intent on avoiding blood loss that it just works out the coordination essential to lightness. The key is in the focus you give it: on the horse’s readiness, on your own muscle readiness, on loose rocks and blades of grass, on reaching the summit.

The speed in performing a good mount shouldn’t be Pony Express, of course, but neither should it be slow and methodical. Think of the process as efficiency in time and motion. There’s a good reason for that. Back in step 6, in the instant the right hand begins its grip, you are committed, not only muscularly but also safety-wise. Regardless of the horse’s disposition, consider it Standard Operating Procedure to go right up. Don’t pause or look around because if the bomb

drops or the bee stings, you’re in additional trouble. Being dragged by the foot is not an uncommon wreck. And no hanging on the side of the saddle partway as if waiting for the horse to do something. That also forces the horse to bear an uneven load, and you want the mount to be as pleasant as possible for the animal as a part of the on-going training.

If the horse is green and won’t stand in the beginning steps of the mount, don’t punish him before you start. You set up a fear in his mind

about the situation, and one of the many results could be that he will move away from you before you put your foot in the stirrup. Get on as best you can, then whenever he stands better than before, reward with a good-boy/good-girl pat. That’s using positive reinforcement; reward for good behavior. I have found that after a time the horse almost seems to wait for the affection. When you are sure the horse understands but walks off regardless of the command to halt, quietly back him a step or two

(Continued on page 13)

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Photo by Jim Edmondson

(Continued from page 12)

beyond where you started – even if he takes one step before cued to move out.

THE STIMULATING MORNING MOUNT

Variation in the following suggestions for the mount will depend on the horse's disposition during this brisk time of day and on his – uh – recent history.

To one degree or another, buddy-ing usually plays a role here, but sometimes you can use that to advantage. Often you can get the horse to buddy to you, you the leader. For that purpose, ride alone in workouts. However, if riding with others is necessary for safety, consider a plan of not riding glued. Space yourselves at a good distance, as much out of sight as is reasonable.

I have found that in competition, too, the buddying problem can be handled better when stablemates are separated. To make that work takes a little arranging and a strict adherence to a plan, but it is well worth it. First, include a note with the entry forms to the secretary that you would like – and management willing – to be assigned numbers that are well separated (ideally the faster horse to ride out first). Subsequently on the trail by pre-arrangement, avoid letting the buddier know that the other horse is in the neighborhood such as at P&R stops lunch, etc.

Before the morning line-up, by another agreed upon plan, have the first horse depart from its side of the trailer in such a way as to be unseen by the buddy. Distract both horses during the potentially heart rending moment of separation by some diversionary means like burying the head in a bucket of grain, rubbing the eyes, scratching tick bites... Whatever you do, it is the opposite of taking the first horse around to the other side of the trailer and saying, "Farewell, Buddy; we're leaving you now!"

The moments surrounding the mount are times of focus in a number of different ways. In the line-up, concentrate on directing the horse's attention to you. Practice mounting (unless you have been instructed not to) or side passing or backing; face this way, face that way; scratch ears, rub eyes.

Now is also the time to think about how you are going to handle the mount situation. Do you have a plan or two that included the what-ifs? A scheme based on how the horse performed at the last morning mount. Did he do a 180 back toward the trailer, toward hay and security? Or did he go cuckoo-bird because his stablemate took off into the rising sun? Although it is far less desirable, maybe you will have to cancel the plan of holding his total attention and encourage him to buddy up with either the horse ahead or the one behind, depending on his state of mind. Remember, it's his animal head that you want to get into, and

if you can't change his thinking, then try to work within the limitations.

During the final in-hand steps to the starting line – which are not to the gallows but to a contest and potential opportunity – focus on the ground, on precisely where you will stand the horse and yourself in order to take advantage of even the smallest bit of elevation. For example, if the starting line is on a jeep road, aim the horse's feet for one of the tracks or where your feet will be higher. It's a lot easier to mount a 14-2 horse than a 15-2 one. Even an inch can make a difference.

In the moment of stopping the horse, make an assessment of his attention. If it's on the herd behind, you might want to turn him slightly so he can have an eye in that direction. If instead the animal is anxious about the departing Great White Stallion, you might want to check him quickly and mount with expediency in that instant of his attention to being checked. The timing to initiate the mount is important with both examples. Taking too much time can muck up a mount as much as being too abrupt can. No doubt a good sense of timing comes from experience, but sharp focus is always involved.

If the mount was far from neat, chances are both you and your horse need more practice. But for now, the day is young and it's time to set your watch at 12:00.



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Eligibility for the Novice Division and the Experienced LeD Class - 2021

By Andrea Rogers, Points and Data

As we begin the 2021 NATRC season, we need to take some time to review our Rule Book and understand the new rules going into effect for 2021. The new rules are intended to allow riders sufficient time in the Novice Division to feel comfortable moving up and to keep the playing field level. It is every rider's responsibility to enter in the appropriate division.

Let's start with eligibility rules for the Novice Division (See Section 4.A.2.e. of the Rule Book, if you want to look up these provisions).

Provisions (1) and (2) are basically the same; (1) for adult riders and (2) for junior riders. These provisions exclude any "rider and horse combination" that has earned 250 or more points in Horse (i.e. under the veterinary judge). These points are life to date, and all divisions and classes are combined. Juniors are exempt from this criterion until they reach age 14.

Provisions (3) and (4) are similar in that (3) applies to adult riders, and (4) to junior riders. Any rider who has earned 250 or more points in horsemanship is ineligible to compete in the Novice Division. These points are life to date, and all divisions and classes are combined. Juniors are exempt from this criterion until they reach age 14.

Provision (5) states that any horse and rider combination who has won a National Championship or received a national high point placing of 1st through 3rd is ineligible to compete in Novice. This applies to any division or class that the national award may have been received in.

The easiest provision is (6) – veterinary or horsemanship judges are ineligible to compete in the Novice division.

Provision (7) states that any rider with 1,500 or more miles OR who has won one of the listed national awards is ineligible for Novice Division competition.

SO...how do you know where you stand? Because first and foremost it is a rider's responsibility to enter correctly.

Here are a couple of ideas: (if any **one** provision is met, you are ineligible)

- At the end of each season, cumulative mileage is updated and published on the website. Check to see what your mileage is. Also, it is easy to keep up with your mileage as you go through the year. Mileage is awarded for any ride completed according to this table:

Division	Ride Type		
	AA	A	B1, B2
Open	90	60	30
Novice	n/a	40	20
Competitive Pleasure	n/a	40	20
Leisure	n/a	n/a	10

- At the end of each season, look up your life-to-date point record which is also updated and will be published on the website.

Awards like National Championships and national high points are pretty memorable, but you can always check with the "national points / database coordinator" by emailing a request to: natrc@natrc.org Please use "Novice Eligibility" as your subject line.

LeD Experienced Class

Now let's look at who must enter the new Experienced Class if riding LeD. The criteria are quite similar but a little simpler. Anyone matching any of the following criteria must enter the Experienced Class:

- Judges (veterinary, horsemanship and LeD)
- Any rider with a life-to-date accumulation of 250 points, including all divisions (LeD team points, or horsemanship points in Open, Competitive Pleasure or Novice Divisions).
- Any rider who has a national award (places 1-6) in Open or Competitive Pleasure.

Email requests for information regarding points or past national awards to natrc@natrc.org Please use "LeD Eligibility" as your subject line.

Info for Ride Managers

As a ride Manager, how do you assure that people enter properly?

As soon as possible after the end of the season, two lists will be made available to ride managers. One will indicate Yes or No if a rider is eligible to compete in Novice. The other will list those riders restricted to entering the Experienced Class if they ride LeD.

These lists will include information on anyone who has ridden an NATRC ride in the last 20 years, so potentially non-members may be ineligible due to past achievements. It is recommended that you assign a member of your team to review entries against the list before check in. The lists will be searchable Excel files, so find a team member who is familiar with Excel searches if you can.

Notes:

- For the full text of these rules go to Section 4A 2e (1) – (7), page 4-2 of the Rule Book, which can be downloaded at: www.natrc.org, under Resources / Rules.
- Any excluded / ineligible rider or horse and rider combination or rider may enter DO (Distance only), which means they are not in competition, will not be placed, earn points, or count in the rider count used to determine points for the class. They will however earn mileage.
- Eligibility status is maintained throughout the competition year, even if a milestone (number of points, miles etc.) is surpassed.
- **Points and awards achieved by a horse under a different rider or riders will NOT impact the eligibility of a new rider for that horse.**





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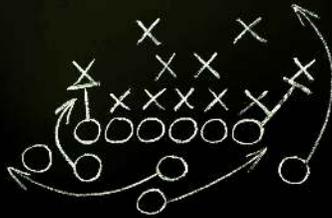
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Wing Tempo held the NATRC record for highest mileage with nearly 21,000 miles at his retirement from CTR at age 32.

Strategy in CTR.



Really? - Part 6

By Bev Roberts

You bet! While out on the trail, you will encounter many things. We have already talked about anxious horses and obstacles. This month we look at strategies for pulse and respiration checks (P&Rs).

NATRC uses P&Rs as a periodic measure of condition to aid both you and the veterinary judge to evaluate how your equine (horse, mule, donkey ...) is doing over the course of the ride.

At a P&R, as riders arrive, they dismount and line their horses up side by side with about five feet between them. The P&R is a mandatory rest period in which riders take advantage of the time to help their mounts recover to normal parameters. As a minimum, sometimes standing around and a kind rub is all it takes to rest.



Sometimes standing around and a kind rub is all it takes to rest.

you should loosen the cinch for three reasons: (1) to help cool the area near your horse's heart, (2) to make your horse more comfortable, and (3) to make it easy for a P&R team member to place a stethoscope for taking your horse's pulse. For safety, do not loosen the cinch so much that should your horse move suddenly the saddle would slip and dangle from your horse's side or under her/his belly!

After 10 minutes from your arrival, a P&R team takes the horse's pulse and respiration in a 15-second reading.

Readings higher than the normal maximums will cost your horse points. Use the 10 minutes to cool and relax your horse. Riders use all kinds of strategies for this. What you decide to do depends on your horse, the temperature, the weather, the humidity, whether or not the P&R is in

the sun or shade, the amount of breeze, and how hard your horse has been working.

A way to help you decide

what to do is to take your horse's pulse and respiration yourself when you first arrive after you loosen the cinch. Start with respiration. If it is in the high teens or more, you'll have to work hard to cool her/him. If in the low teens, you'll probably only have to fan her/him.

If the pulse is in the high teens, and doesn't recover to near normal in 5 or 6 minutes and she/he is not hot, your horse may be hurting somewhere. Keep that in the back of your mind for being on the watch for pain, extreme fatigue, or lameness to develop, especially if she/he has not recovered to normal after 10 minutes.

The most effective cooling tactic for a hot, panting horse is to move her/him to shade, pull the saddle, dump gallons of cold water on your horse's body, scrape off the water, fan your horse's body and repeat.



This horse doesn't look sweaty. Savvy riders often use the same routine to calm their horses whether it is needed or not.

However, at most P&Rs, gallons of cold water are not available. So, if your horse is hot, pull the saddle, wet his neck with water you are carrying, scrape it off, and fan her/his whole body.

The second critical way to help is relaxation. So much of what you do depends upon how well you know your horse and what you've figured out works best for the two of you. Here is a list of strategies for you to try:

- Slowly rub the forehead or neck
- Scratch itchy spots and then do other strategies
- Talk or sing quietly to your horse
- Feed carrots, treats or electrolyte treats
- Cue for head lowering (teach this at home first) *(Continued on page 17)*



This competitor opted to pull the saddle before starting her relaxation strategy.

(Continued from page 16)

- Squat by her/his head to encourage lowering even further
- Use reins or hands to flick away irritating flies
- Take a few big sighs to encourage your horse to do the same
- Stick your finger in the side of her/his mouth to encourage licking and chewing
- Leave her/him alone and do nothing but loosen the cinch

But wait! There are things you can do to avoid coming into a P&R “hot” in the first place.



Photo by Brandy Steele, Optical Harmonics, used with permission

Looks like this young woman has put her horse to sleep!

- Know where you are on the trail in relation to where the P&R will be, and depending upon how hard your horse has been working, walk the last half to full mile into the P&R.
- The rules allow you to rest before doing a mandatory trot to a P&R. If your horse needs a rest, take it.
- Before a very steep or long ascent to a P&R, stop, check your horse and rest, if needed. Unless instructed to maintain forward motion on the ascent, stop along the way to let your horse catch her/his breath.
- Allow any anxious horses to go way ahead of you.



Photo by Brandy Steele, Optical Harmonics, used with permission

A little refreshment while waiting.

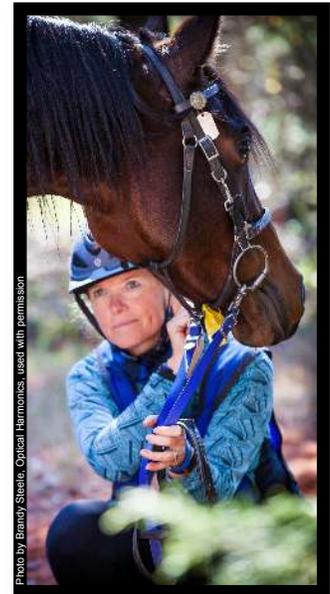


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Sometimes, a rider will squat down to encourage the horse to lower its head. Bonus - a good opportunity for the rider to stretch her back.

- Avoid having an anxious horse on your horse’s rump.
Everything you do at a ride is to achieve the goal of least stress and most enjoyment for you and your horse.
Next time, more encounters on the trail!

“Let’s Ride Seminar Series” - 4th Wednesday of every Month! Watch www.natrc.org for details!

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Annual Dues Update!

By Kris Gray

A common question we receive is "When are my annual dues due?" Good news! Beginning with January 2021, all membership dues will be due each January and will cover January – December of the year in which they are paid. The reason for this change is to make it easy to remember when dues are due for members and to

make things easier on ride management.

Previously, dues paid provided a membership that ran for one year from the date the dues were paid. This meant some people had a membership cover half of one ride season and then the half of the next, which made it more difficult to track who is a current member at ride registration and when

calculating year end standings and awards.

To get all memberships back on the January renewal date, we will be contacting those of you who paid after January 2020 and providing you with a one-time pro-rated rate for 2021. For example, if you renewed in March 2020, we would prorate your 2021 dues payment to cover April 2021-December 2021 to get you back on a calendar year renewal. Then you will pay full dues in January 2022.

We appreciate everyone's feedback on this matter and patience while we implement this change. We hope you continue to enjoy your membership benefits during 2020 and look forward to a fun and exciting 2021 with all of you.

If you have any questions, please contact Sarah Rinne at natrc@natrc.org.



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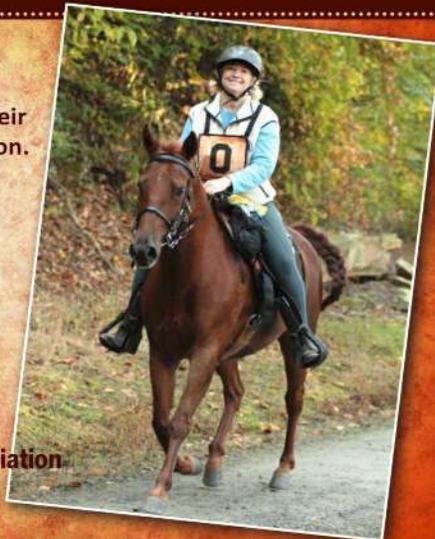
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Ride Management is for *Everyone*

By Elaine Swiss, Management Chair

Whether you have been competing with NATRC for a year or two, or a decade or two, you can be a successful ride manager. There are as many reasons to not become a ride manager as there are flakes in a bale of shavings, but those reasons can be swept away just as easily.

As a chief recruiter of ride managers in my region, and as the management committee chair, overcoming the barriers to accepting ride management positions is an on-going challenge for me. It is one that must be tackled because without ride managers, there are no rides in which to compete.

The most common objections are “no experience”, “no time”, “no money”, “no venue”, “afraid to speak in front of people” and “can’t cook”. All these objections can be overcome. The only one that cannot is “no desire”.

Managing rides is no different than any other endeavor undertaken in life. One must attempt an activity the first time to become experienced. Every NATRC ride manager had a first event, and whether it was a glorious success or a spectacular failure, it provided experience. Every ride managed after that more than likely provided a host of other experiences.

Under the tutelage of an experienced ride manager, a new manager will likely be surprised how smoothly the process goes when using the on-line resources available on the website. The sanction application, 6-week progress report, and judge’s contracts are interactive forms that take just minutes to complete. Even the insurance application can be completed and submitted on-line. No printing, copies or mailing required.

NATRC also has a Ride Manager Support Fund that provides up to \$1000 grants (not loans) to help new managers get started, or to help experienced managers launch rides in new locations. The application is short and requests information that would be

needed to manage a ride anyway. The budget form is provided and can be completed on-line.

Other sources of funding are local riding clubs or businesses, as well as the NATRC region itself. If a ride has existed in the past, there is often seed money that was held and can be used to re-launch the ride.

Most regions have more locations than ride managers to utilize them. Some locations have hosted rides in the past, but the management team finally said, “we’re tired,” and no one stepped up to fill their shoes. Some private ranches have added trail riding opportunities to develop an alternative revenue stream for themselves. Websites like “Where the Trails Are” and “Trailmeister” provide many ideas for new locations.

After these objections, the others are minor. The ride secretary or trail master can speak at ride briefings if stage fright truly is a showstopper. Caterers are available for hire, or in a no frills setting, take-out is an option to feed the key workers. There is no avoiding the hours required the weekend of the actual competition, but it is no more hours than if competing. Ride managers certainly dedicate three long days the weekend of a ride. But when the awards are finally distributed, the trailers have pulled out of camp and a peaceful silence descends, there is no greater personal satisfaction. I know.

Does this leave you in the “no desire” category? If so, be sure to recognize who makes it possible for you to compete and decide what NATRC leadership roles are more suited to you. There are many.

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Judges Committee Report, 11-14-2020

By Kim Cowart

Horsemanship Judging – What the committee is working on

A number of judges are in the apprentice/provisional progression. The cancellation of most rides precluded apprentice and provisional ride opportunities. Most activity deals with Leisure Division (LeD) judges. The recent Zoom meeting of 11-5-2020 identified items to address as well as some issues to clean up, specifically on time penalty points and P&R scoring.

Several LeD judges expressed the opinion that (at least) one mentor ride, with an established NATRC judge, prior to (at least) one provisional ride would be of great benefit to their learning curve. This makes sense, and the JC has been asked to make an official recommendation to the NBOD.

We are also having discussion in the judges committee on establishing a consensus on whether to use the initial check of the horse in LeD rides as one of the five possible observations. Initially it was not readily apparent that this was an intention of ours since this is mostly to ensure the horse is ok to go on trail. Some think the safety and manners aspects are worth scoring.

LeD judges would like the quick availability of appropriate documents on the NATRC website for their use. We also generally provide a number of items for them to add to their library of support documents.

It's been recommended we incorporate more Zoom training sessions for

all judges, LeD included, that present hypothetical judging situations and scenario's (with photo's if possible).

It would be beneficial to prospective LeD judges if we could update the

application to include all requirements for the position on the application.

Some updates are needed to both the Leisure Division Judge's Manual and regular Judge's Manual.

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RIDERS

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Oral Electrolytes



By Keri Riddick, DVM

Oral electrolyte administration is a hot topic among distance horses. As we condition and compete our horses, riders should think about salt, electrolytes and what their horse may need at that moment. Some horses seem to benefit from oral electrolytes and others seem to thrive on not receiving electrolytes. As horses sweat from exercise, heat and humidity, their need for sodium, chloride, potassium, calcium and magnesium increases. How can we determine what our horse needs and administer it safely to them?

Let's begin with a review of electrolytes and why a horse physiologically needs them.

●**Sodium:** This is a required electrolyte for cardiac, musculo-skeletal and neurological systems. Sodium helps retain water in the gastrointestinal tract, helps to signal thirst and helps with transport of nutrients through the cell membrane. Our normal pastures and hay have a very low amount of salt.

●**Chloride:** This significant electrolyte helps move water in and out of cells, balances the blood's pH and is a component in hydrochloric acid, which is responsible for digestion in the stomach. Grass and hay typically have high levels of chloride.

●**Potassium:** Horses' muscles must contract and relax, and potassium is essential for this to function correctly. The good news is forage (pastures and hay) typically have high levels of potassium.

●**Calcium:** Calcium is a mineral that is essential to cell mem-

brane function, muscle contraction, strong bones and teeth. Calcium also helps to buffer excess stomach acid.

●**Magnesium:** Magnesium is necessary for maintaining the balance of potassium and calcium, is a component of muscle contractions and is also a co-factor in many enzymes produced by the body.

The above is a very basic overview of the electrolytes and minerals needed by our horses, but it is interesting how they are all necessary and often help regulate each other. Most importantly, sodium is not present in grass and hay and needs to be supplemented.

So when we think about electrolyte supplementation, the roughly 1100-pound horse that is not working requires 11 grams of sodium and 44 grams of chloride.

On average, this equals a little less than 2 tablespoons of salt. This requirement changes with heavy work or hot, humid days, and the daily requirement can increase up to 2-3 times in these situations. Be certain to account for salt that is in the grain you feed as you begin to calculate your horse's salt requirements.

After we have accounted for salt, which is necessary even in non-exercising horses, we want to look at the consideration of commercial electrolyte mixtures for the exercising horse. This is especially important when our horses are heavily sweating, during either hard conditioning rides or competition. The typical forms are either a top dress for the feed or a paste. Check the composition of the brand that you are feeding to ensure that your horse's requirements are being met. Many of the sugar-based electrolytes, while very palatable, do not meet the salt requirement unless fed in large amounts.

Another consideration we have is the buffering of electrolytes so as not to cause ulcers in the mouth, esophagus (Continued on page 22)

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(Continued from page 21)

or stomach. Horse saliva is naturally high in bicarbonate, which is an effective buffer. A horse that is eating hay or grass produces approximately twice the saliva as when they are eating grain. As a horse pasture grazes, they simultaneously produce saliva and stomach acid. Thus, constant eating is beneficial to the stomach. This changes with our distance horses that go through strenuous hours of work and exercise. The stomach has some portions, called the glandular mucosa, that are naturally protected from stomach acid. However, other "non-glandular" areas are susceptible to ulcers when stomach acid splashes against it through increased movement of the diaphragm and the internal organs in the exercising horse.

When we think about electrolytes, in general their pH can be too acid or basic and can potentially cause injury to tissues in the mouth and stomach of a horse, especially if overused. To help minimize damage to these tissues, NATRC allows the use of either buffered electrolytes in a commercial form or the addition of kaolin-pectin to electrolytes (ideally a one to one ratio, helpful hint) so these salts are less corrosive to the

mouth and stomach. Kaolin is a fine white clay used as a food additive. Pectin, a carbohydrate, is in the cell walls of many fruits and vegetables. Both kaolin and pectin create a protective coating in the mouth, esophagus and stomach to protect these tissues from concentrated electrolytes. Kaolin-pectin is commercially available at most farm supply stores.

As you consider changes to your electrolyte protocols, remember to reach out to your veterinarian and/or nutritionist to discuss whether these changes are the best for your horse.

I look forward to seeing you down the trail on your well-hydrated, appropriately-supplemented distance horses!

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2022 RULE CHANGE PROPOSALS - November 14, 2020 - Changes in Bold

MAKE DATE OF DETERMINATION OF JUNIOR AGE CONSISTENT

SECTION 1 - GENERAL

A. Membership

1. Any person interested in the purposes of this organization may be eligible for membership upon proper application and payment of the required dues.
 - a. Yearly Membership
 - (1) Adult Competing Membership: Any person 18 years of age or over.
 - (2) Junior Competing Membership: Any person under the age of 18 as of the beginning of the ride year.
 - (3) Family Competing Membership: A household of one or two adults and children under the age of 18 as of **January 1 the beginning of the ride year.**

Rationale: The date to determine the age of a Junior should be the same for a Junior Competing Membership or as part of a Family Competing Membership.

ALLOW MEMBERSHIP IN MULTIPLE REGIONS

SECTION 1 - GENERAL

B. Regions

5. If the domicile and residence of the horse/rider are in different regions, or if the rider desires to compete in **a region one or more regions** other than that of the domicile, the rider must inform the NATRC Executive Director of the region(s) in which s/he is competing at the time of the first ride in said region(s). **Neither a horse nor a rider may compete for regional points in more than one region in any year. A horse or rider may compete for regional points in more than one region in any year if rider pays membership dues for the additional region(s).**

SECTION 9 - AWARDS

B. Annual Awards

1. General
 - j. In order to qualify for annual **national** awards, the competing horse or rider must have completed at least three rides of any ride type in their designated region(s). (See Section 10 for Region 1A requirements). **In order to qualify for annual regional awards, the competing horse or rider must be a member of that region and have completed at least three rides of any ride type in that region.**

Rationale: This allows those who live in two different regions, or close to two different regions, to compete for points in both. This could increase ridership by allowing competitors to compete for more awards. It would also increase membership since the rider is paying for an additional region. Each supplemental membership for an additional region will be offered at partial cost. Free memberships only cover one region.

CORRECT REGION DEFINITIONS

SECTION 1 - GENERAL

B. Regions

1. There are presently six regions. Others will be established as needed.
 - c. Region 3: Colorado, Montana, New Mexico, Utah, Wyoming, Alberta, **and** Saskatchewan **and** Northwest Territories.
 - e. Region 5: Alabama, Connecticut, Delaware, Florida, Georgia, Indiana, Kentucky, Maine, Maryland, Massachusetts, Michigan (excluding the upper peninsula), Mississippi, New Hampshire, New Jersey, New York, North Carolina, Ohio, Pennsylvania, Rhode Island, South Carolina, Tennessee, Vermont, Virginia, West Virginia, **Newfoundland**, Labrador, New Brunswick, Nova Scotia, Ontario, Prince Edward Island and Quebec.
 - f. Region 6: Illinois, Iowa, Kansas, Michigan (upper peninsula only) Minnesota, Missouri, Nebraska, North Dakota, South Dakota, Wisconsin; Manitoba and **Northwest Nunavut** Territories.

Rationale: Correct and clarify the region definitions. It was probably an oversight that Newfoundland had not been listed in the Rule Book. Nunavut Territory (to the east of the Northwest Territories) was officially separated from the Northwest Territories on April 1, 1999.

CLARIFY LIMITATIONS FOR NOVICE DIVISION

SECTION 4 – DIVISIONS, CLASSES AND ELIGIBILITY

A. Divisions

2. Novice

e. Limitations

- (5) Horse and rider combinations having won a National Championship or placed 3rd or higher in the NATRC annual high point awards (excluding regional awards) in any class **in Open or Competitive Pleasure** in any previous year are ineligible to compete in the Novice division except by participating Distance Only.

Rationale: A competitor should not be excluded from the Novice Division for having done well and placed in the annual awards. This could happen in one year.

LOWER AGE OF JUNIOR COMPETITORS – Option 1: All Divisions

SECTION 4 – DIVISIONS, CLASSES AND ELIGIBILITY

B. Classes

3. Junior

- a. Age **10** through 17. The rider must be **10** years old to enter competition; thereafter the age of a junior shall be determined by whatever their age is as of the beginning of the ride year, and this age shall continue throughout that ride year. **Juniors must be able to care for their horse with minimal assistance. Juniors under 10 must ride with an adult sponsor, with a limit of two juniors per sponsor.**
- b. Juniors may compete in Open, Competitive Pleasure or Novice Division Heavyweight or Lightweight Classes if weight requirements are met. **Juniors may compete in Leisure Division Adult or Experienced Classes.**

(Continued on page 24)

Rule Change Standing Schedule	
NBOD Meeting	Activity
Prior to November	Accept submitted rule changes
November	<ul style="list-style-type: none"> • Decide changes to carry forward • Publish for comment - Hoof Print and website
February/March	<ul style="list-style-type: none"> • Finalize wording • Publish for comment - Hoof Print and website
July	Vote on changes
After July	Update Rule Book

(Continued from page 23)

D. Eligibility of Riders

1. All persons **40-years-of-age of minimum competitive age** or older are eligible to compete in NATRC except:

Rationale: We have received consistent requests to lower our eligible age. NATRC could be the best introduction of junior riders to distance riding. Children of this age are developmentally able to ride and care for horses. Often an adult competitor requires minimal assistance due to limited range of motion or recovery from a recent injury or surgery, so it is similar expectations for young riders.

CLARIFY LEG PROTECTION ALLOWED IN DO AND LEISURE

SECTION 4 – DIVISIONS, CLASSES AND ELIGIBILITY

C. Distance Only (DO) (not in competition)

3. Horses may participate with or without boots (e.g. splint boots, bell boots) **and/or the use of any temporary types of hoof protection.**

SECTION 5 – THE RIDE

E. Hoof Protection/ Leg Protection

4. Horses in the Leisure Division may compete with or without boots (e.g. splint boots, bell boots) **and/or the use of any temporary types of hoof or leg protection.**

SECTION 6 – JUDGING

D. Leisure Division. Horses will be evaluated on trail ability and manners. Riders will be evaluated on equitation and partnership with the horse. Safety may be scored.

5. Horses in the Leisure Division may compete with or without boots (e.g. splint boots, bell boots) **and/or the use of any temporary types of hoof or leg protection.**

Rationale: Hoof boots and pads were not allowed for many years. "Temporary hoof protection" referred to boots such as Easy Boots which could be used until a shoe was replaced for the next day's ride. This concept is not applicable any more since all types of hoof boots that provide sole protection are allowed. Hoof protection and leg protection should read the same for DO and LeD.

ALLOW ADDITIONAL LEG GEAR DURING STABLING

SECTION 5 – THE RIDE

E. Hoof Protection/ Leg Protection

3. Protective devices, such as bell boots, ~~or~~ splint boots, ~~or~~ wraps are only allowed in Leisure Division or when participating Distance Only. Wraps are ~~not~~ only permissible on the legs of horses ~~except~~ as part of hoof sole protections as allowed under Section 5 E2 or during stabling as allowed under Section 5 E5. The leg is defined as all structures above and including the coronet.
5. **Ice boots and other means of applying ice/ice water/cooling packs topically by various attachment methods are allowed. Devices that circulate ice water or cool below 0 degrees Celsius are prohibited.**
6. **After the day's final check, standing wraps and compression socks are allowed.**

Rationale: We already allow ice boots. These additional options also allow for more choices for horse care and relieve the confusion over which devices are permitted.

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To be eligible is simple. Just compete in any division, nominate yourself, and prove that you are a 4-H member! Here are the specifics:

- 1) The award goes to the high point horse and rider team **regardless** of the division.
- 2) Your self-nomination must occur before the end of the ride year which is the second Sunday in November. (For 2020, that will be November 15th).
- 3) You must: (a) be an NATRC competing member, (b) contact Sarah Rinne at natrc@natrc.org to nominate yourself, and (c) have your 4-H leader contact Sarah to verify that you are a 4-H member.

Additionally, in a number of states (Colorado is one example), 4-H now recognizes competitive trail as an activity that qualifies as a 4-H member's project. How cool is that? A form to use for documentation at the ride is available [here](#) or contact Sarah Rinne, natrc@natrc.org.

Questions? Contact: Shari Parys, katbalu96@aol.com

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Homeless National Champions

By Bev Roberts

Do you know any of these people? Do you know where they lived at the time they earned their national championships? Have some married or divorced and have new names? If so, please contact me at matefey@gmail.com.

Ruth Mesimer and I have been updating and correcting the master file for a number of years. We are down to these few folks remaining without homes. Most of these are from the 70's and 80's. Many are around the time the R4 split into R4 and R6 so even though we say they are in R4, they may have actually lived in what is now R6 and we'll have to correct the region, too.

NATIONAL CHAMPIONS 						
ST / REG	ST	REG	RIDER	BREED	HORSE'S NAME	YR NC EARNED
??-3	??	3	Diana McKibben	ar	Shah	1979
??-3	??	3	Karell Smith	ar	W C Independence	1979
??-4	??	4	Angela Hays	aiha	Oklahoma Hill	1989
??-4	??	4	Denise Lord	ar	Ranzal	1982
??-4	??	4	Donald Autry	ar	LLF Waltztime	1984
??-4	??	4	Elton Wohlschlegel	har	Bella Rose	1978
??-4	??	4	Kevin McIlvain	3/4 ar	Rafcid	1981
??-4	??	4	Lauren Davey	gr	Gemini	1988
??-4	??	4	Matt Carrick	ar	Royal Sun	1988
??-4	??	4	Meredith Reichel	ap	B A Johnny Rebel	1987
??-5	??	5	Janice Duncan	ap	RSR's Windy Day	1982
??-6	??	6	Lauren Lawson	qtr	Mocha Smitty's Sundown	1983

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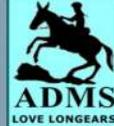

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NATRC National BOD Minutes Nov. 14, 2020, via Zoom Webinar

CALL TO ORDER by President Angie Meroshnekoff, 9:04 a.m. November 14, 2020.

ROLL CALL. Angie Meroshnekoff, Jamie Dieterich, Bob Insko, Lory Walls, Bill Wingle, Laurie DiNatale, Elaine Swiss, Alice Perryman, Esther Diaguila, Kris Gray, Shari Parys and Marla Stucky. Sarah Rinne, Executive Director, via Zoom. Also attending: Patsy Conner, Sanction Chair, Andrea Rogers, Technology Chair, Ruth Mesimer, Honorary and Appreciation Chair, and John Zeliff.

MINUTES. July 11, 2020. **Motion by Swiss, second by Wingle to approve the minutes. Motion carried.**

PRESIDENT'S REPORT. Meroshnekoff. Report filed. We have gotten through this shut down better than expected. We were not only able to keep members, we were able to keep funds flowing. Regional election results were announced. R1 Alternate Director – Donna Stidolph, R2 Alternate Director – Beni DeMattei, R3 Director – Bill Wingle re-elected, R3 Alternate Director – Kay Gunckel, R4 Director – Kim Murphy, R4 Alternate Director – Cara Liebman, R5 Director – Esther Diaguila re-elected, and R6 Director – John Zeliff.

EXECUTIVE DIRECTOR'S REPORT. Rinne. Report filed. Membership numbers are up since July's meeting which is very encouraging. Statistics of free memberships from inception to present were shared. The program has been beneficial.

SECRETARY/TREASURER'S REPORT. Gray. We are actually in the positive by \$4,000 even considering the way the year has been. Believes we will be able to continue to break even. We are seeing growth again. People need what we are offering. **Motion by Diaguila, second by Wingle to approve the report. Motion carried.**

BY-LAWS & RULES. Parys. No bylaws changes.

Rule Proposal – Make date of determination of junior age consistent. More of a clarification on family mem-

berships. **Motion by Perryman, second by Wingle. Motion carried.**

Rule Proposal – Allow membership in multiple regions. Diaguila said some wording should be added to the awards section of the proposal that it should clarify that membership and three rides are required in each designated region to qualify. Discussion about what it should cost to add on an additional region that would be fair to members but recoup costs to national and the regions. **Motion by Wingle, second by Diaguila. Motion carried.**

Rule Proposal – Correcting region definitions with the Canadian territories. Clarification, no discussion. **Motion by Wingle, second by Gray. Motion carried.**

Rule Proposal – Clarify limitations for Novice Division. No discussion. **Motion by Wingle, second by Perryman. Motion carried.**

Rule Proposal – Two proposal options for lowering the age of junior competitors. The first proposal is based strictly on age. The second proposal is minimum age differentiated by division. Parys talked about lower age minimums in most other equine organizations. Decided to change mentor to sponsor to be more consistent with other organizations

and add limit of two juniors per sponsor. **Motion by Wingle to accept the first proposal with amendments, second by Diaguila. Motion carried.**

Rule Proposal – Clarify leg protection allowed in DO and Leisure. Simply strike the additional language about temporary types of hoof protection. No significant discussion. **Motion by Wingle, second by Gray. Motion carried.**

Rule Proposal – Allow additional leg gear during stabling. The proposal is to allow for the use of standing wraps, compression socks, and ice boots during stabling. Walls wanted to clarify if this applies to any time the horse is at the trailer, not just post ride. Parys stated ice boots are only referenced in the drug appendices and thinks it should be added into the rule so it's easier for riders to find. Walls agreed, but suggested ice boots have its own line. **Motion by Wingle to accept the proposal with amendments, second by Walls. Motion carried.**

POLICIES & PROCEDURES. Dieterich. The main item is to be aware of the need to add a job description for Bev Roberts' role as "keeper of the forms". We have a large number of forms, and they require updating. We do need someone (Continued on page 27)

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(Continued from page 26)

who would be willing to fill the role and/or be a backup, but it can't be just anyone as it is very tedious. Dieterich thinks we need to have a defined membership chair now that the previous committees are not active. Zeliff was suggested and agreed to the appointment. DiNatale and Perryman will assist.

PROTEST. Lori Allen. No protests.

PLANNED AND CHARITABLE GIVING. Swiss. Because of 2020 and so many concerns around the pandemic, it didn't make sense to have a capital campaign. With our Leisure Division in full swing and our organization in a good position, we could work towards a new capital campaign if we can define a solid direction and application for the funds. We still have "in lieu of flowers".

NATIONAL HISTORIAN. Conner. Nothing new to report. Continuing to collect items and also going through boxes already collected.

RIDE SANCTIONS. Conner. Sanctions are beginning to come in, we just don't have very many yet. People may still be holding back and seeing what happens. Conner and Dieterich are working on priority dates that ride chairs had prior to COVID, not their rescheduled date becoming their new priority date. Wingle is trying to make sure rides are kept current on the website.

CLINIC SANCTIONS. Linda Clayton. Report filed. No clinics since July.

MANAGEMENT. Swiss. The challenge continues to be recruiting and training new ride management to give long standing management a break. More outreach and Zoom meetings are recommended.

RULES INTERPRETER. Wingle. Report filed. We've had about nine rides since September. We lost about 30 rides due to COVID. There have been a few accident reports in the few rides that have occurred. There were a couple of rides with hold times of 20 minutes and just over. Still need more RI's to include the maps. Had a couple of rides where several riders were getting lost and wondered if it was due to shortened (or no) ride briefings due to COVID. We may

need more structure around expectations when management passes off a management role before the ride so they can compete as there have been some issues with that, and it has been problematic for competitors. Swiss addressed the fact that it is a struggle to get people to fill the management roles; therefore, a ride manager may double as the trail master as well. Gray suggested a mentor program or some other way to encourage more people to step up into management.

INSURANCE. Rinne. Equisure is working with a new accident policy carrier. Rinne is working with Diane Leshner on our policy needs.

SAFETY. Swiss. Wingle has covered the safety aspects in his Rules Interpreter report. Meroshnekoff suggested that Swiss and Wingle divide up the duties.

E-NEWS. Kim Murphy. Report filed.

MARKETING. Gray. Report filed. Busy with the virtual (Continued on page 28)



Which division is right for me?

		LEISURE	NOVICE	CP	OPEN
Number of Days		1	1 or 2	1 or 2	1, 2, or 3
Shortened 1-day Format		X			
Distance (miles)	1 day	8 - 12	15 - 24	15 - 24	25 - 35
	2 days		30 - 40	30 - 40	50 - 60
	3 days				80 - 90
Average Pace (mph)		3 - 4.5	3.5 - 5	3.5 - 5	4 - 6
Horse Minimum Age		4	4	4	5
Classes		Adult Junior Experienced	Lightweight Heavyweight Junior	Lightweight Heavyweight Junior	Lightweight Heavyweight Junior
Leg Protection Allowed		X			
Judging Observations		Up to 5	Varies	Varies	Varies
Number of Judges		1	2	2	2
Scorecards		1	2	2	2
Scoring Type		Positive	Negative	Negative	Negative
What is Scored	P&Rs/day, scored	1, X	2 (min), X	2 (min), X	2 (min), X
	Trail Ability & Manners	X	X	X	X
	Equitation & Communication	X	X	X	X
	Safety & Courtesy	X	X	X	X
	Soundness	Go / No Go	X	X	X
	Condition	P&R Only	X	X	X
	Tack	Eval ⁺ Safety	X	X	X
	Stabling	Eval Safety	X	X	X
	Grooming		X	X	X
Trail Care		X	X	X	
National Year-end Awards			X	X	X
Mileage Tracked & Awards		X	X	X	X

+ Eval means Evaluate

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(Continued from page 27)

challenges and using free promotional avenues. If 2021 takes off, then we can reconsider spending more money on marketing. Marketing team will be pushing the new challenges and membership renewals. Everyone wants NATRC gear. Gray has been collaborating with Zeliff on a fundraising option with Custom Ink to sell NATRC gear and make a little money for the organization. **Motion by Gray to initiate the fundraiser, second by Wingle. Motion carried.**

SOCIAL MEDIA. Jonni Jewell. No report. Remove this from agenda since it is rolled into Marketing.

BUSINESS MODEL & MEASUREMENTS. Gray. Gray would like to finalize the budget for the December meeting. She has a lot of questions that impact the budget including projected rides for ride revenue, new expenses and other income suggestions. Meroshnekoff suggested we plan for the same number of rides as was proposed for 2020. We will revisit and approve the budget in the December meeting.

SPONSORSHIPS. Parys. Report filed. Sponsors appreciated the extension of their sponsorships without additional payment in 2020. The sponsors' businesses have come through fairly well.

MEDIA ADVISORY. Dieterich. Report filed. Need to renew Laurie Knuttila's contract as *Hoof Print* editor. The contract will be addressed during the December budget review.

RIDERS AND JUNIORS. Perryman. No update.

FOUNDATION. Conner. There isn't any action at this time. Not sure about the next meeting since it is usually at national convention. Plan to do a Zoom meeting.

NATIONAL DRUG TESTING. Murphy. Report filed. There have been no tests to date due to ride cancellations.

VETERINARY DRUG COMMITTEE. Dr. Tamara Gull. Report filed. The committee is recommending that buffering of electrolytes be allowed and amended in our appendices. **Motion by Walls, second by Diaguila to make this amendment to the drug**

appendices. Motion carried. There was a discussion last year about Magic Cushion and gels. The committee is opposed to the use of any hoof packing materials with anti-inflammatory properties in competition. Recommends that a statement about them be added into the appendices about the prohibition of these products. **Motion by Walls, second by Parys to add to the drug appendices. Motion carried.** The committee also supports the rule proposal to

allow standings wraps while stabled. Meroshnekoff revisited the possible allowance of omeprazole and that it is more common in general maintenance of performance horses. Dieterich clarified if the intent was allowance of a low maintenance dose for management and will take this discussion back to the committee.

TRAIL ADVOCACY AND GRANTS. DiNatale. No new applications.

(Continued on page 29)

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(Continued from page 28)

EDUCATION. Dieterich. Report filed. The Riders Manual is close to completion. Working on final editing now.

MEMBERSHIP RECRUITMENT & RETENTION. Rinne provided numbers in her report. Everyone has participated in this task. Zelif is assuming the leadership of this committee.

JUDGES COMMITTEE. Kim Cowart. Report filed. Pam Hess and Cowart have requested to step down as co-chairs at the end of the year. Dr. Keri Riddick and Lory Walls are proposed as the next co-chairs. Approval of members of the committee on agenda for December meeting. Existing Leisure judges and the Judges Committee are recommending mentor/apprentice/provisional rides be added to the requirements for Leisure Division judges. It is also recommending more Zoom trainings.

HALL OF FAME. Rinne. No applicants.

STUDENT LOAN/SCHOLARSHIPS. Kay Gunckel. No applications. One

student loan recipient is in the process of making payments on his loan.

BREED & ORGANIZATION LIAISONS. Stucky. Report filed. Stucky sent emails to the breed organizations thanking them for their support. No breed awards will apply for 2020.

AHA. Insko. There are several rule proposals that affect competitive trail within AHA but are mostly clarifications. None of them would drastically impact NATRC.

HONORARY & APPRECIATION. Mesimer. Report filed. **Motion by Stucky to accept all nominations, second by Wingle. Motion carried.**

TECHNOLOGY. Rogers. Report filed. Rogers is working on Novice awards eligibility criteria and will be ready to do final audits as soon as last rides are processed. Inquired if it would be acceptable to post riders' lifetime points on the website. There were no objections by the board. Coreware meeting is scheduled for November 24.

CONVENTION & NATIONAL AWARDS. No convention in 2021. The date for the hotel in Omaha is rolled forward to 2022; committee hopes it can go ahead as planned.

REGIONAL REPORTS. R1-No rides due to COVID. Since there were no rides and no awards they are going to do a mini-clinic. Might lose the Mt. Diablo ride. R2- Insko said they just had Boyd Ranch and it was converted to a LeD only ride. Due to success, one manager may only do LeD going forward. Insko is committing to two rides in 2021. Potential ride site in the works. Could possibly be six rides in R2 for 2021. R3- Wingle – one LeD ride in 2020. Anything before June 2021 may not happen. Hoping there may still be five full rides and some additional LeD. R4- Perryman – there are nine or ten rides for 2021. Still managed to have seven rides in 2020. Having a regional awards meeting at an outdoor venue. R5- Diaguila- three rides in 2020 before shut down. Six rides are confirmed in 2021. More rides being discussed. There will be no mini-convention. R6- Parys – Zelif joining the board. Only two LeD rides happened this year in

R6. COVID has really ramped up in the area so not sure about a convention. Five or six standard rides on the calendar with seven Leisure rides. Still several locations that are possible but need managers.

SHARED BOARD – No shared board.

OLD BUSINESS.

Webinars have been going well. An average of 50 viewers. Still intend to do mini-webinars. They are posted on YouTube and linked from our website. A solid video library is being established.

NEW BUSINESS.

Criteria for Dissolution. NATRC is doing well financially, but Swiss stated that it is always better to have a plan for a potential crisis rather than be in a crisis with no plan. Swiss addressed seven possible criteria revolving around membership numbers, judges, finances etc. Committee appointed - Swiss, Gray and Walls – to manage this plan and review the criteria.

Code of Conduct. This is a working document and not being signed today. Swiss said a letter from the president to board members with the expectations is just as effective.

ELECTION OF OFFICERS. President - Walls nominated Meroshnekoff as President. No other nominations. Meroshnekoff elected by acclamation. Vice President - Gray nominated Wingle. Meroshnekoff nominated Walls. No other nominations. Wingle elected as vice president. Treasurer – Gray nominated for treasurer by Meroshnekoff. No other nominations. Gray elected as treasurer by acclamation.

Next meeting February 13, 2021 via Zoom.

Virtual General Membership meeting will be Tuesday, March 2, 2021 in lieu of the monthly board meeting since a live convention is not being held.

Motion by Diaguila to adjourn, second by Gray. Meeting adjourned.



Ride Managers!

Up to \$1,000 in grants are available to help defray upfront ride costs.

Manager must be an NATRC member.

Submit 1-page application and supporting papers 90 days prior to the ride.

Download application at natrc.org.

RIDE MANAGEMENT SUPPORT FUND

Ride Results

How to read these results:
 Ride Type: AA=3 day, A=2 day, B1=1 day Sat, B2=1 day Sun / 1st # = Horse's Placing / 2nd # = Rider's Placing / LeD Team Placing
 SW = Div. Sweepstakes Horse / Score / CO = Completion Only / P = Pulled / DO = Distance Only / DQ = Disqualified
 The official record source for ride results is the NATRC national office. Results published here may be subject to audit.

Region 2

Boyd Ranch Adventure Gala B1

11/7/20 Region 2 AZ Total Riders: 9

Chair: Kimberly Johnson

Judge: LeD - Debbie Murphy

Leisure Adult

- 1 The Mask of Phantom / Johnson, Kelli
- 2 Cascade's Copper iCandy / Kaylor, Sara
- 3 Funnyface's Diamond / Liska, Sabrina

- 4 Sunrise Cappuccino / Contreras, Reuben
- 5 Buckaroo Buck / Stuart, Sierra
- 6 Bojangles Braveheart of Tennes /
Tompkins, Elizabeth
- 7 Kestane Bey / Hendershot, Asligul
- DO Duke of Shadow Canyon / French, Kandace
- DO Show Me Billy / Peterson, Catherine

Boyd Ranch Adventure Gala B2

11/7/20 Region 2 AZ Total Riders: 3

Chair: Kimberly Johnson

Judge: LeD - Debbie Murphy

Leisure Adult

- 1 The Mask of Phantom / Johnson, Kelli
- 2 Buckaroo Buck / Stuart, Sierra
- 3 Kestane Bey / Hendershot, Asligul

Region 3

Colorado Trail B1

9/12/20 Region 3 CO Total Riders: 17

Chair: Kevin Schoenecker

Judge: LeD - Diane Wingle

Leisure Adult

- 1 Hondo 2 / Whitman, Benedikte
- 2 Buck 15 / VanNatta, Anne
- 3 Boston's Quista Magic / Grogan, Ben

- 4 Levi 6 / Jagielski, Christina
- 5 Rocco / Joy, Jamie
- 6 CTR Super Sonic / Monahan, Meaghan
- 7 Talk Til Midnight / Malburg, Ann
- 8 Magic StarMaker / Cockriel, Shannon
- 9 Willow 9 / Moore, Cathy
- 10 Mountain Flame / Nissen, Janece
- Steelchex N Diamonds / Grogan, Kate

- DO Mariah 3 / Marquardt, Diana
- DO Lil Miss Daisy Mae / Halterman, Susan
- DO Stars Colton Bay / Gunckel, Kay
- DO Takoda Aussie's Sun / Walls, Sharyl
- DO Eduardo el Negrito Knight / Schofield, Whitney
- DO Rushcreek Darline / Clark, Hannah

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Trail Tip - No Sponge

Often there is only one water tank at a water stop. Be courteous. Don't muck up the drinking water by dropping your sweaty (and possibly bug repellent chemical laden sponge) into it! If you need to wet your horse's neck or legs, carry a container of some kind to scoop up the water and pour on your horse. In a pinch, you could use your helmet, but you'll have to scoop fast!



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Region 4

The Wayfarer A

9/12, 13/20 Region 4 TX Total Riders: 22
 Chair: Elaine Swiss
 Judges: Vet - Carter Hounsell; Hsp - Kim Cowart

Open Heavyweight

1 / 2 CH GoneWithTheWynd / Jewell, Jonni
 2 / 1 Regal ET / Muench, Gayle

Open Lightweight

1 / 5 SW / 98 Arabella Z / Mettes, Cynthia
 2 / 1 TA Kaiser / Prusak, Deanne
 3 / 2 Giacomo / Muench, Fran
 4 / 6 Bantam Z / Swan, Emma
 5 / 4 Halcon / Queen, Kelly
 6 / 3 Wildfire Storm / Miller, Dolly
 P / P Talyia / Murphy, Kimberly

Competitive Pleasure Heavyweight

P / P KMA Ali Gator / Spell, David

Competitive Pleasure Lightweight

1 / 3 SW / 97 Vaquero / Galliher, Teresa
 2 / 2 Rock Creek's Wild Pepper / Jones, Holly
 3 / 1 Moon Shadow's Black Gold / Price, Alanna
 P / P Flash Black / Liebman, Cara

Novice Heavyweight

1 / 1 Jasper 7 / Rich, Elizabeth

Novice Lightweight

1 / 3 SW / 95 Cheyenne Fancy CTA / Flint, Kimberlee
 2 / 4 Sum Tigger / Steele, Hannah
 3 / 6 Molly 9 / Steele, Brandy
 4 / 1 Big Cat / Leatherwood, Cynthia
 5 / 2 Lace in the Moonlight CTE / Dadbeh, Alexis
 6 / 5 MM Mariposa / Sydnam, Sara

Novice Junior

P / P Moon's Movin' Out / Everett, Jae

The Wayfarer B2

9/13/20 Region 4 TX Total Riders: 5
 Chair: Elaine Swiss
 Judge: LeD - Kate Hollar

Leisure Adult

1 Jasper 6 / Orr, Shirley
 2 Ranger 11 / Dardenne, Marilyn
 3 WOR Kid / Turowski, Sarah
 4 Cosmic Kobayashi / Dornfeld, Jenna
 5 Sundown / Orr, Joe

Lazy F Fall Frolic A

9/26, 27/20 Region 4 TX Total Riders: 19
 Chair: Fran Muench
 Judges: Vet - Keri Riddick; Hsp - Doanna Daniel

Open Heavyweight

1 / 2 CH GoneWithTheWynd / Jewell, Jonni
 2 / 1 Regal ET / Muench, Gayle
 P / P Razmataz DBA / Bass, Carla Jo

Open Lightweight

1 / 2 SW / 94 TA Kaiser / Prusak, Deanne
 2 / 1 Wildfire Storm / Miller, Dolly
 3 / 3 Halcon / Queen, Kelly
 4 / 4 Arabella Z / Mettes, Cynthia

Competitive Pleasure Heavyweight

1 / 1 KMA Ali Gator / Spell, David

Competitive Pleasure Lightweight

1 / 3 SW / 100 Moon Shadow's Black Gold / Price, Alanna
 2 / 2 Rock Creek's Wild Pepper / Jones, Holly

3 / 4 Vaquero / Galliher, Teresa
 4 / 1 Flash Black / Liebman, Cara
 5 / 5 RR Majik Knight / Swiss, Elaine

Novice Heavyweight

P / P Diamond / Grotheer, Wendy

Novice Lightweight

1 / 1 SW / 98 Big Cat / Leatherwood, Cynthia
 2 / 3 Lace in the Moonlight CTE / Dadbeh, Alexis
 3 / 2 Molly 9 / Steele, Brandy
 4 / 4 Mageed Ibn Kamal Ma / Kelly, Mollie

Novice Junior

1 / 1 Moon's Movin' Out / DeVille, Audrey

Lazy F Fall Frolic B1

9/26/20 Region 4 TX Total Riders: 11
 Chair: Fran Muench
 Judges: LeD - Betsy Zimmerman

Leisure Adult

1 CSAFirstClassFancee / Casarez, Tracee

2 My Good Knight / Salmon, Debra
 3 Frio Bandito / Stevens, Toni
 4 TFR Khan El Bahrain / Marty, Janet
 5 HC Abba el Khahir / Betts, Debbie
 6 Vandamere III / Brewster, Crystal
 7 Flyin Shawne / Brown, Kelly
 8 Ibn Sashali / Perez, Jacqueline
 9 Renegade Echo / Church, Trina
 10 Arabella / Rebber, Jamie
 DK Quick-N-Silver / Dypwick, Ann

Lazy F Fall Frolic B2

9/27/20 Region 4 TX Total Riders: 4
 Chair: Fran Muench
 Judges: LeD - Betsy Zimmerman

Leisure Adult

1 Silent Night / Brewster, Crystal
 2 Stormageddon / McGibbon, MaryAshley
 3 Winter / Whitaker, Cara
 4 Silver Lining / Church, Trina

Grassland Gamble A

10/17, 18/20 Region 4 TX Total Riders: 22
 Chair: Alanna Price
 Judges: Vet -Natalie Goldberger; Hsp -Priscilla Lindsey

Open Heavyweight

1 / 1 Regal ET / Muench, Gayle
 2 / 2 Razmataz DBA / Bass, Carla Jo
 3 / 3 CH GoneWithTheWynd / Jewell, Jonni

Open Lightweight

1 / 4 SW / 96 Wildfire Storm / Miller, Dolly
 2 / 3 Halcon / Queen, Kelly
 3 / 1 Giacomo / Muench, Fran
 4 / 2 TA Kaiser / Prusak, Deanne
 5 / 5 HK Kruizer / Mettes, Cynthia
 6 / 6 Bantam Z / Swan, Emma

Competitive Pleasure Heavyweight

1 / 2 Wish Upon a Star / Hapgood, Kris
 2 / 1 KMA Ali Gator / Spell, David
 3 / 3 BA Minstrilstango / Whitaker, Cara

Competitive Pleasure Lightweight

1 / 1 SW / 96 Vaquero / Galliher, Teresa
 2 / 2 Flash Black / Liebman, Cara
 3 / 3 RR Majik Knight / Swiss, Elaine

Novice Lightweight

1 / 2 SW / 92 Big Cat / Leatherwood, Cynthia
 2 / 1 Lillys Skywatch Missy / Jennings, Mikayla
 3 / 3 Sum Tigger / Steele, Hannah
 4 / 5 Molly 9 / Steele, Brandy
 5 / 4 Amarula Dona / Roberts, Renae
 co/co CA Hennessy / Flint, Kimberlee
 co/co Cheyenne Fancy CTA / Stecik, Eileen

Grassland Gamble B1

10/17/20 Region 4 TX Total Riders: 13
 Chair: Alanna Price
 Judges: Vet -Natalie Goldberger; Hsp -Priscilla Lindsey;
 LeD - Debby Starr

Novice Heavyweight

1 / 1 Turbo / Douglas, Greg
 P Psybastian FRA / Douglas, Amy

Novice Lightweight

1 / 1 Echcalibur / Page, Elizabeth

Novice Junior

1 / 1 SW / 98 CT Silver Sarah / Mills, Miranda

Leisure Adult

1 Smokin Red Ryder / Kent, Lillian
 2 Christals Chexetta / Lesniewicz, Laura

3 Lamu / Zielinski, Stephanie
 4 Madelyns Wild Rose / Parnell, Prairie
 5 Ranger 11 / Dardenne, Marilyn
 6 Skip 3 / Grotheer, Sean
 7 Diamond / Grotheer, Wendy
 CO Annie's Gotta Gun / Kelly, Mollie
 DO Roadshow Popsicle / Zimmerman, Betsy

Grassland Gamble B2

10/18/20 Region 4 TX Total Riders: 8
 Chair: Alanna Price
 Judges: Vet -Natalie Goldberger; Hsp -Priscilla Lindsey;
 LeD - Debby Starr

Novice Heavyweight

1 / 1 SW / 77 Fancy I Am / Knight, Chrissy

Leisure Adult

1 Annie's Gotta Gun / Kelly, Mollie
 2 Peddlin' the Bucks / Hagler, Brenda
 3 Diamond / Grotheer, Wendy
 4 Calamity Jane's 44 Magnum / Hagler, Linda
 5 Ranger 11 / Dardenne, Marilyn
 6 Myss Gdache / Waldrip, Anita
 DO Roadshow Popsicle / Zimmerman, Betsy

Do you know who these people are?

- Who comes to rides but is neither an official nor a competitor?
- Who do we competitors see out on the trails but aren't involved with judging or P&Rs?
- Who sees us a lot on the trail and encourages us to smile?
- Who is present around camp and at briefings, too?
- Who receives no compensation for what they do?
- Who invests a lot in their equipment?
- Who spends countless hours honing their talent?
- Who spends a lot of time assembling material after a ride?
- Who donates their products to NATRC for promotion?
- Who provides us with lasting memories of our rides, sometimes for free?
- Who should we competitors be supporting by purchasing their products?

Answer:

Region 4, continued

Without A Trace A

10/24, 25/20 Region 4 TX Total Riders: 16

Chair: Chrissy Knight

Judges: Vet - Kay Gunkel; Hsp - Becky Rogers

Open Heavyweight

- 1 / 3 Razmataz DBA / Bass, Carla Jo
- 2 / 2 Regal ET / Muench, Gayle
- 3 / 1 CH GoneWithTheWynd / Jewell, Jonni

Open Lightweight

- 1 / 1 SW / 97 Giacomo / Muench, Fran
 - 2 / 4 Halcon / Queen, Kelly
 - 3 / 3 Wildfire Storm / Miller, Dolly
 - 4 / 5 Talyia / Murphy, Kimberly
 - 5 / 6 HK Kruizer / Mettes, Cynthia
 - 6 / 2 TA Kaiser / Prusak, Deanne
- Lillys Skywatch Missy / Jennings, Mikayla

Competitive Pleasure Lightweight

- 1 / 1 SW / 95 Vaquero / Galliher, Teresa
- 2 / 2 Fancy I Am / Jones, Holly
- 3 / 3 Moon Shadow's Black Gold / Price, Alanna

P / P Colt McGuire / Griffin, Terri

Novice Lightweight

- 1 / 1 SW / 99 Big Cat / Leatherwood, Cynthia
- 2 / 2 Mageed Ibn Kamal Ma / Kelly, Mollie

Without A Trace B1

10/24/20 Region 4 TX Total Riders: 14

Chair: Chrissy Knight

Judges: Vet - Kay Gunkel; Hsp - Becky Rogers; LeD - Alice Perryman

Competitive Pleasure Lightweight

- 1 / 2 SW / 95 Zans Zesty Zeva / Stewart, Jan
- 2 / 1 Little Rocky Road / Bivens, Marilyn

Novice Lightweight

- 1 / 1 SW / 98 Amarula Dona / Roberts, Renae
- 2 / 2 WOR Kid / Turowski, Sarah

Leisure Adult

- 1 Playboys Nifty Chic / Hogan, Sharon
- 2 Diamond / Grotheer, Wendy
- 3 Jasper 6 / Orr, Shirley
- 4 Ibn Sashali / Perez, Jacqueline

- 5 Top Gun McCurdy / Dodson, Robin
- 6 Cobalto / Harvey, Margaret
- 7 Sundown / Orr, Joe
- 8 Sparks on Blacktop / Shoenhair, Leon
- 9 Professor River Song / Ottwell, Janie
- DO Roadshow Popsicle / Zimmerman, Betsy

Without A Trace B2

10/25/20 Region 4 TX Total Riders: 8

Chair: Chrissy Knight

Judge: LeD - Alice Perryman

Leisure Adult

- 1 Playboys Nifty Chic / Hogan, Sharon
- 2 Diamond / Grotheer, Wendy
- 3 Jasper 6 / Orr, Shirley
- 4 Sundown / Orr, Joe
- 5 Cobalto / Harvey, Margaret
- 6 Top Gun McCurdy / Dodson, Robin
- DO Roadshow Popsicle / Zimmerman, Betsy

Leisure Junior

- 1 Ranger 12 / Warden, AJ

Bell Cow Rendezvous A

11/7/20 Region 4 OK Total Riders: 20

Chair: Shirley Brodersen

Judges: Vet - Keri Riddick; Hsp - Priscilla Lindsey; LeD - Betsy Zimmerman, Alice Perryman

Open Heavyweight

- 1 / 1 SW / 98 Razmataz DBA / Bass, Carla Jo
- 2 / 3 Regal ET / Muench, Gayle
- 3 / 2 CH GoneWithTheWynd / Jewell, Jonni
- 4 / 4 Focus Jessie / Smith, Helen

Open Lightweight

- 1 / 4 Halcon / Queen, Kelly
- 2 / 5 VA Caradelle / Reynolds, Margaret
- 3 / 2 Wildfire Storm / Miller, Dolly
- 4 / 1 Giacomo / Muench, Fran
- 5 / 3 TA Kaiser / Prusak, Deanne

Competitive Pleasure Heavyweight

- 1 / 2 Wish Upon a Star / Hapgood, Kris
- 2 / 1 KMA Ali Gator / Spell, David
- 3 / 3 Cuatro Beat Silverado / Dreadfulwater, LeeAnn

Competitive Pleasure Lightweight

- 1 / 2 SW / 94 Vaquero / Galliher, Teresa
- 2 / 3 Desi 3 / Koontz, Susan
- 3 / 1 Moon Shadow's Black Gold / Price, Alanna

Novice Heavyweight

- 1 / 1 Fancy I Am / Knight, Chrissy
- P / P Aspen's Bejeweled / Fearing, Donna

Novice Lightweight

- 1 / 2 SW / 95 OGR's Romeo / Record, Linda
- 2 / 1 Mystic's Sweet Peach / Jennings, Mikayla
- 3 / 3 Mageed Ibn Kamal Ma / Kelly, Mollie

Bell Cow Rendezvous B1

11/7/20 Region 4 OK Total Riders: 3

Chair: Shirley Brodersen

Judges: LeD - Betsy Zimmerman, Alice Perryman

Leisure Adult

- 1 Top Gun McCurdy / Dodson, Robin
- 2 Puffin / Quirk, Karen
- 3 Sparks on Blacktop / Shoenhair, Leon

Bell Cow Rendezvous B2

11/8/20 Region 4 OK Total Riders: 4

Chair: Shirley Brodersen

Judges: LeD - Betsy Zimmerman, Alice Perryman

Leisure Adult

- 1 Top Gun McCurdy / Dodson, Robin
- 2 Puffin / Quirk, Karen
- 3 Sparks On Blacktop / Shoenhair, Leon
- P Roadshow Popsicle / Zimmerman, Betsy

Region 6

Indian Cave B1

9/26/20 Region 6 NE Total Riders: 14

Chair: Chuck Edwards

Judge: LeD - Brenda Messick

Leisure Adult

- 1 PVA Light Nthe Storm / Johansen, Kristen
 - 2 Luna 6 / Schindler, Ruth
 - 3 Silver Valley Tate / Hanson, Dwight
 - 4 Gypsy 12 / Carroll, Sheila
 - 5 Invest Ina Three Bar / Kollars, Gina
 - 6 BSSA The Fadjurian / Henke, Trudi
 - 7 Rio Bravo / McCall, Louise
 - 8 Singing Winds Rosita / Vauck, Pat
 - 9 Champ 4 / Hamre, Brenda
 - 10 Kid / Rehm, Rebekah
- Loess Hills Roheryn / Marolf, Cindy
 Benners Montana Rosebud / Landuyt, Julie
 P Kaluha / McNiff, Sandra
 DO VA Caradelle / Reynolds, Margaret



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Continued for 2021 - FIRST YEAR FREE FOR BRAND NEW COMPETING MEMBERS!

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Membership Plans, Eligibility, Benefits and Fees

Plan Name	Competing			Non-Competing	
	Adult	Family	Junior	Supporting	Fan
Fee	\$75	\$125	\$25	\$50	\$35
Eligibility					
Single adult age 18 or over	X			X	X
Household		♦			
Single child age 10 through 17			X		X
Benefits					
Voting privileges	1	2		1	
Reduced ride entry fees	X	X	X		
Ride awards eligibility	X	X	X	♦♦	♦♦
Volunteer awards eligibility	X	X	X	X	X
Lifetime mileage tracking	X	X	X		
Mileage awards	X	X	X	♦♦♦	♦♦♦
Participation in virtual challenges	X	X	X	X	X
National year-end awards eligibility	X	X	X	♦♦♦	♦♦♦
Regional year-end awards eligibility	X	X	X	♦♦♦	♦♦♦
Sponsor discounts	X	X	X	X	
Can purchase excess liability ins.	X	X		X	
Electronic <i>Hoof Print</i> and E-News	X	X	X	X	X
Region membership and newsletter	X	X	X	X	X
Decal for new members	X	X	X	X	X
CHECK PLAN DESIRED	<input type="checkbox"/>				

Annual Platinum Upgrade: (Optional)
Not included with free memberships

Platinum members receive insurance benefits through Association Resource Group-ARG. They receive personal excess liability coverage with a \$1,000,000 policy limit. Coverage is for claims brought against members of NATRC™ (Platinum) arising from the use and/or ownership of a horse and for horse-related accidents involving third party bodily injury or property damage. Coverage will apply when engaged in any horse related activity, and coverage is in excess of any existing valid and collectible insurance. There is no deductible. Professional Liability and business exposures are excluded.

Adult ___ \$20/yr
 Family ___ \$40/yr
 Supporting ... ___ \$20/yr
 No Upgrade .. ___ \$0/yr

- ♦ Adult(s) & children under age 18 as of Jan 1
- ♦♦ Eligible for ride awards only if non-member ride fee paid.
- ♦♦♦ May upgrade to competing member for year-end and mileage award eligibility before the end of the *ride* year.

NATRC Specialties (Optional)

- ___ Patch..... \$5 ea
- ___ 10" Round NATRC Emblem Sticker \$5 ea
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\$ TOTAL ENCLOSED _____ (Nebraska residents please add 5.5% on Specialty Items)

Please list first and last names, especially those with different last names, of all competing family members.

Name(s) _____
 _____ Jr(s) Birthdates _____
 Street _____ City _____
 State, Zip _____ Phone (_____) _____
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